



SPX Small Groups

Life is Better Together



Missing Peace – Week 1

November 30, 2025 – 1st Sunday in Advent

1. How was your Thanksgiving?
2. When do you like to decorate for Christmas? Do you go all out or are you more of a minimalist?
3. What would a “peaceful” day look like for you?
4. When you experience the opposite of peace, is it most often felt as: fear, stress, sadness, anger, rage, or something else?
5. Read the first reading from Isaiah ([Isaiah 2:1-5](#)).
 - a. Where do you most struggle to walk in God’s ways?
 - b. How could walking in God’s ways help you experience peace?
 - c. Do you think humans will ever get to a point where we not only lay down our weapons, but give them up? Why or why not?
6. What figurative “weapons” have you let slip into your life: anger, rage, gossiping, lying, complaining, or being passive aggressive?
 - a. How do any of these “weapons” end up robbing us of our peace?
 - b. If those “weapons” tend to cause us harm, why do we use them?
 - c. If we refrain from those behaviors while friends, family or co-workers continue to use them, will we be better or worse off?
7. How could prayer help you follow God’s path? Practically speaking, what might such a prayer time be like?