

# Celebrating 100 Years #WEAREINCARNATION

JOYFUL, WELCOMING, AND FAITH-FILLED, WE ARE THE BODY OF CHRIST ON OUR JOURNEY TO ETERNAL LIFE WITH GOD.

NOVEMBER 3, 2024 ★ THIRTY-FIRST SUNDAY IN ORDINARY TIME

#### **OUR CLERGY**

PASTOR:

Rev. Rodel Balagtas, D. Min

ASSOCIATE PASTOR:

Rev. Ramon Reyes

PRIESTS IN RESIDENCE:

Rev. Parker Sandoval

Msgr. Helmut Hefner

DEACONS:

Deacon Michael Morgan Deacon Dominic Pontrelli

#### PARISH INFORMATION

CHURCH LOCATION:

1001 North Brand Blvd. Glendale, CA 91202

MAILING ADDRESS:

121 West Glenoaks Blvd. Glendale, CA 91202

WEBSITE:

www.incaglendale.org

Office Email:

receptionist@incaglendale.org

OFFICE PHONE:

818-242-2579

OFFICE HOURS:

Monday – Friday:

9AM-12:30PM & 1PM-4:30PM

Sunday:

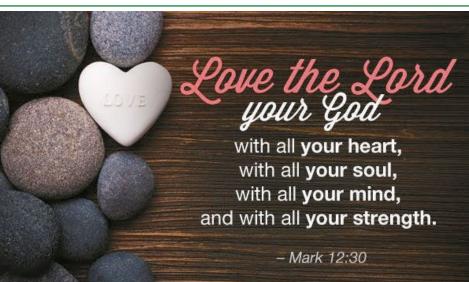
8:30AM - 1:30PM

#### PARISH SCHOOL

INCARNATION PARISH SCHOOL 123 West Glenoaks Blvd. Glendale, CA 91202

Dr. Colby Boysen, School Principal (818) 241-2269

Ms. Rosemarie Muscarella Pre-School Director (818) 241-2264



### SUNDAY READINGS #1183 IN THE HYMNAL (GATHER III)

#### WEEKDAY MASS SCHEDULE

Mon. – Sat. 8:30AM; Mon. – Fri. 5:30PM (Livestream: 5:30PM Wednesdays and Fridays including devotions.)

#### WEEKEND MASS SCHEDULE

Saturday: 5PM Vigil Mass;

Sunday: 7:30AM, 9AM (livestream), 10:30AM, 12PM, and 4PM

3rd Sunday of the month:

Mass in Tagalog 2PM preceded by devotions at 1:30PM Last Saturday of the month: Mass in Spanish 7PM

#### **CONFESSIONS**

Saturdays 3:30PM - 4:30PM

#### **DEVOTIONS**

Wed. 6:00PM (following 5:30PM Mass) Our Lady of Perpetual Help Novena Friday 4:30PM Holy Hour (First Friday: Novena to Sacred Heart of Jesus with Benediction) Church is open Monday to Thursday for private prayer from 9:00AM to 5:15PM and Fridays from 9:00AM to 4:30PM Holy Hour.

#### WEEKLY MASS INTENTIONS

# We continue to pray for our Candle Sponsors at all Masses

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Date	Mass	Mass Intention
Sat., Nov. 2	5:00PM	RIP: Magdalena Ignacio
Sun., Nov. 3	7:30AM	RIP: Esperanza G. Ramirez
Live Stream	9:00AM	RIP: Annette Valletta Tozzi
	10:30AM	RIP: Sam Pontrelli
	12:00PM	RIP: Raymundo Ronquillo
	4:00PM	RIP: Mike Marsh
Mon., Nov. 4	8:30AM	INT: Ferdinand Castro
	5:30PM	RIP: Rita Zulema Gonzales
Tue., Nov. 5	8:30AM	RIP: Mery Rojas Conrado Leyson
	5:30PM	RIP: Paula Espiritu
Wed., Nov. 6	8:30AM	INT: Ross Juan
	5:30PM	COLLECTIVE INTENTIONS:
· ·		rinta Bacani Tirao, Flor Alba Laverde rdinand B. Soriano
Thur., Nov. 7	8:30AM	RIP: Raymundo Ronquillo
	5:30PM	INT: Patricia Gatdula
Fri., Nov. 8	8:30AM	RIP: Rosario Salano Sidney Villaluna
	5:30PM	RIP: Nelly Obsequio



8:30AM

<u>Our Sick:</u> Rita Guild, Gloria Bueno, Cat Kazerouni, Lydia Manalansan, Loretta Pascual, Maria Lourdes Maniquis, Raquel Alcantara, Levi De Luna

<u>RECENTLY DECEASED:</u> Reynaldo Reyes, Romeo Tecson, Joseph Guiaya, Teresita Tesoro Santos



Sat., Nov. 9

# VIRTUS CERTIFICATION WORKSHOP

INT: Armando & Amanda Martinez

Saturday, November 9, 2024
9:00AM—late arrivals will not be admitted
Location: INCARNATION SCHOOL AUDITORIUM
To reserve your space, call Terri Ulbricht at
213-300-0070 or text first and last name to
the same number.

#### WEEKEND MASS PRESIDERS

Saturday, November 2		
5:00PM	Fr. Reyes	
Sunday, November 3		
7:30AM	Msgr. Hefner	
9:00AM	Fr. Reyes	
10:30AM	Fr. Balagtas	
12 Noon	Fr. Balagtas	
4:00PM	Fr. Sandoval	

Saturday, November 9		
5:00PM	Fr. Reyes	
Sunday, November 10		
7:30AM	Fr. Reyes	
9:00AM	Msgr. Hefner	
10:30AM	Fr. Reyes	
12 Noon	Fr. Balagtas	
4:00PM	Fr. Reyes	

#### **SUNDAY SCRIPTURES**

1ST READING: DEUTERONOMY 6:2-6

PSALM: Ps 18:2-3a, 3bc-4, 47 and 51ab

2ND READING: HEB 7:23-28 GOSPEL: Mk 12:28b-34



#### HERE TO SERVE YOU

**ADMINISTRATION** 

Deacon Michael Morgan 818-242-2579 ext.129

PRINCIPAL PARISH SCHOOL

Dr. Colby Boysen 818-241-2269

PARISH PRE-SCHOOL DIRECTOR

Rosemarie Muscarella 818-241-2264

DIRECTOR OF LITURGY & MUSIC

Fr. Ramon Reyes 818-242-2579 ext. 128

DIRECTOR OF FAITH FORMATION (CHILDREN & ADULTS)

Ruben Castorena 818-242-2579 ext. 127

DIRECTOR OF HOSPITALITY & SPECIAL EVENTS,

PASTORAL ASSISTANT

Marysol Velasco 818-242-2579 ext. 109

DIRECTOR OF COMMUNICATIONS & LITURGY ASSISTANT

Jackie Macabuhay 818-242-2579 ext. 114

YOUTH/CONFIRMATION

Jeb Favis 818-242-2579 ext. 135/213-842-9945

**CHRISTIAN INITIATION** 

ADULTS: Deacon Dominic Pontrelli 818-627-5595

CHILDREN: Ruben Castorena 818-242-2579 ext. 127

**BIBLE STUDY** 

Abe Razon 626.376.5661 or asrazon@gmail.com

ST. VINCENT DE PAUL SOCIETY

Angelo & Sylvia Puglisi 818-242-2579

BEREAVEMENT/FUNERALS/WEDDINGS/QUINCEAÑERAS Marysol Velasco 818-242-2579 ext. 109

KNIGHTS OF COLUMBUS

Casey Shea Email: knights17904@gmail.com

LEGION OF MARY

Elvira Maron Email: legionofmaryinca@gmail.com

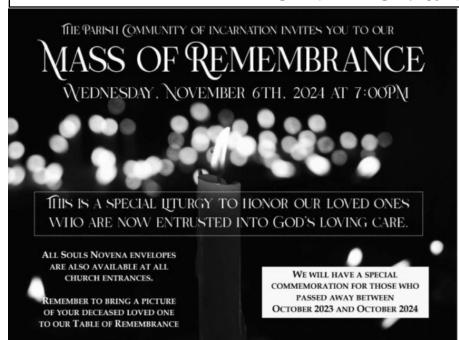
HEART OF JESUS CHARISMATIC PRAYER GROUP

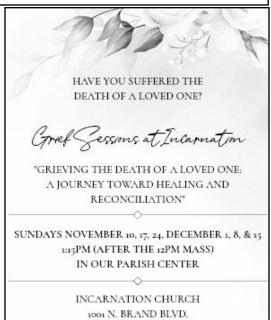
Jackie Macabuhay Email: hojprayergroup@gmail.com

LAZOS DE AMOR MARIANO (SPANISH PRAYER GROUP)

Mauro Garcia (310) 351-8978 majogagom@gmail.com

# FAITH FORMATION & LITURGY





CALL 818-242-2579 TO REGISTER

FAITH FORMATION (K-8) STILL HAS SPACE FOR NEW STUDENTS AND ON-GOING FORMATION

Registrations closing soon!



We begin with 9:00AM Mass.
Following Mass,
Students & Parents will meet in the
school.

CONTACT RUBEN CASTORENA 818-242-2579 OR EMAIL: faithformation@incaglendale.org

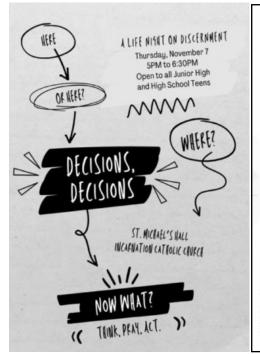
#### WHAT DO YOU SEEK?

Have you ever wondered how the Lord is guiding or encouraging you on your spiritual journey?

Do you want to grow to know how to deepen your relationship and to conform your inner life to Christ? Give yourself the opportunity to discover who you are in God; to let go of what is not working, to fully accept your life and forgive yourself and others?

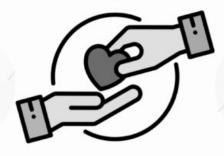
If you have questions or concerns or need guidance, contact your spiritual Fathers—Fr. Rodel Balagtas and Fr. Ramon Reyes. Call the parish office and schedule an appointment.





Incarnation Church Youth Ministry

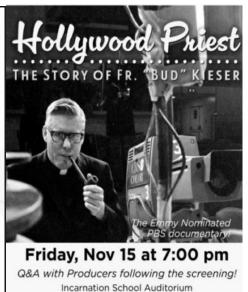
Healthy Relationships: Where Love Is, There God Is



CONFIRMATION YEAR 2 SESSION #3

Guest Speaker: Andre Nicdao Associate Coordinator, St. Brendan Church Confirmation Progran

Sunday, November 10, 2024 After the 4PM Mass School Auditorium



1001 N Brand Blvd, Glendale, CA 91202 FREE ADMISSION

# PARISH, SCHOOL AND COMMUNITY

#### VACCINE CLINIC AT INCARNATION



The Knights Of Columbus are partnering with LA County to sponsor a COVID/Flu shot vaccination clinic after Masses on Nov 10th from 8:30am-2pm. If you haven't had your vaccinations for this Fall/Winter season, please take advantage of this opportunity.

Walk-ups welcomed!

# INCARNATION PARISH SCHOOL STUDENTS WALK WITH THE CHURCH AT THE CROP WALK TO FIGHT AGAINST HUNGER



FOR WE ARE GOD'S MASTERPIECE, CREATED ANEW
IN CHRIST JESUS, SO WE CAN DO THE GOOD THINGS
HE PLANNED FOR US LONG AGO

-EPHESIANS 2:10



LEARN MORE ABOUT THE VALUE OF A CATHOLIC
EDUCATION FOR TK-8TH GRADE STUDENTS

WWW.INCASCHOOL.ORG

818-241-2269 OR ADMISSIONS@INCASCHOOL.ORG

# Save the Date!

Our Busy Fingers Knitting Group is busy preparing their handmade items to sell on

Sunday, November 24th

plan to shop early!

# CONCERT TICKETS ON SALE AFTER ALL THE SUNDAY MASSES!



# WINTER Thoral Concert





Choirs of Incarnation

7:00 PM | December 6, 2024

1001 N. Brand Blvd., Glendale, CA 91202 Premium Seating \$35 | General Seating \$25 www.IncaGlendale.org





Support our Parish Toy Drive to benefit the children from the parishes of St. Ann/Divine Savior Catholic Parish and St. Thomas the Apostle Church in Los Angeles.

Bring unwrapped toys or gift cards for children ages 7 to 13. Gifts can be dropped off in the Toy Drive Bin when you come to church on Saturday or Sundays.

Please bring toys by Sunday, December 8th.

# FROM PASTOR'S DESK



### "ON NURTURING A HEALTHY MIND, BODY, AND SPIRIT"

How can we shift our mindset from negative thinking to positive thinking? How do we transform our depressive thoughts into more joyful ones? How can we develop the habit of feeling worthy of love and belonging, maintaining optimism about our health and society, and recognizing goodness in ourselves and others? I'm certain that many of you have grappled with these questions.

My first answer to these questions lies in the act of "questioning" itself. In other words, we begin to find answers by acknowledging our thoughts and feelings—not denying them, but confronting them head-on. It is crucial to face reality and recognize our vulnerabilities, such as fear, doubt, and confusion. The scribe in this Sunday's Gospel (Mark 12: 28-34) was unafraid to ask Jesus a question. He may have felt a sense of unworthiness, prompting him to ask Jesus which commandment is the greatest.

My second response is the importance of being vulnerable with someone you can trust—someone who listens to you, empathizes with your struggles, and does not judge you. Remember the old saying: a problem shared is a problem halved. There is much wisdom in finding a good friend or a soulmate with whom we can share both our anxieties and our joys. I recently read an article in a British newspaper about how trained laypeople can help others experience relief from their anxieties, serving as an alternative to therapy.

Another vital approach to nurturing a positive outlook is the daily practice of gratitude. You have heard me speak about identifying five things daily that you are grateful for. This exercise of recognizing the goodness in our lives and around us shifts our mindset to become more joy-

ful and appreciative of life's blessings.

Additionally, one effective way to lift ourselves out of a depressive mindset is to reach out to someone. Remember, we are hardwired for connection. Interacting or communicating with someone—even a stranger—through a smile or a friendly conversation can significantly boost your mood. It is no wonder that Jesus taught us that the second greatest commandment is to love our neighbor as we love ourselves. Acts of kindness, generosity, and other forms of altruism are beneficial to our well-being; they provide us with a deep sense of fulfillment and self-worth.

Ultimately, what helps us cultivate a joyful and peaceful spirit is a healthy relationship with God, who loves us unconditionally, assures us of our goodness and worthiness, and meets our needs. This is why developing an intimate relationship with God is essential. It is no surprise that the first commandment is to love God with all our heart, mind, and strength. Placing God at the center of our lives grants us peace and joy. Worshiping God leads us to become less self-absorbed, allowing us to surrender everything—our bodies, minds, and spirits—to Him.

With warm regards,

Fr. Rodel "Odey" Balagtas

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