

Spiritual Direction is being offered at St. Helen's by James Lawrence. Jim is a trained spiritual director Contact him at:

Or call the Office and we will put you in touch with Jim.

Directions for Our Times Prayer Group meets on the 3rd Monday of each month at 6:00 pm. Join us as we pray for our families.

Join us to pray the Rosary and Divine Mercy for an end to the pandemic at 3:00 pm on Friday's in the Church.



Knights of Columbus meet on the Second Monday of the month at 6:30 pm.

Saint Helen's Women's Club will meet in February, date and place TBA.

Holy Trinity Faith Formation

If you have grade school age children please contact Heather Fleckenstein.

Saint Helen Faith Formation

Saint Helen Religious Ed & Youth Ministry

All Religious Ed is taking place within the families.

Youth Ministry (gr 5 - 12) will have 3 upcoming events: Oct., Nov. & Dec. Details to come

RCIA:

Thursday's - 6:30 - 8:00 pm All are welcome Masks are required

Pope Francis Says...



"After the Last Supper, Jesus prayed for His own, 'that they may all be one' (John 17:21). This means that we are not able to achieve unity with our own strength. Above all, unity is a gift, it is a grace to be requested through prayer." #Pontifex

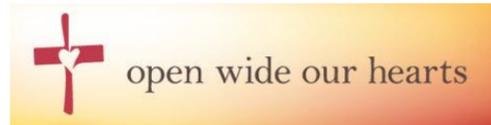


Office of Archbishop Alexander Sample
January 13, 2021

2021 has arrived with the rollout of new vaccines to prevent COVID-19 and the hope of ending the pandemic sometime this year. **Thanks be to God, who has heard our pleas for relief.** With the arrival of COVID-19 vaccines, moral questions have arisen for Catholics about receiving them. Both the Vatican and the United States Conference of Catholic Bishops (USCCB) have issued statements providing moral guidance on reception of the vaccines. The brief Vatican statement, issued through the Congregation for the Doctrine of the Faith (CDF) on December 21, 2020, makes several important determinations and observations. In its evaluation, reception of the currently developed vaccines is deemed morally permissible. The USCCB statement, which cited previous Vatican statements on vaccination, reached the same ethical conclusion.

The question of moral permissibility arises because the vaccines currently in use each have some connection with abortion. In the case of the Pfizer and Moderna vaccines, the connection is very remote. The development and production of the vaccines is not tainted, but a confirmatory test for both vaccines utilized a morally compromised cell line. In the case of the AstraZeneca vaccine, an aborted fetal cell line is used in its production. Because the connection is less remote, this vaccine raises greater concern. The danger and gravity of the pandemic provide sufficient reason to deem its reception morally permissible when no other vaccine is readily available. A Catholic, in good conscience, may receive any of the current COVID-19 vaccines, although preference should be given to the Pfizer and Moderna vaccines if available, due to their much more remote connection with morally compromised cell lines. Use of the vaccines does not constitute endorsement of abortion on the part of the Church. We all have an obligation to urge pharmaceutical companies and biomedical researchers to avoid using morally compromised cell lines.

Go to: archdpdx.org for entire text of letter.



At significant times in our history, the bishops have written to express their pastoral concern over the scourge of racism, which some have called our country's original sin. usccb.org

Right to Life Reflection . . .

At every stage and in every circumstance, we are held in existence by God's love. The presence of an illness, disability, or other challenging situation never diminishes the value of a human life. God does not call us to perfection of appearance or abilities, but to perfection in love. Christ invites us to embrace our own lives and the lives of others as true gifts.

Abortion tragically rejects the truth that every life is a good and perfect gift, deserving protection. This violent practice ends the life of a human being at its very beginning and horribly wounds all those involved. But Christ came that we "might have life and have it more abundantly" (John 10:10), taking on human flesh for the sake of our redemption. May our culture experience the power of God's transforming love, that all eyes may be opened to the incredible beauty of every human life.

Heavenly Father, thank you for the precious gift of life. Help us to cherish and protect this gift, even in the midst of fear, pain, and suffering. Give us love for all people, especially the most vulnerable, and help us bear witness to the truth that every life is worth living.

Grant us the humility to accept help when we are in need, and teach us to be merciful to all. Through our words and actions, may others encounter the outstretched hands of Your mercy. We ask this through Christ, our Lord. Amen.

Abortion is frequently a topic in the news, political debates, and everyday conversations with family or friends. Because abortion can be a controversial and emotional issue in any arena, many of us may feel intimidated when the topic arises, not knowing what to say. [Another Look at Abortion](http://www.respectlife.org) provides a basic overview and summarizes key points. This article will help you be better prepared to witness to the sanctity of human life.

<https://www.respectlife.org>

Time to start bringing in your palms from last year! Ash Wednesday is February 17!

Palms need to be in by February 14 to give us time to burn them. The box is in the entry.

Birthday's for this Week

"Before I formed you in the womb, I knew you." Jer. 1:5

Jan. 29 Sarah Froman	Jan. 29 Wendi Melcher
Feb. 02 Kayla Saddoris	

January Wedding Anniversaries

"That is why a man leaves his father and mother and clings to his wife, and the two of them become one body." Gen. 2:24

Jan. 23 Dan & Dian LaCoste
Jan. 26 Manuel & Anamarie Andrade

From the Desk of Your Pastoral Associate – Week of January 17th

Seekers of the Well – Hurray! This group is starting up again, Monday, Feb. 8th at 10:00 AM. Gert Helvey has a dynamic 7-Week program she would like to share with the parish. It is called [The Search](#) and it is hosted by a tremendous Catholic speaker, Chris Stefanick. This series explores the deepest questions of the human heart. Why am I here? What is life all about? What happens when we die? There is a book that accompanies your journey with the series. Please contact Gert if you are interested in attending. If the time is not good for you, ask her for a book because you can watch it for yourself on FORMED in your own home. Gert is also hoping to get our high schoolers together for a weekly showing so hopefully I will have more on that venture soon.

First Confession and First Communion - Since Father will be attending his grandchild's First Communion back East from April 26th through the first week of May, we have rescheduled our events. The Family Reconciliation Service will now be on Thursday, April 22nd at 6:00 PM. First Communions will be made on the weekend of April 24th and 25th. Times will be determined when we get closer to that date and we know more about our Mass schedule this spring.

RCIA news!!! – I have exciting news to share. Floyd Sperle has discovered a baptismal certificate showing he had been baptized as a baby in Lemon, South Dakota at an Evangelical Lutheran Church so we are moving up his reception into the Catholic Church. At the Saturday noon Mass on February 13th, Floyd will receive the Sacrament of Confirmation and make his First Holy Communion and thus complete the Sacraments of Initiation into the Catholic Church. His sponsor is Fran his spouse of 40+ years. Please pray for Floyd in the coming three weeks as we complete his preparation for this awesome moment.

New Lector – I am happy to announce we have added a new lector to this ministry. Sherry Amrein will begin serving in this capacity in the month of February for the 5:30 PM Sunday Mass. Thank you, Sherry!

Confirmation – It is official. Evan Towry and Andrew Aranda will receive the Sacrament of Confirmation on Friday, April 23rd, at the Cathedral in Portland. Presiding will be Archbishop Sample. They will be there with other youth from 3 other parishes – St. Thomas More, St. Patrick, and St. Michael the Archangel, all from the Portland area. Father Fred is excited to have the opportunity to concelebrate the Mass for this occasion.

Missing Article – You may have noticed I did not write a column for last week. I wasn't sick. I just let the time slip away from me. I have adjusted my schedule so hopefully there won't be a repeat incident. Please forgive!
- Nancy Ellis

Check it Out! From Brandon Vogt. Fr. Blake and I have just released a new episode of ["The Burrowshire Podcast"](#) and I get to talk about my favorite book & movie series: *The Lord of the Rings*. Specifically we talk about the Catholic themes and symbolism throughout the book. Episode #021 > > Catholicism in "The Lord of the Rings" <https://BurrowshirePodcast.com> (its Free!)

Lectors for November – Saint Helen

12 Noon	5:30 Vigil	9:00 am	5:30 pm
Jan. 23	Jan. 23	Jan. 24	Jan. 24
Fran Sperle	Albert Rule	Crystal Wolf	Marci Sullens
Jan. 30	Jan. 30	Jan. 31	Jan. 31
Fran Sperle	Dawn Shaver	James Lawrence	Jody Seward

Altar Servers – 9:00 am Mass

January 24	Andrew and Dominic Aranda
January 31	Liam and Trevor Clausen

Please remember these parishioners in your daily prayers:

Lorraine Baarson	Sandy & Joe Miller	Elizabeth Peterson
Lynn Ellis	Rosa Santana	Pat Volkens
Barbara Reed	Adeline Drapchaty	Barb Matthews
	Damian Aranda - Discernment for Priesthood	
<i>And Those who are Serving in our Armed Forces:</i>		
Jason Ellis	Matthew Momeault	
Karen Van Domelen	Roger Bishop	Lt. Col. Manuel Robledo

Schedule & Intentions for Holy Mass Jan. 23 - 29, 2021

Day	Time	Intention	Requested By:
Sat. Jan. 23	12 Noon & 5:30 pm	Parishioners	
Sun. Jan 24	9:00 am & 5:30 pm	Parishioners	
Sun. Jan. 24	11:30 am	Parishioners	
01/27- HT	12 Noon	Sick of the Parish	
01/27- SH	5:30 pm	† Fred & † Maria Snow	Barb. Snow
01/28- SH	8:30 am	† Tiana Gordon † Doris Bradford	Christina Saveskie Lorraine Baarson
01/29- SH	8:30 am	† Donna Smoyer † Jerry Matthews	Rosemary Brown Barb Matthews

Weekly Contributions		Catholic Communications		
	Last Year	This Year	Last Year	This Year
St. Helen	\$ 2,756.00	\$1,917.00	\$ 243.41	\$ 311.30
H. Trinity	\$ 552.00	\$ 385.00		

Thank you for your continued generosity.
Sweet Home Pregnancy Center Jan 30 & 31

The Search – Beginning Monday, Feb. 8 @ 10:00am

The Search is an innovative video series on FORMED that tackles the key questions of every human heart.

In seven beautiful filmed episodes, Christ Stefanick and experts from multiple fields of science, medicine, psychology, philosophy, art and religion examine our place in the larger story of life.

Whether you're a practiced inquirer or a jaded skeptic, *The Search* will speak to you. You may be reassured by some parts, and challenged by others. Either way, you'll find a lot here to think about. And when all is said and done, life's questions demand to be answered.

Everyone participating is expected to wear a face mask the covers their nose and their mouth, follow the guidelines for social distancing and to assist in sanitizing the area at the end of the session.

Contact Gert Helvey through the office.

Logging on to FORMED. As members of St. Helen you are still signed up to receive FORMED for free. If you haven't been on Formed for a while, check it out! To log on go to formed.org and in the upper right hand it says "sign in." Click on that link and enter your email. You will receive a link in your email to get you in. No more passwords, etc. All that is needed is your email address!

THE YEAR OF SAINT JOSEPH

Model of Workmen – Pray for Us
By Fr. Donald H. Calloway, MIC

At the workbench where he [St. Joseph] plied his trade together with Jesus, Joseph brought human work closer to the mystery of Redemption. – St. Paul II

The devil hates an honest and diligent worker. At the beginning of human history, the wicked serpent initiated his attack on the human family in the workplace – that is, the garden God gave Adam and Eve to tend and keep. Lucifer hates work. He particularly disdains the fact that because of love, God humbled Himself and became a man, making himself capable of manual labor. Jesus spent many years in St. Joseph's workshop diligently working. It was preparation for his re-entering man's original workshop – a garden; the Garden of Gethsemane, specifically – and accomplishing the work of our redemption.

Jesus is God. Together with the Father and the Holy Spirit, He made the Heavens and the Earth. Our Lord's ability to create far exceeds anything we can possibly imagine. When He became flesh, Jesus sanctified human work and elevated it to a level of greatness that did not exist prior to His Incarnation. Though divine, God humbled Himself, became a man, and worked like a man. In His humanity, He learned how to work as a man by imitating the example of His Earthly father, St. Joseph.

Saint Joseph is the model workman. If St. Joseph taught the God-Man how to work, he is more than capable of serving as our model as well. Hard work benefits the person, the family and society.

He [St. Joseph] belongs to the working-class, and he bore the burdens of poverty for himself and the Holy Family, whose tender and vigilant head he was. – Pope Pius XI

Work is not always easy and pleasant. Putting in a hard day's work can be taxing on the mind, body, and soul. Sometimes work can be downright burdensome. As a carpenter, Jesus knew this first hand. He offers comfort to all who make their living by the sweat of their brow.

"Come to Me, all who labor and are burdened, and I will give you rest. Take My yoke upon you, and learn from Me, for I am meek and humble of heart, and you will find rest for your souls. For my yoke is easy and My burden light." – Mt. 11:28-30

Saint Joseph will teach you how to be a diligent worker. Our Lord desired to do manual labor for many years before initiating His public ministry. Why did He do it? He did it because He wanted to sanctify work and teach us that work is honorable and pleasing to God. However, neither Jesus nor St. Joseph were workaholics. Workaholics are of no benefit to themselves, the family, or society. God does not delight in a workaholic.

Jesus learned the proper place of work in His life through the loving example of St. Joseph. Saint Joseph made time for God, family, recreation, and rest. Saint Joseph modeled these aspects of life for Jesus. Saint Joseph will teach you these important lessons as well.

Suggested food donations for Kids Pak:

Individually packed cold or hot cereal	Fruit/applesauce Cups	Ind. Chips or pretzels
Cup O Noodle or Ramen	Mac & Cheese or Rice-a-roni	Canned Soups, stews, chili
Multigrain bars	Fruit snacks	Granola Bars
Pudding Cups		Ind. Pak treats
Peanut Butter	Jelly	Toilet Paper

Pastoral Staff		
Pastor:	Rev. Fred Anthony	541-367-2530
Permanent Deacon	Rev. Mr. Robert Malone	541-367-8019
Pastoral Associate:	Nancy Ellis	541-367-2575
Administrative Assistant:	Janey Lidgren - Office	541-367-2530
Friday Office Help:	Suzi Hamlin	
Fax	541-367-2675 - Call before faxing	
Saint Helen Ministries		
RCIA & Faith Formation	Nancy Ellis	541-367-2575
Seekers at the Well	Gert Helvey	541-510-1909
Business Administrator	Lin Gagner	541-367-2969
Prayer Chain	Lorraine Baarson	541-367-8197
Maintenance		
Knights of Columbus	Meet 2 nd Monday of the Month @ 6:30 PM	
Grand Knight	Alex Paul	
KC Membership	Herb Thums	
Women of St. Helen	See Bulletin for Meeting Dates and Times	
Women of St. Helen Chair	Heather McLaughlin	
Pastoral Council Chair		
Finance Committee	Chuck Thompson	
Liturgy Committee	Donna Short	
Hospitality	Nancy Ellis	
Funeral Coordinator	Kathy Ives	
Communion to the Sick	Kathy Ives	
Pro-Life		
Holy Trinity Ministries		
Business Administrators	Neal & Susan Karo	
Parish Council Chair	Marie Moore	
Religious Ed	Heather Fleckenstein	
Music Ministry	Mike & Peggy Purkerson	

Sweet Home Pregnancy Center: The need for diapers, baby wipes, and quality used clothing is still great. There is a box in the Parish Hall for your contributions.

Parish Registration – Up Date

Family Name: _____

Husband: _____ Wife: _____

Children: _____

Address: _____

Phone: _____ Cell: _____

Would you like envelopes? Yes _____ No _____

Would you like someone from Church to contact you? Yes _____ No _____

Place in Collection Basket

Mass Intentions: I would like *to have a Mass said for* _____ *the* intention of : _____

Living _____ Deceased _____ (suggested stipend: \$10.00)

Requested By: _____

Holy Trinity _____ St. Helen _____

12 noon on Wednesdays Wed. 5:30 pm, Thur. 8:30, Fri 8:30

Place in Collection Basket

Office Hours
Closed Mondays
Tues. – Thur. 9:00 – 4:00
Fridays: 9:00 – 1:00

St. Helen Mass Schedule
Sat Vigil: 12 Noon & 5:30 pm
Sunday: 9:00 am & 5:30 pm
Wed.: 5:30 pm
Thurs. & Fri.: 8:30 am

Reconciliation
1st & 2nd Saturdays
& the Sat. before the 3rd Sun.
3:30 – 4:30 pm
Sundays 8:15 to 8:45 am
1st Saturday 8: - 8:30 am
Or by appointment
No Confessions on 4th or 5th Saturday

Devotions:
Thurs. & Fri. @ 8:00 am Rosary
DFOT Prayer Group
3rd Mon. of month @ 6:00 pm
Rosary & Divine Mercy
Friday's @ 3:00 pm

Eucharistic Adoration
1st Friday of the Month
following 8:30 am Mass
&
1st Saturday 11:00 – 12 Noon

3rd Weekend of the Month
each Mass will close with
Adoration & Benediction

Holy Trinity Mass Schedule
Sunday at 11:30
Wednesday at 12 Noon

Reconciliation
Saturday of the 3rd Sunday of
the Month: 1:30 – 2:30 pm
Or by appointment

Devotions
Novena to Our Lady
of Perpetual Help
Wed. @ 11:45 am
Eucharistic Adoration
3rd Sunday of the Month to
close the Mass



Saint Helen Catholic Church
(Established 1953)
600 Sixth Avenue
Sweet Home, OR 97386
541.367.2530
sweethomecatholicchurch@gmail.com
sweethomecatholicchurch.com

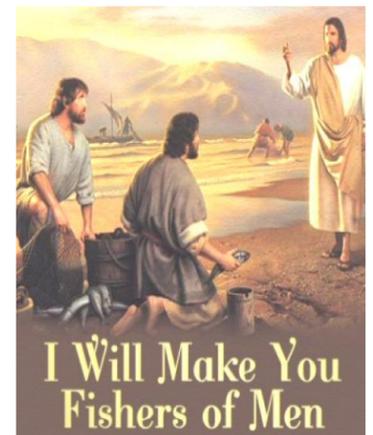
Holy Trinity Catholic Church
(Established as a Mission 1870)
104 Blakely Avenue
Brownsville, OR 97327
holytrinitybrownsvileor@gmail.com

This Week at Saint Helen

Sat. Jan. 23 12 Noon: Mass, 5:30 pm Mass
Sun. Jan. 24 9:00 & 5:30 pm Mass
Wed. Jan. 27 5:30 pm: Mass
Thur. Jan. 28 8:30 am: Mass – 6:30 pm – RCIA
Fri. Jan. 29 8:30 am: Mass
Sat. Jan. 30 12 Noon: Mass, 5:30 pm Mass
Sun. Jan. 31 9:00 & 5:30 pm Mass
Wed. Feb. 3 5:30 pm: Mass - Blessing of Throats and
St. Blaise Blessing of Candles (Presentation, Feb 2)
Thur. Feb. 4 8:30 am: Mass
Fri. Jan. 5 8:30 am: Mass
1st Friday 9:00 - 10 – Holy Hour/Benediction

Our Mission Statement: We the parishioners of Saint Helen and Holy Trinity feel we are called by God to live our Faith through the example of Jesus Christ. We seek to create a loving atmosphere in which to praise God. With the guidance of the Holy Spirit we will continue to develop active ministries to achieve peace and justice through love of neighbor.

January 24, 2021



This Week at Holy Trinity

Sun. Jan. 24 11:30 – Mass
Wed. Jan. 27 11:45: R Lady Perp Help
12 noon: Mass
Sun. Jan. 31 11:30 – Mass
Wed. Feb. 03 11:45: R Lady Perp Help
St. Blaise 12 noon: Mass Blessing of
Throats & Blessing of
candles (Presentation Feb.2)



Sacraments at Saint Helen & Holy Trinity

Baptism of Infants & Children up to age 7: Parish Office is to be notified three months before the planned Baptism. Parents are to meet with Fr. Fred before they begin the classes for parents & godparents which consist of three sessions and is required before you set a date. All paperwork must be turned into the office before a date can be set.

Anointing of the Sick: Please notify the Parish Office or the Parish Priest when someone is ill and in need of anointing. Communal celebration of the Sacrament will be announced.

Marriage: Contact the Parish Office at least 6 months before you SET your date. Marriage classes and Natural Family Planning are required before you set a date. All paper work must be turned into the office before the wedding can take place.

Annulments: Contact the parish Office to set an appointment with Deacon Malone. Minimum 1 yr.

Confirmation: Contact the Parish Office at the beginning of the School Year for high school youth. Adults desiring Confirmation, please contact our RCIA Coordinator.

Rite of Christian Initiation of Adults: RCIA is offered every year beginning in the Fall. Contact the Parish Office.