



Most Holy Redeemer

CATHOLIC CHURCH

FEBRUARY 1, 2026

SUNDAY'S READINGS

1st Reading -
Zephaniah 2:3, 3:12-13

Responsorial Psalm -
Blessed are the poor in spirit; the
kingdom of heaven is theirs.

2nd Reading -
1 Corinthians 1:26-31

Gospel - Matthew 5:1-12a

LECTURAS DEL DOMINGO

Primera Lectura -
Sofonías 2:3, 3:12-13

Salmo Responsorial-
Dichosos los pobres de espíritu porque
de ellos es el Reino de los cielos.

Segunda Lectura -
1 Corintios 1:26-31

Evangelio - Mateo 5:1-12a



Contact Us
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Fax: (813) 932-6153

mhrtampa.org

Our Clergy
Pastor:
Fr. Anthony Coppola
Deacons:
Joseph Krzanowski
Kevin Dwyer
Mike Miller

Blessing of the Throats is
happening this weekend
Jan. 31st & Feb. 1st after the
final blessing at all masses!

*La bendición de las gargantas
se llevará a cabo este fin de
semana, el 31 de enero y el 1
de febrero, después de la
bendición final en todas las
misas.*

MASS INTENTIONS

Saturday, January 31

5:00 PM + Amy Tynan

Sunday, February 1

8:00 AM Paul Flasher (*birthday blessings*)

10:00 AM Handmaids of Mary/Padre Pio Members,
Living & Deceased

12:30 PM + Diacono Leocadio

Monday, February 2

6:45 AM Five Guys (*special blessings*)

Tuesday, February 3

6:45 AM + Matthew Diakow

6:30 PM + Walter Swisher Jr.

Wednesday, February 4

7:00 AM Deacon Joe Krzanowski (*birthday blessings*)

8:30 AM For increased vocations to the priesthood.

6:30 PM Susan Bilbao & Teopila Talakay
(*birthday blessings*) / Ancel & Candy Manalili (*God's blessings*)

Thursday, February 5

7:00 AM Jennifer Maggiacomo (*healing grace*)

7:00 PM + Marvin Salas

Friday, February 6

6:30 PM + Alfonzo Guerrero Castillo

Saturday, February 7

8:30 AM + Beryl Whiteman

(+) *Deceased*

FOR THOSE WHO ARE ILL, HOMEBOUND, OR CONFINED TO HOSPITALS AND NURSING HOMES, ESPECIALLY:

Dcn. Joe Krzanowski

Irida Ruiz

Pat Krzanowski

Ana Iris Rivera

Joanna Schweiberger

Rosa del Rosario

Olga Bonilla

Abraham González

Jeanne M. Duval

Ángel Rodríguez

Ligia Grams

Carmen Rivera

Grecia Bonilla

Janine Mingo

Rafael Pagan

Theresa Francis

Rita Gomez

Ismael Hernández

FOR THOSE WHO HAVE PASSED, ESPECIALLY:

Steve Berry, OSF

Fr. John Aurilia, OFM Cap

Ronald Haebig

Leonardo M. Rodriguez

Beverly Mikolash

Cathy Nurkala

Celina Barrios

Jessie Walter Turner

Angelica Carasco

Paul Reed

German Bonilla Jr.

Jorge Pérez

Raymond Denicourt

MASS TIMES

Sunday

8:00 AM

10:00 AM

12:30 PM (*Spanish*)

Monday

6:45 AM

Tuesday

6:45 AM

6:30 PM

Wednesday

6:45 AM

8:30 AM (*MSCS Mass*)

6:30 PM (*1st & 2nd*)

Weds. only

Thursday

7:00 AM

7:00 PM (*Spanish*)

Friday

6:30 PM (*Bilingual*)

Saturday

8:30 AM

5:00 PM

ADORATION

Tuesday

5:30 PM - 6:00 PM

Thursday

3:00 PM - 6:45 PM

CONFESSIONS

Tuesday

5:30 PM - 6:00 PM

Thursday

6:00 PM - 6:30 PM

Saturday

4:00 PM - 4:30 PM

(*Eng. & Spa.*)

OFFICE HOURS

Monday

9:00 AM - 3:00 PM

Tues-Thur

8:00 AM - 3:00 PM

Fri - Sun

CLOSED

LET YOUR LIGHT SHINE

In the Gospel reading for today, Jesus, after seeing His crowd of followers, sits down and decides to teach them. Something He saw in the people propelled Jesus to take the time to sit down on the side of a mountain and teach what we would come to know as the Sermon on the Mount. In part of this teaching, Jesus leads the people through a series of statements highlighting the blessings of divine happiness. One of these blessings reveals how deeply Jesus cares about and understands the nature of our human hearts. He desires our holiness so that we might share in the Father's Kingdom with Him. According to Matthew, Jesus says, "Blessed are the clean of heart, for they will see God."

It is an act of humility to consider the cleanliness of our hearts. But like a smudged window, darkened gradually by grime, our hearts can and do become sullied by sin. This shadowing of heart space can happen subtly, almost imperceptibly. And just as it's hard to see the view through a grime-covered window, it is hard to recognize God at work in our lives when the view from our hearts has become blocked. The light simply struggles to filter in.

In today's first reading, the prophet Zephaniah urges the people to seek God. He speaks of those who see the Lord, a

people "humble and lowly," a remnant chosen by God who "shall do no wrong and speak no lies; nor shall there be found in their mouths a deceitful tongue". These, the remnant, are people of a clean heart.

This level of humility is challenging, but today Psalm 146 also assures us the Lord is working for the good of the lowly, for our good, and will keep faith forever. We need not be afraid to consider the state of hearts—the Lord is with us, and in Him we can (and should) take refuge. Paul, too, reminds us in his letter to the people of Corinth that the chosen are called not through any merits of their own, but to fulfill God's mission. Imagine our hearts as magnificent stained glass adorning a cathedral. The more we allow the light to shine through them, the more God's glory is illuminated.

Today, let us make every effort to tend to our whole hearts so that as we seek God, we might also see Him. Just as the simple attention to the task of cleaning a window can make it shine and sparkle, so too that type of attention applied to the care of our own hearts will allow God's light to move through freely. And suddenly the view becomes very clear.

- Raine Pyne

DEJA BRILLAR TU LUZ

En la lectura del Evangelio de hoy, Jesús, tras ver la multitud de sus seguidores, se sienta y decide enseñarles. Algo que vio en la gente lo impulsó a sentarse en la ladera de una montaña y enseñar lo que llegaríamos a conocer como el Sermón del Monte. En parte de esta enseñanza, Jesús guía a la gente a través de una serie de afirmaciones que resaltan las bendiciones de la felicidad divina. Una de estas bendiciones revela cuán profundamente Jesús se preocupa y comprende la naturaleza de nuestros corazones humanos. Desea nuestra santidad para que podamos compartir con él el Reino del Padre. Según Mateo, Jesús dice: "Dichosos los limpios de corazón, porque verán a Dios".

Es un acto de humildad considerar la limpieza de nuestro corazón. Pero como una ventana sucia, oscurecida gradualmente por la suciedad, nuestro corazón puede mancharse, y de hecho eso pasa, a causa del pecado. Esta opacidad del espacio del corazón puede ocurrir de forma sutil, casi imperceptible. Y así como es difícil ver el paisaje a través de una ventana sucia, es difícil reconocer la obra de Dios en nuestras vidas cuando la visión de nuestros corazones se ha visto bloqueada. La luz simplemente no puede entrar fácilmente.

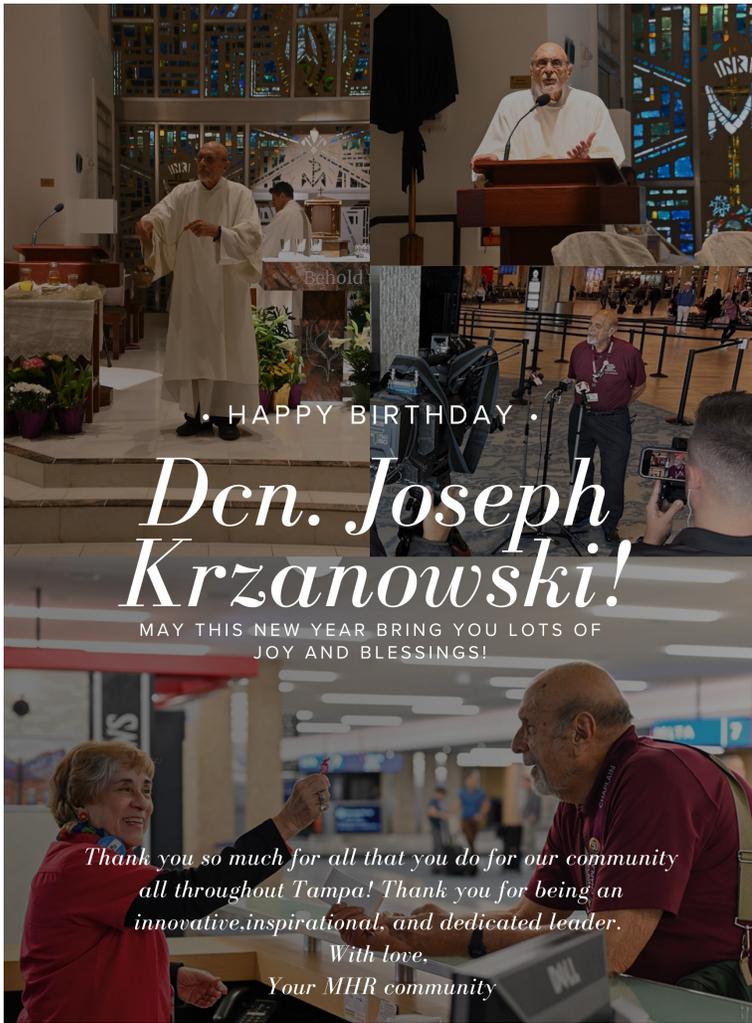
En la primera lectura de hoy, el profeta Sofonías insta al pueblo a buscar a Dios. Habla de quienes ven al Señor, un pueblo "pobre y humilde", un puñado de gente elegido por

Dios que "No cometerá maldades ni dirá mentiras; no se hallará en su boca una lengua embustera". Estas personas son gente de corazón limpio.

Este nivel de humildad es desafiante, pero hoy el Salmo 146 también nos asegura que el Señor obra por el bien de los humildes, por nuestro bien, y que mantendrá su fe para siempre. No debemos tener miedo de considerar el estado de nuestros corazones: el Señor está con nosotros, y en Él podemos (y debemos) refugiarnos. Pablo también nos recuerda en su carta a los corintios que los elegidos son llamados no por méritos propios, sino para cumplir la misión de Dios. Imaginemos nuestros corazones como magníficos vitrales que adornan una catedral. Cuanto más dejamos que la luz brille a través de ellos, más se ilumina la gloria de Dios.

Hoy, esforcémonos por cuidar nuestro corazón con todo nuestro ser para que, al buscar a Dios, también podamos verlo. Así como la simple atención a la tarea de limpiar una ventana puede hacerla brillar y resplandecer, también ese tipo de atención aplicada al cuidado de nuestro propio corazón permitirá que la luz de Dios circule libremente. Y de repente, la visión se vuelve mucho más clara.

-Raine Pyne



• HAPPY BIRTHDAY •

Dcn. Joseph Krzanowski!

MAY THIS NEW YEAR BRING YOU LOTS OF JOY AND BLESSINGS!

Thank you so much for all that you do for our community all throughout Tampa! Thank you for being an innovative, inspirational, and dedicated leader.

With love,

Your MHR community

MDS LOS INVITA A SU VENTA DE EMPANADAS. PROFUNDOS PARA NUESTRA PARROQUIA



**FEB 7 A LAS 6:00 PM
FEB 8 A LAS 11:00 AM
Y 1:30 PM**

**TENDREMOS:
POLLO Y CARNE
AGUA DE
JAMAICA, SODA Y
AGUA**

INTERNATIONAL DAY OF PRAYER FOR VICTIMS OF HUMAN TRAFFICKING

February 8th is the feast day of **Saint Josephine Bakhita, patron saint of human trafficking victims.** We set aside this day to pray for all victims of human trafficking and raise awareness of this major issue that can affect anyone. Florida ranks **#3** in most human trafficking cases in the U.S. and Tampa has become a major hub for it.

The **SOS ministry** is committed to ending human trafficking in Tampa through supporting rescue & recovery efforts; granting protection & safety for those who are exploited, enslaved, and trafficked.

Materials will be provided after all masses to help families create a safe haven for their children in a world where online exploitation is on a rise.



Prayer cards will also be available.

DÍA INTERNACIONAL DE ORACIÓN POR VÍCTIMAS DEL TRÁFICO DE PERSONAS

El 8 de febrero es la festividad de **Santa Josefina Bakhita, patrona de las víctimas de la trata de personas.** Dedicamos este día a orar por todas las víctimas de la trata de personas y a crear conciencia sobre este grave problema que puede afectar a cualquiera. Florida ocupa el tercer lugar en cuanto a casos de trata de personas en Estados Unidos, y Tampa se ha convertido en un importante centro de este problema.

El **Ministerio SOS** está comprometido a poner fin a la trata de personas en Tampa mediante el apoyo a los esfuerzos de rescate y recuperación; otorgando protección y seguridad a quienes son explotados, esclavizados y traficados.

Se proporcionarán materiales después de todas las misas para ayudar a las familias a crear un refugio seguro para sus hijos en un mundo donde la explotación en línea está aumentando.



También estarán disponibles tarjetas de oración.



DIOCESE OF SAINT PETERSBURG
**CATHOLIC
 MINISTRY**
Appeal



DIÓCESIS DE SAINT PETERSBURG
Campaña PARA LOS
**MINISTERIOS
 CATÓLICOS**

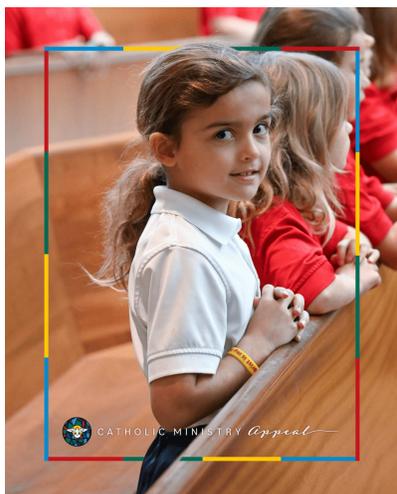
Children of God

The 2026 Catholic Ministry Appeal Commitment Sunday is **THIS weekend!** Once a year we are asked to make a gift to sustain the good works funded by the appeal which offers vital services and assistance to those in need across our communities. We are asking every family to participate to help our parish make our goal. By participating in the appeal, we renew our commitment to the Lord with a response to His call to serve our brothers and sisters.

Just like your Amazon Prime or Disney+/ESPN/Hulu subscriptions, consider the CMA a subscription except this one is giving back to the community that supports your family in the Catholic faith. Here are your three EASY “subscription” options that you can commit to next weekend:

- OPTION A - \$5/week**
- OPTION B - \$25/month**
- OPTION C - \$220 one-time gift**

Thank you for helping us to reach our goal as a team and for supporting our many ministries! Go to **mhr Tampa.org** to learn more about the 2026 CMA!



Hijos de Dios

¡El Domingo de Compromiso de la Campaña del Ministerio Católico 2026 es el **15 de febrero!** Una vez al año se nos pide que hagamos una donación para apoyar las buenas obras financiadas por esta campaña, que ofrece servicios y asistencia vitales a quienes lo necesitan en nuestras comunidades. Les pedimos a todas las familias que participen para ayudar a nuestra parroquia a alcanzar nuestra meta. Al participar en la campaña, renovamos nuestro compromiso con el Señor, respondiendo a su llamado a servir a nuestros hermanos y hermanas.

Al igual que sus suscripciones a Amazon Prime o Disney+/ESPN/Hulu, considere la Campaña Anual de la Arquidiócesis (CMA) como una suscripción, con la diferencia de que esta contribuye a la comunidad que apoya a su familia en la fe católica. Aquí tiene tres opciones sencillas de contribución a las que puede comprometerse el próximo fin de semana:

- OPCIÓN A - \$5 por semana**
- OPCIÓN B - \$25 por mes**
- OPCIÓN C - \$220 donación única**

¡Gracias por ayudarnos a alcanzar nuestra meta como equipo y por apoyar nuestros numerosos ministerios!

Visita **mhr Tampa.org** para obtener más información sobre el CMA de 2026!

| 1-11-2026 Baptism of the Lord | | |
|---|------------------|-----------------|
| Mass Time | Amount Collected | Adult Attendees |
| 5:00pm | \$655 | 99 |
| 8:00am | \$703 | 68 |
| 10:00am | \$1,108 | 189 |
| 12:30pm | \$1,342 | 226 |
| Totals | \$3,808 | 582 |
| Attd. incl. children | | 708 |
| Online Giving | | \$2,568 |
| Total Offertory (incl. other or non-regular offertory) | | \$6,993 |

Go to our church website to sign-up for Online Giving! faster and easier method.



Tampa Bay Catholic Lawyers Guild's Annual

RED MASS

Sacred Heart Catholic Church
509 N. Florida Avenue, Tampa, FL 33602
**Wednesday, February 4, 2026, At
5:15 p.m.**

The Mass will be celebrated by the Most Reverend Gregory L. Parkes, Bishop of the Diocese of St. Petersburg.

First Reading

*Hon. Sean Flynn, U.S. Magistrate Judge,
Middle District of Florida*

Second Reading

*Hon. Monique M. Scott, County Judge,
Thirteenth Judicial Circuit*

Oath of Attorney

*Hon. Charles R. Wilson, Senior U.S. Circuit Judge,
U.S. Court of Appeals for the Eleventh Circuit*

Prayer of the Faithful

Hon. Michael J. Scionti, Circuit Judge, Thirteenth Judicial Circuit

A reception* at the Tampa Club (101 E. Kennedy Blvd.) will follow the Mass for Guild members and all in attendance with the opportunity to renew your membership or become a new member of The Tampa Bay Catholic Lawyers Guild.

The Hon. Edward LaRose, Second District Court of Appeals will be our guest speaker.

*Sponsored by Anthony and Partners. Please RSVP for the Reception to:

clqtampabay@gmail.com



THE "RED MASS" IS A HISTORICAL TRADITION WITHIN THE CATHOLIC CHURCH DATING BACK TO THE THIRTEENTH CENTURY WHEN IT OFFICIALLY OPENED THE TERM OF THE COURT FOR MOST EUROPEAN COUNTRIES. THE PARTICIPANTS—GOVERNMENT OFFICIALS, LAWYERS AND JUDGES—WOULD PROCEED INTO A CHURCH CLOTHED IN RED VESTMENTS OR RED GARMENTS, SIGNIFYING THE FIRE OF THE HOLY SPIRIT'S GUIDANCE TO ALL WHO PURSUE JUSTICE IN THEIR DAILY LIVES. JUDGES, LAWYERS, STUDENTS, PROFESSORS, AND OTHERS IN THE LEGAL FIELD ARE INVITED.

World Marriage Sunday

Our parish will recognize the couple that was most recently married & the couple that has been married the longest at each Mass. Both individuals must be present.



FEBRUARY 7TH & 8TH
5PM, 8AM, 10AM,
12:30PM

Hosted by the Knights of Columbus

Yum!

**COFFEE
DONUTS &
FRIENDS**



**FEB.
8th**

After the
8AM &
10AM
Masses


SUNDAYKIDZ

4th Sunday in Ordinary Time

E R E J O I C E A O

N C R O W D S A G U

S P M L P H V S S Y

T B O U G E A T C M

E L U A L A O G I E

T E N P A R P X I E

L S T A D T G L D K

A S A M E R C Y J D

N E I R E W A R D F

D D N W C U U W O X

Crowds Mountain Blessed Meek Land
 Mercy Heart Rejoice Glad Reward

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The Kids' Corner



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¡Reordena las letras para descubrir un mensaje de las lecturas de hoy!

SHOJI ED ODIS.

_____ .

TREASURES FROM OUR TRADITION

You need more than water for a bath. Most family bathrooms contain an arsenal of soaps and emollients, lotions, shampoos, and conditioners to combat grime and honor the body. A bath without oil is still unthinkable. No wonder early Christians used lavish amounts of oil to “paint” the skin of people drawn dripping wet from the baptismal font on Easter. There were two oils used in baptism long ago. “Oil of exorcism” protected candidates from “evil spirits”; it strengthened their resolve and purified their purposes.

The second oil, slathered over them after baptism’s bath, “sealed” them, making them like Christ, the anointed one, the priest, the prophet, the king. Chrism has always had a powerful odor; rich resinous perfumes are stirred in before it is consecrated. As the newly baptized were embraced by new brothers and sisters in Christ, the scent permeated the hall of Eucharist, a sign of our connection to Christ and to one another.

—Rev. James Field

Make sure to scan
 the QR code to
 subscribe to the
 online diocesan
 newsletter!

