



A Time of Hope

The Coronavirus Vaccine

By: Hailey Kenefick

I know things were hard this year, but things are looking up because the vaccine is here! There are three brands who made the vaccine and they are: Pfizer, Moderna, and Johnson & Johnson. The Pfizer and Moderna vaccines are two shots while the Johnson & Johnson vaccine is only one. If you get the Pfizer vaccine, you have to wait 21 days after the first shot but the Moderna vaccine is 28 days between doses. The Johnson & Johnson vaccine is proven to be about 85% effective. Both the Pfizer and Moderna vaccine are about 95% effective. Some side effects of the Pfizer vaccine are muscle pain, tiredness, head-

ache, chills, joint pain, fever, and injection site pain.

A couple of my family members got the vaccine and my grandparents had no side effects but my mom did so you could have side effects or you may not. So far, 90 million people are vaccinated, so that makes about 10 percent of the country is vaccinated. It is hard to find a vaccine though; people are trying hard to find one but either places run out or are not supplied. You may be thinking I can't get COVID if I'm vaccinated. Well, it takes a few weeks for your body to be immune after getting the vaccine so it is possible to get the virus between those weeks. For the



Pfizer and Moderna vaccine, it takes two weeks to be immune but, for the Johnson & Johnson vaccine, it takes four weeks. I hope you can get the vaccine, and stay safe!

A Call for Unity

By: Layla Toomer

On November 7, 2020, Joseph Robinette Biden, Jr. was announced the 46th President of the United States, along with the first female Vice President, Kamala Harris.

In the first few days of Joe Biden's presidency, he has ordered multiple environmental protection plans, and added the United States back into the Paris Agreement, which will curb the emissions of global warming. The permit for the Keystone Pipeline plan has been revoked. This plan would create a pipeline system of oil to Canada through Indigenous land. He has also ordered his administration to form equity assessments

for the underprivileged and people of color. Another group of marginalized people have also been aided in his new policies, following the reversal of the Muslim ban, which now allows members of seven prominently Muslim countries to seek asylum and citizenship. Undocumented immigrants who came to the United States as children will also be protected from deportation.

In response to Covid-19, masks are now required on federal property, and he has set a goal that all adults will be eligible for the Covid vaccine by May 1st. As of right now, almost six-million doses of the vaccine have been administered. Workers who have decided not to work during the pandemic will be protected with

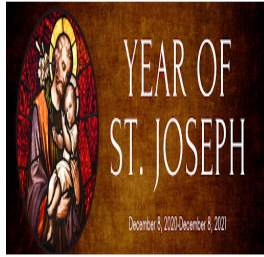
unemployment insurance if their work puts their health at risk. A new plan is currently being formed for students who are missing meals due to closed schools and the Pandemic. They will hopefully receive emergency benefits for the rising numbers of families' food that is insecure. For those who are still working in these hard times, the Department of Labor is now being directed to guide their employers through the correct measures in order to maintain a safe work environment. While we are in the early stage into President Joe Biden's presidency, we can already see dozens of changes in the country. In the words of Amanda Gorman, "Let us leave behind a country better than the one we were left with."

DID YOU KNOW...

The Wright Brothers only flew together once (though both piloted the planes individually): on May 25, 1910 they took a six-minute flight piloted by Orville with Wilbur as his passenger.

The Year of St. Joseph

By: Kamora Lambert



On December 8, 2020, Pope Francis recalls the 150th Anniversary of the Declaration of St. Joseph as Patron of the Universal Church.

Saint Joseph, born in 100 B.C.E., was the foster father to Jesus and husband to Mary.

St. Joseph first appears in the Bible in the gospels of Matthew and Luke, one of which Matthew traces Joseph's lineage back to King

David. Not knowing much of St. Joseph's past leaves with when he married Mary. After already having married Mary, Saint Joseph found out that she was with child and being a man that didn't wanna publicly embarrass her decided to privately divorce her. However, an angel came before him and said that the child Mary was carrying was in fact the son of God and St. Joseph became the foster father of Jesus.

After the birth of Jesus which took place in Bethlehem an angel came to Joseph for a second time but this time to caution him as well as Mary about King Herod of

Judea and the brutality he would bring upon Jesus. St. Joseph then decided to flee to Egypt with Mary and baby Jesus of course which is where they stayed until the angel told him that it was safe to come back because of the death of King Herod. Instead of moving back to Bethlehem Joseph decided to be cautious and instead moved to Nazareth in Galilee.

St. Joseph was beloved, tender, and obedient. He teaches the value, dignity, and joy of work. St. Joseph was a person of amazing faith and lived as an inspiration to all.

Confirmation at Saint Bernadette

By: Stephanie Shields

Confirmation is a beautiful Sacrament to receive.

On Sunday, February 21, 2021, Archbishop Perez confirmed the 7th grade, with Chrism, a mix of balsam and olive oil. Everyone who was confirmed completed the Sacraments of Initiation. Each person who did this is in an important time of their life, they are continuing the mission of Christ. What happens in Confirmation, is you renew your Baptismal Vows,

because when you got Baptised, your parents made them for you as a baby, and now you are renewing them and promising to do good and spread God's Word. You also can keep the



God, thank you for everything you do for all of us.



A special thanks to Archbishop Perez.

Baptismal name your parents gave you, or you can choose a saint to be your new Christian part of your name. We are all thankful for things, but one thing we all should be thankful for is God, who made all, and will love us forever, no matter what we do.

A New Class Mascot

By: Bridget Blaney and Declan Stromberg

This year our 7T class got a new class friend! We welcomed Demetrius, Halfmoon King Betta fish, with open arms. He is mostly blue, with some red along his fin. He swims speedily, when he sees someone coming. We had lots of choices for his name, but our 7T class voted for Demetrius Demarcus Bartholome James III Jr., El Pablo Escabor. It was a long process for us to agree on, but it taught us that everyone in the class had a fair say to decide for his name.

We made a schedule to feed Demetrius Demarcus Batholome James III Jr. El Pablo Escabor and we stuck to it so he is fed everyday. Sometimes we also give him treats and he enjoys them thoroughly. We clean his tank about once a month and that takes great caution, to do that we have to transfer the fish to a container. Then we dump the water out and clean his statues. Demetrius has had some close to death experiences, but he is still alive and healthy to this day.



Our Blue Betta

Demetrius' fish tank is located in the back, corner of our classroom. We have a fish tank with LED lights above it. Inside at the bottom of the tank we have colorful pebbles with a palm tree statue, and a nice underwater plant. We have a heater so he stays warm, and a filter so the water stays cleaner for longer periods of time.

We absolutely love having Demetrius as our 7T fish mascot.

DID YOU KNOW...

Turtles have been in existence for around 215 million years, even surviving the dinosaurs when they became extinct.

Female Role Models: By: Olivia Haenn and Lyla Otis



Piper McLean

March is known internationally as celebrating women. While most people might be inspired by their mothers or famous role models, I am inspired by

Piper McLean from the Percy Jackson book series based on the Greek and Roman myths.

Piper, being the daughter of Aphrodite, goddess of love and beauty is one of the characters in it. Piper goes to the wilderness school for troubled kids after accidentally “stealing” a BMW car, where she meets a boy named Leo and another named Jason. One day all the kids go on a field trip to the Grand Canyon. Jason wakes up on the bus and doesn't remember anything. Jason lost his memory and Piper and Leo have to go on a quest with him to restore his memory. All throughout the quest all of them are fighting for their lives from giants and monsters. Piper is described as a good friend and always tries to do the right thing. Piper always follows her heart and can be a risk taker. Piper stands up for herself and others, like when a girl in her cabin was bossing her around Piper stood up for herself and everyone else in the cabin.

I think that out of all of the characters, Piper definitely is the most understanding and compassionate one especially when it comes to her friends. I think that Piper McLean is a good role model for people because not only does she not care about her looks, she cares for her friends and is there for them.

School Sports

By: Nicole Sheen

School sports at St. Bernadette School are important to student athletes and maybe even for some parents who want their children to follow in their footsteps. Many students were disappointed last year when spring sports were canceled due to Covid 19. But spring sports are back and better than ever! Some people like softball and baseball while others might like football or soccer. All sports are important and require an incredible amount of skill. Sports help us thrive!



This month, for Women's History, a fictional female character was chosen as a role model for readers!

Annabeth Chase is a smart character in the



Annabeth Chase

Percy Jackson series. She wants to become an architect. In spite of her own sad fictional past, --her mother died, her step-mother was cruel, she ran away from home at a young age, and even lost trusted friends along the way, she never gave up. Even in love, Annabeth met with disappointment. Yet she stayed true to herself and to her goals. She continued to remain loyal to the main character, Percy Jackson. Annabeth learned to rely on herself. She remained positive and to 'stay in the fight,' even when life is hard and challenging.

Annabeth is a role model because of her strength, intelligence and willingness to hang in there. She also taught that it's okay to ask for help when you need it.

In a lot of ways, Annabeth is like a non-fictional character. We admire her!

Black History:

George Washington Carver

By: Patrick Fornwalt

George Washington Carver was born on January 1, 1861 on a small farm. He was born a slave. He left home at a young age to get an education and would eventually earn a Master's degree of science at Iowa State University. In 1894, he was the first African American to earn a Bachelor's degree for science. He later worked on a farm helping plants grow. He realized if you plant smaller plants with cotton more cotton grows. He wrote a book teaching people more than a hundred ways to use peanuts. When the polio virus spread across America, he helped to develop the cure using peanuts! Farming was not his only job; he was also a teacher, inventor, agricultural scientist, and a mycologist. After his death he got a monument and a state park to honor his achievements. The monument was awarded by the president. He was the first African American to get a monument and a state park! Even though he passed away 78 years ago, the things he made are used to this day. There is something people said he did – but, he didn't. He did not create peanut butter. Now some fun facts about him. He made a horse drawn classroom and liked to paint flowers. I think he is a hero because he helped people when they needed him most.

What's for Lunch? By: Simon Lordt

Thanks to me being an experienced partaker of hot lunch, I have developed an opinion on what the best hot lunches are. Something important to know before I name the contenders is that most of the meals I like more when I get them have a lower ranking than others because of how unlikely the chance for them to appear are. So, I'd say a solid contender is the breakfast that is served every Wednesday. Not only is this meal common, since you would get it every Wednesday, but it's complemented well by the packet of syrup given with each item. Another meal that's a solid contender is the pasta with meatballs. Although you don't get too much pasta, and it rarely shows up on the menu, you still get plenty of food when adding the meatballs and garlic bread given when you get it. But because of how infrequent it is, I can't say it's the best. Back to common meals, the pizza is a solid contender because you get one or two slices every Friday, and out of the meals given, it's one of the best to cap off the school week. Especially with size the slices are, and the fact you get a nice snack with a chocolate chip cookie on the side. The meal that I would say is the best out of the "inconsistent" meals is the hot dog and mac and cheese. This is because unlike the other meals that don't show up all the time, you are nearly guaranteed to see the hot dog and mac and cheese on the menu at least once a month. Although, there is a minor inconvenience when getting this meal, and that is the fact that the portion of mac and cheese given is only a small cup. Other than that, it's manageable. So, these are the meals that I would recommend and ones that I hope improve.

Lenten Renewal By: Aaliyah Hardy

Lent is a time of preparation for Easter. It starts on Ash Wednesday, and lasts for 40 days (excluding Sundays).

Jesus began his journey to Jerusalem on the Sunday before his death, knowing that he would soon lay down his life for our sins. Then Jesus sat on the young donkey and rode into Jerusalem triumphantly: "Hosanna to the Son of David!" shouted the crowds as they waved palm branches in the air. He who comes in the name of the Lord is blessed! This day is known as Palm Sunday.

From Bethany, Jesus sent Peter and John to Jerusalem's Upper Room to make arrangements for the Passover Feast. After sunset that evening, Jesus washed his disciples' feet as they prepared to partake in the Passover meal. Jesus explained by example how believers can love one another by performing this act of service. The most challenging day of Holy Week is Good Friday. Christ's journey turned treacherous and acutely painful in these final hours leading to his death. Meanwhile, Jesus suffered the humiliation of false allegations, condemnation, mockery, beatings, and abandonment before the third hour. He was sentenced to death by crucifixion.

On Holy Saturday, Jesus' body lay in his tomb, guarded by Roman soldiers throughout the day. Christ's body was ceremonially treated for burial with spices. Jesus paid the penalty for sin by giving the perfect, spotless sacrifice while his physical body was in the tomb. He defeated death on both a spiritual and physical level, ensuring our salvation for all eternity.

Holy Week ends on Resurrection Sunday, or Easter. The most significant event is Jesus' resurrection. The truth of this account is the very foundation of all Christian doctrine.



The Paw Print

The Paw Print is St. Bernadette School's student newspaper. The ideas expressed do not necessarily reflect the opinions of the moderators and staff of The Paw Print.

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Why Easter is Special to Me

By: Anthony DiGiantomasso-Saling

