

# THE MOST HOLY TRINITY

**MAY 30, 2021**

**SCRIPTURE REFLECTIONS for June 6<sup>th</sup> The Most Holy Body & Blood of Christ**

*Exodus 24:3-8*

How are you showing God your willingness to heed the commandments?

Pray Psalm 116, "I will take the cup of salvation and call on God's name."

*Hebrew 9:11-15*

Allow Christ to enter your own "sanctuary," the "tabernacle" of your heart.

Offer thanks for the blood Christ has shed for your salvation.

*Mark 14:12-16, 22-26*

Imagine yourself at the Last Supper, partaking bread and cup with Jesus

Offer thanks and prepare your heart for the same Christ in Holy Communion.

## **WEEKDAY MASSES May 31 – June 4**

Mon: 9:00 am +Richard Lorenz **Memorial Day Mass**

Tues: 5:00 pm +Msgr Weiderholt

Wed: 8:40 am +Betty Bata

Thurs: 5:00 pm +Peter & Neva Bachman

Fri: 10:30 am **Maple Manor** +Jack Bisenius **(No Public is Allowed)**

## **WEEKEND MASSES June 5 - 6**

**Sat: 5:00 pm St. Edward's - Nekoma** +Dorothy & Larry Schroeder

**7:30 pm St. Alphonsus**

Living & Deceased Members of Wayne & Crystal

**Reader:** Corey Stremick

Scott Family

**EMHC:** Carol Hoffarth

**Sun: 8:30 am St. Alphonsus**

+Margaret Hiltner

**Reader:** Darlene Brooks

**EMHC:** Darlene Brooks

**Musicians:** Bob & Cantor

**St. Michael's – Wales**

**NO MASS AT WALES TODAY**

**10:30 am St. Alphonsus**

+Francis & Loran Illerbrunn

**Reader:** Jenny Chaput

**EMHC:** Bev Otto

**Musicians:** Bob & Cantor

**Fellowship Hall Host:** Wil & Sue Schill

**Fr. Michael Hickin's cell phone: 701-891-1238**

**Website for St. Alphonsus Parish – <http://www.stalphonsuslangdon.com/>**

**Confessions: Tuesday, Wednesday and Thursdays after Mass or by appointment**

**Weekly Reflection for May 23, 2021:** This week's reflection of the parishioner's relationship with God and with the parish

|                    |                   |
|--------------------|-------------------|
| Adult Envelopes    | \$2,267.00        |
| Intentional Givers | \$330.00          |
| Plate              | \$366.00          |
| Children           | \$34.00           |
| <b>Total</b>       | <b>\$2,997.00</b> |

# The Most Holy Trinity

The mystery of the Holy Trinity is at the heart of our faith and is a mystery of love. It can never be fully grasped or understood. Rather we are invited to allow this mystery to penetrate our hearts just as we allow the mystery of love to surprise and move us. In our liturgy and our prayers we are like swimmers in an environment full of the presence of God the Holy Trinity: the sign of the cross, the Glory be, the Gloria, the Creed, the Eucharistic Prayer, the endings of prayers and all blessings.

God the Father pours out his love into the gift of creation. The book of creation invites us to thank the Father and to praise him for his wonderful gifts. St. Francis of Assisi knew this when he spoke to the animals, praised the rabbit and made sure he did not walk on earthworms but moved them to place of safety away from path. The first reading speaks of the closeness of God to the Jewish people and the invitation to listen and follow God's commandments. God's outpouring of love reaches a climax in the sending of the angel Gabriel to Our Lady who agrees to become the servant and Mother of God. The incarnation, passion, death and resurrection of Christ is the mystery of love which saves us. In a further outpouring of love the Holy Spirit proceeds from the Father and the Son to stir us to cry out, "Abba, Father!" St. John Paul II shed light on this when he said. "Our God in his deepest mystery is not solitude, but a family, for he has within himself fatherhood, sonship and the essence of the family, which is love. That love, in the divine family, is the Holy Spirit." Taken from The Living Word

## The Most Holy Trinity

*"The Spirit itself bears witness with our spirit that we are children of God, and if children then heirs, heirs of God and joint heirs with Christ..." - ROMANS 8:16-17*

If we are heirs to the kingdom of God, shouldn't we work to build up His kingdom? Shouldn't we be good stewards of our inheritance, using our time in prayer, our talent in charitable works and our treasure to care for the Church that God has left to us? Our Church is a treasured heirloom from God. Do we treat it that way?

## **Congratulations 2021 High School Graduates**

Will Blake, Gracie Christianson, Alex Cluchie,  
Megan Hiller, Kiarra Hodek, Raelyn Klindt,  
Holly Marynik, Jaden Rademacher, Tucker Regner

**SUMMER CLASS** - Back in February, while on the treadmill at the Activity Center, I was listening to an audio book on mindfulness.

It's one thing to believe that God is Father-Son-Holy Spirit, quite another to be aware of this belief in the day to day.

Mindfulness is about working on our awareness.

"The popularity of mindfulness in the western world has skyrocketed in recent years.

It's on the cover of magazines and appears on the evening news. Celebrities swear by it, scientists study it, monks still practice it and business leaders use it to thwart burnout."

*Forbes*, Sept 29, 2017.

There is a debate abroad about whether mindfulness is in harmony or at odds with Catholic spirituality. Like gardening, it's a technique, a skillset.

Ten years ago, I read *Into the Silent Land*, a thorough introduction into our ancient Catholic practice of contemplation. The mindfulness tradition finds itself quite at home there.

To discover a bit more what mindfulness is about, I decided to take the plunge and offer a summer-long course open to anyone in our local community.

WHAT: THE MINDFULNESS TRADITION: LISTEN, DISCUSS, PRACTICE  
WHERE: LANGDON ACTIVITY CENTER  
WHEN: 10:00 A.M., TUESDAY & THURSDAY, JUNE-AUGUST  
COST: FREE WILL DONATION

We will listen to a lecture series followed by discussions with optional shared practices. Our lecturer, Prof. Mark W. Muesse, delivered 24 thirty-minute lectures on Practicing Mindfulness: An Introduction to Meditation in 2011 for "The Great Courses" series. We'll watch a lesson on DVD, and then have an open-ended discussion, basically comparing the lesson to what we know of Christ and his way of life.

We can also set up opportunities, according to the possibilities and desire of participants, to put the wisdom learned into practice and learn from one another's experience.

I'm not sure what the local interest may be, but I'll give it a whirl and we'll see how it goes.

## PARISH NEWS AND EVENTS

**OFFICE HOURS: The week starting June 1<sup>st</sup> Tuesday, Wednesday, Thursday and Friday 8:00am – 12:00pm. The office will be closed June 7 – 11 please plan accordingly**

**Our Sympathy** to the family of Jerry Restad who was called home last week. May he rest in the love of the Father.

**MEMORIAL DAY** - We'll celebrate Mass on Monday morning, 9:00am, *mindful* of those who have gone before us to offer the ultimate sacrifice to protect our freedoms at home and promote them further abroad. Later on, 11:00am, I'll be joining the greater community at the Legion Hall to honor our fallen men and women. Remembering is being mindful of history. We stand on the shoulders of those who've gone before us. May they *Rest in Peace*.

Catholic Daughters Meeting on Monday, June 7<sup>th</sup> at the Cafeteria. It will begin with a potluck supper at 6:00pm with a meeting to follow. All members, their spouses and their families are welcome to attend.

**Wreaths and Flowers** may be placed at Calvary Cemetery in Langdon, Our Lady of Mt. Carmel in Mt. Carmel, St. Edward's Cemetery in Nekoma and St. Michael's Cemetery in Wales from Sunday, May 16<sup>th</sup> through Sunday, June 6<sup>th</sup>.

**TRINITY SUNDAY, A CLOSED GARDEN OPENS** - Many of us the past few weeks have been eager to get our gardens in—just trying to navigate the temps. We hope this weekend gives us the big green light, as Memorial Day weekend so often does. We got the rains we prayed for, and we'll keep praying. The never-ending task of weeding still calls, but we hope it'll all pay off when the blooms take over and the produce begins to ripen.

This'll be my first full summer playing in the Langdon dirt and rolling around Cavalier County field stone. It's a chore, but with unique rewards—that hidden joy in people heart's when they see their parish surrounded with a variety of specimens Wisdom has spun from the Earth in a splash of color and texture and sometimes smell.

Our gardens, even the most stunning, are only a dim reflection of THE Garden that is the mind and the personality of our God.

We call the Trinity the most sublime mystery of our Catholic Faith. It is a secret kept hid from all ages, made known in these last times, meaning the history of the Church. God's got personality.

To look at each other as gardens, grounded in a certain soil, our ethnicity, marked by a history of growth and struggle against the forces of nature, bursting with the fruits of a wide variety of thoughts, words, and deeds—how much more our Three-Personed God. His personality is a communion of love beyond all comprehension. Yet, insofar as we see such immense variety that is all connected, we are beholding endless hints at the Divine Mystery of unity in diversity.

It boggles the mind. The awesome and utterly attractive identity of our God, hammered out through centuries of Divine Revelation from Abraham to Pentecost and centuries more of Church councils. Promoting justice among peoples and seeking understanding of this Mystery comprises some forty centuries of excavation and very careful landscaping.

This Garden of God still remains largely a closed Garden, to the world and to believers. But the beautiful thing is, God has opened his Garden to us. Through ongoing conversion & conversation (love & prayer), our earthen-bound lifestyles can gradually slip through the gate (faith) and walk in awe of the Reality that surrounds us.

Through the power of the Holy Spirit we peek into the true nature of things as bathed in the glory of the Son's redemption on their march back to full communion with the Father's Love, origin of All.

St. Mary's Catholic Church, six miles east of Dazey, ND will host our 117th Feast of Corpus Christi on SUNDAY, June 6, at 10:30a.m. Following mass will be an outdoor procession of the Blessed Sacrament, a meal, (free will offering) and outdoor fellowship. Children who received their first communion/confirmation are invited to help lead the procession, please bring flowers/petals/leaves as we decorate the path for Jesus!

**Fellowship Hall Cleaning for May - 29 - Peggy Gross & Andrea Moser**