

The Catholic Moment



'Go tell':
We are all
witnesses
to the good
news of
Easter,
Page 13.

Serving the Diocese of Lafayette-in-Indiana



Volume 74, Number 12

April 1, 2018

FROM BISHOP TIMOTHY L. DOHERTY

Notice how news reports catch our attention.

Wars, storms and droughts affect millions of people. But stories about individuals capture our attention: one family fleeing a war, one woman who protected her children from falling tornado debris, one rancher selling thirsty livestock for lack of feed. The singular human experience draws our curiosity and empathy.

The Easter Gospel is about Jesus' resurrection from the truly dead. The New Testament initially contains no grand announcement or celebration. The early news is carried by individuals, by singular persons. The experience of seeing and talking to Jesus risen begins as "my Lord" is alive as it moved to "our Lord" and on to us.

This means that Easter, to be real, is more than a calendar date. For Catholic Christians, it is a moment to experience our Easter and my Lord — as the Apostle Thomas exclaimed "my Lord and my God" (John 20:28).

The Easter season continues through Pentecost Sunday on May 20.

(Continued on Page 2)

'My Lord and my God'

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The risen Christ is depicted in a stained-glass window at St. Aloysius Church in Great Neck, N.Y. (CNS photo/Gregory A. Shemitz)

Observemos de qué forma las noticias captan nuestra atención:

Las guerras, las tormentas y las sequías afectan a millones de personas; pero las que realmente nos atrapan son las historias personales: una familia que huye de la guerra, una mujer que protegió a sus hijos contra el azote de los escombros de un tornado, un rancharo que vende su ganado sediento por falta de alimento. La experiencia individual de cada ser humano atrae nuestra curiosidad y genera empatía.

El Evangelio Pascual habla acerca de la resurrección de Jesús de entre los muertos; el Nuevo Testamento no contiene al principio ningún anuncio grandilocuente ni ninguna celebración. Las primeras noticias las transmiten personas individuales, singulares. La experiencia de ver y hablar con Jesús resucitado comienza refiriéndose a Él como «mi Señor» está vivo y prosigue hacia «nuestro Señor» y se propaga entre todos nosotros.

Esto significa que, para que la Pascua sea real, tiene que ser más que una mera fecha en el calendario.

(Continúa en la página 2)



"Beautiful" celebration of annual Chrism Mass fills cathedral March 27.
Story, Page 3.

'My Lord and my God'

(Continued from Page 1)

The whole Church revisits the Bible readings daily to retell the encounters with the risen Lord, like a family retelling stories of its own history.

Easter is a presence just like the sacraments are a real presence of Christ. The retelling of events and Easter greetings in various languages remind us that Christ is acting on our behalf here and now.

Just as the Church will take some weeks to relive a story that needs more than a single day, you will



Bishop
Timothy L.
Doherty

find yourself in the same position. Call to mind your own experience of looking for Jesus as did those women and men at the first Easter. Then as now, it took days for some to realize what — or who — they had seen and experienced.

Comparing their experiences of the Risen Lord helped people to know that the power of God is no illusion, and that it could be real for each one in somewhat different ways.

Ask yourself, "When have I noticed God's presence and the light of Christ's resurrection?" "What did I learn from others' stories

of unbidden grace?"

Apart from your awe and gratitude for God's touching your awareness, how does God intend for you to live out that moment that God opened to you in an event, a sound, another person's voice?

I am guessing that the Apostle Thomas' exclamation, "My Lord and my God," rushed from his lips because he realized that the rest of his life would be a response to these questions. May our responses also translate into the manner of our lives.

Prayerful best wishes to you and all as we set out to live the Easter message.



April 1
Easter Sunday of the
Resurrection of the Lord
Cycle B Readings:

- 1) Acts 10:34a, 37-43
- 2) Colossians 3:1-4 or 1 Corinthians 5:6b-8
- 3) Gospel: John 20:1-9

Monday, April 2

- 1) Acts 2:14, 22-33
- 2) Gospel: Matthew 28:8-15

Tuesday, April 3

- 1) Acts 2:36-41
- 2) Gospel: John 20:11-18

Wednesday, April 4

- 1) Acts 3:1-10
- 2) Gospel: Luke 24:13-35

Thursday, April 5

- 1) Acts 3:11-26
- 2) Gospel: Luke 24:35-48

Friday, April 6

- 1) Acts 4:1-12
- 2) Gospel: John 21:1-14

Saturday, April 7

- 1) Acts 4:13-21
- 2) Gospel: Mark 16:9-15

The texts of Scripture readings for the Mass for every day of the week are linked to the diocesan Web site at www.dol-in.org.

«Mi Señor y mi Dios»

(Viene de la página 1)

Para los cristianos católicos es el momento de vivir nuestra Pascua y a mi Señor, tal como exclamó el apóstol Tomás: «mi Señor y mi Dios» (Juan 20, 28).

La temporada de la Pascua se extiende hasta el domingo de Pentecostés, el 20 de mayo. La Iglesia en pleno repasa diariamente las lecturas de la Biblia para recordar los encuentros con el Señor resucitado, como una familia que recuerda las narraciones de su propia historia.

La Pascua es una presencia tan real como la presencia de Cristo en los sacramentos. El recuento de los eventos y de los saludos pascuales en distintos idiomas nos recuerdan que Cristo actúa en nuestro nombre aquí y

ahora.

Así como la Iglesia dedicará varias semanas a relatar una historia que no puede contarse en un solo día, usted se encontrará en la misma situación. Evoque su propia experiencia de buscar a Jesús, tal como lo hicieron los hombres y mujeres en aquella primera Pascua. En aquel entonces, al igual que ahora, demoraron días para caer en cuenta de qué o a quién habían visto y vivido.

Comparar sus experiencias con el Señor resucitado ayudó a las personas a comprender que el poder de Dios no es una ilusión y que puede llegar a ser real para cada persona en formas ligeramente distintas.

Plantéese lo siguiente: «¿Cuándo he sentido la presencia de Dios y la luz de la resurrección de Cristo?». «¿Qué

aprendí de los relatos de gracia inesperada de las otras personas?»

Además del sobrecogimiento y el sentido de agradecimiento que produce el contacto de Dios con la propia conciencia, ¿de qué manera desea Dios que usted viva ese momento que Él le ha creado a usted en una situación dada, en un sonido, en la voz de otra persona?

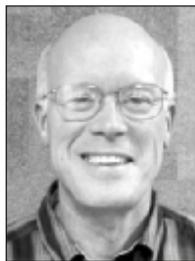
Me imagino que la expresión del apóstol Tomás: «mi Señor y mi Dios», brotó de su boca al darse cuenta de que el resto de su vida estaría dedicada a responder estas interrogantes. Que nuestras respuestas también se traduzcan en nuestra forma de vivir.

Mis mejores y piadosos deseos para usted y todos, ahora que comenzamos a vivir el mensaje pascual.



Official

Deacon Gary J. Kuenz is appointed to serve at Holy Spirit Church, Fishers, effective March 15, 2018, and continues *ad nutum episcopi*. Deacon Kuenz has been serving at St. Alphonsus Liguori Church, Zionsville.



Deacon
Kuenz

+ Timothy L. Doherty

Timothy L. Doherty
Bishop of Lafayette-in-Indiana

Representatives of Millie's Thrift Shop in Lafayette recently expressed their thanks to the Lafayette Kiwanis Foundation for its donation of \$450 toward a security system for the shop, making it a safer place for all.

The Sisters of Providence of Saint Mary-of-the-Woods invite all motorcycle riders to their upcoming "Bikers, Brunch and Blessing," scheduled for 10:30 a.m. Sunday, April 8, at the Providence Spirituality & Conference Center. Sister Paula Damiano will facilitate the blessing as all attending the event will be greeted by sisters as they pray for safety on the road. "Many persons come here to pray and ask for blessings, and it's a beautiful destination for riders," Sister Paula said. All riders are invited



to stay for brunch at the O'Shaughnessy Dining Hall following the blessing. Those who stay for brunch will receive a reduced rate of \$15.25 if they register prior to the event. In

addition, each rider will receive a medal of St. Theodore Guerin, who traveled on many Indiana roads. There is no cost to attend the blessing. For more information, call 812-535-2952 or e-mail jfrost@spsmw.org. Saint Mary-of-the-Woods is located just northwest of downtown Terre Haute.

Correction

The Easter Vigil Mass will be celebrated at 8:30 p.m. Saturday, March 31, at St. Ambrose Church in Anderson. The Mass was not included in the March 25 parish listing for the Triduum and Easter.

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'Beautiful' celebration of Chrism Mass fills cathedral

By **Caroline B. Mooney**
The Catholic Moment

LAFAYETTE — "Thank you for being here at this representative gathering of priests, deacons, religious sisters and parishes," Bishop Timothy L. Doherty said. "It is perhaps the most significant gathering of the diocesan Church that honors the baptismal priesthood of all, but in a particular way also honors the sacramental ordained priesthood which is different not only in degree, but in kind."

Bishop Doherty spoke at the annual Chrism Mass, joined by Bishop Emeritus William L. Higi, 69 priests, 14 deacons and more than 800 faithful from across the Lafayette diocese on March 27 at the Cathedral of St. Mary of the Immaculate Conception.

Pam Asbury, her husband and three children entered the Church in 2015 at St. Joan of Arc Church, Kokomo.

"When we came for the first time to Chrism Mass, it made a big impression on us as something we would rather not miss every year," she said. "It's so meaningful and the liturgy is beautiful. It's amazing to see all the priests come in and renew their vows and celebrate Mass together."

The bishop blessed sacred oils and consecrated the chrism for use in the coming year, and priests renewed their ordination vows.

In his homily, Bishop Doherty remembered brother priests who died in the last year: Father Bert Woolson, Father John Zahn and Father George Askar.

"... Know that each of us, ordained or not, is called to be a witness to Christ, to the Good News," he said. "Whether our parish is smaller than it was 10 years ago, or if it is larger than it was 10 weeks ago, our first role is to be witnesses.

"The priest has to be a witness, too, and his example is critical, perhaps never more so," Bishop Doherty said. "His ongoing conversion describes his life, not a single event. In the priest's vocation, in some ways not so different in marriages or close friendships, we find that God the Father, Son and Holy Spirit open themselves to us, but only at a price: At



Bishop Doherty stirs the chrism after balsam is added.



Parish representatives receive bottles of the oils from the bishop.

each stage of deeper encounter, he says to himself that I am not the man that I thought I was. The old self gets stripped away along with old certainties, long-standing consolations.

"I am truly grateful for the support that our parishioners show to their priests," he said. "People support priests who are steady and constant, and they also support those who are struggling, and those who fail. What they will not support is a man who is self-seeking or not authentic. We have good priests, and for this we are blessed. ...

"A bishop cares, and I care, about all of our priests," Bishop Doherty said. "You, brothers, are the ones caring for the souls in the parishes, hospitals and schools. What all of our people need most from you is to know that you care for them and that you can show it effectively. When they sense that your heart reflects something of Christ's heart, they readily seek their encounters with the Lord in their church and the sacraments.

"More often than not, we ourselves will be unaware of the good that we do or the gratitude that people have for our sharing the love and mercy of Christ with them," he said. "It is just as likely we will not see the supernatural effects of our ministries. Priests for sure, but all of us

need to understand the wisdom of the saying, that one sows and another reaps (John 4:37). We promise faithfulness and act on it. We must let God work in God's own time.

"Through all this, we know it is grace that directs, carries and finishes any real ministry that we do. Because there is another ministering within us. We hear it expressed this way: May God who has begun the good work in you bring it to completion."

Bishop Doherty was the principal celebrant of the Mass. Concelebrating were Bishop Higi; Father Theodore Dudzinski, V.G.; Father Dale Ehrman, V.E.; Father Timothy Alkire, V.J.; Father Jeffrey Martin; Father Theodore Rothrock, V.F.; Father Robert Bernotas, V.F.; Father Eric Underwood, V.F.; Father Michael McKinney, V.F.; Father Andrew Dudzinski, V.F.; Msgr. Robert L. Sell III, and the priests of the Diocese of Lafayette-in-Indiana. Deacon Christian DeCarlo and Deacon John Etter assisted. Master of ceremonies was Deacon Mike Mescall.

After the homily, the presbyterate renewed their commitment to priestly service. Bishop Doherty asked the assembly to support him and his brother priests in their vocations.

"I worked with the RCIA for several years and we

would bring people to the Chrism Mass so they could see the Universal Church," said Paula Iunghuhn, a member of St. Joseph Parish, Delphi. "I think it's always really interesting to have all the priests together and renew their vows and the blessing. I think sometimes we forget to pray for the priests and we are always asking them to pray for us. So, here's an opportunity for us to see the other side of that and to remind us to pray for them."

"I thought the Mass was beautiful — it took me back to my childhood going to cathedral Masses with my family in Los Angeles," said Purdue University student Laura Dipietro, a member of St. Thomas Aquinas Parish, West Lafayette. "There was a greater solemnity to it — a real reverence for the heavenly feast that was occurring. You could tell that everyone there took it as not a right to be there, but a privilege, just like every Mass should be.

"My favorite part was seeing all the priests up on the altar, especially when they were all blessing with all of their arms outstretched," she said. "I had a moment of intense privilege, thinking, 'Wow, I am so blessed to be in the presence of these holy men who have dedicated their lives and God has given them everything in return, like the ability to

bring life into the body and blood of Christ through consecration.'"

During the Mass, large vessels containing the sacred oils were presented to the bishop for his blessing.

Presenting the oil of the sick were seminarians Will Beardmore and Matt Jakupco.

The oil of catechumens, used to anoint those who are preparing for baptism in the Church, was presented by Deacon Steve Miller and Deacon Paul Lunsford.

Deacon Christian DeCarlo and Deacon James De Oreo carried the chrism, while Chris Bock, a permanent deacon candidate, brought up the balsam.

Both the oil of the sick, used to bring comfort to the sick, and the oil of the catechumens, used on those preparing for baptism, were blessed, while the holy chrism was consecrated by Bishop Doherty.

The chrism is used at the ordination of clergy, baptisms, confirmations, the consecration of altars and the blessing of churches.

All the oils are olive oil, with balsam added as part of the chrism's consecration, giving it a sweet smell.

Before Mass began, representatives of each parish and diocesan institution dropped off their oil bottles from the previous year. During Mass, the bottles were taken into the cathedral's sacristy, where a team of volunteers refilled them.

Bishop Doherty then distributed the newly filled bottles back to each representative for delivery to diocesan churches and institutions.

"I'm coming into the Church this Easter and it's changed my life," said Lori Christopher, a member of St. Patrick Parish, Kokomo. "My dad was Catholic and it was always in the back of my mind. It's the best move I ever made. I feel like I'm with family now.

"I loved Mass, especially the bishop's homily — it was really neat," she said. "It's amazing how many emotions I've been going through, but you revolve everything around God and it works itself out."

The Chrism Mass was coordinated by the Department of Pastoral Ministries, Jonathan Sullivan, executive director.

Join us for an **OPEN HOUSE**

You're cordially invited to attend an open house for our new West Tower at Franciscan Health Lafayette East!

When:

Monday, April 9, 2018
from 4 to 6 p.m.

Where:

1701 S. Creasy Lane
Lafayette, IN 47905

Refreshments and tours will be provided.

The new West Tower will house the following units:

- Expanded Outpatient Center
- Sleep Disorders Center/Neurodiagnostics
- Palliative Care suites
- Medical/Surgical Unit
- Medical/Surgical Overflow
- Inpatient Rehab Center/Therapy
- Advanced Wound Healing Center/
Hyperbaric Oxygen Therapy
- Franciscan Health Cancer Center/
medical offices



Parish Twinning Program plans national event

NASHVILLE, Tenn. — The Parish Twinning Program of the Americas will host a national conference and 40th anniversary celebration on Aug. 24-26 in Nashville.

Individuals from Catholic parishes across the country are invited to participate. The theme of the conference will be “One Are We ... The Blessings of Twinning.”

Participants will have the opportunity to share information and learn about best practices for building spiritually enriching twinning relationships with parishes in Haiti and other impoverished countries.

In addition to inspirational speakers, the conference will feature workshops on topics including medical and dental missions, education, water and sanitation projects, economic development and sustainability, and more.

For more information or to register, visit www.parishprogram.org or call 615-298-3002.

REST IN PEACE



Please pray for the repose of the souls of our departed brothers and sisters in the Diocese of Lafayette-in-Indiana.

Michael Meyer, 69, died March 22. **Kathleen Parks**, 92, died March 23. **Don Ginder**, 83, died March 26. All were members of St. Maria Goretti in Westfield.

Gladys Rude, 87, died March 16. **Patrick W. Tierney**, 62, died March 21. Both were members of All Saints in Logansport.

Pedro DeLeon, 72, died March 10. He was a member of St. Joseph in Lebanon.

Dr. Timothy Vores, 70, died March 18. **Philip Sample**, 82, died March 19. Both were members of St. Ambrose in Anderson.

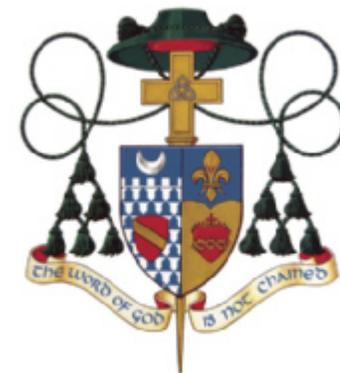
Joseph Lewis Meszaros, 67, died March 13. He was a member of Sacred Heart of Jesus in Cicero.

Dr. Louis Abbott, 89, died March 17. **Elizabeth “Beth” Baker**, 107, died March 19. Both were members of Our Lady of the Lakes in Monticello.

Jose A. Pabon Jr., 52, died March 15. He was a member of St. Elizabeth Ann Seton in Carmel.

Names of the deceased are provided at the request of parishes in the diocese desiring to provide this information.

FROM BISHOP DOHERTY'S APRIL SCHEDULE



Sunday, April 1 — Easter Mass, 7:30 a.m., Cathedral of St. Mary of the Immaculate Conception, Lafayette

Thursday, April 5 — Conference call, Child & Youth Protection, 10:30 a.m., Chancery — Confirmation, 6 p.m., Blessed Sacrament, West Lafayette

Sunday, April 8 — Confirmation, 12:30 p.m., St. Paul, Marion

Monday, April 9 — Blessing of new tower, 1 p.m. to 3 p.m., Franciscan Health Lafayette East

Wednesday, April 11 — Bishop's Leadership Team meeting, noon, Bishops Residence

— Confirmation, 7 p.m., Cathedral of St. Mary of the Immaculate Conception, Lafayette, and St. Mary, Frankfort, at the cathedral

Saturday, April 14 — Marriage preparation/dinner conference, 5:30 p.m., St. Joan of Arc, Kokomo

Sunday, April 15 — Confirmation, 10:30 a.m., St. Joseph, Elwood

Monday, April 16 — Bishops and major superiors meeting, 8 a.m., Our Lady of Fatima Retreat House, Indianapolis

Thursday, April 19 — Audit Committee-Child & Youth Protection conference call, 2:30 p.m., Chancery

Saturday, April 21 — Serra Conference, 9:30 a.m., Cathedral of St. Mary of the Immaculate Conception, Lafayette

— Mass/Knights of Columbus, 4:30 p.m., Indianapolis

Sunday, April 22 — Confirmation, 11 a.m., St. Thomas Aquinas, West Lafayette

— Confirmation, 2:30 p.m., St. Lawrence, Lafayette

Monday, April 23 — Bishops and health care leaders spring meeting, noon, Seton Cove Spirituality Center, Indianapolis

Tuesday, April 24 — Meeting with Deacon Bernie and Francesco, Child & Youth Protection, 5:30 p.m., Chicago

Wednesday, April 25 — Interviews with National Review Board nominees, 9 a.m., Chicago

Saturday, April 28 — Mass/Annual Scouting Dinner, 5:30 p.m., St. Alphonsus Liguori, Zionsville

— Blue Knight Auction, 8 p.m., Central Catholic Junior-Senior High School, Lafayette

Sunday, April 29 — Confirmation, 7 p.m., St. John the Baptist, Tipton

He Is Risen! Alleluia!

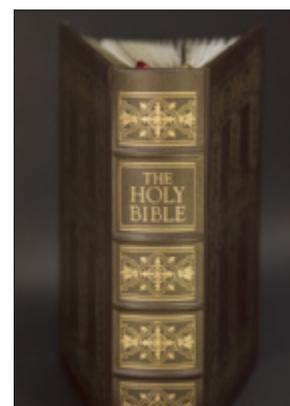


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HAPPENING ... IN THE DIOCESE OF LAFAYETTE-IN-INDIANA

Contributions to "Happening ... in the Diocese of Lafayette-in-Indiana" are most welcome. Send items in writing to: P.O. Box 1603, Lafayette, IN 47902 or e-mail: moment@dol-in.org. Please send information at least two weeks before the event to ensure timely notice. The listing is free.

Living Way of the Cross/Via Crucis Viviente
LAFAYETTE — The Living Way of the Cross/Via Crucis Viviente will be presented from 10:30 a.m. to 11:45 a.m. Friday, March 30, at St. Boniface Parish. The bilingual event will begin on North Street. All are invited to attend.

Lenten fish fry/Rensselaer
RENSSELAER — The Knights of Columbus will host their final Lenten fish fry on Friday, March 30. The fish fry will be held from 5:30 p.m. to 7:30 p.m. at the Knights of Columbus Hall, 325 E. Vine. Menu will feature pollock, tilapia (baked and fried), shrimp and other items, with all-you-care-to-eat salad bar. Dine in or carry out (219-866-9938). All

are welcome to attend.

Lenten fish fry/Anderson
ANDERSON — Knights of Columbus Council 563 will hold its final Lenten fish fry on Friday, March 30. The dinner will be served from 5 p.m. to 7:30 p.m. in Columbian Hall, 1225 Main St. The menu will include fried fish, French fries, mac and cheese, salad and a dessert. Cost is \$10 for adults and \$5 for children ages 12 and younger. All are invited to attend.

Easter Monday Card Party
LAFAYETTE — All are invited to attend the 96th annual Easter Monday Card Party, sponsored by St. Lawrence Parish, on Monday, April 2. There will be two sessions held in the social hall: an afternoon session from 1 p.m. to 3 p.m. and an evening session from 6 p.m. to 8 p.m. Score, lone and door prizes will be awarded. Refreshments will be available. Admission is \$2 per person. Chances on a handmade quilt also will be sold.

Eucharistic adoration
DEMOTTE — All are invited to join in Eucharistic adoration from 7 p.m. to 8 p.m. Friday, April 6, at St. Cecilia Church, 334 15th St. SW. Refreshments and the opportunity for conversation will follow. The evening is sponsored by St. Cecilia's Young Adults.

Fish fry/Oxford
OXFORD — St. Patrick Parish will hold its annual fish fry from 5 p.m. to 7 p.m. Friday, April 6, in the parish hall. Cost is \$10 for adults, \$5 for children ages 6 to 12 and free for children under age 6. Carry-outs will be available for an extra 50 cents per meal. All are invited to attend.

Legion of Mary
LAFAYETTE — All are invited to join the Legion of Mary for the celebration of Mass at 9 a.m. on the first Saturday of each month in the chapel at Franciscan Health Lafayette Central. The Mass will be followed by Legion of Mary prayers and recitation of the rosary. All are invited to also join

in a holy hour for America at 7 p.m. on the first Wednesday of each month in the chapel.

Divine Mercy Sunday
LAFAYETTE — St. Boniface Parish will celebrate Divine Mercy Sunday from 3 p.m. to 8 p.m. Sunday, April 8. The day will include a conference on Divine Mercy by Father Tim Alkire, exposition of the Blessed Sacrament from 3 p.m. to 7 p.m., the Divine Mercy Novena and Chaplet at 3 p.m., and confessions following the conference until 6 p.m. Solemn Vespers will begin at 7 p.m., with Benediction. All are welcome to attend.

Mass for the Unborn Child
FISHERS — A Mass for the Unborn Child will be celebrated at 6:30 p.m. Monday, April 9, at St. Louis de Montfort Church, 11441 Hague Road. The International Day of the Unborn Child is celebrated each year in conjunction with the feast of the Annunciation; normally celebrated on March 25, this year's feast

was moved to April 9 because of Holy Week. Knights of Columbus Council 6923 will lead a rosary for the unborn child at 6 p.m., before the start of Mass. All are invited to attend.

Nursing school information day
LAFAYETTE — The St. Elizabeth School of Nursing will host an information day from 10 a.m. to noon Saturday, April 14. The event is open to the public and anyone interested in a nursing career. Representatives from the school will be available to answer questions about registration, curriculum, financial aid and admissions. Tours of the new facility and simulation lab also will be offered. Light refreshments will be served. Applications for August admission are currently being accepted. The information day will be held at the school, located at 1501 Hartford St. For more information, call 765-423-6400 or visit steson.org.

Have a Happy Easter
from our family to yours!



Rob, Cassandra, Bella, and Hunter Hancock

Apartments for rent

The Diocese of Lafayette-in-Indiana has two apartments available for rent, located at 512 Kossuth St. Apartment #4 is a two-bedroom, one-bath for \$650/month. Apartment #5 is a two-bedroom, two-bath for \$750/month. Both apartments have access to laundry facilities, trash service and their own garage parking spot. Tenants are responsible for all utilities. Please contact Robin Caldanaro at 765-269-4622 for more information.

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Have a Happy,
full COLOR,
EASTER!



HAPPENING ... IN THE DIOCESE OF LAFAYETTE-IN-INDIANA

Concert to benefit trafficking survivors

FISHERS — Holy Spirit Parish will host a concert at 7 p.m. Friday, April 13, to benefit Ascent 121, an Indianapolis-based organization providing treatment for survivors of sex trafficking of minors in the Indianapolis and Fishers area. Hector Salcedo, former organist and cantor at St. Peter's Basilica in Rome and current music director at St. Malachy Parish in Brownsburg, will perform in partnership with the Holy Spirit Parish choir and musicians. Admission is free, with opportunities for giving directly to Ascent 121 while in attendance. After the concert, attendees will have the opportunity to visit with Hector Salcedo, other musicians and representatives from Ascent 121; light snacks, coffee and tea will be available. For more information, e-mail Kevin Walters at kmartinwalters@gmail.com or Andrea Frey at andrea@hspgeist.org. More information about Ascent 121 may be found online at



www.ascent121.org.

Secular Franciscan Order information meeting

LAFAYETTE — The Fraternity of Franciscan Seculars will hold an information meeting at 2:15 p.m. Sunday, April 15, in the St. Michael Center, 816 North St., across from St. Boniface Church and School. All are invited to come and learn about St. Francis and the formation process for entering the Secular Franciscan Order. For more information, call Carolyn Pruitt at 765-474-6796.

Trinity Free Clinic fund-raiser

CARMEL — The Trinity Free Clinic will host its spring fund-raiser, "Taste Sip Savor," from 6:30 p.m. to 9:30 p.m. Saturday, April 21, at the Bridgewater Club

in Carmel. The evening will be a casual night of fellowship with good friends and great food. Guests will enjoy samples from some of central Indiana's finest restaurants, wineries, breweries and bakeries. Attendees also will have an opportunity to win a dream vacation through the "Dream Trip Raffle." Cost is \$75 per person for general admission to the event or \$100 for "VIP" admission. Discounted tickets will be available through April 1. Register online at TasteSipSavor.com. For more information, call Autumn Zawadzki at 317-669-6926 or e-mail autumn@trinityfreeclinic.org. All are invited to attend. Trinity Free Clinic is a faith-based nonprofit free medical and dental clinic located in Carmel. It is dedicated to providing free medical and dental care to the uninsured, underinsured and low-income families of Hamilton County. Last year, the clinic cared for more than 3,600 patients, providing almost \$1.4 million in care. Sponsors of the spring

fund-raiser include St. Vincent, Performance Services, the City of Carmel and the City of Noblesville.

Cemetery clean-up day

LAFAYETTE — A cemetery clean-up day will be held from 9 a.m. to 3 p.m. Saturday, April 21, at St. Boniface Cemetery. All are invited to participate.

Spring gala

FISHERS — St. John Vianney Parish will hold its 2018 Spring Gala from 6 p.m. to 11 p.m. Saturday, April 21, at the Hillcrest Country Club, 6098 Fall Creek Road, Indianapolis. Tickets are \$50 per person if purchased by April 1 and \$60 per person after that date. Seating will be limited to 220. Ticket sales will end April 8. Tickets may be purchased online at www.qtego.net/qlink/sjvfishers

The Call youth retreat

KOKOMO — The Call, an annual two-day high-school retreat open to all teens of the Lafayette diocese, will be held Saturday, April 28, and Sunday, April 29, at St.

Joan of Arc Church. All high-school teens in grades 9-12 are invited and encouraged to attend. This year's retreat will be led by an NET Ministries team of dedicated Catholic young adults, who have been well trained to share and express their faith through talks, witnesses, music, games, dramas and other activities. The retreat also will feature small-group sessions, a chance for fellowship with other teens, Eucharistic adoration, Mass and an opportunity for the sacrament of reconciliation. All attending must submit a completed registration form and payment. Cost is \$35 per teen or adult chaperone, which includes meals, retreat materials and a T-shirt. To register, fill out a registration form and submit with a check made out to St. Joan of Arc Church. Registration deadline is April 15. For more information, visit the Web site at www.saintjoan.org or contact Brian Campbell at 765-865-9967 or bcampbell@saintjoan.org.

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First-grade students of St. Mary Cathedral School in Lafayette recently portrayed the Stations of the Cross.

(Photos by Sarah L. Murphy)



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'Stations of the Cross Workout' combines faith, fitness

By **Caroline B. Mooney**
The Catholic Moment

CARMEL — Parishioners of Our Lady of Mt. Carmel Parish were offered a new take on the Stations of the Cross this Lenten season.

The "Stations of the Cross Workout" combines exercise with prayer for each station.

"It aims to help people grow closer to Christ by experiencing the fatigue and effort that Jesus suffered for us in his Passion and death," said Tim Fletcher, assistant principal of Our Lady of Mt. Carmel School. While attending a conference, he saw the workout, which was created by SportsLeader, a Catholic virtue-based formation program for coaches.

Fletcher brought the program to Our Lady of Mt. Carmel and asked parishioner Tim Griffin to lead it.

"Tim has led the stations workout each Sunday night during Lent, and it's a really great thing," Fletcher said. "I've gone every week and it is a tough workout. We've had 25 to 45 people coming weekly — parents with young kids, middle-aged to older parishioners, and one week our whole lacrosse team came.

"Tim's message is to just keep moving and do as much as you can," he said. "One of the things I really enjoy about it is that the stations' hardest exercises show when it was really toughest

for Jesus. It really emphasizes just how tough Jesus really was. We often think of Jesus as compassionate and gentle, but he was the ultimate in toughness in the Passion. There are great connections in the exercises that show you have to have commitment and perseverance to be tough in life."

Griffin, a Carmel firefighter and fitness trainer for his fellow firefighters, tells participants to just do their best at each exercise throughout the 14 stations.

After starting the Sunday evening workouts, Griffin approached Katie Gardner, physical education teacher for third- through eighth-graders at Our Lady of Mt. Carmel School, because he thought the workout would be a great experience for students.

"Of course we warmly welcomed him into the gym to work with the seventh- and eighth-grade classes," Gardner said. "The main thing I saw is that students know the exercises, they know

how to work out, and they know the Stations of the Cross. Being able to connect those and become closer to Christ through a piece of the sacrifice that he made is huge.

"(Tim) tells the students how to apply virtues in everyday life, offering reflections as they work through the exercises. Then they can connect those to daily life



(Photos by Caroline B. Mooney)

experience that they might have in junior high," she said.

For example, at the First Station — Jesus is Condemned to Death — Griffin said it's often hard to go to workouts.

"We get lazy, we have bad days, and we don't want to wake up. ... Jesus did nothing wrong and was condemned to death. Do we ever thank him for that? Let's thank him by giving him our best workout with our best effort," he said.

He then had the students do 25 pushups while thinking about gratitude.

At the Second Station — Jesus Carries His Cross — Griffin said, "Not only is Jesus sentenced to death, he has to carry the wood that he will be nailed to. He's determined to finish the task. How determined are we to start a task and finish it? Whether it's in sports, with our families or our faith — how much determination do you have in

starting a task? Determination is what you need when something is difficult."

The exercise was 50 seated twists, or as many as each student could do.

"I liked how Mr. Griffin explained that Jesus went through the brutality of what the Romans did to him even after he was scourged, spit on, carried the cross, and then was nailed to the cross," said seventh-grader Luke Sullivan. "When I go through a hard time during the day, sometimes I will look at the crucifix in my classroom and think my struggles, pain and hurt are nothing compared to what Our Lord Jesus Christ did for us on the cross."

Griffin has been doing his own personal challenge of 100 squats each day, and he decided to gear that to Lent.

"It's a time to reflect on bettering our bodies, but also for Jesus and his Passion," he said. "It's so important today — we are moti-

vating others and giving them courage. It's easy to have courage when things are going well, but tough when things are hard. We are incorporating faith with exercises. The one body we are given is precious and we need to take care of it. We want people to enjoy fitness, so this brings faith and fitness together."

Seventh-grader Olivia McKinney said the class was "really cool because the workout may have been hard, but using the stations made you think about how Jesus went through so much more. And that motivated us through the workout."

Classmate Jacob Modleski said he has been to "plenty of workouts, but this was a new one like none other. It had a lot of meaning and purpose to it and I think everybody enjoyed it. This was in-depth and Mr. Griffin's stories helped to round off the experience."



Tim Griffin

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The CYO (Catholic Youth Organization) of Immaculate Conception Parish in Portland recently hosted its first Lenten fish fry along with a



bake sale. The CYO includes youth in grades 5 through 12. (Photos provided)