

# THE MOST HOLY BODY AND BLOOD OF CHRIST

**JUNE 6, 2021**

SCRIPTURE REFLECTIONS for June 13<sup>th</sup> 11<sup>th</sup> Sunday in Ordinary Time

*Ezekiel 17:22-24*

The Lord has spoken – God will carry out God’s word

*2 Corinthians 5:6-10*

We walk by faith and not by sight.

*Mark 4:26-34*

This is what God’s kingdom is like – and how it grows.

## WEEKDAY MASSES June 8 - 11

Tues: 5:00 pm +Dennis Lyons

Wed: 8:40 am +Josie, Tom, Jean & Garth Downey

Thurs: 5:00 pm +Romaine Schaan

Fri: 10:30 am **Osnabrock** In honor of Nolan Spent (No Public is Allowed)

## WEEKEND MASSES June 12 - 13

Sat: **5:00 pm St. Edward's - Nekoma** People of the Parishes

**7:30 pm St. Alphonsus** +Felix & Judy Essler

Reader: Michael Neubert

EMHC: Holly Lyons

Sun: **8:30 am St. Alphonsus** +DC & Betty McKenzie

Reader: Jackie Thom

EMHC: Linda Kempel

Musicians: Bob & Cantor

**St. Michael's – Wales NO MASS AT WALES TODAY**

**10:30 am St. Alphonsus** Living & Deceased Members of Hans & Klara

Reader: Dennis Horpestad Sten Family

EMHC: Carla Horpestad

Musicians: Bob & Cantor

Fellowship Hall Host: LaVern & Margaret Chaput

Fr. Michael Hickin’s cell phone: 701-891-1238

Website for St. Alphonsus Parish – <http://www.stalphonsuslangdon.com/>

Confessions: Tuesday, Wednesday and Thursdays after Mass or  
by appointment

**Weekly Reflection for May 30, 2021:** This week’s reflection of the  
parishioner’s relationship with God and with the parish

Adult Envelopes	\$2,132.00
Intentional Givers	\$240.00
Plate	\$264.00
Children	\$18.00
<b>Total</b>	<b>\$2,654.00</b>

# The Most Holy Body & Blood of Christ (Corpus Christi)

There are three Passover celebrations in the Gospel of John, but only one in each of the other three Gospels, Matthew, Mark and Luke. In these three, Jesus celebrates Passover on the night before he dies. It is important for us to realize that the way the ancient Jews marked out days was from sunset to sunset, so the Last Supper technically took place on the same day as Jesus' death. At this meal, begun after sunset, Jesus does two remarkable things which are quite plausible in his own language. He takes bread – an essential ingredient of Passover – and he says, "This is my body." Then he takes a cup of wine, saying, "This is my blood... which is to be poured out..." We are used to these words, echoed at every Mass, but, to Jesus' disciples, these were unusual words for Passover. What we might miss, though, is that Jesus' disciples do not sound surprised in the least.

In Aramaic, Jesus' own language, similar to Hebrew, the verb "to say" is also the verb "to do". We've actually heard this many times from the beginning of the book of Genesis. God said, "Let there be light", and there was light. This continues throughout the creation narrative. When God says, "Let there be..." it must happen. So, when Jesus says, "This is my body..." "This is my blood," he means it in reality. In Aramaic, there is no such thing as a figure of speech.

Taken from The Living Word

## Feast of Corpus Christi

*"Then he took a cup, gave thanks, and gave it to them and they all drank from it." -*

*MARK 14:23*

Jesus, the perfect steward, gave thanks, just before He gave Himself up for us, completely for our salvation. He offers us the same chance to drink from His cup. In the bread and wine, we meet Christ personally. If we follow Him, drinking from His cup means our own self-sacrifice, using all of our gifts for the benefit of others and to do His work on earth.

**SUMMER CLASS** - Back in February, while on the treadmill at the Activity Center, I was listening to an audio book on mindfulness.

It's one thing to believe that God is Father-Son-Holy Spirit, quite another to be aware of this belief in the day to day.

Mindfulness is about working on our awareness.

"The popularity of mindfulness in the western world has skyrocketed in recent years.

It's on the cover of magazines and appears on the evening news. Celebrities swear by it, scientists study it, monks still practice it and business leaders use it to thwart burnout."

*Forbes*, Sept 29, 2017.

There is a debate abroad about whether mindfulness is in harmony or at odds with Catholic spirituality. Like gardening, it's a technique, a skillset.

Ten years ago, I read *Into the Silent Land*, a thorough introduction into our ancient Catholic practice of contemplation. The mindfulness tradition finds itself quite at home there.

To discover a bit more what mindfulness is about, I decided to take the plunge and offer a summer-long course open to anyone in our local community.

**WHAT:** THE MINDFULNESS TRADITION: LISTEN, DISCUSS, PRACTICE

**WHERE:** LANGDON ACTIVITY CENTER

**WHEN:** 10:00 A.M., TUESDAY & THURSDAY, JUNE-AUGUST

**COST:** FREE WILL DONATION

We will listen to a lecture series followed by discussions with optional shared practices. Our lecturer, Prof. Mark W. Muesse, delivered 24 thirty-minute lectures on Practicing Mindfulness: An Introduction to Meditation in 2011 for "The Great Courses" series. We'll watch a lesson on DVD, and then have an open-ended discussion, basically comparing the lesson to what we know of Christ and his way of life.

We can also set up opportunities, according to the possibilities and desire of participants, to put the wisdom learned into practice and learn from one another's experience.

I'm not sure what the local interest may be, but I'll give it a whirl and we'll see how it goes.

Catholic Daughters are accepting religious articles (statues, pictures, rosaries, pray books and etc.) to send them to Universal Living Rosary Association in Texas. You can leave them at the back of the church or call Linda Kempel 256-2493

## PARISH NEWS AND EVENTS

**OFFICE HOURS: The week starting June 7<sup>th</sup> the office will be closed June 7 – 11 please plan accordingly. Sorry for any inconvenience**

Winners of the Knights of Columbus Raffle are 1<sup>st</sup> – Traeger Grill – Langdon Implement (they donated it back); 2<sup>nd</sup> – Henry Lever Varmint 17 HMR – Chris DuBois; 3<sup>rd</sup> – Milwaukee Trimmer, M18 Pole Saw, M18 Hedge Trimmer – Brady Otto; 4<sup>th</sup> – Henry Lever 22LR Shotgun – Jeff Chaput; 5<sup>th</sup> \$150 – Visa Card – Steve Scheffer

Catholic Daughters Meeting on Monday, June 7<sup>th</sup> at the Cafeteria. It will begin with a potluck supper at 6:00pm with a meeting to follow. All members, their spouses and their families are welcome to attend.

**Please have any Wreaths or Flowers** removed from Calvary Cemetery in Langdon, Our Lady of Mt. Carmel in Mt. Carmel, St. Edward's Cemetery in Nekoma and St. Michael's Cemetery in Wales no later than Sunday, June 6<sup>th</sup>

Langdon Presbyterian Church will be having a summer luncheon on Wednesday, June 16<sup>th</sup> at 12 noon, lunch is \$10.00. Speaker will be Sue Mackey, with a silent auction also

**CORPUS CHRISTI** - A young woman wanted to teach her friend a lesson about love. The two had grown very close.

They were sitting together at the end of a dock. She bent down and filled her cupped hands with water. Holding the little pool, she turned toward him. "This water symbolizes love."

She nodded and raised her hands.

He got the message and cupped his hands below hers.

She let the water drain from her hands into his.

"As long as you keep your hands open, love remains. Try to grip it, what happens?"

"Spills all over," he replied.

She wondered out loud, "Isn't this the mistake people make when they meet love?"

He said, "Try to own it, manipulate it, and you lose it."

They both smiled in the implicit understanding that Love, in order to be love, has to be free.

Could the Eucharist be like a pool of love?

God knows we'll spill, so he keeps pouring this love into our open hands. Along the way, we learn how to carry God's Love. It's a daily effort

Stop and imagine. Each day, tens of thousands of Masses are like open faucets pouring God's self-giving Love over the face of the Earth. We pause today, Feast of Corpus Christi, to marvel at what it means to carry this gift.

Pope Benedict connects the Love received at Mass and adoration of the Eucharist:

"In the Eucharist, the Son of God comes to meet us and desires to become one with us. Receiving the Eucharist means adoring him whom we receive and become one with him. The act of adoration outside Mass prolongs and intensifies what takes place during the liturgical celebration. This personal encounter with the Lord strengthens the social mission contained in the Eucharist, which seeks to break down not only the walls that separate the Lord and ourselves, but also and especially the walls that separate us from one another" (Pope Benedict, *The Sacrament of Charity* par. 67).

Flock of Christ, thank you for finding in the Eucharist the refreshing spring the keeps bringing Love into our togetherness as the Body of Christ.

**PRAYING FOR RAIN** - Passing through this little heat wave, we're naturally inclined to ask Our Lord to send our Earth and her crops some relief.

*Saints Isidore and Maria, tillers of the Earth and lovers of the Lord, teach us how to accept each day as it comes. May the thirsty ground cause the wellspring of the Spirit within each of us to gush and beg for all we need.*

*In the name of Jesus, whose precious pierced Body released a flood of Water and Blood, we ask for blessed rain. Amen.*