

Knights Knews

Grand Knight Report

Knights of Columbus Council No. 5803, 1255 E. Patricia Ave. Simi Valley, CA

Hope you had a great Thanksgiving this year and soon to be a merry Christmas.

As usual we are a busy council, we have all the usual events in December. Monday night football on Mondays, bowling on Thursdays and the community dinner on Sundays.

We also have the Ya Ya Christmas party at the kc hall on Dec 13th.

Bingo continues to do well, but we could also use some manpower help on Saturdays, remember bingo is how we fund most of our activities in our council.

There is also an exemplification for new knights at the KC hall on Dec 18.

We will be having a free Turkey Dinner and Turkey shoot at the KC hall on Dec 12th.

The dinner is from 4:30pm to 6:30pm on Dec 12. The menu is the usual, Turkey, dressing, mashed potatoes, green beans, rolls and of course Pumpkin pie with whipped cream.

We are having a fundraiser to raise money for Tony Lemos, he is in need of some financial support and in need of a kidney. We will also be raising money for the Grand Knight fund, that helps knights in need. There will be an Eggplant Parmesan fundraiser at the KC hall on Dec 19th to raise money for Tony and provide information on Kidney donations.



K N I G H T S
OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

Grand Knight Report (Cont.)

The fundraiser starts at 4pm at the KC hall on December 19th. Pre orders of trays can be placed on the KC website at: [Eggplant Parmesan fundraiser | Knights of Columbus Council # 5803 | Simi Valley, CA](#)

You can also come down to the hall that night and just get a dinner or make a donation. We will, of course, have the game on and the bar open.

Rick Ostrich, Grand Knight

Deacon's Corner

Advent

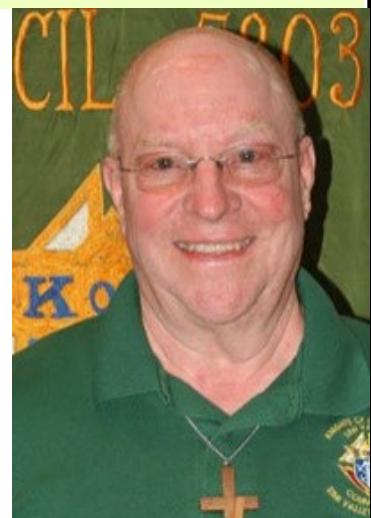
The season of Advent is time of expectation. Its meaning is two-fold: preparing for the celebration of Jesus' birth (His first coming) and anticipates His future return (the second coming). The word advent is derived from the Latin word *adventus* which means "coming".

Advent is a time to prepare our hearts and lives for the celebration of Christmas, the birth of Jesus. We do this with prayer, spiritual reflection, readings from Scripture, particularly from the Old Testament prophets like Isaiah. Many traditions include acts of self-denial, charitable works and acts of kindness during the season.

Many families set up an advent wreath which has three purple and one rose colored candles. Every week you light a new candle and say a special advent prayer. Most Christians use the four themes of advent - hope, peace, joy and love - to guide them through a season of meaningful reflection and spiritual preparation.

Viva Jesu

Deacon Terry



Potential Longevity Benefits of Scarlet Beebalm Extract

Exploring the Health Advantages of *Monarda didyma* for Lifespan

Life Extension just brought out a new product; Biological Aging Defense - based on an extract of Scarlet Beebalm (*Monarda didyma*), also known as Oswego tea or bergamot. Scarlet Beebalm is a perennial herb native to North America. Traditionally valued for its vibrant flowers and aromatic leaves, this plant has also been used in herbal medicine for centuries. In recent years, interest has grown in the potential health benefits of scarlet beebalm extract, especially concerning longevity and healthy aging.

Antiaging Properties

In-vitro studies on human cells show that scarlet beebalm extract reduces oxidative stress, DNA damage, and markers of cellular senescence, mechanisms involved in tissue aging and degenerative disease.

A randomized, placebo-controlled, double-blind clinical trial in adults aged 45–65 found that 12 weeks of 100 mg per day of scarlet beebalm extract stabilized DNA methylation age, whereas the placebo group showed a measurable increase in epigenetic age over the same period. The same study reported a significant improvement in leukocyte telomere length in the beebalm group, contrasting with telomere shortening in the placebo arm, pointing to a potential slowing of biological aging at the chromosomal level.

Importantly for stressed midlife adults, supplementation was associated with roughly 25% reductions in cortisol and improved subjective quality-of-life scores, including physical and psychological domains. Wearable and questionnaire data also indicated better sleep indices and increased physical activity, implying that users may feel more energetic and better recovered, not merely “younger” on lab markers.

Antioxidant Properties

One of the most significant factors influencing longevity is the body's ability to combat oxidative stress. Scarlet beebalm is rich in antioxidants, such as flavonoids and phenolic compounds. These antioxidants help neutralize free radicals—unstable molecules that can damage cells and contribute to aging and age-related diseases. By reducing oxidative stress, scarlet beebalm extract may help protect the body's tissues and organs, supporting overall health and potentially extending lifespan.

Anti-Inflammatory Effects

Chronic inflammation is closely linked to many age-related conditions, including cardiovascular disease, arthritis, and neurodegenerative disorders. Scarlet beebalm contains compounds like thymol and carvacrol, which possess anti-inflammatory properties. Regular consumption of scarlet beebalm extract may help modulate inflammatory responses in the body, thereby reducing pain and the risk of chronic diseases that can impact longevity.



Immune System Support

A robust immune system is essential for healthy aging. The phytochemicals present in scarlet beebalm have demonstrated antimicrobial and immunomodulatory effects in some studies. By supporting immune function, scarlet beebalm extract can enhance the body's resistance to infections and illnesses, which is especially important as the immune system naturally weakens with age.

Cardiovascular Health

Scarlet beebalm's anti-inflammatory and antioxidant properties may contribute to improved heart health by protecting blood vessels and reducing the buildup of arterial plaque. Enhanced cardiovascular health is directly associated with increased lifespan and better quality of life in older adults.

Digestive Health and Detoxification

Traditionally, scarlet beebalm has been used to support digestive health. Healthy digestion and efficient detoxification processes are vital for longevity, as they help prevent the accumulation of harmful substances in the body. The extract can promote a balanced gut microbiome, which has been linked to improved metabolic health and longer lifespan in various studies.

Conclusion

While more studies are needed to fully understand the longevity benefits of scarlet beebalm extract, current evidence indicates longer healthy cell function before the onset of senescence or death of immune and other cells, while traditional use suggest that its antioxidant, anti-inflammatory, and immune-supporting properties may contribute to healthier aging. As with any herbal supplement, it is advisable to consult with a healthcare provider before incorporating scarlet beebalm extract into your wellness routine, especially for individuals with existing health conditions or those taking medications.

Anyone interested in adding this to your supplement regimen call me at 805-587-6855 or email wilhelmi@pacbell.net. I will be ordering for myself and will stock it for my clients at a discount and save the shipping cost as well.

May you have a blessed Advent as we approach a likewise blessed Christmas Season!

To Your Greater Health and Fitness – In Christ,

Frank

Turkey Shoot 2025

This year the Free TURKEY dinner for knights and their families will be held on Friday, December 12th at the Knights hall. The Turkey shoot will be held in the back yard.

Yes, it is on a Friday. Park next door at the office building. This is a FREE meal at the KC hall. The dinner will be from 4:30 to 6:30pm.

If you can help us out by cooking a turkey or 2, please contact Rick at 805-501-8818. As usual no stuffing in the bird. Please return the cooked turkey to the KC hall at 1255 Patricia Ave around 11am on Friday , December 12th.

The menu is Turkey, green beans, stuffing, gravy and of course Pumpkin Pie.

We will be carving the birds around 12 noon on Friday.

Anyone wishing to help carve or help serve on Friday please call Rick at 805-501-8818.

Eggplant Parmesan Fundraiser

Please come and support Tony Lemos, he is need of some financial support and in need of a kidney. We will also be raising money for the Grand Knight fund, that helps knights in need.

The dinner will be served at 4pm at the KC hall on December 19th.The menu is eggplant Parmesan with penne pasta and Sicilian ribs with a salad.

The cost of the dinner is \$25 and which includes valet parking.

Christmas tray orders are \$75 for half tray and \$150 for full tray.

For orders contact Patty Jones (jonesp3@yahoo.com) or place on the KC website at:
[Eggplant Parmesan fundraiser | Knights of Columbus Council # 5803 | Simi Valley, CA](#)

And, as a Christmas tradition, the Lemos family is making Christmas tamales.

You can come down to the hall that night and just get a dinner or make a donation.

We would love to have a full house for the dinner. It's a time to share the love that we all have. It's really all about caring for others that have been there for us over many decades.

JOIN THE FOURTH DEGREE PATRIOTIC ASSEMBLY 2557

The Fourth Degree Patriotic Assembly represents the pinnacle of knighthood within the Knights of Columbus, embodying the order's commitment to faith, patriotism, and service to both Church and country. Members of the Fourth Degree stand as visible symbols of Catholic citizenship, participating in civic ceremonies, honoring veterans, supporting active-duty military personnel, and promoting love of country rooted in Christian principles. Their presence—often marked by the distinctive regalia—brings dignity and respect to liturgical celebrations, parades, funerals, and community events. Through their dedication, the Patriotic Assembly reminds us that true patriotism is lived through service, unity, and unwavering devotion to the values that strengthen both our nation and our faith.

Being active in the Fourth Degree offers a unique opportunity to live out your faith through visible and meaningful patriotism. Participation allows you to honor veterans, support those currently serving our country, and represent the Knights of Columbus with dignity at church and civic events. It also builds strong bonds of fraternity, giving you a chance to work alongside fellow Catholic men who share your commitment to service and love of country. By staying active, you help strengthen the Assembly's mission, ensure its traditions continue, and make a lasting impact in both your parish and community. Ultimately, involvement in the Fourth Degree is a powerful way to deepen your faith, serve others, and uphold the values that define Catholic citizenship.

Being active in the Fourth Degree means fully embracing the mission of faith, patriotism, and service—and that starts with showing up. Attending monthly meetings keeps you informed, connected, and engaged with the work of your Assembly, ensuring your voice and talents help shape its direction. Participation in religious events is equally important, as Fourth Degree members are a visible sign of Catholic devotion and unity, especially during liturgies, processions, and parish celebrations. Serving at funerals and memorial services is one of the Assembly's most honorable duties, offering dignity and respect to our deceased brothers and their families. And by running for elected positions, you help strengthen the leadership and future of the Assembly, bringing fresh energy and commitment to its mission. Active involvement in these areas not only enriches your own experience, it keeps the Fourth Degree vibrant, respected, and strong.

If you are a member of the 3rd degree and would like to join Assembly 2557 or have any questions, call me at (805)428-6413 or e-mail at f_valdez@yahoo.com.

Vivat Jesus
SK Fred Valdez PGK



LORD, HEAR OUR PRAYER



November Bereavement & Fraternal

Brothers and Sisters in Christ.

This month we mourn the passing of PFN John McCraken, Kathy Cruz Sister of Lorriane Ferrall, PGK/PFN Boyd Brotherton, and Eduardo Echeverri. Please keep the Cruz, Ferrall, McCraken, Brotherton, and Echeverri families in your prayers. Please keep the following especially in your prayers, PFN Jerry Myszkowski, Charlie Maciel, SK Anthony Rodriguez, Rita Gibson daughter of SK Dominik Costanzo (d), Baro daughter of Jovi Usude, Dolores Smith mother of Chris and Bob Smith, Mary Spielman wife of PGK/PFN Bob (d), Deacon Dave Lawrence, Jean Roberts wife of SK Ed, PGK Bos Smith, PGK SK Bill Alexander, and PGK Russ Ireland.

The sick below and their families are also in need of our love and prayers.

SK Bill Alexander and wife Lori

Tracy Antonacci and Cheri sisters of PGK

John and friend Cherokee Vandermark

Rick Statler friend of John Antonacci

David Babcock and wife Maddy

Regina Barbosa daughter of SK Steve

Logan Brammer's mother-in-law

John Bravo,

Salley Brownie wife of SK Ron (d)

Sean Duggan nephew of SK Joel

Bruemmer

Jerry Brusseau and family

Andrew Budinski and wife ofie.

SK Richard & Susie Case

Guillermo Camarena's father

Rosa Camacho

Juanita Camacho mother of Tony

Blanca Chowdhury and family

Barbara Connor, mother of SK Blair

Patricia wife of SK Carl Cornell (d)

Armando Correa

SK Don Corson's wife Marian and son

Don

Trudy wife and Rita Gibson daughter of SK Dominick Costanzo (d)

Jerry Mahieu brother-in-Law and Pam

Shannon aunt of SK Larry Denning.

Sahera sister of SK Sam Doka

SK John Downey's wife Ritamarie, and family Robert, Bobby, Sean Downey and Joan Millenciewicz.

Ann Dumas wife of SK Ronald (d)

Andy Duport

Amanda niece & Pam wife of SK Fred Erickson (d)

SK Jim Fabry and wife Linda

Diana Fabry wife and sons Noah and Chris of PPGK/SK Chris Fabray

Lupita Fanning wife

PGK SK Joe Ferrall and his friends Matt Weaver Sr. & Jr.

PGK Bill Fisher

Brian Fransen son of SK Don (d)

Carmen Scurlock grand-daughter, of Paul

Friedeborn

Alexandra and Loria French

Steve Garlin

Peggy, wife of Gerald Giarrusso

Nick Gomes

SK Cody Gorecki

Jacqueline Griffith mother of SK Mark

Tanya Guzman

SK Bob Hacia's Sister in law Dalton Collins and uncle Tom Riza

Alfredo Hernandez and his sister

Alejandro Hernandez

Maury Hoffart and sons John & Ron

SK Tim Hodgins and wife Terry

Fran Hokanson and Mia Garza granddaughter

SK Lance Holman

Stephen son and Lois, wife of PGK SK Ron

Herth

Donna Hull

Kyle Kadell's Sister Karen Childers

PGK/SK Russ Ireland

Trudy Kern mother of Dave

George Powell in Law, Walter Bingham uncle, Sara Jayne Powell Sister and Tim son, of SK Tom King (d) and daughters

Marianne and Carol.

SK Duke Kopacz's wife Roberta and his daughter Rebecca

Al Kowalski and wife Emese

Deacon Dave Lawrence

Tony Lemos and his brother Joel

Harold (Chris) Lev Jr.

Brian son & Karen wife of John Linscott Jr

DD Mike LoCoco

Maria Lojo's mother-in-law

Veronica Lopez & Alberto Anaya cousin & nephew of SK Alberto Lopez

SK Joseph Lopez's wife Beverly and daughter Denise

Charlie Maciel

Julia Mora.

Ray Madden's brother-in-law Lou

SK Henry Mancilla, brother-in-law

Alejandro Arellano, Scott, grandson and niece Roseann Fuentes.

SK Jim Manda and son Tim

Joanna Manley

PGK SK Bill Martin

SK John Makenzie's friend Andrew Richards

Norma Martinez and Daughter Thalia

The Mazo Family

PGK John McCracken and daughter Joan

Kellie daughter and Jo McKinley wife of PGK SK Al (d)

Don Meyers

Mary and Janice Metz

Charles Miserendino and brother Joseph

Fr John Moloney

SK Tom Morrissey and wife Hope

Terry Brown, sister and cousin Ross Roger of PFN Dan Owens

Blair O'Connor's mother Barbara

Megan O'Maler

Stephen Paisley son of Marilyn

Steven brother, Katie, Saylor Padgett & Mateo Briones grand children, Miguel and Cecelia Briones, father and mother-in-law, PGK David Cabone, Rita Costello and Marc Silvestri, Lou Porter friends of Jerry Padgett.

SK Jerry Padgett's wife Toni, daughter Jen and in-Law Michelle Fairbourn

Bree Rayburn, wife of SK Russ Rayburn

Sean Reeves

Deacon SK Terry Reibenspies

PGK/PFN Gerry Riss niece Erin Hughes, cousin and friends Steve Stark,

Ray Salings and Ethan Jordan

SK Ed Roberts and wife Jean

SK Anthony Rodriguez and wife Wilda

SK Willie Romero PGK/PFN Mike Palacios

Michael Pielaet in-law of SK Jeff Sage

Miriam wife SK Louie Sanchez (d)

Fr Joe Shea

Greg Secor

John Segar

Continued on next page

Updated 11/29/25



LORD, HEAR OUR PRAYER



November Bereavement & Fraternal, continued

SK PGK SK Bob Smith his wife Angie, sons David and Chris.
PGK SK Chris, wife Susan, Alex son, Jean daughter and friend Kelly Schibi/
Dolores Smith mother of Chris and Bob
PGK/PFN Bob Spielman's wife Mary and sister Elaine
David Tellez's (d) wife Alberta and Brian Lampkin son in Law

Kitty Fidermutz, Lonnie Todd's (d) daughter
Sandy, wife of Mike Tortorici
Ginger Trematore wife of SK Joe (d)
Ruben Valdez
Josephine wife of PGK /PFN Fred Valdez and nephew Gabriel Loranzo family
Baro daughter of Jovi Usude
Manual Vargas's niece Marissa, sister

Mayira Vargas and his mother Maria Espinoza de Vargas, John Vera's son Marc Venegas & Family
Daniel Videgain
SK Gene Walinski and wife Kathy
SK Frank Wilhelm
Shirley, wife of SK Dan Zengierski

Please continue praying for our service men and woman, they serve throughout the world helping to maintain peace and the ideals of our country. My brothers, if you know of someone in your family, or a friend who is in ill health, who needs our prayers, or of someone who can thankfully be removed from the list, Email me or a call at the address or number below.

Peace and God's blessings from your Bereavement and Fraternal Ministry.

Jerry Myszkowski, 805 522 1641 jmyszko@yahoo.com

BLOOD DRIVE

FEBRUARY BLOOD DRIVE

Coming to the St Rose of Lima parish hall is your chance to give the gift of life, Saturday, February 21, from 7:30 AM to Noon. The Knights of Columbus council 5803 will be supporting the Vitalant blood drive to help sustain the blood supply for local hospitals and the national blood supply during emergencies. Call me at 805-395-1126, Vitalant at 805-654-1600 or contact them online to make an appointment.

PENDING MOTIONS

No Pending Motions from last Business Meeting.

WE NEED BINGO WORKERS

We are in need of more Bingo workers:

Callers
Cashiers
Paper
Call Back
Finance
Pull Tabs

Training is free, they are not hard jobs, and you get a free dinner. All we ask is 3 - 4 hours per month. Remember that CHARITY is one of the founding principles of the Knights and Bingo is where the council gets its money to donate to our charities! If you are new to the council, or if you have not worked Bingo, please call me so I can schedule you for training and add you to the Bingo schedule.

Thank You,
Fred Valdez
805-428-6413
F_valdez@yahoo.com

HELPING HANDS

Thank you Joel Bruemmer for your much needed analytical skills and Paul Burke for your sense of humor and muscles installing an exterior door on a parishioner's house that the fire department mangled during a save.

Homeless Sleeping Shelter

Open Nov 2025 thru March 2025, the Homeless Sleeping Shelter is held at the KC hall at 1255 Patricia Ave.

I could use some help with homeless Shelter on Sundays.

I need volunteers to help setup, hang out, clean up and watch a disaster movie. Not hard work. The help is needed 6pm Sunday evening till 9pm Sunday Evening. If you are able to spend the night I need some overnight help on December 28, 2025, February 15, 2026 and March 1, 2026. I will be out of town those days.

Call me or email me if you can help, rickostrich@gmail.com or 805-501-8818.

GK Rick Ostrich

Turkey Shoot 2025

This year the Free TURKEY dinner for knights and their families will be held on Friday, December 12th at the Knights hall. The Turkey shoot will be held in the back yard.

Yes, it is on a Friday. Park next door at the office building. This is a FREE meal at the KC hall. The dinner will be from 4:30 to 6:30pm.

If you can help us out by cooking a turkey or 2, please contact Rick at 805-501-8818. As usual no stuffing in the bird. Please return the cooked turkey to the KC hall at 1255 Patricia Ave around 11am on Friday , December 12th.

The menu is Turkey, green beans, stuffing, gravy and of course Pumpkin Pie.

We will be carving the birds around 12 noon on Friday.

Anyone wishing to help carve or help serve on Friday please call Rick at 805-501-8818.

2025 - 2026 OFFICERS

Grand Knight	SK Rick Ostrich	(805) 501-8818	rickostrich@yahoo.com
Spiritual Advisor	SK Deacon Terry Reibenspies	(805) 390-0745	terryreib@pacbell.net
Deputy Grand Knight	John Antonacci	(805) 559-2944	john_thetilepro@yahoo.com
Chancellor	SK Paul Friedeborn	(805)395-1126	paulf@rsrpd.us
Warden	John Linscott, Jr.	(805) 428-8145	johnlinscottjr@sbcglobal.net
Recorder	John Downey	(805) 579-8970	johnandrita@sbcglobal.net
Financial Secretary	SK Jim Hook	(805) 579-8438	jhook643@gmail.com
Treasurer	Dave Babcock	(408)499-5576	dave@babcock-family.org
3-Year Trustee	SK Chris Fabry	(805) 624-9858	chrisfish74@hotmail.com
2-Year Trustee	PGK Joe Ferrall	(805) 428-1894	Jnl_70@outlook.com
1-Year Trustee	SK Jerry Padgett	(661) 492-5473	jtpadgett2013@gmail.com
Advocate	SK Joel Bruemmer	(818) 307-3590	bruemmer@pacbell.net
Membership Chair	Chris Smith	(626)625-7433	groobee@sbcglobal.net
Guard	Larry Peltier	(818)209-3580	larrabypel@sbcglobal.net
Guard			
Guard			
District Deputy	SK Mike LoCollo	(805) 231-6168	mikelocollo@roadrunner.com
Insurance Representative	Jehan Fernando	(805) 231-3675	jehan.fernando@kofc.org

COUNCIL 5803 EVENTS AND CHAIRMANS				
EVENT	DATE	CHAIRMAN	TEL	E-MAIL
On Going/ As needed				
Bingo	On going	PGK Rick Ostrich	805-501-8818	rickostrich@yahoo.com
Blood Drive	On going	SK Paul Friedeborn	805-522-6080	paulf@rsrpd.us
Family Mass	5th Sundays	Joe Ferrall	805-428-1894	Jnl_70@outlook.com
Fish Fries—1st Friday	1st Fridays	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com
Healthy Living Director	On going	SK Frank Wilhelmi	805-526-6194	wilhelmi@pacbell.net
Helping Hands	As needed	SK Paul Friedeborn	805-522-6080	paulf@rsrpd.us
Community Breakfast	Weekly	PGK Rick Ostrich	805-501-8818	rickostrich@yahoo.com
Community Dinner	Weekly	PGK Rick Ostrich	805-501-8818	rickostrich@yahoo.com
Membership Chair	On going	Chris Smith	626-625-7433	groobee@sbcglobal.net
Admissions Chair	On going	Chris Smith	626-625-7433	groobee@sbcglobal.net
Knights Knews- Bulletin	On going	SK Joel Bruemmer	818-307-3590	bruemmer@pacbell.net
Pro-Life Breakfast	5th Sundays	Joe Ferrall	805-428-1894	Jnl_70@outlook.com
Rosary for the Unborn	1st Saturday	SK Tony Lemos SK George Lemos	805-584-3803 805-584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net
Seasonal				
Fish Fries- Lenten	Ash Wed to Easter (Fridays)	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com
Monday Night Football	Sept- Jan	PGK John Antonacci	805-559-2944	john_thetilepro@yahoo.com
Bowling	Sept-May	Shawn Gilles	805-404-1859	
PADS	Oct-April	PGK Rick Ostrich	805-501-8818	rickostrich@yahoo.com
Once Per Year				
Super Bowl Party	February	PGK John Antonacci	805-559-2944	john_thetilepro@yahoo.com
Annual Men's Retreat	March	SK Joel Bruemmer	818-307-3590	bruemmer@pacbell.net
St Patrick's Day Dinner	March	PGK Joe Ferrall	805-428-1894	jnl_70@outlook.com
Scholarship	Spring	PGK Bob Smith	805-587-0434	truestorybob@hotmail.com
Free Throw Contest	Spring	PGK George Gnesda	805-522-5699	g.gnez@yahoo.com
Soccer Chalange	Spring	PGK Joe Ferrall	805-428-1894	jnl_70@outlook.com
Chili Cook Off	June TBD	DGK Chris Fabry	805-624-9858	chrisfish74@hotmail.com
Installation of Officers	July			
Turnover Dinner	July	DGK Chris Fabry	805-624-9858	chrisfish74@hotmail.com
PGK Testimonial Dinner	September	PGK Bob Smith	805-578-0434	truestorybob@hotmail.com
Bishop Fishing Trip	Oct	PGK Christopher Smith	805-579-7373	groobee@sbcglobal.net
MRC Tootsie Roll Drive	October	PGK John Antonacci	805-559-2944	john_thetilepro@yahoo.com
Columbus Day Dinner	October	SK Tony Gammariello	805-522-9548	tgammy@yahoo.com
Thanksgivng Dinner / Turkey Shoot	November	PGKs Jerry Padgett & Rick Ostrich	661-492-5473 805-501-8818	jtpadgett2013@gmail.com rickostrich@yahoo.com
Memorial Mass	November	PGK Bob Smith	805-578-0434	truestorybob@hotmail.com
New Years Party	Dec 31st			

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Monday Night Football (MNF)	2 *PADS *Vigil for Boyd Brotherton 5pm- Rosary 7pm *	3 *Officers Meeting 7PM *Mass for Boyd Brotherton 11am	4 Bowling	5 Fish Fry	6 *Rosary at Assumption 9:30AM *Men's Holy Hour *Bingo Marathon
7 *Community Dinner 5:00 *PADS	8 MNF	9 *PADS	10 Pre Meal 6:30 Rosary 7PM 5803 Business Meeting 7:30PM	11 Bowling	12 Turkey Shoot	13 *Bingo *Men's Holy Hour *Ya-Ya Christmas party
14 *Community Dinner 5:00 *PADS	15 MNF *Chili Cook-off kick-off	16 *PADS	17 *4th degree Officers meeting and Rosary 6:30PM Business Meeting 7:00PM	18 Bowling *CUF Exemplification KC Hall	19 Eggplant Parmesan fundraiser	20 *Bingo *Men's Holy Hour
21 *Community Dinner 5:00 *PADS	22 MNF	23 *PADS	24 *PADS	25 CHRISTMAS	26	27 *Bingo *Men's Holy Hour
28 *Community Dinner 5:30- 6:30 *PADS	29 MNF	30 *PADS	31			

January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 NEW YEARS No Bowling	2 Fish Fry	3 *Rosary at Assumption 9:30AM *Men's Holy Hour *Bingo
4 *Community Dinner 5:00 *PADS	5	6 *PADS	7 Officers Meeting 7PM	8 Bowling	9	10 *Bingo *Men's Holy Hour
11 *Community Dinner 5:00 *PADS	12	13 *PADS	14 Pre Meal 6:30 Rosary 7PM 5803 Business Meeting 7:30PM	15 Bowling	16	17 *Bingo *Men's Holy Hour
18 *Community Dinner 5:00 *PADS	19 College Championship MLK Day	20 *PADS	21 *4th degree Officers meeting and Rosary 6:30PM Business Meeting	22 Bowling	23	24 *Bingo *Men's Holy Hour
25 *Community Dinner 5:00 *PADS *Family Mass 9:00 AM *Pro Life Breakfast *Council 6803 60 year Anniversary	26	17 *PADS	28	29 Bowling	30	31 *Bingo *Men's Holy Hour