



5TH SUNDAY IN ORDINARY TIME

February 8, 2026

GLORIFY YOUR
HEAVENLY FATHER.

MATTHEW 5:16

Christ the King Catholic Church

1811 Seymour Ave. • Flint, MI 48503

www.ChristtheKingParishFlint.org

Mission Statement

Christ the King Roman Catholic Church is a faith community founded in the African American culture to answer God's "Call" to be a guiding light and disciples of our Lord Jesus Christ. Through our gifts and talents, we strive to evangelize and minister to our entire multi-ethnic community.

Phone (810) 233-0402
Fax (810) 963-2182
Email ChristtheKingFlint@gmail.com

If you have an emergency after the office is closed, please call (810)235-1812 and someone will return your call.

Please call the office to make appointments for sacraments, funerals, parish registration, marriage preparation (9 months in advance), jail visits, house blessings, homebound ministry, and for information about the Church.

Scripture Readings For the Week of February 8, 2025

Sunday—Fifth Sunday in Ordinary Time

Is 58:7-10; Ps 112:4-5, 6-7, 8-9; 1 Cor 2:1-5; Mt 5:13-16

Monday 1 Kings 8:1-7, 9-13; Ps 132:6-7, 8-10; Mk 6:53-56

Tuesday—Memorial of Saint Scholastica, Virgin

1 Kings 8:22-23, 27-30; Ps 84:3, 4, 5 and 10, 11; Mk 7:1-13

Wednesday 1 Kings 10:1-10; Ps 37:5-6, 30-31, 39-40; Mk 7:14-23

Thursday 1 Kings 11:4-13; Ps 106:3-4, 35-37 and 40; Mk 7:24-30

Friday 1 Kings 11:29-32; 12:19; Ps 81:10-11ab, 12-15; Mk 7:31-37

Saturday—Memorial of Saints Cyril, Monk and Methodius,

Bishop 1 Kings 12:26-32, 13:33-34; Ps 106:6-7ab, 19-20, 21-22; Mk 8:1-10

Sunday—Sixth Sunday in Ordinary Time

Sir 15:15-20; Ps 119:1-2, 4-5, 17-18, 33-34; 1 Cor 2:6-10; Mt 5:17-19 or Mt 5:20-22a, 27-28, 33-34a, 37



Office Hours—By Appointment

Tuesday—Wednesday 10:00am-2:00 pm

Administrator Fr. Tom Firestone
Office Manager Stephanie Murphy

Sunday Mass 9:00 am
Confession after Mass Wednesday
Daily Mass Wednesday 11:00 am

The deadline for bulletin submission is 10:00am on Tuesdays. Email parish events to the office.

Mass Intentions & Candle Remembrance

Sunday, February 8, 2026

9:00 am +Kathleen Moore
Req. by Robin L. Johnson

Wednesday, February 11, 2026

11:00 am +Joe Green
Req. by Jeanette Mansour

Sunday, February 15, 2026

9:00 am +Carol Revard
Req. by Dennis Revard

Wednesday, February 18, 2026

11:00 am +Jackie Stephenson
Req. by Kathy Mercier

The Mass Intention book is open for 2026. Please stop by the office to have your intention noted.

Stewardship

January 25, 2026

Offertory	\$2362
Poor Box	\$45
Building	\$170
Funeral Repast	\$70
Total	\$2647

Online Giving January 2026

Offertory	\$5966
Poor Box	\$175
Building	\$50
Total	\$6191

Please Pray For:

Renae Banks-Rowser
Christopher Boehm
Preston Boehm
Ollie Brown
Annalynn C.
Alex Chan

Lorene Ferguson
James Harrison
Dave Kronner
Aurelia LaValley
Sue Martinus
Thaddeus McCain
Charles Metcalfe
Debroah Metcalfe

Johnnie Metcalfe
Curtis Mitchell
Anita Myles
Wanda Nichols
Nina Poole
John Prince
Roberta Rouse
Joe Rowler

Carolyn Schannon
Fr. Phil Schmitter
Barbara Seneski
Mama Sol
Barbara Staton
Velma Stewart
Ernelle Taylor
Camille Turner

Savanna Vaughn
Troy Vaughn
Darlene Verdun
Loretta Washburn
Nancy White

A Low-Salt Faith

Tom Schmidt

Jesus uses two different examples of a good disciple—salt of the earth and light of the world. While these images seem to have little in common, there are similarities, the most obvious being that a little of either goes a long way. Just a pinch of salt can change the taste of food. Similarly, when we wake up in a dark room, one light bulb can be blinding. So also, a little faith can make a big difference. The faith of little children can bring their parents back to the Church. The way we live our faith can speak even louder.

Isaiah gives us some hints in the first reading when he writes about feeding the hungry and giving shelter to the homeless and clothes to the poor. When someone has so much faith that it shows in their actions, as Isaiah puts it, “Your light shall break forth like the dawn.” But we sometimes get things backwards. If we do the things Isaiah tells the people to do, we might think that the deeds will give us faith. But faith is the source of those actions, not the result. If we truly believe in God’s love for us, and we believe that God lives in the people around us, especially the poor, then we will want to show our love by caring for each other.

When we do have faith, we don’t have to worry about how people react to us. Like St. Paul in the second reading, we don’t need to be dramatic or full of worldly wisdom. As he preached the wisdom of Christ who died on the cross and was raised from the dead by the power of the Spirit, he let people see that power in the lives of other believers as well as his own life.

But if we don’t have faith, then we are like the salt that has lost its flavor. A low-salt diet may be good for us; but a low-salt faith, instead of making things better, would make them worse. Without faith in God’s love for us, we would not respond with love of our own. We could still be a good person, but we would not be a very good disciple. We could not spread the faith if we didn’t have it ourselves.

St. Josephine Bakhita (c. 1869-1947) February 8

Peter Scagnelli

“Save Darfur!” That cry echoes around the world and in the heart of the Church, where a child of Darfur is one of our newest saints: Josephine (her baptismal name) Bakhita (“Lucky One,” the slave-traders’ nickname). Kidnapped at nine, sold in Sudan’s slave-markets, flogged daily till covered with scars, Bakhita was finally bought by Italians and taken to Italy. There Bakhita discovered a “Master” who had himself been flogged to redeem her from slavery! “I am truly loved,” she thought, “and awaited by this Love.” Baptized, she often kissed the baptismal font, exclaiming, “Here I became a daughter of God!” For fifty years as a Daughter of Charity, Bakhita provided cheerful hospitality to all who knocked at the convent door. In her final illness, she relived slavery’s horror: “Please, loosen these chains,” she begged the nurse. “They are so heavy!” Her last words were: “Our Lady! Our Lady!” John Paul II canonized her in the Jubilee Year 2000, praising God for leading her “from abject slavery to the dignity of being your daughter and the Bride of Christ.”



February 18, 2026

11:00am

LENT BEGINS NOW

Remember that you are dust and to dust you shall return