Spiritual Direction is being offered at St. Helen's by James Lawrence. Jim is a trained spiritual director Contact him at:

Or call the Office and we will put you in touch with Jim.

Directions for Our Times Prayer Group meets on the 3rd Monday of each month at 6:00 pm. Join us as we pray for our families.

Join us to pray the Rosary and Divine Mercy for an end to the pandemic at 3:00 pm on Friday's in the Church.

KNIGHTS OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

Knights of Columbus meet on the Second Monday of the month at 6:30 pm.

Saint Helen's Women's Club will not meet in December.

Holy Trinity Faith Formation

If you have grade school age children please contact Heather Fleckenstein.

Saint Helen Faith Formation

Saint Helen Religious Ed & Youth Ministry

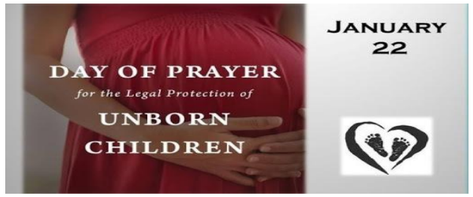
All Religious Ed is taking place within the families.

Youth Ministry (gr 5 – 12) will have 3 upcoming events: Oct., Nov. & Dec. Details to come

RCIA:
Thursday's - 6:30 - 8:00 pm
All are welcome
Masks are required

Pope Francis Says...

"We possess a great wealth that depends on what we are: the life we have received, the good within us, the indelible beauty God has given us by making us in His image. All these things make each of us precious in His eyes, each one of us is priceless and unique in history."
#Pontifex



Mass will be at 8:30 am Friday, Jan. 22, followed by Adoration and Benediction from 9:00 – 12 Noon. Each hour (9.00, 10:00, 11:00) will begin with a Rosary for Life.
We need 2 people to volunteer to be present for each hour of Adoration and to lead the Rosary. By guaranteeing the presence of 2 people we make it possible for others to come and go as they can. Please call the office if you would like to be one of these invaluable volunteers.

What is life *all about?*
Why are we here?

FORMED.ORG

The Search

The Search is an innovative video series that tackles the key questions of every human heart.

In seven beautiful filmed episodes, Christ Stefanick and experts from multiple fields of science, medicine, psychology, philosophy, art and religion examine our place in the larger story of life.

Whether you're a practiced inquirer or a jaded skeptic, *The Search* will speak to you. You may be reassured by some parts, and challenged by others. Either way, you'll find a lot here to think about. And when all is said and done, life's questions demand to be answered.

Everyone participating is expected to wear a face mask the covers their nose and their mouth, follow the guidelines for social distancing and to assist in sanitizing the area at the end of the session.

Contact Gert Helvey at or call the office.

Racism can often be found in our hearts – in many cases placed there unwillingly or unknowingly by our upbringing and culture. As such in can lead to thoughts and actions that we do not even see as racist, but nonetheless flow from the same prejudicial root. Usccb.org

Gospel Reflection . . .

Longing for His Coming

Andrew, after having stayed with Jesus and after having learned what He did, did not keep the treasure to himself but hurries and races to his brother in order to let him know the good things Jesus has shared with him. But why hasn't John mentioned what they talked about? How do we know this is why they "stayed with Him"? . . . Observe what Andrew says to his brother, We have found the Messiah, which is being interpreted, the Christ."

You see how, in a short time, he demonstrates not only the persuasiveness of the wise teacher but also his own longing that he had from the beginning. For this word, "we have found," is the expression of a soul that longs for His Presence, looking for His coming from above, and is so ecstatic when what he is looking for happens that he hurries to tell others the good news. This is what brotherly affection, natural friendship, is all about when someone is eager to extend a hand to another when it comes to spiritual matters. Also, see how he adds the article, for he does not say "Messiah" but "the Messiah." They were expecting the Christ who would have nothing in common with the others.

- St. John Chrysostom,
Homily on the Gospel of John

John Chrysostom (347 – 407) was one of the early Church Fathers. As a priest he gained a reputation for his eloquent preaching on Sacred Scripture – "Chrysostom" means "golden mouth." He was declared a Doctor of the Church in 1568.

For the repose of the soul of
Tim (Coffman) Ryan
son of Kathy Coffman
we pray:
Eternal rest grant unto him, O, Lord, and may Your perpetual light shine upon him. May he rest in peace. Amen."
Condolences may be mailed to Kathy and her family at:
800 12th Avenue, Sweet Home, OR 97386

Logging on to FORMED. As members of St. Helen you are still signed up to receive FORMED for free. If you haven't been on Formed for a while, check it out! To log on go to formed.org and in the upper right hand it is says "sign in." Click on that link and enter your email. You will receive a link in your email to get you in. No more passwords, etc. All that is needed is your email address!

Birthday's for this Week

"Before I formed you in the womb, I knew you." Jer. 1:5

Jan. 18	Shelby Melugin	Jan. 18	Carol Burger
Jan. 19	Maria Diaz	Jan. 23	Erica Lewis
Jan. 23	Brady Goff		

January Wedding Anniversaries

"That is why a man leaves his father and mother and clings to his wife, and the two of them become one body." Gen. 2:24

Jan. 23 Dan & Dian LaCoste
Jan. 26 Manuel & Anamarie Andrade

Litany to Saint Joseph

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.

Christ, graciously hear us.
God, the Father of Heaven, *have mercy on us.*
God the Son, Redeemer of the world, *have mercy on us.*
God the Holy Spirit, *have mercy on us.*
Holy Trinity, One God, *have mercy on us.*

Holy Mary, *pray for us* (after each line)
Saint Joseph,
Renowned offspring of David,
Light of Patriarchs,
Spouse of the Mother of God,
Chaste guardian of the Virgin,
Foster-father of the Son of God,
Diligent protector of Christ,
Head of the Holy Family,
Joseph most just,
Joseph most chaste,
Joseph most prudent,
Joseph most strong,
Joseph most obedient,
Joseph most faithful,
Mirror of patience,
Lover of poverty,
Model of artisans,
Glory of home life,
Guardian of virgins,
Pillar of families,
Solace of the wretched, Hope of the sick,
Patron of the dying,
Terror of demons,
Protector of Holy Church,

Lamb of God, who take away the sins of the world,
Spare us, O Lord.
Lamb of God, who take away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, who take away the sins of the world,
Have mercy on us.

V. He made him the lord of His house:
R. And ruler of all His substance.

Let us pray.

O God, who in Thine unspeakable providence didst vouchsafe to choose blessed Joseph to be the spouse of Thine own most holy Mother: grant, we beseech Thee, that we may deserve to have him for our intercessor in heaven, whom we reverence as our defender on earth: who livest and reignest world without end. Amen.

Lectors for November – Saint Helen			
12 Noon	5:30 Vigil	9:00 am	5:30 pm
Jan. 16	Jan. 16	Jan. 17	Jan. 17
Fran Sperle	Dawn Shaver	Milt Moran	Bryan Gardner
Jan. 23	Jan. 23	Jan. 24	Jan. 24
Fran Sperle	Albert Rule	Crystal Wolf	Marci Sullens
Jan. 30	Jan. 30	Jan. 31	Jan. 31
Fran Sperle	Dawn Shaver	James Lawrence	Jody Seward

Altar Servers – 9:00 am Mass	
January 10	Andrew and Dominic Aranda
January 17	Liam and Trevor Clausen
January 24	Andrew and Dominic Aranda
January 31	Liam and Trevor Clausen

Please remember these parishioners in your daily prayers:		
Lorraine Baarson	Sandy & Joe Miller	Elizabeth Peterson
Lynn Ellis	Rosa Santana	Pat Volkers
Barbara Reed	Adeline Drapchaty	Barb Matthews
	Damian Aranda - Discernment for Priesthood	
And Those who are Serving in our Armed Forces:		
Jason Ellis	Matthew Morneault	
Karen Van Domelen	Roger Bishop	Lt. Col. Manuel Robledo

Schedule & Intentions for Holy Mass Jan. 16 – 22, 2021

Day	Time	Intention	Requested By:
Sat. Jan. 16	12 Noon & 5:30 pm	Parishioners	
Sun. Jan 17	9:00 am & 5:30 pm	Parishioners	
Sun. Jan, 17	*11:30 am*	*Parishioners*	
01/20– HT	*12 Noon*	*Sick of the Parish*	
01/20– SH	5:30 pm	† Albert & †Mary Rule	Barb. Snow
01/21– SH	8:30 am	Paul Gordon	Christina Saveskie
01/22– SH	8:30 am	Karen (Fr.'s cousin) †Jerry Matthews	Emmett Devereux Barb Matthews

Weekly Contributions			Catholic Communications	
	Last Year	This Year	Last Year	This Year
St. Helen	$ 3,469.00	$2,472.00	$ 243.41	
H. Trinity	$	$ 539.00		

Thank you for your continued generosity.
Second Collection for Catholic Communications Jan 16 & 17
Sweet Home Pregnancy Center Jan 30 & 31

THE YEAR OF SAINT JOSEPH

What do we really know about Saint Joseph? He plays a pivotal part in the first chapters of the Gospels, then he isn't mentioned again. Fortunately for us Fr. Donald H. Calloway, MIC has written a wonderful, highly recommended book called, "Consecration to St. Joseph" and in it there are many short essays on the life of St. Joseph. I am going to share some of them with you.

"Old Men Don't Walk to Egypt"

In 1981, Mother Angelica founded EWTN, the Eternal Word Television Network. Mother Angelica loves St. Joseph. ON one occasion during a live telecast, a caller asked her a question about St. Joseph. The question went something like this, "Mother Angelica, do you thing St. Joseph was old or young?" Mother Angelica answered with her classic with, responding, "Well, my dear, that's a good question. There is no official Church teaching on whether or not St. Joseph was old or young, but I prefer a young Joseph. All I know, sweetie, is old men don't walk to Egypt!"

Mother Angelica's straightforward answer makes a lot of sense. Not only would an elderly man not be capable of walking to Egypt, but an old man wouldn't be able to walk from Nazareth to Bethlehem, either; Bethlehem is 80 miles from Nazareth, and the journey would have been across rough desert terrain.

Saint Joseph was required to walk a lot to support the Holy Family. After walking 80 miles from Nazareth to Bethlehem, St. Joseph was instructed by an angel to take the Child and His mother to Egypt. This required St. Joseph to take his family on another very long journey. The distance from Bethlehem to the border of Egypt is 40 miles. No historian believes that the Holy Family lived on the border. Rather, they went much farther into Egypt where there was the possibility of work, food, and some semblance of civilization. We don't know exactly where Jesus, Mary and Joseph settled down in Egypt, but it did require them to walk farther than the border.

And then, after many years of living in Egypt, St. Joseph learned from the angel that Herod was dead. Saint Joseph was now required to pack up his family and walk from Egypt all the way back to Nazareth. That's more than 120 miles! There was no freeway, restrooms, cozy rest stops or McDonald's along the way. It was uphill, downhill, and around hills in desert heat in the day time and nightly chill and cold.

The endless walking didn't stop once the Holy Family reached Nazareth either. As faithful Jews, the men of the household were required to travel to Jerusalem three times a year to fulfill the Law of the Lord. "Three times a year all your men shall appear before the Lord, the God of Israel" (Ex 34:23). Remember: That's 80 miles one way. That's a lot of walking!

Saint Joseph could not have been an old man when he espoused Mary. Old men don't walk to Egypt. They don't walk three times a year from Nazareth to Jerusalem either.

"I see him [St. Joseph] as a strong, young man, perhaps a few years older than Our Lady, but in the prime of his life and work."

St. Josemaria Escriva

Pastoral Staff		
Pastor:	Rev. Fred Anthony	541-367-2530
Permanent Deacon	Rev. Mr. Robert Malone	541-367-8019
Pastoral Associate:	Nancy Ellis	541-367-2575
Administrative Assistant:	Janey Lidgren - Office	541-367-2530
Friday Office Help:	Suzi Hamlin	
Fax	541-367-2675 - Call before faxing	
Saint Helen Ministries		
RCIA & Faith Formation	Nancy Ellis	
Seekers at the Well		
Business Administrator	Lin Gagner	
Prayer Chain	Lorraine Baarson	
Maintenance		
Knights of Columbus	Meet 2nd Monday of the Month @ 6:30 PM	
Grand Knight	Alex Paul	
KC Membership	Herb Thums	
Women of St. Helen	See Bulletin for Meeting Dates and Times	
Women of St. Helen Chair	Heather McLaughlin	
Pastoral Council Chair		
Finance Committee	Chuck Thompson	
Liturgy Committee	Donna Short	
Hospitality	Nancy Ellis	
Funeral Coordinator	Kathy Ives	
Communion to the Sick	Kathy Ives	
Pro-Life		
Holy Trinity Ministries		
Business Administrators	Neal & Susan Karo	
Parish Council Chair	Marie Moore	
Religious Ed	Heather Fleckenstein	
Music Ministry	Mike & Peggy Purkerson	

Sweet Home Pregnancy Center: The need for diapers, baby wipes, and quality used clothing is still great. There is a box in the Parish Hall for your contributions.

Parish Registration – Up Date

Family Name:_____

Husband: _____ Wife: _____

Children: _____

Address:_____

Phone: _____Cell:_____
Would you like envelopes? Yes_____ No_____
Would you like someone from Church to contact you? Yes_____ No_____ **Place in Collection Basket**

Mass Intentions: I would like ***to have a Mass said for the*** intention of :_____

Living_____ Deceased _____ (suggested stipend: $10.00)

Requested By:

_____

Holy Trinity _____ 12 noon on Wednesdays

St. Helen _____ Wed. 5:30 pm, Thur. 8:30, Fri 8:30

Place in Collection Basket

Office Hours
Closed Mondays
Tues. – Thur. 9:00 – 4:00
Fridays: 9:00 – 1:00

St. Helen Mass Schedule
Sat Vigil: 12 Noon & 5:30 pm
Sunday: 9:00 am & 5:30 pm
Wed.: 5:30 pm
Thurs. & Fri.: 8:30 am

Reconciliation
1st & 2nd Saturdays
& the Sat. before the 3rd Sun.
3:30 – 4:30 pm
Sundays 8:15 to 8:45 am
1st Saturday 8: - 8:30 am
Or by appointment
No Confessions on 4th or 5th Saturday

Devotions:
Thurs. & Fri.@ 8:00 am Rosary
DFOT Prayer Group
3rd Mon. of month @ 6:00 pm
Rosary & Divine Mercy
Friday's @ 3:00 pm

Eucharistic Adoration
1st Friday of the Month
following 8:30 am Mass
&
1st Saturday 11:00 – 12 Noon

3rd Weekend of the Month
each Mass will close with
Adoration & Benediction

Holy Trinity Mass Schedule

Sunday at 11:30
Wednesday at 12 Noon

Reconciliation
Saturday of the 3rd Sunday of the Month: 1:30 – 2:30 pm
Or by appointment

Devotions
Novena to Our Lady
of Perpetual Help
Wed. @ 11:45 am
Eucharistic Adoration
3rd Sunday of the Month to close the Mass

Saint Helen Catholic Church
(Established 1953)
600 Sixth Avenue
Sweet Home, OR 97386
541.367.2530
sweethomecatholicchurch@gmail.com
sweethomecatholicchurch.com

Holy Trinity Catholic Church
(Established as a Mission 1870)
104 Blakely Avenue
Brownsville, OR 97327
holytrinitybrownsvilleor@gmail.com

This Week at Saint Helen

Sat. Jan 16	12 Noon: Mass, 5:30 pm Mass
	3:30 – 4:30 pm: Confessions
Sun. Jan 17	9:00 & 5:30 pm Mass
Wed. Jan.20	5:30 pm: Mass
Thur. Jan. 21	8:30 am: Mass, 6:30 pm: RCIA
Fri. Jan 22	8:30 am: Mass for Life
	9:00 – 12 Noon: Adoration & Rosary for Life
Sat. Jan. 23	12 Noon: Mass, 5:30 pm Mass
Sun. Jan. 24	9:00 & 5:30 pm Mass
Wed. Jan. 27	5:30 pm: Mass
Thur. Jan. 28	8:30 am: Mass – 6:30 pm – RCIA
Fri. Jan. 29	8:30 am: Mass

This Week at Holy Trinity

Sun. Jan. 17	11:30 – Mass
Wed. Jan 20	11:45: R Lady Perp Help
	12 noon: Mass
Sun. Jan. 24	11:30 – Mass
Wed. Jan. 27	11:45: R Lady Perp Help
	12 noon: Mass
Sun. Jan. 31	11:30 – Mass

Our Mission Statement: We the parishioners of Saint Helen and Holy Trinity feel we are called by God to live our Faith through the example of Jesus Christ. We seek to create a loving atmosphere in which to praise God. With the guidance of the Holy Spirit we will continue to develop active ministries to achieve peace and justice through love of neighbor.

Kids Food Pak is up and running through the Community Chapel. Donations are greatly needed to ensure area children have food for each weekend. You can drop food off at into our barrels located in the Parish Hall. Suggested food donations:

Individually packed cold or hot cereal	Individually packed oatmeal	Multigrain bars
Cup O Noodle or Ramen	Mac & Cheese or Rice-a-roni	Canned Soups, stews, chili
Ind. Chips or pretzels	Fruit snacks	Granola Bars
Pudding Cups	Fruit/applesauce Cups	Ind. Rice Krispy Treats
Peanut Butter	Jelly	Toilet Paper

Sacraments at Saint Helen & Holy Trinity

Baptism of Infants & Children up to age 7: Parish Office is to be notified three months before the planned Baptism. Parents are to meet with Fr. Fred before they begin the classes for parents & godparents which consist of three sessions and is required before you set a date. All paperwork must be turned into the office before a date can be set.

Anointing of the Sick: Please notify the Parish Office or the Parish Priest when someone is ill and in need of anointing. Communal celebration of the Sacrament will be announced.

Marriage: Contact the Parish Office at least 6 months before you SET your date. Marriage classes and Natural Family Planning are required before you set a date. All paper work must be turned into the office before the wedding can take place.

Annulments: Contact the parish Office to set an appointment with Deacon Malone. Minimum 1 yr.

Confirmation: Contact the Parish Office at the beginning of the School Year for high school youth. Adults desiring Confirmation, please contact our RCIA Coordinator.

Rite of Christian Initiation of Adults: RCIA is offered every year beginning in the Fall. Contact the Parish Office.