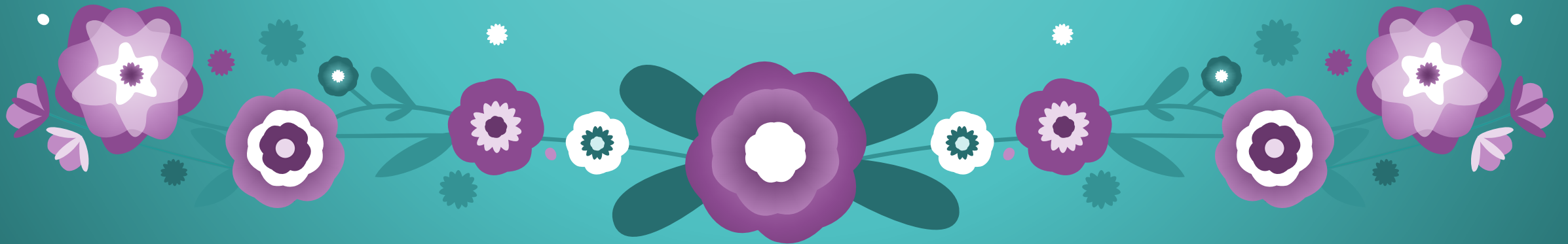


Sowing the Seeds of CDA Through Prayer


A Court that prays together stays together!



*Come Holy Spirit, fill the hearts of your faithful and kindle in them
the fire of your love. Send forth your Spirit and they shall be created.
And You shall renew the face of the earth.*



*O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful,
grant that by the same Holy Spirit we may be truly wise
and ever enjoy His consolations, Through Christ Our Lord, Amen.*



I've tasted and seen
Of the sweetest of loves
Where my heart becomes
free
And my shame is undone



Do you have a daily prayer plan?

_____ % of Catholics pray daily.

Do you pray daily?

How many times do you pray each day?

What time do you pray?

What is your “go to” prayer?

We can't give to others what we don't have.





My Daily Prayer Routine



6:00 AM (or when I wake up)

- ✝ Angelus
- ✝ Morning Offering
- ✝ Online Readings
- ✝ Lectio Divina

12:00 Noon

- ✝ Angelus
- ✝ Meal Blessing

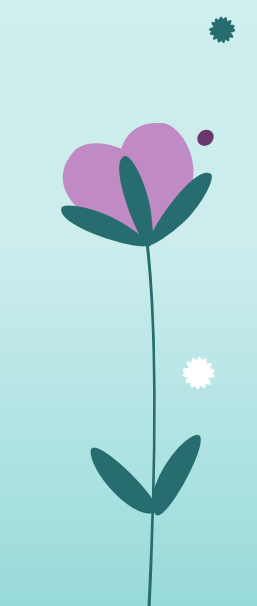
3:00 PM

- ✝ Divine Mercy Chaplet
or Jesus, I trust in You.

6:00 PM

- ✝ Angelus
- ✝ Meal Blessing
- ✝ Rosary

9:00 PM or Bedtime

- ✝ Examination of Conscience
 - ✝ Act of Contrition
 - ✝ Our Father, Hail Mary, Glory Be
- 



THE ANGELUS



- V. The Angel of the Lord declared unto Mary,
- R. And she was conceived by the Holy Spirit.

HAIL MARY. . .

- V. Behold the handmaid of the Lord,
- R. Be it done to me according to Thy word.

HAIL MARY . . .

- V. And the Word was made flesh,
- R. And dwelt among us.

HAIL MARY . . .

- V. Pray for us, O Holy Mother of God.
- R. That we may be made worthy of the promises of Christ

LET US PRAY

- Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the incarnation of Christ Thy Son was made known by the message of an Angel, may by His Passion and Cross be brought to the glory of His Resurrection; through the same Christ our Lord. Amen.

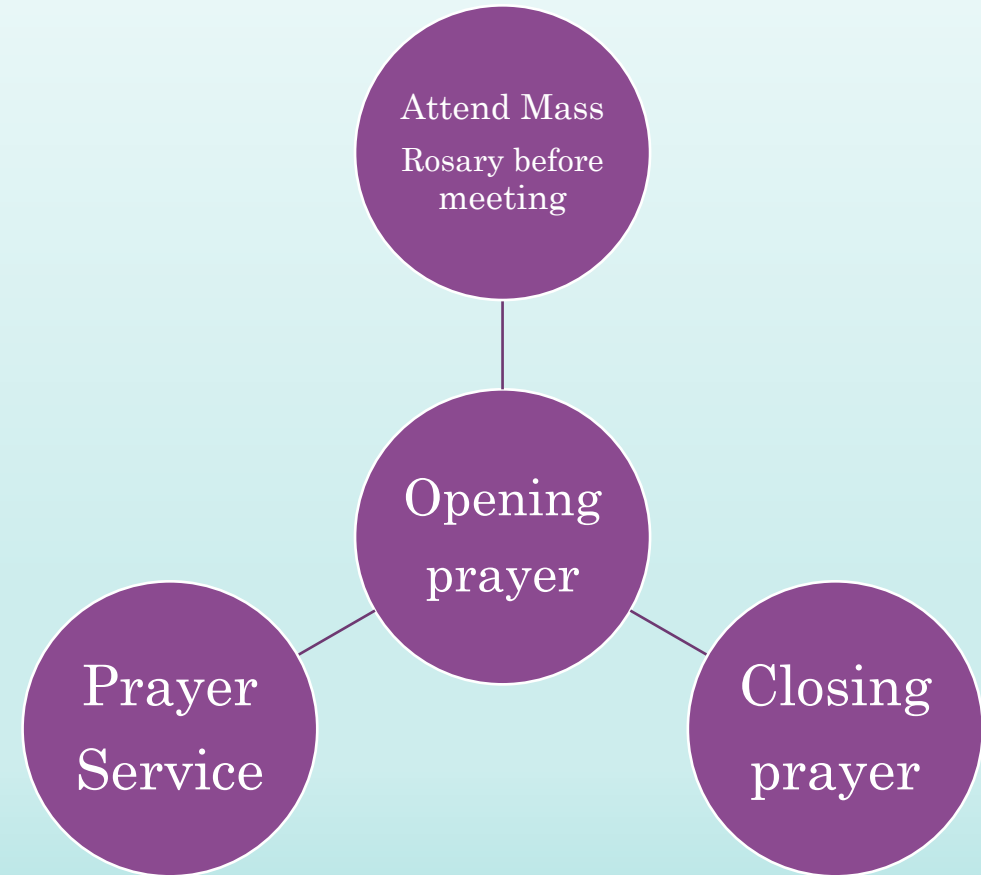
Daily Examination of Conscience

1. Place yourself in the presence of God and ask for his help in examining your day.
2. Examine your day (the three "words"):
 - "Thank you": Thank the Lord for the blessings of the day.
 - "I'm sorry": Acknowledge your faults specifically and directly.
 - "Please help me more": Ask the Lord for help for tomorrow. Make specific resolutions.
3. Make an act of contrition.
4. End with an [Our Father](#) and a [Hail Mary](#).



CDA Court Monthly Prayer Plan

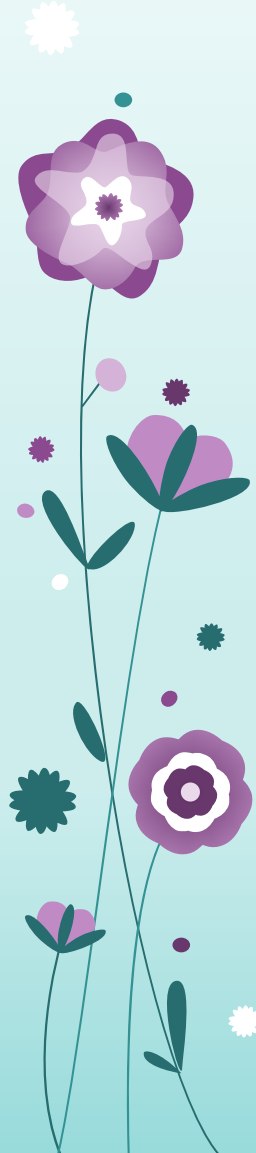
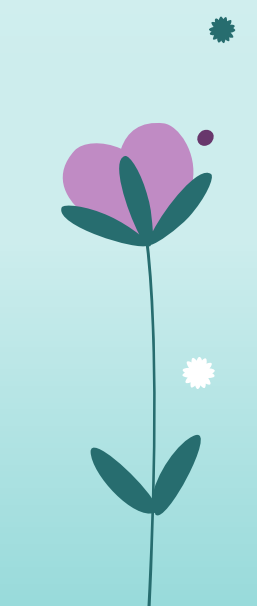
- Possibly attend Mass or say a rosary before the meeting.
- Open the meeting with a prayer.
- Prayer should be 1/4g of meeting time.
Ex. 15 minutes if meeting is an hour.
- Should pray a mix of traditional and spontaneous prayer.
- Have a 5–10-minute prayer talk on a Saint, a Catholic Tradition, a Liturgical Feast, etc.
- Pray before important agenda items.
- Close the meeting with a prayer.
- Pray each time you meet for an activity or Fundraiser.
- Pray for each other during the month.
(Secret Prayer Partner)





Planning a Prayer Service

Prayer Service Outline

1. Sign of the Cross
 2. Opening Prayer
 3. Scripture Reading
 4. Meditation/Reflection Questions/Talk
 5. Prayers of Petition
 6. Contemplative Prayer Experience
 7. Closing Prayer
 8. Sign of the Cross
- 
- 



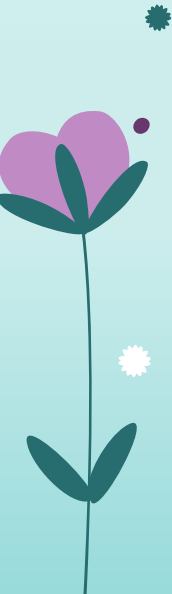
Resources

<https://www.loyolapress.com/catholic-resources/parish-ministry/leading-prayer/leading-a-prayer-service-part-1/>

<https://religiouseducation.rccdsb.edu.on.ca/catholicity/school-prayer-2/prayers-by-theme/>

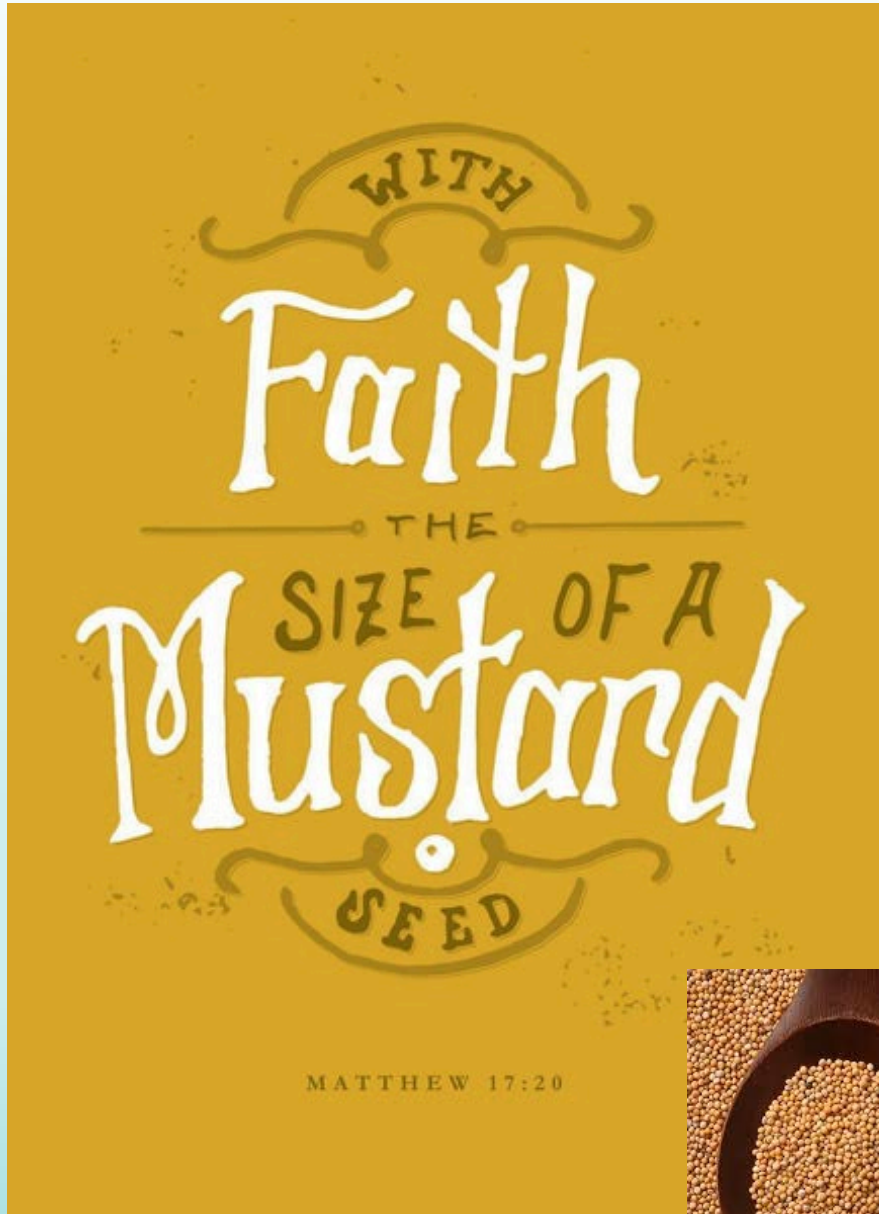
https://www.catholicdos.org/documents/2016/9/Building_Blocks_of_Prayer_Services.pdf

<https://religiouseducation.rccdsb.edu.on.ca/wp-content/uploads/sites/26/2018/09/LdgWthRvrnceforGift.pdf>





The Parable of the Mustard Seed



Mark 4:30-32

Matthew 17-20








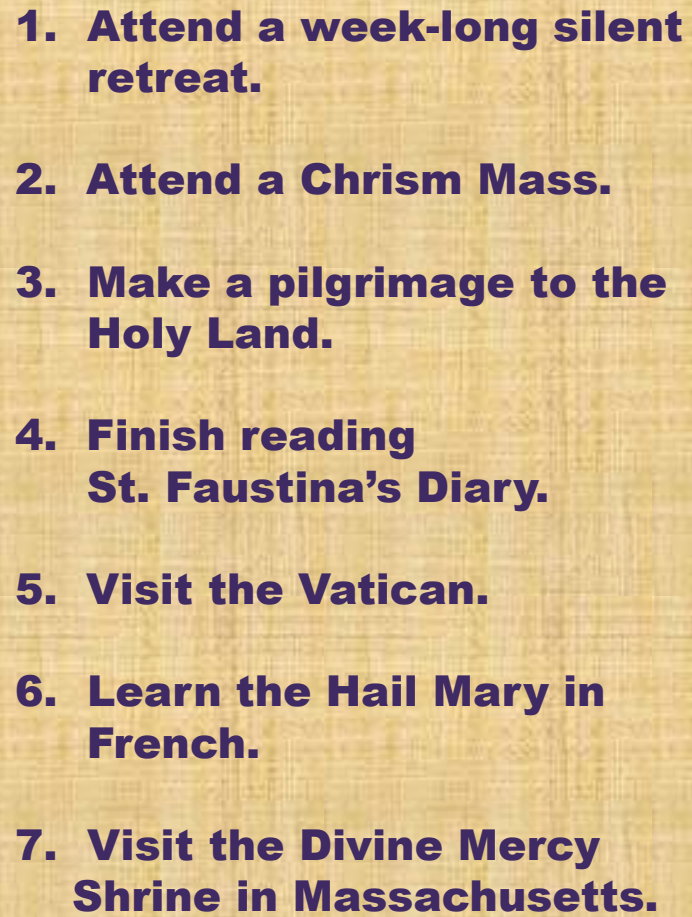
MARTHA OR MARY,
WHO SHOULD YOU BE?



Mary or Martha?





- 
- 
- 
- 
- 1. Attend a week-long silent retreat.**
 - 2. Attend a Chrism Mass.**
 - 3. Make a pilgrimage to the Holy Land.**
 - 4. Finish reading St. Faustina's Diary.**
 - 5. Visit the Vatican.**
 - 6. Learn the Hail Mary in French.**
 - 7. Visit the Divine Mercy Shrine in Massachusetts.**

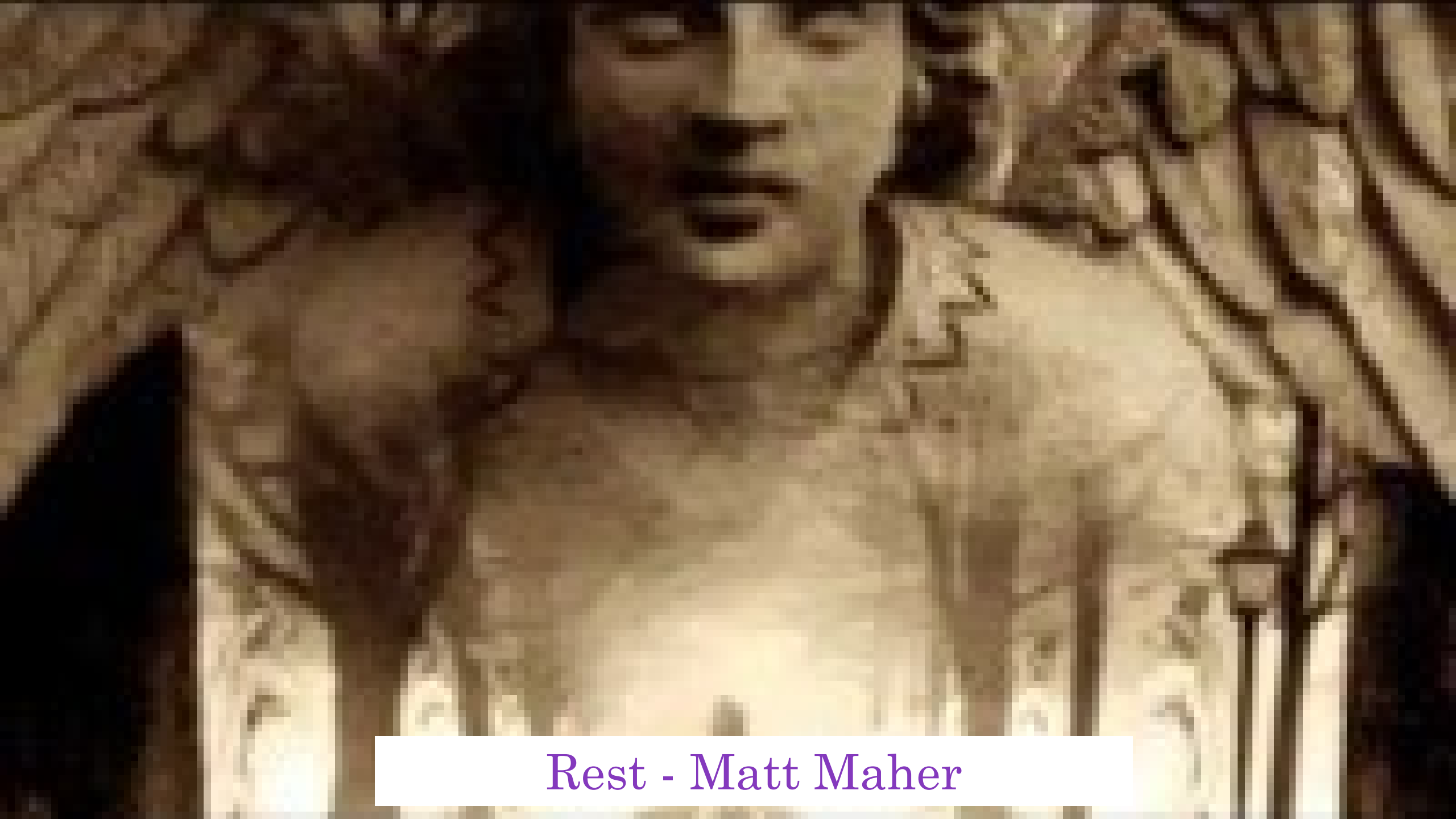
2022

**CATHOLIC
BUCKET
LIST**



Psalm 23

*The Lord is
my Shepherd*



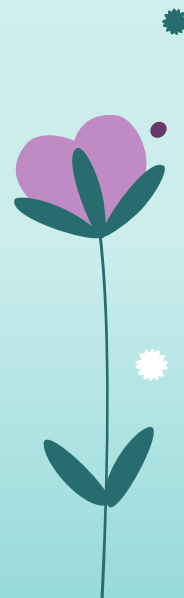
Rest - Matt Maher



How sweet are your
words to my taste,
sweeter than honey
to my mouth!



Psalms 119:103

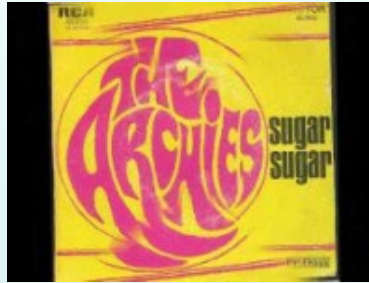


Sugar, Sugar by the Archies

Sugar, ah honey honey
You are my JESUS
And you've got me praising you
Honey, ah sugar sugar
You are my JESUS
And you've got me loving you

[Verse 1]
I just can't believe the blessings that come from you
(I just can't believe it's true)
I just can't believe the wonder of knowing you
(I just can't believe it's true)

[Chorus]
Ah sugar, ah honey honey
You are my JESUS
And you've got me praising you
Ah honey, ah sugar sugar
You are my JESUS
And you've got me loving you



[Verse 2]
When I pray to you, I feel your presence with me
(I know how sweet a prayer can be)
Like the summer sunshine pour your graces over me
(Pour your graces over me)

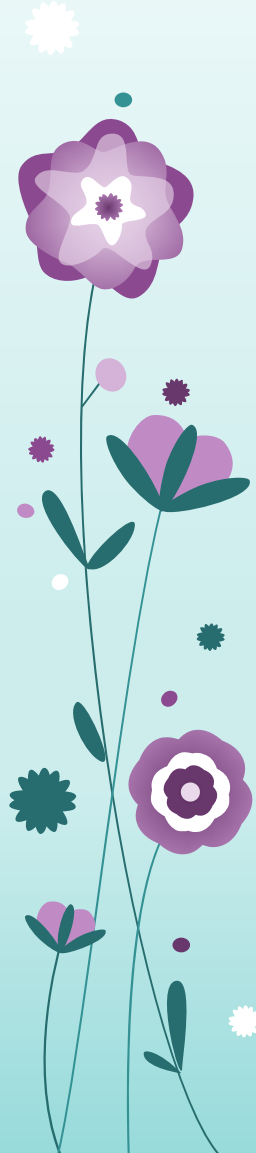
[Pre-Chorus]
oh oh oh Sugar Sugar, honey, honey
Pour a little sugar on it JESUS
You make life so sweet, yeah yeah yeah
Pour a little sugar on it
Pour a little sugar on it JESUS,
Sugar sugar
Pour a little sugar on it JESUS
You make life so sweet, yeah yeah yeah
Pour a little sugar on it JESUS

[Chorus]
Sugar, ah honey honey
You are my JESUS
And you've got me praising you
Oh honey, honey, sugar sugar...
You are my JESUS
And you've got me wanting you!



Resources

When I begin to plan a prayer service

- 
1. I pray to the Holy Spirit for guidance.
 2. I pray some more!
 3. Google CATHOLIC prayers/prayer services for the theme that was inspired by the Holy Spirit.
 4. If I find one I like, I adapt it to fit the needs of the group. If not, I create one.
 5. When I am finished, I pray that the Holy Spirit will touch the lives of others with it.
 6. Here are some of the websites that I use often:

www.usccb.org
www.crs.org
www.catholic.org

www.loyolapress.com
www.thereligionteacher.com
www.pinterest.com





Thanks for
Praying with me today!

Connie Dronette
conniecda@yahoo.com
337-802-6136

