Archdiocese of New York Child Nutrition Program Pre-K - 8th

HOT LUNCH MENU -2023-

SEPTEMB

FRIDAY

No School **Today**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Assorted Sandwiches

Mayo/Mustard

Carrot Sticks, ½ cup

Broccoli Florets, ½ cup

Assorted Fruit, ½ cup

Choice of Milk

ALL STUDENTS ARE NOW ELIGIBLE FOR FREE BREAKFAST AND LUNCH

Available Daily

Sun Butter & Jelly Sandwiches **American Cheese Sandwiches** (Mayo/Mustard)

Assorted Fruit

Fresh Fruit-1 Piece ex (apple or orange) Frozen Fruit Cup 1/2 cup Prepared Fruit Cup 1/2 cup Ex. (pear or applesauce)

Whole Grains All grains offered on menu are whole grain. **Choice of Milk**

1% 8 OZ or Fat Free White-8 oz Low-Fat Chocolate Milk-8 oz

New Menu Items

Crispy Chicken Tenders-9/11

French Toast Sticks Egg Patty

Turkey Sausage Patty-9/14

Crispy Chicken Tenders Honey Mustard WG Bread Stick **Baked French Fries** Broccoli Florets Peach Cup

Choice of Milk Crispy Chicken Sandwich WG Bun Ketchup & Honey Mustard Roasted Carrots Baked Potato Wedges Strawberry Cup

Crispy opcorn chicken Teriyaki Carrots Brown Rice Red Pepper Strips Peach Cup

Choice of Milk

Choice of Milk

Assorted Sandwiches Smoked Turkey & Tuna Mayo/Mustard Red Kidney Bean Salad, ½ cup Seasonal Vegetable, ½ cup Assorted Fruit, ½ cup Choice of Milk

Beef Taco Baked Tortilla Scoops Cheddar Cheese, Salsa Mexican-Style Corn Black Beans Assorted Fruit, ½ cup Choice of Milk

Grilled Cheese Sandwich Honey Mustard WG Pretzel Stick Baked French Fries Oven Roasted Broccoli Peach Cup Choice of Milk

Chicken Fajita Baked Tortilla Scoops Cheddar Cheese, Salsa Mexican-Style Corn Black Beans Assorted Fruit, ½ cup

ssorted Sandwiches Sliced Turkey Mayo/Mustard Marinated Green Beans, ½ cup Chickpea Salad, ½ cup Assorted Fruit. 1 cup Choice of Milk

Beef Cheeseburger On WG Bun Ketchup **Baked Smiley Fries** Celery Sticks Assorted Fruit, ½ cup Choice of Milk

Reef

Meatballs Marinara

Penne Pasta

Green Beans

Green Pepper Strips

Assorted Fruit, ½ cup

Choice of Milk

French Toast Sticks Egg Patty Turkey Sausage Patty Svrup Sweet Potato Waffle Fries Broccoli Florets Applesauce Cup Choice of Milk

> 21 Crispy Chicken Tenders Honey Mustard & Syrup WG Waffles Sweet Potato French Fries Pear Cup Choice of Milk

Assorted Sandwiches Egg & Tuna Salad Mayo/Mustard Zucchini Sticks, ½ cup Tomato Salad, ½ cup Assorted Fruit, ½ cup Choice of Milk

> Cheese Pizza Spinach Salad Carrot Sticks Fresh Orange Choice of Milk

Cheese Pizza Romaine Salad Chickpea Salad Applesauce Cup Choice of Milk

Cheese Pizza Mozzarella Sticks Spinach Salad Marinara Dipping Sauce Carrot Sticks Garlic Breadsticks Fresh Orange Broccoli Florets Cucumber Coins Choice of Milk Applesauce Cup

Choice of Milk

27 28 Baked Macaroni & Cheese Breadstick **Baked Smiley Fries** Celery Sticks Assorted Fruit, ½ cup Choice of Milk Choice of Milk