

The Mercy of God: Finding Freedom in Forgiveness

Session 1: Receiving the Merciful Heart of God

I love You, O my God and my only desire is to love You until my last breath. I love You, O infinitely lovable God, and I prefer to die loving You rather than to live for a single moment without loving You.

I love You, O my God, and I long for heaven only to know the bliss of loving You perfectly. I love You, O my God, and I only fear going to hell because there I will never experience the sweet consolation of loving You. O my God, if my tongue is not able to say at every opportunity that I love You, at least I want my heart to repeat it to You as many times as I take a breath.

My God, give me the grace of suffering out of love for You, of loving You while I suffer; give me the grace of one day breathing my last breath out of love for You and at the same time feeling how much I love You. The closer I come to my final end, the more I beseech You to intensify and perfect my love for You. Amen.

- Saint John Vianney

O Lord, Jesus Christ, Redeemer and Savior, forgive my sins, just as You forgave Peter's denial and those who crucified You. Count not my transgressions, but, rather, my tears of repentance. Remember not my iniquities, but, more especially, my sorrow for the offenses I have committed against You. I long to be true to Your Word, and pray that You will love me and come to make Your dwelling place within me. I promise to give You praise and glory in love and in service all the days of my life.

Scripture:

- Prodigal Son: Luke 15:11-32
- Healing of the Paralytic: Luke 5:17-26
- Call of Matthew: Luke 5:27-32
- Woman Caught in Adultery John 8
- Luke 23: Passion Narrative

Reflect:

1. Spend some time reflecting on how much God loves you.
2. Ask the Lord to pour His love into your heart. Be confident of that Love.
3. With renewed confidence reveal your sins to Him. Talk to Him.
4. Ask Him to forgive your sins. Make a good confession. Receive Mercy!

EXPOSITION HYMN

O salutaris Hostia Quae caeli pandis ostium; Bella premunt hostilia, Da robur, fer auxillium.
Uni trinoque Domino Sit sempiterna gloria, Qui vitam sine termino Nobis donet in patria. Amen.

BENEDICTION HYMN

Tantum ergo Sacramentum Veneremur cernui, Et antiquum documentum Novo cedat ritui;
Praestet fides supplementum Sensuum defectui.
Genitori Gentioque Laus et jubilatio, Salus, honor, virtus quoque Sit et benedictio;
Procedenti ab utroque Compar sit laudatio. Amen.

All remain kneeling when the presider stands and chants:

Priest/Deacon: You have given them Bread from heaven

ALL: Having all sweetness within it

Priest/Deacon: Let us pray. Lord Jesus Christ, you gave us the eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, God, for ever and ever. **ALL: Amen.**

The celebrant will then + bless all present with the Eucharist.

Divine Praises (recite together):

Blessed be God.

Blessed be his holy name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most holy sacrament
of the altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God,

Mary most holy.

Blessed be her holy and Immaculate Conception. Blessed be her glorious Assumption.

Blessed be the name of Mary, virgin and Mother. Blessed be St. Joseph, her most chaste spouse. Blessed be God in his angels and in his saints. Amen.

All SING:

Holy God, we praise thy name; Lord of all, we bow before thee; All on earth they scepter claim; All in heaven above adore thee. Infinite thy vast domain, Everlasting is thy reign!

Hark, the loud celestial hymn; Angel choirs above are raising; Cherubim and Seraphim,
In unceasing chorus praising, Fill the heavens with sweet accord: "Holy, holy, holy, Lord!"