



SPX Small Groups

Life is Better Together



Made for More - Week 1 -- January 8 – Epiphany of the Lord

1. Share a struggle or highlight from your Christmas season.
2. Have you ever been stranded because of a flight cancellation? How did you fill your time? How did you eventually get to your destination?
3. In the Advent/Christmas season, the readings have shown us many people who seem to have been born to fill a very specific role in God's plan – Mary, Joseph, John the Baptist, Jesus, and the Magi.
 - a. Could any of them have said "no thanks" to God? What would have happened if they had said no to God?
 - b. How did God prepare each one of them to fulfill their role in his plan?
 - c. What was required of each of them to cooperate with God's plan?
4. At this moment, do you find something lacking in life - some sort of longing for "more"? What is it that seems to be missing?
5. How might knowing your purpose in life help you find meaning?
6. Does every person have a specific purpose in life from God? If not, why? If so, have you figured out what your purpose is?
7. Choose one or two of the questions from the Made for More Series Handout and discuss as a group or in pairs.
8. Are you planning on participating in the daily reflections in the series handout to discover your specific role from God?



Week 1

We were each created by God for a purpose. But more than a specific job (that is, something to do while earning a living), God calls us into a specific role - a way of sharing the unique set of gifts he has given us with the world. When we discover and live out that role we find purpose and joy. Examples of this sort of role may include being a

- healer, nurturer, or comforter
- teacher, coach, or guide
- advocate, justice-seeker, or prophet
- peacemaker, unifier, or reconciler
- evangelist or missionary
- helper, companion, or leader
- thinker, innovator, or problem solver

Or you may find that your role is to simply share a specific gift you have been given, like mercy, wisdom, encouragement, faith, or creating beauty.

While some of the above examples seem to line up with professions (teacher, healer, leader), your role in life is generally broader. For instance, someone who has discovered that his role is a teacher may not stand in front of a classroom, but may instead help people understand the world around them. There may be many roles that seem to fit you, but after prayer and reflection, you hopefully will discover one that stands out as your main role. Don't be surprised if your role isn't on the list above at all - those are just examples.

The weekly guides in this series are a starting point to help you invite God into the process of discovering what your specific role in life might be. We encourage you to commit to completing the guides each day throughout this series.

Need a Daily Reminder?

Help hold yourself accountable to completing these guides by getting a reminder each morning.

Want the reminder by text? On your mobile device text MADEFORMORE to 84576.

Want the reminder by email? Go to spxbowie.flocknote.com/MadeForMoreEMAIL and signup.

The contents of this guide were adapted or taken directly from "Healing the Purpose of Your Life" by Dennis Linn, Sheila Fabricant Linn, and Matthew Linn, S.J., Paulist Press, 1999.

This week you will find a question to reflect on each day. Spend 5-10 minutes a day on that question writing down notes someplace you won't lose and can review later on. Be sure to ask God to help you each day as you begin.

January 9

What would you do if you had time and money to do anything?

January 10

When have you felt most alive, especially physically? Which of these times would you most like to repeat?

January 11

Who is the person you most wanted to grow up to be like?

January 12

When in your life have you been so absorbed in something that time just flew by?
For example, as a child, what were you so engrossed in that you came in late for dinner?

January 13

What is the wildest thing you have ever done that turned out better than you ever imagined?

January 14

If you were assured of not failing, what is the wildest thing you can imagine doing now?