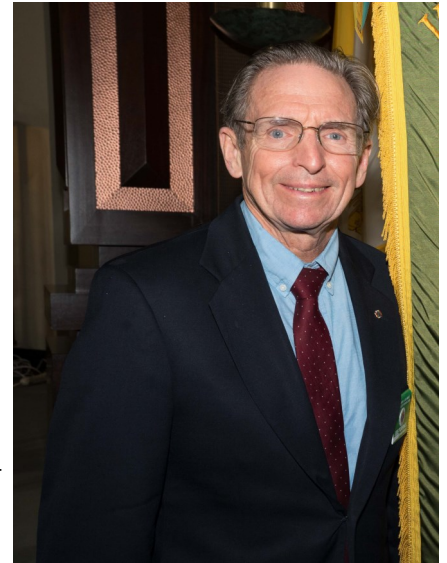


Knights Knews

February 2023

Grand Knight Report



Brother Knights,

[We mourn the death of long-time Brother Knight Ernesto De Leon. May he rest in peace in heaven with Almighty God.](#)

We celebrated Norm Ouellette's retirement party on Jan 14. Thanks to all that helped, especially Rita and John Downey for organizing the event. We had a mass before the party including the Baptism of Norm's great grandchild. The day was filled with great appreciation for Norm for his 22 years of service to St Rose and 34 years with the Knights; but, he isn't fully retired as he is continuing with Bingo, Christian Service and the Mother Cabrini Store! Thanks again, Norm!

On Jan 21 and 28, Bingo was held at our K of C Hall thanks to tremendous effort spear-headed by PGK Rick Ostrich. While our patrons seemed pleased, the next month should determine if we will be successful in generating sufficient funds to make it worthwhile. We have had great support from many brothers and still need lots of help this month; please consider signing up for one of the days by contacting Fred Valdez (805-428-6413).

We participated in the K of C California State Council on-line Novena for Life from Jan 12-Jan 20. If you missed this, you can listen to and pray each of the 9 days here:

www.youtube.com/c/KofCCaliforniaStateCouncil



KNIGHTS
OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

Grand Knight Report Cont.

On Jan 21, our Council and Holy Cross's Council, 9969, sponsored a bus for pro-lifers to attend the OneLifeLA march in downtown LA. We had a combined 42 participants on our bus. Thanks to Pegasus Transit, **who** also gave us a generous discount for using the bus. For further details and pictures, see the article in this bulletin.

Sunday, January 29, was a busy day which is not unusual for our Council to include:

9 AM Family Mass at St Rose, with the Assembly joining us

Pro-life breakfast after the 7 and 9 AM masses

Exemplification at 1 PM at St Peter Claver (see article and pictures in this bulletin)

Homeless dinner and PADS at the K of C Hall

Major events in February include:

Feb 7: Combined Officers & Business meeting: starts at 6 PM

Feb 12: Super Bowl party: doors open at 2 PM

Feb 22: ASH Wednesday & Start of 40 Days for Life

Feb 23: Fraternal Benefits webinar: 5:30 PM

Feb 25: Blood Drive

Feb 26: Yaw-Yaw anniversary party, early afternoon

Feb 28: Fraternal Benefits Webinar: 6:30 PM

Other events and dates can be found on the schedule at the end of this bulletin.

Brothers, please pray for me, and know that I pray for you!

Vivat Jesus

GK Joe Ferrall

Deacon's Corner

Salt of the Earth

In the gospel (Matt 5:13) we hear Jesus tell His disciples (and us): "You are the salt of the earth". Just what is Jesus telling us today in our world? Just as a spoonful of salt spreads itself all through a kettle of soup, so every Christian must spread his/her influence to all the people they meet every day.



There are many whose lives are dull, tasteless, and meaningless. The "hamburger" of their life, the "soup" of their every day existence, is tasteless, without meaning or purpose. By what we say and do, and the way we say it and do it, we can be "salt" for those who find life tasteless.

It's been said that salt has about 1400 different uses, chemically, commercially, as well as for preserving and serving food. The evils of the world can be cured or at least lessened by the application of the salt of our faith.

Just as salt preserves food from decay and corruption, so we followers of Christ are to preserve the people we need from corrupt, false answers to all the important questions of life. The salt of our faith must make us friendly, even with the unfriendly. Christ wants us to be that kind of salt.

Viva Jesu

Deacon Terry

Knights of Columbus Insurance

Council Meeting Message February 2023

During the month of February and especially around Valentine's Day, we spend a lot of time thinking about our loved ones.

We do much more than think about loved ones at Valentine's Day; we give flowers and chocolates and send greeting cards. Why all the fuss? To show our love, of course! But have you ever considered that you should insure your love?

That's really what insurance is all about. Why does a member buy life insurance? Because he loves someone. He buys life insurance because he loves a wife or children. He doesn't want his loved ones to experience a lack of money if he is not there to provide for them. He wants to make sure his family can stay in the same home they love; he wants to make sure his children will have the college education they will need; he wants to ensure that his daughter will have the wedding she's always dreamed of; he wants his family to continue to live the lifestyle he's been able to provide.

In addition to life insurance the Knights of Columbus offers long-term care insurance, disability income insurance, and retirement annuities. All of these, like life insurance, help insure your love. Need extended care? Long-term care coverage can help. Can't work because of illness or injury? Disability income insurance can provide for some family necessities until you can work again. Want guaranteed interest on your retirement savings? An annuity might be right for you. All these products can help insure your love.

So go ahead and buy that box of chocolates, get a beautiful arrangement of flowers or a dozen roses and include a card; but then sit down with me and with your wife and let me show you how you can insure your love.

Vivat Jesus!



Knights of Columbus
INSURANCE
YOUR SHIELD FOR LIFE

Willie Romero FICF

Field Agent

Office (805) 522-1916

Cell (805) 813-6707

wilfrido.romero@kofc.org



Frank's Fitness

Lent Approaches; Consider Intermittent Fasting

Start with the observation that, generally speaking; Americans are too well fed for our own good, with over 40% of our adult population considered obese according to [Google](#) (Sept 22). Consider then that this constitutes a strong negative impact on the health of our Nation, driving up death rates and medical costs for our families. And in that overweight population we find the greatest incidence of diabetes, heart disease, cancer, organ failure, cognitive degeneration and early disability – all good reasons to improve eating patterns and food choices.

Lent presents a splendid opportunity to fast and pray for those coming into the Church this Easter, for our own welfare and that of the whole world while adopting health-promoting eating patterns for our own 'Temple of the Holy Spirit'. We are asked to pray, reduce our consumption (of excesses of all kinds) and share our relative wealth with those less fortunate than we (Feed the Hungry, Clothe the Naked, Shelter the Homeless, Heal the Sick and Be the Good News to the despairing).

A very practical Fasting strategy known as Intermittent Fasting has been increasingly in the news related to weight loss and fitness. I have adopted a version of that wherein I extend the period of not eating from dinner, finished by around 7:00 PM in the evening to a late breakfast about 10:30 – 11:00 AM the next morning. I typically don't eat lunch, mostly because I'm not hungry. My secret to not eating upon awakening is to enjoy a cup of fresh coffee with a slab of butter whipped into froth with a hand-held motorized whisk. I use Irish grass-fed butter which is sweet to the taste, but does not stimulate insulin release, so is basically invisible to the body's caloric intake sensors, while killing hunger (at least for me) for hours.

Using butter in coffee arose from interest in the [ketogenic diet](#) to control increasing mid-body fat as I was aging. Basically, eating more fats and fewer carbohydrates causes the body to switch from using glucose as fuel to burning fats for energy production, and results in much lower storage of body fat. More recently studies of intestinal health and disease have shown that small chain fatty acids generated by "good bacteria" in the gut biome nurture the production of protective mucus, preventing a number of intestinal maladies. The most important of these short-chain fatty acids is Butyric acid or butyrate; butter from grass-fed cows contains 4% Butyrate. That seemed like a good way to start my day.



Frank's Fitness Cont.

The real enemy of good gut health is sugar and high fructose intake as well as artificial sweeteners, which rapidly change the gut microbial population toward one which leads to faster onset of all the diseases of aging. So while we are reducing our consumption for Lent, we can opt for real foods; more colored vegetables, nuts, berries and fruits, fresh meats and seafood, giving up manufactured things that come in a bag, box or can – and I recommend Intermittent Fasting for life, not just Lent.

To Your Greater Health and Fitness – In Christ,

Frank

Dominick's Corner

Military Service of SK Ronald Browne

I joined the U.S. Air Force in June of 1965 three days after graduating from high school. I was sent to Lakekland Air Force Base in Texas for boot camp. After boot I attended a tech school for training as a airplane engine mechanic. After that school I was assigned to George Air Force Base in Ca. My duty there was more like a flight attendant. From there I was sent to England Air Force Base in Alexandria, La. for one year. My next assignment was a one year term in Bangkok, Thailand in Southeast Asia. At the end of that I flew into Travis Air Force Base for reassignment. At that time they were going to send me to Wright Patterson Air Force Base in Ohio but the Air Force decided it would cost too much to send me to Ohio for discharge. So they shortened my four year enlistment by six months and discharged me in December, 1969. I am glad to have been able to serve my country.

Medals:

National Defense Medal
So. East Asia Medal
Good Conduct Medal



Dominick's Corner Cont.

MILITARY SERVICE OF SK HENRY MANCILLA

On July 8, 1965 I joined the California National Guard in Inglewood. At that time It was the 1st 118th Calvary. I was put in F Troop and sent to Fort Irwin, Ca. for 1 month of boot training and assigned to an armor unit. As soon as I got out of boot I was sent to the Watts Riot for 4 fun filled days. In June of 1966 I got married and 1 week later I was called to active duty and reported to Fort Ord, California where there was an epidemic. September of 1966 they shipped me to Fort Knox, Kentucky. I was stationed there until December of 1966 when I was promoted to Private First Class and reassigned to Inglewood as an Armor Intelligent Specialist which is better known as a scout. March of 1968 they renamed our outfit. It became the 160th Infantry Unit and half of our unit was shipped to Vietnam. I was one of the lucky ones that was kept here in a reserve static. I fired and qualified on every weapon available, from a rifle to a 155 Howitzer cannon. I was discharged July 29, 1969 as a Specialist 4th Class. During my service time my wife and I had 4 great children. Although my time in service was not exciting I am still proud to have served my country.



February Bereavement & Fraternal

Brothers and Sisters in Christ

Updated 2/1/23

This month we mourn the passing of PFN SK Earl Todd, SK Aurel D'Allura and Ernesto De Leon. Please keep the D'Allura, Todd, and De Leon families in your prayers. Please keep the following especially in your prayers: John Segar, Ty Downey Sister-in-law of John, Alfredo Hernandez, Mike Novak cousin of PGK/PFN Gerry Riss, Diana Fabray wife of Chris, Maddy Babcock, wife of our Brother Dave, Brother Logan Brammer's mother-in-law, SK Tyler Ritch, Martin Pitstick brother of PFN Jerry and Sam Nenca cousin of SK Willie Romero.

Julie Scrivano Daughter and Lori wife of PGK/SK Bill Alexander
 Jeff Anderson
 David Babcock and wife Maddy
 Regina Barbosa daughter of SK Steve
 Logan Brammer's mother-in-law
 PGK SK Ron Brown
 SK Jerry Brusseau and family
 Andrew Budinski
 PFN Alan Canfield
 SK Richard & Susie Case
 Guillermo Camarena's father
 Bernadette, wife of Hugh Chisholm (d)
 Rosa Camacho
 Juanita Camacho mother of Tony
 Brian and Joseph Conant grand nephew and cousin of PGK/PFN Herman (d)
 Patricia wife of SK Carl Cornell (d)
 Trudy wife of PGK/PFN Dominick Costanzo
 SK Tony Crane
 PGK/SK Tony DeMarco, Abrianna granddaughter and Jennifer DeMarco lezza daughter
 Sahera sister of SK Sam Doka
 Ritamarie wife and Ty sister-in-law of John Downy
 Andy Duport
 Pam wife of SK Fred Erickson (d)
 SK Jim Fabry and grandson Seth
 Diana Fabray wife of Chris
 SK Neil Fanning, wife Luppita
 PFN SK Joe Ferrall and his friends
 Matt Weaver Sr. & Jr.
 Brian Fransen son of SK Don (d)
 Carmen Zarcone grand-daughter and Rose mother of Paul Friedeborn
 Peggy, wife of Gerald Giarrusso
 Nick Gomes
 SK Cody Gorecki
 SK Peter Grace
 Jacqueline Griffith mother of SK Mark Tanya Guzman
 SK Bob Hacia's Sister in law Dalton Collins and uncle Tom Riza
 Alfredo Hernandez and his sister
 Alejandro Hernandez

SK Tim Hodgins and wife Terry
 SK Lance Holman
 Lois, wife of PGK SK Ron Huerth
 Gayle Ireland wife of PGK/SK Russ
 George Powell in Law of SK Tom King
 Walter Bingham uncle of SK Tom King
 Sara Jayne Powell Sister, Tim son, and Marianne and Carol daughters of SK Tom King
 SK Tony Lemos and his brother Joel
 Vincent Lendon
 Harold (Chris) Lev Jr.
 Bob Linscott Nephew of SK John (d)
 John Linscott Jr
 DD Mike Locolo
 Jackie Loniero son of Tony
 Marlene Looney
 Veronica Lopez & Alberto Anaya cousin & nephew of SK Alberto Lopez
 SK Joseph Lopez and Daughter Denise
 Julia Mora, daughter of SK Joe Lopez
 PGK/PFN SK Tom Lotz
 Leo Maciel
 Ray Madden's brother-in-law Lou
 PGK/PFN/SK Henry Mancilla and his brother-in-law Alejandro Arellano
 Scott, grandson of PFN Henry Mancilla
 SK Jim Manda
 Andrew Richards friend of SK John Makenzie
 Fr John Moloney
 PGK John McCracken and his wife Rachel
 Kellie daughter of SK Al McKinley (d)
 Charles Miserendino
 SK Tom Morrissey and wife Hope
 PFN SK Jerry Myszkowski
 Saylor Padgett, Mateo Briones grandchildren of PGK/PFN Jerry Padgett
 PGK David Cabone and Rita Costello friends of PFN/PGK Jerry Padgett
 Miguel & Cecelia Briones Father-in-law & mother in law of PFN Jerry Padgett
 Stephen Paisley son of Marilyn

Martin Pitstick brother of PFN/SK Jerry
 Bree Rayburn, wife of SK Russ Rayburn
 Sean Reeves
 PGK/FN Gerry Riss niece Erin
 Hughes, cousin Mike Novak and friend Steve Stark
 SK Tyler Ritch
 Jean Roberts wife of SK Ed
 Wilda Rodriguez wife of PFN Anthony
 SK Willy Romero and family
 Sam Nenca cousin of SK Willie Romero
 Michael Pielael in-law of SK Jeff Sage
 Miriam wife SK Louie Sanchez (d)
 Amber Santiago and children
 Greg Secor
 John Segar
 Fr Joe Shea
 Angie Smith, wife, sons David and Chris of PGK SK Bob
 Susan Smith, wife and Alex son of PGK SK Christopher
 Mac Senise son Of Gary and Moira
 Sara, wife of Jim Spencer
 Mary wife of PGK/PFN Bob Spielman
 Elaine sister of PGK/PFN Bob Spielman
 Peter Stiner
 Bill Tatone grandson and Helen Tatone wife of Bud (d)
 SK David and wife Alberta Tellez
 Brian Lampkin son in Law of SK David Telez
 PGK SK Earl Todd
 Kitty Fidermutz, daughter of Lonnie Todd
 Sandy, wife of Mike Tortorici
 Ginger Trematore Wife of SK Joe(d)
 Ruben Valdez
 Venegas Family
 Daniel Videgain
 SK Gene Walinski and wife Kathy
 Colleen, wife of Jim Wehr (d)
 Chelsea grand-daughter of SK Jack White (d)
 Shirley, wife of SK Dan Zengierski

Please continue praying for our service men and woman, they serve throughout the world helping to maintain peace and the ideals of our country.

My brothers, if you know of someone in your family, or a friend who is in ill health, who needs our prayers, or of someone who can thankfully be removed from the list, Email me or a call at the address or number below.

Peace and God's blessings from your Bereavement and Fraternal Ministry.

Jerry Myszkowski, 805 522 1641 jmyszko@yahoo.com



GOD BLESS AMERICA



FEBRUARY BLOOD DRIVE

Please take the time to donate a pint of the red at the Knights of Columbus blood drive at the St Rose of Lima parish hall from 8 to 12:30 on Saturday February 25. Your donation helps local hospitals doing needed operations and supports the National grid during emergencies. Call Paul Friedeborn at 805-395-1126, 805-297-6473, Vitalant at 805-258-4825 or contact them online to make an appointment.

HELPING HANDS

Thank you John Mackenzie helping correct a leaking vent, and removing an old AC unit to replace with a window for a widow of a deceased Knight.

Anyone who knows of a family member of a knight or parish member in need let Paul Friedeborn at 805-395-1126 know.

Homeless Dinners

The homeless dinners are served between 5:50pm – 6:30pm at the Knights hall. If you would like to help give Rick Ostrich a call at 805-501-8818.

Pending Motions

Maximum \$10,000 for SRL Hall Bathroom renovations. (will be voted on when actual cost is known)

Change the by-laws for the Masses said for deceased brothers from 5 to 2.

Knight's Retreat

This year the Knight's of Columbus retreat will be held on March 3rd through the 5th. The theme this year is **"Who is Jesus Christ? Who am I? Finding the divinity within."**

We often try to discover the complex relationship between ourselves and Jesus Christ. We want to know what it should be, how deep it should be, what does Christ want of us, and if so, where can we find the divine within us? The retreat team will attempt to explore all such questions and provide a deep dive to help discover where Jesus Christ resides deep inside us. This retreat will lay paths for this exploration, and invite you to join us on this epic adventure to the interior of our souls.

Place: Mater Dolorosa Retreat Center
700 N. Sunnyside Ave.
Sierra Madre, Ca 91024

For Reservations:

Website: www.materdolorosa.org
or contact: Oren Robles
(805)432-6034



One Life LA

On January 21 we were joined by Moorpark council 9969 for a bus ride to Paseo de la Plaza near Olvera street in downtown LA for the One Life yearly march to support victims of abortion (mothers and unborn children). The march started on Arcadia Street and concluded at Los Angeles State Historic Park where bands were playing and testimonials were given.



Norm's Retirement Party

The celebration began with a mass, officiated by Father Joe and the choir sang. At the service, Norm's great-granddaughter, Adeline, was baptized where he was honored as the Godfather.

As part of the celebration, a reception followed in the church hall with great food, memories, and laughter.

All the Ministries worked hard to make this a success. Food was supplied by great pasta by The Knights of Columbus, Black Bear Diner, Chili's, Sysco's, Presto Pasta, Red's Barbecue, T.G.I.F, and of course Viva La Pasta.

This was complimented by great appetizers and desserts supplied by the parish ministries. They also did the setup, clean up and supplies.

. The school children made cards of thanks to Norm. This was the highlight and the best decoration as a memory. Pictures of Norm's life was done by his children and were so great to see him over the years.

We were entertained by Sean Reaves and Jerry Riss. A great pair at any event.

Norm will be missed, but as you all know, he will always be somewhere around the church grounds to assist when needed.

Norm's Retirement Party, cont.



EXEMPLIFICATION

Sean Reeves was welcomed into our Council on January 29 at St Peter Claver Church. The event was hosted by St Peter Claver Council 9410; the degree team, from Holy Cross Council 9969, again performed an exceptional ceremony.

Sean is a great addition to our Council. He has been in our parish for many years. He is a DJ and adept at auctions.

Sean's father, Jesse Reeves, is an Honorary Life Knight and has been a Knight for 57 years. Jesse and his wife, Thelma, have been adult leaders in the Boy Scouts for many years. Thelma has been our contact when the Boy Scouts have asked us to cook for various events.

Please welcome the whole Reeves family: they are a great addition to our Council!



2022 - 2023 OFFICERS

Grand Knight	SK Joe Ferrall	(805) 428-1894	jnl_70@outlook.com
Spiritual Advisor	SK Deacon Terry Reibenspies	(805) 390-0745	terryreib@pacbell.net
Deputy Grand Knight	SK Chris Fabry	(805) 624-9858	chrisfish74@hotmail.com
Chancellor	SK Paul Friedeborn	(805) 522-6080	paulf@rsrpd.us
Warden	John Lemos	(805) 791-7789	lemos.hvac@yahoo.com
Recorder	Nick Wirtz	(805) 791-5145	snickerdudeenw@aol.com
Financial Secretary	SK Lee Olson	(805) 907-2984	maleegic@aol.com
Treasurer	SK Jim Hook	(805) 579-8438	jhook643@gmail.com
3-Year Trustee	PGK Jerry Padgett	(661) 492-5473	jtpadgett2013@gmail.com
2-Year Trustee	PGK Chris Smith	(805) 579-7373	groobee@sbcglobal.net
1-Year Trustee	PGK Bob Smith	(805) 578-0434	truestorybob@hotmail.com
Advocate	SK Joel Bruemmer	(818) 307-3590	bruemmer@pacbell.net
Membership Chair	Jay Espiritu	(805) 587-9028	jayespiritu@sbcglobal.net
Guard	John Downey	(805) 579-8970	johnandrita@sbcglobal.net
Guard	Andrew Chauvin	(805) 295-7083	andrew.chauvin@gmail.com
Guard	John Linscott, Jr.	(805) 428-8145	johnlinscottjr@sbcglobal.net
District Deputy	SK Mike LoCollo	(805) 231-6188	mikelocollo@rosdrunner.com
Insurance Representative	SK Willie Romero	(805) 522-1916	wilfrido805@hotmail.com

COUNCIL 5803 EVENTS AND CHAIRMANS

EVENT	DATE	CHAIRMAN	TEL	E-MAIL
On Going/ As needed				
Bingo	On going	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Blood Drive	On going	SK Paul Friedeborn	522-6080	paulf@rsrpd.us
Christian Service Program	On going			
Family Mass	5th Sundays			
Fish Fries—1st Friday	1st Fridays	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com
Healthy Living Director	On going	SK Frank Wilhelmi	526-6194	wilhelmi@pacbell.net
Helping Hands	As needed	SK Paul Friedeborn	522-6080	paulf@rsrpd.us
Homeless Breakfast	Monthly	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Homeless Dinner	3rd Fridays	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Membership Chair	On going	Jay Espiritu	587-9028	jayespiritu@sbcglobal.net
Admissions Chair	On going	PGK George Gnesda	522-5699	g.gnez@yahoo.com
Knights Knews- Bulletin	On going	SK Joel Bruemmer	(818)307-3590	bruemmer@pacbell.net
Pro-Life Breakfast	5th Sundays	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net
Rosary for the Unborn	1st Saturday	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net
Various Food Drives	TBA	TBD		
Seasonal				
Fish Fries- Lenten	Ash Wed to Easter (Fridays)	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com
Monday Night Football	Sept- Jan	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Bowling	Sept-May	PGK George Gnesda	522-5699	g.gnez@yahoo.com
PADS	Oct-April	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
K of C 5803 Toy Drive	Oct-Dec	PGK Cliff Wirtz PGK Norm Ouellette	208-8970 551-3704	cawpaw@aol.com njouellette7@yahoo.com
Once Per Year				
Charter Night	TBD	SK Richard O'Donnell	522-0906	
Super Bowl Party	February	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Annual Men's Retreat	March	Oren Robles	(805) 432-6034	orencio8@yahoo.com
St Patrick's Day Dinner	March	GK Joe Ferrall	428-1894	jnl_70@outlook.com
Scholarship	Spring	PGK Bob Smith	587-0434	truestorybob@hotmail.com
Free Throw Contest	Spring	PGK George Gnesda	522-5699	g.gnez@yahoo.com
Soccer Chalange	Spring	GK Joe Ferrall	805-428-1894	jnl_70@outlook.com
International Dinner/Vocation Sun.	TBD	PGK Cliff Wirtz	208-8970	cawpaw@aol.com
Chili Cook Off	June TBD	SK Lee Olsom	805-527-7542	maleegic@aol.com
Installation of Officers	July			
Turnover Dinner	July			
PGK Testimonial Dinner	September	PGK Bob Smith	578-0434	truestorybob@hotmail.com
Simi Valley Days	September	SK John MacKenzie PGK John Antonacci	522-9818 559-2944	ukmackenzie@yahoo.com john_thetilepro@yahoo.com
Bishop Fishing Trip	Oct	PGK Christopher Smith	579-7373	groobee@sbcglobal.net
Dream Cuisine	Oct	PGK Cliff Wirtz	208-8970	cawpaw@aol.com
MRC Tootsie Roll Drive	October	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Columbus Day Dinner	October	SK Tony Gammariello	522-9548	tgammy@yahoo.com
Thanksgivng Dinner / Turkey Shoot	November	PGKs Jerry Padgett & Rick Ostrich	661-492-5473 501-8818	rickostrich@yahoo.com
Memorial Mass	November	PGK Bob Smith	578-0434	truestorybob@hotmail.com
Hanicapable Lunch	December	DGK Chris Fabry	805-624-9858	chrisfish74@hotmail.com
New Years Party	Dec 31st			

February 2023

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 PADS 7:00PM	2 Bowling	3 Fish Fry	4 *Men's Holy Hour 7AM *Boy Scouts Break- fast *Rosary at As- sumption 9:30AM *Bingo
5 *Homeless Dinner 6-7PM PADS 7:30 PM	6	7 5803 Officers Meeting 6PM 5803 Business Meeting 7PM	8 PADS 7:00PM	9 Bowling	10	11 *Men's Holy Hour 7AM *Bingo
12 Super Bowl Party No PADS	13	14 Valentines Day	15 *4th degree Officers meeting 6PM Rosary 7:00PM Meeting 7:30PM	16 Bowling	17	18 *Men's Holy Hour 7AM *Bingo
19 *Homeless Dinner 6-7PM PADS 7:30 PM	20 Chili Cook-off meeting 6:30PM	21 Mens disciple group 7pm	22 PADS 7:00PM Ash Wednesday 40 Days for Life Starts	23 Bowling Fraternal Ben- efit Webnar 5:30PM	24 Lenten Fish Fry	25 *Men's Holy Hour 7AM *Blood drive *Bingo *Special Olympics Four ball Ventura Fairgrounds
26 *Yaw Yaw an- niversary party 11:30-2:30PM *Homeless Dinner 6-7PM PADS 7:30 PM	27	28 Fraternal Ben- efit Webnar 6:30PM				

March 2023

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 PADS 7:00PM	2 Bowling	3 Lenten Fish Fry Mater Dolorosa Retreat	4 *Men's Holy Hour 7AM *Rosary at Assumption 9:30AM *Mater Dolorosa Retreat *Bingo
5 *Homeless Dinner 6-7PM PADS 7:30 PM *Mater Dolorosa Retreat	6	7 5803 Officers Meeting 7PM	8 PADS 7:00PM	9 Bowling	10 Lenten Fish Fry	11 *Men's Holy Hour 7AM *Bingo
12 *Homeless Dinner 6-7PM PADS 7:30 PM *St. Patrick's Day Dinner	13	14 5803 Business Meeting 7PM	15 *4th degree Officers meeting 6PM Rosary 7:00PM Meeting 7:30PM	16 Bowling	17 Lenten Fish Fry	18 *Men's Holy Hour 7AM *Bingo
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26 *Homeless Dinner 6-7PM PADS 7:30 PM	27	28	29 PADS 7:00PM	30 Bowling	31 Lenten Fish Fry	