

September 14, 2023

Accessing the True Beauty Videos:

Study 1: The Heart of a Woman

<https://watch.formed.org/videos/the-heart-of-a-woman-part-1-with-lisa-cotter>

<https://watch.formed.org/videos/the-heart-of-a-woman-part-2-with-lisa-cotter>

Study 2: Passion and Purity

<https://watch.formed.org/videos/passion-purity-part-1-with-mary-bielski>

<https://watch.formed.org/videos/passion-purity-part-2-with-mary-bielski>

Study 3: Broken Healed Holy

<https://watch.formed.org/videos/broken-healed-holy-part-1-with-crystalina-evert>

<https://watch.formed.org/videos/broken-healed-holy-part-2-with-crystalina-evert>

Study 4: Sisterhood

<https://watch.formed.org/videos/sisterhood-part-1-with-sarah-swafford>

<https://watch.formed.org/videos/sisterhood-part-2-with-sarah-swafford>

Accessing the True Strength Videos:

Study 1: The Heart of a Man

<https://watch.formed.org/videos/the-heart-of-a-man-part-1-with-chris-stefanick>

<https://watch.formed.org/videos/band-of-brothers-part-2-with-scott-powell>

Study 2: Strength and Discipline

<https://watch.formed.org/videos/strength-discipline-part-1-with-jason-evert>

<https://watch.formed.org/videos/strength-discipline-part-2-with-jason-evert>

Study 3: Every Man's Battle

<https://watch.formed.org/videos/every-man-s-battle-part-1-with-matt-fradd>

<https://watch.formed.org/videos/every-man-s-battle-part-2-with-matt-fradd>

Study 4: Band of Brothers

<https://watch.formed.org/videos/band-of-brothers-part-1-with-scott-powell>

<https://watch.formed.org/videos/the-heart-of-a-man-part-2-with-chris-stefanick>

Videos, PDF's of Leader Guide, Teen Sheets, and Parent Sheets

TS: <https://watch.formed.org/yd/season:6>

TB: <https://watch.formed.org/yd/season:5>

www.formed.org use search to find the videos. Type in True Strength and True Beauty