

# Palm Sunday † 05 April 2020

"Live justly,  
Love tenderly, and  
Walk humbly  
With Your GOD"  
Micah 6:8

**Directions for Our Times Prayer Group** meets on the 3<sup>rd</sup> Monday of each month at 6:00 pm. Join us as we pray for our families.



**Knights of Columbus meet on the Second Monday of the month TBA**

**Saint Helen's Women's Club will meet on the first Tuesday of each month. Time and Place: TBA**

## Holy Trinity Faith Formation

Pre-school and 1<sup>st</sup> Grade  
Cancelled

## Saint Helen Faith Formation

### Saint Helen Religious Ed & Youth Ministry

Pre-School – Cancelled  
Middle School Youth Ministry  
Grades 5 - 8  
Cancelled

### Seekers at the Well

RCIA:  
Cancelled

## Pope Francis Says...



Let us pray together for all who work in the media, who work to communicate, to inform us, so that people are not so isolated, and to educate children. We pray for all those who are helping us bear this time of isolation. @Pontifex



**Palms at Saint Helen will be available for pick up after Sunday, April 5<sup>th</sup>. They will be on a table outside of the main doors in the entry way. Holy Trinity Palms may be picked up from a table inside of the entryway of the Church.**

In need of a "Jesus Fix"?

Remember: Jesus is present in the tabernacle. He is always waiting for us to stop by and visit with Him. He longs for us. He thirsts for us. He desires us to come to Him. The Church is always open at St. Helen, use the combo lock [redacted] to enter into the kitchen and go into the Church. There is even a pamphlet on the table next to the confessional on "How to Make a Holy Hour."

*During the Triduum, you are encouraged to come in and spend some time in front of the tabernacle. This year the Blessed Sacrament will be kept in the tabernacle in the Church instead of being moved to a separate location until after the Good Friday Service and which time the Blessed Sacrament will be moved to a separate location until the Easter Vigil Service. All Masses are done by Father as his private Mass and with essential personnel only.*

**But, I want to receive Holy Communion!!!! We are all a part of the Body of Christ. I know it's hard to comprehend because we have been lucky (blessed) to have Holy Communion available whenever we wanted it. However, think of the past, of Catholics in hiding when their countries were taken over by Communism. Think of people in China and in the Middle East who are denied the Sacraments. We have an opportunity to stand in solidarity with our brothers and sisters all over the world who have been denied access to the Blessed Sacrament. REMEMBER: when Father Fred celebrates his required personal Mass he prays for all of us. When he takes Holy Communion, he is receiving the Body and Blood, Soul and Divinity of Jesus Christ for all of us. When we make a Spiritual Holy Communion we unite ourselves spiritually with the priest who is receiving Holy Communion. We receive the same grace that we would receive if we were at the Mass.**

**It only takes FAITH! BELIEVE in what we have been taught!**

## Regarding Confessions during this time:

According to the precepts of the Church, Catholics are to go to confession at least once a year, during the Lenten Season. Father Fred has set up the following guidelines for us:

He will be available for **Confessions at St. Helen Monday, April 6<sup>th</sup> through Friday, April 10<sup>th</sup>**

From 8:00 am – 11:00 am  
& 1:00 pm to 4:00 pm

### Holy Trinity:

**Sunday, Tuesday & Thursday,**  
6:00 pm to 8:00 pm

**Please call for an appointment** if you are coming to St. Helen. That will assure you of the time you want. Those without appointments will be worked in. **Here is how it will work:** The doors into the hall will be open. 10 parishioners in the hall, 1 waiting in the narthex and 1 waiting inside the door into the Church. When you go to Confession enter into the Conference room through the double doors and Father will be on the other side of the screen. No face to face confessions. Pray your penance at the front of the church so that the person waiting can see that you have left the Conference Room. Everyone moves up one person. After you have completed your penance exit through the handicap door. When you enter the hall, if there are already 10 people please wait in your car until you see a person exit the Church from the handicap exit.

Holy Trinity's 10 can wait inside of the church using social distancing. If there are 10 inside when you arrive, please wait in your car until you see someone exit.

Baptisms, Weddings, Funerals & Anointing of the Sick during this time:

Father Fred is available for death bed anointing of the sick (Extreme Unction). Call the office or the Deacon and he will contact Fr. Fred.

Baptisms, weddings and funerals can take place during this time, however, aside from Fr. Fred and any essential personnel: Deacon, altar server, lector, and no more than 10 participants (family, etc.) all are to follow guidelines for social distancing.



Daily Mass from Bishop Robert Barron's Personal Chapel – Streamed Live Every Day! Watch when you want to! Go to our web site: and key in: [sweethomecatholicchurch.com](http://www.sweethomecatholicchurch.com)  
The Mass is available for viewing anytime you want to go on line to view it.

## From the desk of your Pastoral Associate – Week of March 29<sup>th</sup>

**My dear brothers and sisters in Christ!** As I write this, I am sitting in the home office I have set up. Since Lynn has severe COPD we are both in self isolation for the long haul. We are doing well, though, and, I have to say, our prayer life has never been better. This has truly been a holy Lent for us without the usual distractions that busyness often brings. I want you all to know I am totally committed to staying in contact with all the groups I oversee and each day more things are being put into place so this time of suffering can be transformed from a negative to a positive. Here is what has been done so far.

**Religious Education** – Our second graders through our fourth graders have been registered into a free online program offered by Ignatius Press to any parish using their textbooks. The second graders will continue their preparations for receiving the Sacrament of Reconciliation for the first time. Our fourth graders will continue their Old Testament study of the wonderful stories in the book of Genesis.

**Youth Ministry** – Ali has been in touch with her group and offered suggestions for how they can continue to grow in their faith life. She asked them to continue carrying out their Lenten promises they made at the beginning of Lent; to make sure they go to confession during this time; to be diligent in having a daily prayer time and to especially remember those who are sick and those who have died during this crisis; and to be helpful in their homes and with their siblings. Ali will continue staying in touch as the weeks progress with further suggestions.

**Trevor** - He, too, continues to prepare to make his First Confession and be ready to make his First Communion as soon as it is feasible. He is doing this online also.

**RCIA** – I have been in touch with the group and all report they are doing okay. I am going to determine by May if we are going to have to do something online also to complete the inquiry portion of the RCIA journey. We will need to be able to meet for 8 weeks in the summer to finish covering all the remaining topics.

**Holy Mass** – I want to point out again that DAILY and SUNDAY MASS is available on our parish website. ECatholic gave us the opportunity to do this FREE!!! Go to [www.sweethomecatholicchurch.com](http://www.sweethomecatholicchurch.com). On the home page select the "Faith" tab and the very last item on the drop down menu says "Mass Online". Select it and you are ready to offer God worship that day.

Holy Mass and other Devotions with the Archbishop – There are also several weekly opportunities to be lead by our Archbishop in prayer. First and foremost, he is offering Mass live on Facebook every Sunday at 11:00 AM. YOU DO NOT NEED TO HAVE A FACEBOOK PAGE TO ACCESS THIS. Search for Archdiocese of Portland in Oregon. You will find the link there. He is also leading the rosary on Wednesdays and will be doing the Stations of the Cross this Friday at 6 PM. All Holy Week liturgies will be live also.

**Lenten Bible Study** – The Seekers at the Well and Father Fred and his group began a Bible Study on FORMED entitled "Salvation". They finished two sessions before we had to suspend all activities due to the pandemic. I was watching the series at home and have continued to do so. I am on Session 5 this week and I want to encourage people to continue with this study. It is incredibly rich and I have learned so much. – Nancy Ellis

**A note regarding your weekly contributions:** Thank you to those who have continued to support Saint Helen during this time. We appreciate your generosity and kindness. For those who are wondering how to contribute to the collection from at home, there are two ways this can be done: 1. You can mail it to the Church at 600 Sixth Avenue, Sweet Home, OR 97386; or 2. You can drop it off here at the Church and if there is no one in the office you can slide it under the door. As we all know that even though we are to "stay in place" the expenses still continue. We are aware that those of you who have lost income at this time are not able to contribute and we ask that you keep our parishioners in your daily prayers as you all are in ours. Thank you.

# Month of Saint Joseph

	Weekly Contributions		Second Collections	
	Last Year	This Year	Last Year	This Year
St. Helen	\$ 1,902.65	\$ 871.00		
H. Trinity	\$ 319.00	\$ 200.00		
Pastoral Associate	Monthly Goal	This Week	To Date	
	\$1,200.00	\$ 110.00	\$ 950.00	

*Please remember these parishioners in your daily prayers:*

Lorraine Baarson	Sandy & Joe Miller	Elizabeth Peterson
Lynn Ellis	Rosa Santana	Ed & Pat Volkens
Judith Schmidt	Adeline Drapchaty	Marcella Broyles † RIP
Barbara Reed	Henry Kraemer	Roger & Marie Dorsey
Jerry & Barb Matthews	Hank & Sharon Deja	Damian Aranda
<i>And Those who are Serving in our Armed Forces:</i>		
Jason Ellis	Matthew Momeault	
Karen Van Domelen	Roger Bishop	Lt. Col. Manuel Robledo

## Our Mission Statement

We the parishioners of **Saint Helen and Holy Trinity** feel we are called by God to live our Faith through the example of Jesus Christ. We seek to create a loving atmosphere in which to praise God. With the guidance of the Holy Spirit we will continue to develop active ministries to achieve peace and justice through love of neighbor.

Saint Faustina heard Jesus say to her: "Say, My daughter, that the feast of My Mercy has issued forth from My very depths for the consolation of the whole world." (Diary, 1515)

## Birthdays for this Week

**"Before I formed you in the womb, I knew you." Jer. 1:5**

4 – 01	Lin Gagner	4 – 09	Grace Gardner
4 – 11	Bob Weidner	4 – 11	Celia Unrau
4 – 12	Kay Pynch	4 – 12	Gary Betts
4 – 13	William Helliwell	4 – 14	Annette Lehman
4 – 15	Lynn Ellis	4 – 15	Marie Moore

## April Wedding Anniversaries

**"That is why a man leaves his father and mother and clings to his wife, and the two of them become one body." Gen. 2:24**

4 – 18	Larry & Holly Northern	4 – 22	Neal & Susan Karo
4 – 29	Gilbert & Connie Bures		

Mass reading for the Week of April 5	
Sun. April 5	<b>Palm Sunday:</b> Is 50:4 – 7; Ps 22:8-9, 17-18, 19-20, 23-24; Phil 2:6 – 11; Mt 26:14 – 27:66
Mon. April 6	Is 42:1 – 7; Ps 27: 1 – 3, 13 – 14; Jn 12:1 – 11
Tue. April 7	Is 49:1 – 6; Ps 71: 1 – 4a, 5ab – 6ab, 15, 17; Jn 13:21 – 23, 36 – 38
Wed. April 8	Is 50:4 – 9a; Ps 69: 8 – 10, 21 – 22, 31, 33 – 34; Mt 26:14 – 25
Thur. April 9	Holy Thursday: Ex 12:1 – 8, 11 – 14; Ps 116: 12-13, 15-16bc, 17-18; 1 Cor 11:23 – 26; Jn 13: 1 – 15
Fri. April 10	Good Friday: Is 52:13 – 53:12; Ps 31:2, 6, 12-13, 15-16, 17, 25; Heb 4:14-16, 5:7-9; Jn 18:1 – 19:42
Sat. April 11	Easter Vigil: Rom 6:3 – 11; Ps 118: 1 – 2, 16ab – 17, 22 – 23; Mt 28:1 - 10
Sun. April 12	<b>Easter Sunday:</b> Acts 10:34a, 37 – 43; Ps 118:1 – 2, 16 – 17, 22 – 23; Col 3:1 – 4, Jn 20:1 - 9

