



ST LUKE'S & ST IGNATIUS

Oxon Hill
Roman Catholic Church

MASSES

Saturday 4:30 pm [anticipated]
Sunday 8 am, 9:30 am, 11 am

*Daily Mass in the chapel
Monday-Friday at 9 am
Saturday at 10 am
(First Saturdays in the church)*

CONFESSIONS

Saturday 9-9:45 am
*in the chapel
(in the church on 1st Saturdays)*

3:30-4:15 pm
in the church

Tuesday 6:30-7:30 pm
in the church

HOLY HOURS

*confessions &
eucharistic adoration*

Tuesday 10 am
in the chapel following the 9 am Mass

First Saturday 9 am
in the church followed by Mass at 10 am

Rev. John Vidal, pastor
Rev. Jason Catania, parochial vicar
Rev. David Ousley, assisting priest

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WELCOME to all our visitors! We ask that you fill out the visitor's card found in the narthex of the church (ask an usher!). We offer a Mass once a month for the needs and intentions of those who visit our parish.

THE ANNUAL APPEALS

Both the Archdiocese of Washington and the Ordinariate of the Chair of Saint Peter are running their annual appeals now. Please give generously to support the work of your diocese.

SHROVE TUESDAY PANCAKE SUPPER

Lent is coming. Ash Wednesday is February 22nd. And so Shrove Tuesday is February 21st. Once again, the Knights of Columbus will be holding a Shrove Tuesday Pancake Supper from 5 to 7 pm. Tickets are \$5/person or \$15/family.

Come and have a Fat Tuesday, and get shriven-- confessions will be heard in the chapel throughout the dinner.

ECHOES OF THE ANCIENT:

A CHORAL SACRED MUSIC SHOWCASE

Saturday 18 February at 7 pm at Holy Comforter-Saint Cyprian Church [1357 East Capitol Street SE in DC] FREE sacred choral music concert, featuring the vocals of Lux, and in collaboration with Called to Create. This showcase will feature settings from the up-and-coming generation of Catholic composers, including three works by our organist Michael Taylor. Come experience the present and future of sacred music in the atmospheric acoustics of HCSC church. A light reception, including a chance to meet and greet some of the composers, to follow.

YOU CAN GIVE ONLINE!

venmo



Or TEXT 301-231-1333

to give to St. Luke's;
301-900-5871

to give to St. Ignatius.

Both one-time and recurring donations can be made in this way. It's quick and easy.

12 FEBRUARY 2023

THE FOURTH SUNDAY BEFORE LENT SEXAGESIMA

FIRST READING *Sirach 15: 15-20*

If you will, you can keep the commandments, they will save you; if you trust in God, you too shall live. He has placed before you fire and water: stretch out your hand for whichever you wish. Before a man are life and death, good and evil, and whichever he chooses will be given to him. For great is the wisdom of the Lord; he is mighty in power and sees everything. The eyes of the LORD are on those who fear him, and he knows every deed of man. He has not commanded any one to be ungodly, and he has not given any one permission to sin.

RESPONSORIAL PSALM *Psalms 119: 1-2, 4-5, 17-18, 33-34*

℟ Blessed are those who walk in the law of the Lord!

Blessed are those whose way is blameless,
who walk in the law of the Lord!

Blessed are those who keep his testimonies,
who seek him with their whole heart. ℟

You have commanded your precepts to be kept diligently.
O that my ways may be steadfast in keeping your statutes!
℟

Deal bountifully with your servant, that I may live and
observe your word.

Open my eyes, that I may behold wondrous things out of
your law. ℟

Teach me, O Lord, the way of your statutes;
and I will keep it to the end.

Give me understanding, that I may keep your law
and observe it with my whole heart. ℟

SECOND READING *1 Corinthians 2: 1-5*

Brethren: Among the mature we do impart wisdom, although it is not a wisdom of this age or of the rulers of this age, who are doomed to pass away. But we impart a secret and hidden wisdom of God, which God decreed before the ages for our glorification. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the heart of man conceived, what God has prepared for those who love him," God has revealed to us through the Spirit. For the Spirit searches everything, even the depths of God.

GOSPEL *Matthew 5: 17-37*

At that time: Jesus said to his disciples: "Do not think that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law

until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. You have heard that it was said to the men of old, 'You shall not kill; and whoever kills shall be liable to judgment.' But I say to you that every one who is angry with his brother shall be liable to judgment; whoever insults his brother shall be liable to the council, and whoever says, 'You fool!' shall be liable to the hell of fire. So if you are offering your gift at the altar, and there remember that your brother has something against you, leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift. Make friends quickly with your accuser, while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison; truly, I say to you, you will never get out till you have paid the last penny. You have heard that it was said, 'You shall not commit adultery.' But I say to you that every one who looks at a woman lustfully has already committed adultery with her in his heart. If your right eye causes you to sin, pluck it out and throw it away; it is better that you lose one of your members than that your whole body be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better that you lose one of your members than that your whole body go into hell. It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that every one who divorces his wife, except on the ground of unchastity, makes her an adulteress; and whoever marries a divorced woman commits adultery. Again you have heard that it was said to the men of old, 'You shall not swear falsely, but shall perform to the Lord what you have sworn.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let what you say be simply 'Yes' or 'No'; anything more than this comes from the Evil One."

PROCESSIONAL HYMN

#346 *Fairest Lord Jesus*

OFFERTORY HYMN

#564 *How Firm a Foundation*

RECESSIONAL HYMN

#323 *Jesus, Name of Wondrous Love*

THE MASS ACCORDING TO DIVINE WORSHIP

promulgated in 2015 by the Vatican's Congregation for the Doctrine of the Faith

ASPERGES ME [11 AM] p. 36 in the pew missal

1st time Cantor

Thou shalt purge me* with hys - sop, O Lord,
All
and I shall be clean: Thou shalt wash me,
Cantor
and I shall be whi - ter than snow.
Psalm 51 Have mer - cy upon me, O God, af - ter thy great good - ness:*
All
ac - cor - ding to the multitude of thy mercies, do a - way
Cantor
mine of - fen - ces. Glo - ry be to the Father,
All
and to the Son, and to the Ho - ly Ghost:*
All
as it was in the beginning, is now, and e - ver shall be,
All
world with - out end. A - men. Thou shalt purge me. ...

Priest: O Lord, show thy mercy upon us. (Alleluia.)

People: **And grant us thy salvation.** (Alleluia.)

Priest: O Lord, hear my prayer.

People: **And let my cry come unto thee.**

Priest: The Lord be with you.

People: **And with thy spirit.**

Priest: Let us pray.

O LORD, holy Father, Almighty, everlasting God, we beseech thee to hear us; and vouchsafe to send thy holy Angel from heaven, to guard and cherish, protect and visit, and evermore defend all who are assembled in this place; through Christ our Lord. Amen.

THE INTRODUCTORY RITES

PROCESSIONAL HYMN #346 *Fairest Lord Jesus*

INTROIT *Exsurge, quare obdormis* [Cf. Psalm 44: 23-26, 1]

Arise, O Lord, wherefore sleepest thou? Awake, and cast us not away for ever: wherefore hidest thou thy countenance, and forgettest our adversity and misery? Our belly cleaveth unto the ground; arise and save us, O Lord, our helper and our deliverer. *Ps.* O God, we have heard with our ears: our fathers have told us

All, standing, sign themselves with the Sign of the Cross,

whilst the Priest, facing the altar, sings or says:

✠ In the Name of the Father, and of the Son, and of the Holy Spirit.

The People respond: Amen.

THE COLLECT FOR PURITY

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

THE SUMMARY OF THE LAW

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the Law and the Prophets.

KYRIE [4:30 PM] #710 *Second Service* [Willan] ALL
[11 AM] *Missa brevis No. 2* [Willan] choir

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

When appointed, the Gloria is sung or said, all standing.

THE COLLECT OF THE DAY

The Lord be with you.

People: And with thy spirit.

Priest: Let us pray.

O Lord God, who seest that we put not our trust in any thing that we do: mercifully grant that by thy power, we may be defended against all adversity; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, ever one God, world without end. **Amen.**

THE LITURGY OF THE WORD

Then the reader proclaims the reading while all sit and listen.

THE FIRST READING *Sirach 15: 15-20* [pg.2]

The Word of the Lord.

People: Thanks be to God.

THE GRADUAL *Sciant gentes* [Psalm 83: 18, 13]

Let the nations know that thou, whose Name is the Lord: art only the Most Highest over all the earth. V. O my God, make them like unto the whirling dust: and as the stubble before the wind.

THE SECOND READING *1 Corinthians 2: 6-10* [pg.2]

THE GOSPEL ACCLAMATION

TRACT *Commovisti* [Psalm 60: 2, 4b, 5]

Thou hast moved the land, O Lord: and divided it.

☩ Heal the sores thereof: for it shaketh.

☩ That they may triumph because of the truth: that thy beloved may be delivered.

When appointed, the Sequence follows. All stand.

THE GOSPEL *Matthew 5:17-37* [pg.2]

The Lord be with you.

People: And with thy spirit.

A reading from the holy Gospel according to N.

People: Glory be to thee, O Lord.

After the Gospel, the Deacon or Priest sings or says:

The Gospel of the Lord.

People: Praise be to thee, O Christ.

THE HOMILY

11 AM

[11 AM] PRESENTATION OF

MICHAEL & KAYLEE PAYNE

for Reception into the Church and Confirmation

THE NICENE CREED *Anglican Folk Mass* [Shaw] ALL

I BELIEVE in one God, **the Father Almighty, maker of heaven and earth, and of all things visible and invisible; And in one Lord Jesus Christ, the Only Begotten Son of God, begotten of his Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father; by whom all things were made; who for us men and for our salvation came down from heaven,**

Genuflect

and was incarnate by the Holy Ghost of the Virgin Mary, and was made man;

Stand

and was crucified also for us under Pontius Pilate; he suffered and was buried; and the third day he rose again according to the Scriptures, and ascended into heaven, and sitteth on the right hand of the Father; and he shall come again, with glory, to judge both the quick and the dead; whose kingdom shall have no end.

And I believe in the Holy Ghost the Lord, the Giver of Life, who proceedeth from the Father and the Son; who with the Father and the Son together

is worshipped and glorified;

who spake by the Prophets.

And I believe one holy Catholic and Apostolic Church;

I acknowledge one Baptism for the remission of sins;

and I look for the resurrection of the dead,

✠ and the life of the world to come. Amen.

11 AM

THE PROFESSION OF FAITH

PRAYER OVER THE CANDIDATE

Our help is in the Name of the Lord;

People: Who hath made heaven and earth.

Blessed be the Name of the Lord;

People: Now and forever.

O Lord, hear our prayer;

People: And let our cry come unto thee.

THE CONFIRMATION

THE PRAYERS OF THE PEOPLE

Let us offer our prayers to Almighty God.

Father, we pray for thy holy Catholic Church;

People: That we all may be one.

Grant that every member of the Church may truly and humbly serve thee;

People: That thy Name may be glorified by all people.

We pray for our Holy Father, Pope N., N., our Bishop, and for all Bishops, Priests, and Deacons;

People: That they may be faithful ministers of thy Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

People: That they may work for thy peace on earth.

Give us grace to do thy will in all that we undertake;

People: That our works may find favour in thy sight.

Have compassion on (N. and on) those who suffer from any grief or trouble;

People: That they may be delivered from their distress.

Give to (N. and to) all the departed eternal rest;

People: And let light perpetual shine upon them.

We praise thee for the Blessed Virgin Mary, (for Saint N.,) and for all thy Saints who have entered into joy;

People: May we also come to share in thy heavenly kingdom.

The Priest concludes with a Collect appointed for use .

THE PENITENTIAL RITE

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of

God, and walking from henceforth in his holy ways: draw near with faith, and make your humble confession to Almighty God, meekly kneeling upon your knees.

The People kneel. Silence may be kept, and then the Priest, and the People join in saying:

Almighty God, **Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy Name; through Jesus Christ our Lord. Amen.**

The Priest says:

May Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy on us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and bring us to everlasting life; through Jesus Christ our Lord. Amen.

THE COMFORTABLE WORDS

Hear what comfortable words our Saviour Christ saith unto all who truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you. *Matthew 11:28*

God so loved the world, that he gave his Only Begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *John 3:16*

Hear also what Saint Paul saith:

This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1:15*

Hear also what Saint John saith:

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins (and not for ours only, but for the sins of the whole world). *1 John 2:1 2*

THE LITURGY OF THE EUCHARIST

OFFERTORY *Perfice gressus meos* [Psalm 17: 5, 6b, 7]
O hold thou up my goings in the paths, that my footsteps slip not; incline thine ear to me, and hearken unto my

words: show thy marvellous loving-kindness, O Lord; thou that art the Saviour of them that put their trust in thee.

OFFERTORY HYMN #564 *How Firm a Foundation*

Priest: Pray, brethren, that my sacrifice and yours may be acceptable unto God, the Father Almighty.

The People stand and respond:

May the Lord accept the sacrifice at thy hands, for the praise and glory of his Name, for our good and the good of all his holy Church.

THE PRAYER OVER THE OFFERINGS

The Priest sings or says the Prayer over the Offerings, at the end of which the People acclaim: Amen.

THE EUCHARISTIC PRAYER

The Priest then begins the Eucharistic Prayer with the Preface Dialogue. The Priest sings or says:

The Lord be with you.

People: And with thy spirit.

Lift up your hearts.

People: We lift them up unto the Lord.

Let us give thanks unto the Lord our God.

People: It is meet and right so to do.

The Priest sings or says the Preface.

At the end of the Preface he concludes the Preface with the People, saying:

SANCTUS [4:30 PM] #797 *Second Service* [Willan] ALL
[11 AM] *Missa brevis No. 2* [Willan] choir

HOLY, HOLY, HOLY, Lord God of Hosts:

heaven and earth are full of thy glory.

Glory be to thee, O Lord Most High.

✠ Blessed is he that cometh in the Name of the Lord. Hosanna in the Highest.

THE ROMAN CANON

The People kneel. The Priest says:

THEREFORE, most merciful Father, we humbly pray thee, through Jesus Christ thy Son our Lord, and we ask, that thou accept and bless these gifts, these offerings, these holy and unblemished sacrifices.

WE offer them unto thee, first, for thy holy Catholic Church: that thou vouchsafe to keep her in peace, to guard, unite, and govern her throughout the whole world; together with thy servant N., our Pope, N., our Bishop, (or N., our Ordinary), and all the faithful guardians of the catholic and apostolic faith.

COMMEMORATION OF THE LIVING

REMEMBER, O Lord, thy servants and handmaids (N. and N.) and all who here around us stand, whose faith is known unto thee and their steadfastness manifest, on whose behalf we offer unto thee, or who themselves offer unto thee this sacrifice of praise; for themselves, and for all who are theirs; for the redemption of their souls, for the hope of their health and well-being; and who offer their prayers

unto thee, the eternal God, the living and the true.

WITHIN THE ACTION

UNITED in one communion, we venerate the memory, first of the glorious ever-Virgin Mary, Mother of our God and Lord Jesus Christ; of Blessed Joseph her spouse; as also of thy blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus; Linus, Cletus, Clement, Xystus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian, and of all thy Saints; grant that by their merits and prayers we may in all things be defended with the help of thy protection.

WE beseech thee then, O Lord, graciously to accept this oblation from us thy servants, and from thy whole family; order thou our days in thy peace, and bid us to be delivered from eternal damnation, and to be numbered in the fold of thine elect.

VOUCHSAFE, O God, we beseech thee, in all things to make this oblation blessed, approved, and accepted, a perfect and worthy offering; that it may become for us the Body and Blood of thy dearly beloved Son, our Lord Jesus Christ.

Who the day before he suffered, took bread into his holy and venerable hands, and with eyes lifted up to heaven, unto thee, God, his almighty Father, giving thanks to thee, he blessed, broke and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT:
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.

He genuflects, shows the consecrated Host to the People, places it on the paten, and again genuflects in adoration. He continues:

Likewise, after supper, taking also this goodly chalice into his holy and venerable hands, again giving thanks to thee, he blessed, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY BLOOD,
THE BLOOD OF THE NEW AND ETERNAL
COVENANT, WHICH WILL BE Poured OUT FOR
YOU AND FOR MANY FOR THE FORGIVENESS OF
SINS.

DO THIS IN MEMORY OF ME.

Then he sings or says:

The mystery of faith:

And the People, or Choir, continue, acclaiming:

O Saviour of the world, who by thy Cross and precious Blood hast redeemed us: save us and help us, we humbly beseech thee, O Lord.

WHEREFORE, O Lord, we thy servants, and thy holy people also, remembering the blessed Passion of the same Christ thy Son our Lord, as also his Resurrection from the

dead, and his glorious Ascension into heaven; do offer unto thine excellent majesty of thine own gifts and bounty, the pure victim, the holy victim, the immaculate victim, the holy Bread of eternal life, and the Chalice of everlasting salvation.

Vouchsafe to look upon them with a merciful and pleasant countenance; and to accept them, even as thou didst vouchsafe to accept the gifts of thy servant Abel the righteous, and the sacrifice of our patriarch Abraham; and the holy sacrifice, the immaculate victim, which thy high priest Melchisedech offered unto thee.

We humbly beseech thee, Almighty God, command these offerings to be brought by the hands of thy holy Angel to thine altar on high, in sight of thy divine majesty; that all we who at this partaking of the altar shall receive the most sacred Body and Blood of thy Son, may be fulfilled with all heavenly benediction and grace.

COMMEMORATION OF THE DEAD

REMEMBER also, O Lord, thy servants and handmaids, (N. and N.), who have gone before us sealed with the seal of faith, and who sleep the sleep of peace. To them, O Lord, and to all that rest in Christ, we beseech thee to grant the abode of refreshing, of light, and of peace.

TO us sinners also, thy servants, who hope in the multitude of thy mercies, vouchsafe to grant some part and fellowship with thy holy Apostles and Martyrs; with John, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicitas, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia, and with all thy Saints: within whose fellowship, we beseech thee, admit us, not weighing our merit, but granting us forgiveness;

THROUGH Jesus Christ our Lord, through whom, O Lord, thou dost ever create all these good things; dost sanctify, quicken, bless, and bestow them upon us.

BY whom and with whom and in whom, to thee, O Father Almighty, in the unity of the Holy Spirit, be all honour and glory throughout all ages, world without end.

The People respond: Amen. The People stand.

THE COMMUNION RITE

As our Saviour Christ hath commanded and taught us, we are bold to say,

OUR Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

The Priest alone continues:

Deliver us, O Lord, we beseech thee, from all evils, past, present, and to come; and at the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, with thy blessed Apostles Peter and Paul, and with Andrew, and all the Saints, favourably grant peace in our

days, that by the help of thine availing mercy we may ever both be free from sin and safe from all distress.

The People respond:

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE PEACE

O LORD Jesus Christ, who saidst to thine Apostles, Peace I leave with you; my peace I give unto you: regard not our sins, but the faith of thy Church; and grant to her peace and unity according to thy will; who livest and reignest with the Father and the Holy Spirit, ever one God, world without end. Amen.

The peace of the Lord be always with you.

People: And with thy spirit.

The People kneel.

As the Priest takes the Host and breaks it, he sings or says:

(Alleluia.) Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast. (Alleluia.)

Then the Agnus Dei is sung or said:

AGNUS DEI [4:30 PM] #712 *Second Service* [Willan] ALL
[11 AM] *Missa brevis No. 2* [Willan] choir

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

PRAYER OF HUMBLE ACCESS

WE do not presume to come to this thy Table,

O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies.

We are not worthy so much as to gather up the crumbs under thy Table.

But thou art the same Lord

whose property is always to have mercy.

Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his Blood,

that our sinful bodies may be made clean by his Body, and our souls washed through his most precious Blood, and that we may evermore dwell in him, and he in us. Amen.

The Priest genuflects, and, turning to the People, holds the Host slightly raised above the paten or the Chalice and says:

Behold the Lamb of God, behold him that taketh away the sins of the world. Blessed are those who are called to the Supper of the Lamb.

The People respond together with Priest [said once or three times, according to custom]:

Lord, I am not worthy that thou shouldst come under my roof, but speak the word only, and my soul

shall be healed.

During the distribution of Holy Communion, appropriate hymns, psalms, or anthems may be sung.

COMMUNION *Introibo* [Psalm 43: 4]

I will go unto the altar of God: even unto the God of my joy and gladness.

COMMUNION MOTET *Ave Verum* [Byrd]

After Communion, silence may be kept.

Then the Priest standing and the People kneeling, the Priest and the People together, say the following:

ALMIGHTY and everliving God,
we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom, by the merits of the most precious death and Passion of thy dear Son. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Spirit, be all honour and glory, world without end. Amen.

Then the Priest says: Let us pray.

Then the Priest says the Postcommunion Prayer, at the end of which the People acclaim: Amen.

THE CONCLUDING RITES

Turning to the People, the Priest says:

The Lord be with you.

People: And with thy spirit.

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, ✠ the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. Amen.

Then the Deacon, or the Priest sings or says:

Depart in peace.

Thanks be to God.

The People stand.

THE LAST GOSPEL

RECESSIONAL HYMN #323 *Jesus, Name of Wondrous Love*

REMEMBER IN YOUR PRAYERS *All who are suffering or sick and all caregivers who minister to the sick:* Ginni Lamp Thomas, Fr. Gus Peters, Cate Mueller, Don Seward, Chelsea Ransom, Lorraine Killion, Marie Norment, Theresa Koshut, Jackie Windsor, Jack Figel, Sonya Estrada, Dave Hoppe, Barbara Manning; Andy, Paula, and Marian Luther; Jackie Chancio, Carollyn Grimm, Mark Mangione, Richard Thompson, Harold Joyce, Levi Harris, Joanne Newsom, Anne Marie Whittaker, Greg and Felicia Yohe, Joe Coleman, John Hogan, Danny Hart, Amy Howard, Mary Morehead and family, Curtis Bailey, Leondre Massey, Sister Constance Ward, Mark Anthony Turner, Rachel Fisher, Patricia Ransom, Beverly A. Woods, Kerianna Prather.; C.A., E.D., E.G., W.B., and J.M. *Please call or email the office to add a name to the prayer list. **Before calling, please be sure you have spoken to the person [or a member of his family] about adding the name—we do not want to inadvertently disregard someone's desire for privacy.***

MASS INTENTIONS

Saturday, 11 February

Anticipated Mass for the Sexagesima

4:30 pm pro populo

Sunday, 12 February

Sexagesima, the Second Sunday before Lent

8 am Anna Anderson +

9:30 am the forgotten dead in our churchyard +

11 am Peter Hollimon + [month's mind]

Monday, 13 February

Pre-Lenten Feria

9 am Andy Luther

Tuesday, 14 February

Cyril, Monk, and Methodius, Bishop

9 am those who have wronged the Madan-Casas family

Wednesday, 15 February

Pre-Lenten Feria

9 am the Guinivan family

Thursday, 16 February

Pre-Lenten Feria

9 am Theresa Koshut

Friday, 17 February

The Seven Holy Founders of the Servite Order

9 am William Rutherford Dennis +

Saturday, 18 February

Pre-Lenten Feria

10 am Edith Marsh +

Anticipated Mass for the Chair of Peter [transferred]

4:30 pm pro populo

Sunday, 19 February

Solemnity of the Chair of Saint Peter the Apostle

8 am Elizabeth Carter +

9:30 am visible unity in the Church

11 am Miles Coverdale +

ARE ALL BAD THOUGHTS SINFUL?

Every time as we recite “I confess to Almighty God ...”, we are reminded of four kinds of sin: in thought, word, deed, and omission. In fact, if temptation usually comes to us from the outside, sin always emerges from within our heart and mind, and requires our acquiescence and complicity.

Only intentional thoughts can be sinful

In His conversation with the Pharisees on what is pure and impure, Jesus points out that the things that sully a person are not those that enter into us “but the things that come out of a person’s mouth, come from the heart, these defile him. For out of the heart come evil thoughts—murder, adultery, sexual immorality, theft, false testimony, slander” (Matt. 15:18-19). The Sermon on the Mount also warns us of this (Matt. 5:22 and 28).

St. Augustine of Hippo indicates that men who abstain from evil deeds but not from evil thoughts cleanse their flesh but not their spirit. He gives a very graphic example of a man who lusts after a woman and doesn’t actually go to bed with her but does so in his thoughts. St. Jerome also shares this opinion: “It’s not the will to sin that this man lacks, it’s the opportunity”.

There are two different kinds of thoughts. Most of the time, we’re not talking about actual thoughts in a strictest sense of the word, but of things that go through our minds without us realizing it. These thoughts may lead us to temptation, but temptation is not a sin. St. Augustine emphasizes this: “it is not merely to be tickled by fleshly delight, but to fully consent to lust; so that the forbidden appetite is not restrained, but satisfied if opportunity should be given.” Only conscious thoughts are sinful (or virtuous) — they presuppose active thinking on our part, accepting a thought and developing it.

Becoming a master of one’s own thoughts

To this we must add that a chaotic train of “thought” is a part of human condition we’ve inherited since the fall of man. It perturbs the clarity, the serenity, and the intelligence of our hearts and minds. This is why we must patiently and decisively take control of our thoughts and desires. Let us make this Scripture verse from Philippians 4:8 our guiding principle: “Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable... think on these things ...”

From Are All Bad Thoughts Sinful?, by Fr. Alain Bandelier from aleteia.org, , 4 May 2020.