

# Christ The King - St. Anthony Parish

Website: [www.christandanthony.com](http://www.christandanthony.com)



## Christ the King Mass Schedule

136 Locust Street

Sunday: 9:00 AM, 11:00 AM, 5:15 PM

Weekdays: Monday through Friday  
8:30 AM

## Reconciliation

Saturday: 3:15-4:00 PM at St. Anthony

Sunday: 4:30-5:00 PM at Christ the King

Thursday: 6:00-7:00pm at Christ the King

## Adoration

Thursday: 6:00 - 7:00 PM  
at Christ the King

## Baptism

Families wishing to schedule the baptism of their children are asked to contact the rectory in order to arrange a baptism preparation meeting with one of the priests.

## Marriage

Please call Parish Office  
for Appointment

## Christ the King School

Grades Pre-School through 8

Telephone: 862-6696

Fax: 658-6553 [www.cksvt.org](http://www.cksvt.org)

Principal: Mr. Craig Dwyer, Ph.D.

Office Support: Ms. Sally Douglas



## St. Anthony Mass Schedule

305 Flynn Avenue

Saturday: 4:15 (English)

Sunday: 8:00 AM, 10:00 AM Extraordinary Form  
(Latin)

Wed, Fri, Sat: 7:15 AM (Latin)

Tues, Thurs: 5:30 PM (Latin)

## Parish Staff

Msgr. John J. McDermott, V.G. - Parish Priest

[jmcdermott@vermontcatholic.org](mailto:jmcdermott@vermontcatholic.org)

Fr. Brian O'Donnell, Latin Mass Chaplain

[latinmassvt@live.com](mailto:latinmassvt@live.com)

Ms. Renate Dubois - Administrative Assistant

[ctkstaoffice@vermontcatholic.org](mailto:ctkstaoffice@vermontcatholic.org)

Mrs. Meghan Cade - Religious Education Dir.

[mcade@vermontcatholic.org](mailto:mcade@vermontcatholic.org) or 703-772-7917

Mr. Mark Dean - Facilities and Maintenance Dir.

[ctkstaoffice@vermontcatholic.org](mailto:ctkstaoffice@vermontcatholic.org)

## Parish Contact Information

Parish Office: 862-5784

Fax: 651-3021

Monday-Friday 9am-4pm

## Parish Website

[ChristandAnthony.com](http://ChristandAnthony.com)

## Thrift Shop

Telephone: 658-4059

Hours: Tue 10 - 1, Thurs 10 - 4

2nd Sat of the month 10 - 1

## Burlington Area Catholic Cemeteries:

St. Joseph and Mount Calvary  
Cemeteries  
Wayne Lefebvre 802-658-4333

Resurrection Park  
South Burlington  
802-862-1530



## Second Sunday of Lent

**Saturday, February 27**

7:15 (STA-L) Special intention By: Robert Cade  
4:15 (STA) Ernest & Lillian Pariseau By: Susan & family

**Sunday, February 28**

8:00 (STA-L) Private intention  
9:00 (CTK) Thomas Patane By: Mary Farley  
10:00 (STA-L) Intentions of Sheila Jenkins By: Adam & Katy Hochschild  
11:00 (CTK) All Souls  
5:15 (CTK) Vocations

**Monday, March 1**

8:30 (CTK) Joseph A. Fisher By: Kathy & Jay Fisher

**Tuesday, March 2**

8:30 (CTK) Dominic Aloï By: Dot & family  
5:30 (STA-L) Special intention By: Herb Glidden

**Wednesday, March 3**

7:15 (STA-L) Laurie Ingalls By: Rob & Joyce Nadeau  
8:30 (School Mass) Our parishioners By: Msgr. McDermott

**Thursday, March 4**

8:30 (CTK) John Clark (birth. rem.) By: Dave & Terri Burrell  
5:30 (STA-L) Intentions of Karl & Jane Zurn By: Mary Dove Herrera

**Friday, March 5**

7:15 (STA-L) Bill German By: Missy Farber  
8:30 (CTK) Joyce Rouille

**Saturday, March 6**

7:15 (STA-L) Felix James Callan By: Patrick Callan  
4:15 (STA) The deceased members of the Nietsch family By: Angelika & Dennis Mahoney

**Sunday, March 7**

8:00 (STA-L) Private intention  
9:00 (CTK)  
10:00 (STA-L) Stephen Dufresne By: the Hester family  
11:00 (CTK)  
5:15 (CTK) Scott Barnes By: Dad, Mom, & brother, Chris

### THRIFT SHOP WINTER SALE

All winter clothing prices are being reduced! Visit us on Facebook! Search for St Anthony Thrift Shop. Please like and share our Facebook posts with your friends; they will thank you for it! Our kitchen store is open! Please have a look. Beginning in March, we are accepting *clean summer clothing*.

### Christ the King –St. Anthony Contributions

Weekend Offertory: \$ 3,900.00  
Latin Mass Chaplaincy: \$ 1,300.00

*Parishioners are asked to continue their financial support of the parish even with the obligation to attend Mass still suspended. Please consider making up contributions to the parish via mail, online giving, etc. As always, your generosity is greatly appreciated.*

### CANDLE MEMORIAM

#### Christ the King Church:

Sanctuary Candle — *For an end to the coronavirus pandemic*

Blessed Virgin Candle — *For all those who are sick*

#### St. Anthony Church:

Sanctuary Candle — *For the poor*

Blessed Virgin Candle — *For the unborn*



**For Mass intentions or candle memorial requests, please call or email the parish office.**

### COVID-19 UPDATES

For the latest information on the Covid-19 pandemic and its impact upon our parish and diocesan life, go to [www.vermontcatholic.org](http://www.vermontcatholic.org).

### UPCOMING MEETING

The next CKS School Board meeting will be on Tuesday, March 2, at 6:30 PM. Contact the parish office for more information.

### LENTEN SERIES ON PRAYER

Msgr. McDermott will be offering three Zoom conferences on prayer during Lent. The dates will be March 1st, 8th, and 15th. Meetings will begin at 6:30 PM and concluding by 7:30 PM. We will review different kinds of prayer, beginning a life of prayer, and furthering a life of prayer. Please contact the parish office if you are interested in participating. Zoom registration information will be forthcoming.

### STATIONS OF THE CROSS

Monsignor McDermott will host Stations of the Cross on Fridays during Lent, beginning Friday, Feb. 26th. Stations will begin at 6:30 PM at St. Anthony.





## Pastor's Notes

My dear family in Christ:

I pray that this reflection finds you enjoying a fruitful Lent thus far. We may only be one week in, but I pray we have all had time to open our hearts and homes to the Lord's loving presence and experienced His grace.

While I typically spend some time pondering the Sunday Gospel passage in this column, this weekend I want us all to spend some time considering the words of St. Paul to the Church at Rome. The words taken from Romans Ch. 8 are among the most encouraging in any of Paul's letters: "*If God is for us, who can be against us?*" Let those words sink in for a few moments. "*If God is for us, who can be against us?*" These words can help put any problem, obstacle, pain, or sorrow into perspective. They remind us that we are in the hands of a loving Father who does not abandon His children. These are the words that empowered the martyrs to face their deaths with confidence and, sometimes, even joy. These are the words that can help us when everything seems to be going wrong in our lives or in the world. "*If God is for us, who (or what) can be against us?*"

The real challenge of these words is to allow them to take such deep root in our hearts that we face all of life—the good, the bad and the ugly—with the utmost confidence, knowing that, regardless of how things may work out in this life, the ultimate and eternal resolution has already been provided for us. The failures of this life, and even death itself, cannot destroy the love that God has poured forth into the world through His Son Jesus Christ. It is this truth that is meant to sustain Christians, not only through Lent, but through every period of their lives.

I think about these words frequently, especially when I am facing a difficult decision or situation, and I have often used these words during the course of a funeral to provide some hope to those whose hearts are broken because a loved one has died. They may not take away all earthly sorrow or pain, but to a believer, they provide a sure foundation to continue on in our lives because we know that God is for us always and everywhere.

In conclusion, I'd like us to reflect upon the rest of the words from this portion of Paul's letter: "*For I am convinced that neither death, nor life, nor angels, nor principalities, nor present things, nor future things, nor powers, nor height, nor depth, nor any other creature will be able to separate us from the love of God in Christ Jesus our Lord.*" Romans 8:38-39.

God never forgets His own.

In Christ,  
Msgr. John J. McDermott, VG

## PUBLIC MASS PROTOCOLS

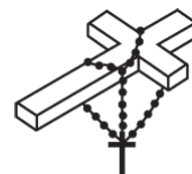
There are some essential requirements as we ease back into gathering as a community of faith:

- *The obligation to attend Sunday Mass is still suspended until further notice.* No one is obligated to attend Mass for now.
- If someone is not feeling well, out of love of neighbor, they should remain at home and watch Mass on TV.
- Those in higher risk categories, over 65, pre-existing health issues, are encouraged to stay home.
- Social distancing must be maintained in Churches. Family members may sit together, others must maintain 6 foot spacing, including in the communion line.
- Masks are to be worn in churches as an act of charity toward others.
- We ask parishioners to please use hand sanitizer and *sign the guestbook as they arrive.*
- Holy Communion will usually be distributed in the hand. Those wishing to receive on the tongue are asked to approach for reception at the end of the communion procession or right after Mass.
- We ask that people bring their own wipes to wipe down pews after each Mass.

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## DAILY ROSARY

Lent, a time for penance, reflection, and spiritual growth, is upon us. One way we can increase our holiness during this time is to incorporate the Rosary into our daily prayer life. The Diocese of Burlington offers a daily recitation of the Rosary featuring a member of our Vermont diocesan community. Consider visiting our Rosary page, <https://www.vermontcatholic.org/news/communication/rosary/> to pray with fellow Vermont Catholics, or to sign up to lend your voice for a recording. Saint Padre Pio has been quoted as saying, "The Rosary is the weapon for these times." May we grow together in holiness and protection from all evil. For more information email Valerie Parzyck at [vparzyck@vermontcatholic.org](mailto:vparzyck@vermontcatholic.org).







### 100 DAYS OF CLASSES!

Christ the King School is celebrating 100 Days of Classes with its 1 to 100 Challenge. This fundraising effort is looking for donations from \$1 to \$100. More information can be found on the school web site: [www.cksvt.org](http://www.cksvt.org).



Thank you for your continued support of the school using Amazon Smile and collecting box tops. *Please remember to look for the "Box Tops for Education" logo (pictured) on your box tops.*

### GUIDELINES FOR LENT

The time of Lent is to be observed by Catholics as a special season of prayer, penance, and works of charity.

\*Ash Wednesday and Good Friday, in particular, are the most important penitential days of the liturgical year. They are days of both fast and abstinence. All Fridays in Lent are days of abstinence.

\*The rule of fasting states that only one full meal a day can be taken. Two small meals, "sufficient to maintain strength", are allowed, but together they should not equal another full meal. Eating between meals breaks the fast, but drinking liquids does not. The rule of fasting obliges all Catholics from 18 to 59.

\*Abstinence refers to the eating of meat. The common estimation of the community is used to determine what falls under the category of meat. The rule of abstinence binds all Catholics 14 years or older.

\*The substantial observance of the laws of fast and abstinence is a serious obligation.

\*Self-imposed fasting on the other weekdays of Lent is recommended. Abstinence on all Fridays of the year is also highly recommended.

\*Parents and teachers should see to it that, even those who are not bound by the laws of fast and abstinence because of age, are brought up in an atmosphere that is conducive to a sense of penance.

### RELIGIOUS ED—HOME STRETCH

The next 5-8 and Confirmation classes will be Sunday, March 7th. The next 1-4 classes will be on Sunday, March 14th. The calendar is available online, or you can email Mrs. Cade for a copy. As always, if you have any questions, don't hesitate to reach out to Mrs. Cade at 703-772-7917 or [mcade@vermontcatholic.org](mailto:mcade@vermontcatholic.org).

### WINTER COATS CAMPAIGN

Gadue's Dry Cleaning is hosting its annual "Coats for Kids" campaign. This year, need is greater than ever, and our donations have been down. Drop off your gently used coats, snow pants, hats, mittens, scarves, and winter boots at any Gadue's Dry Cleaning location.



Gadue's will clean and recondition them, and items will be distributed through local agencies and schools to those children and families who need warm clothing to face the cold winter ahead. *All sizes are needed, adult through infant, but articles should be limited to winter outerwear.*

### AWAKEN—PRAY FOR US

Please keep all those participating in Awaken in your prayers over the next twelve weeks as we learn and grow together in faith. If you are interested in this program, please contact the parish office or visit the Awaken page at [www.christandanthony.com](http://www.christandanthony.com).



### CHRIST OUR HOPE PROGRESS REPORT

As of Feb. 9, 2021, Christ the King - St. Anthony Parish has raised 44% of our campaign goal. Our sincere thanks to all who have supported the campaign so far. We as a diocese cannot carry out our mission and realize our dreams without your help. You can return a completed pledge form or go online to [christourhopevt.org/donate](http://christourhopevt.org/donate) to make a gift. Your donation of any size will help address our needs at Christ the King - St. Anthony and also support fellow Catholics across the state.



# NEWS FROM The Inland See

February 27–March 5, 2021

FOR THE DIOCESE OF BURLINGTON

## For Lent, ask if one's life is centered on God or oneself, pope says

**L**ent is a time to reconsider the path one is taking in life and to finally answer God's invitation to return to him with one's whole heart, Pope Francis said.

"Lent is not just about the little sacrifices we make, but about discerning where our hearts are directed," he said, "toward God or toward myself?"

The pope's remarks came in his homily at Mass Feb. 17 for Ash Wednesday. In his homily, the pope said one must bow to receive ashes sprinkled on the crown of the head, which reflects the "humble descent" one makes in reflecting on one's life, sins and relationship with God.

"Lent is a journey of return to God," especially when most people live each day ignoring or delaying their response to God's invitation to pray and do something for others.

"It is a time to reconsider the path we are taking, to find the route that leads us home and to rediscover our profound relationship with God, on whom everything depends," he said.

"The journey of Lent is an exodus from slavery to freedom," he said, noting the easy temptations along that journey, including yearning for the past, or hindered by "unhealthy attachments, held back by the seductive snares of our sins, by the false security of money and appearances, by the paralysis of our discontents. To embark on this journey, we have to unmask these illusions."

The way back to God, he said, starts with understanding, like the prodigal son, how "we have ended up with empty



Pope Francis elevates the Eucharist as he celebrates Ash Wednesday Mass in St. Peter's Basilica at the Vatican Feb. 17, 2021. — CNS/Guglielmo Mangiapane, Reuters photo

hands and an unhappy heart" after squandering God's gifts "on paltry things, and then with seeking God's forgiveness through confession.

The pope again reminded confessors that they must be like the father in the story of the prodigal son and not use "a whip," but open their arms in a welcoming embrace.

"The journey is not based on our own strength. Heartfelt conversion, with the deeds and practices that express it, is possible only if it begins with the primacy of God's work" and through his grace, the pope said.

What makes people just is not the righteousness they show off to others, "but our sincere relationship with the Father," after finally recognizing one is not self-sufficient, but in great need of him, his mercy and grace.

The pope asked people to contemplate daily the crucified Christ and see in his wounds, "our emptiness, our shortcomings, the wounds of our sin and all the hurt we have experienced."

"We see clearly that God points his finger at no one, but rather opens his arms to embrace us," he said.

It is in life's most painful wounds, that God awaits with his infinite mercy because it is there "where we are most vulnerable, where we feel the most shame" and where he comes to meet his children again.

"And now," the pope said, "he invites us to return to him, to rediscover the joy of being loved."

— Carol Glatz, Catholic News Service

### POPE FRANCIS'S FASTING SUGGESTIONS

*Do you want to fast this lent?*

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your heart with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.