

WEST RUTLAND-PROCTOR-CATHOLIC PARISHES

ST. STANISLAUS KOSTKA CHURCH

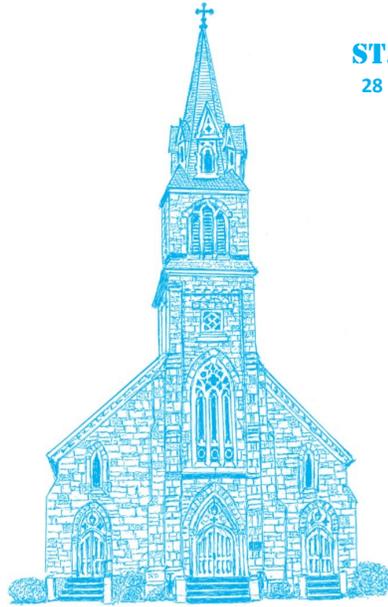
11 Barnes St., West Rutland, VT.

MASS SCHEDULE

Daily: Wed & Fri 8:30 am
Saturday: 4:00 pm

CONFESSIONS

By appointment



ST. BRIDGET CHURCH

28 Church St. West Rutland, VT.

MASS SCHEDULE

Daily: Mon-Tues 8:30 am
Sunday: 9:00 am

CONFESSIONS

By appointment

ST. DOMINIC'S CHURCH

45 South Street, Proctor, VT.

MASS SCHEDULE

Daily: Thursday: 5:30 pm
Sunday: 11:00 am

CONFESSIONS
By appointment

Administrator, Rev. Avelino Vale
Music Ministry, Mrs. Angela Lundrigan
Mrs. Olivia Boughton, Marie Smith

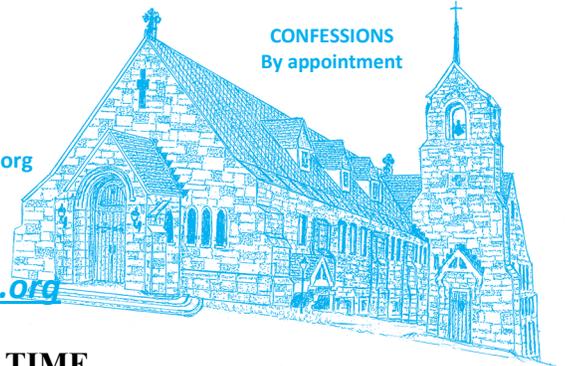
Administrative Office:

28 Church Street
West Rutland, VT 05777
PHONE: 802-438-2490

Email: wrchurches@vermontcatholic.org

Office Hrs: Mon—Fri
8:30 am—3:00 pm

www.westrutlandcatholic.org



4TH SUNDAY IN ORDINARY TIME

JANUARY 31, 2021

Sacramental Preparation

Baptism—Parents or guardians seeking to have a child baptized should contact the rectory prior to the desired Baptism date to attend a Baptism preparation workshop.

RCIA—Rite of Christian Initiation of Adults. If you are interested in what it means to be Catholic, please contact Fr. Vale.

Marriage—Registered parishioners need to make an appointment with the pastor six months prior to the requested date of marriage.

Anointing—Anyone who is seriously ill, anticipating surgery or weakened because of prolonged illness or advanced age is encouraged to receive the Sacrament of Anointing of the Sick. Please contact the priest.

St. Bridget, St. Stanislaus Kostka, Sacred Heart Cemetery—The cemetery located on Main Street opposite St. Stanislaus Kostka Church is situated on more than ten acres in a lovely, quiet, tree-lined neighborhood.

The tranquility is enhanced by majestic pine trees and monuments dating back to the mid-nineteenth century. Our primary goal is to carry out the sacred religious functions of burial and care for the resting places of the deceased. The Catholic Church regards the burying of the dead as a deep spiritual significance and a Corporal Work of Mercy. Our cemetery has been serving the West Rutland area for more than 150 years. It was consecrated in May 1865 by Bishop Louis DeGoesbriand, the first bishop of Burlington, and is one of the oldest, active Catholic cemeteries in the diocese.

St. Dominic Cemetery—St. Dominic Cemetery is located across the street from St. Dominic Church sharing a common boundary with the South Street Cemetery. For more questions please contact Henry Socinski at 802-459-2262.

ST. BRIDGET/ST. STANISLAUS KOSTKA/ST. DOMINIC, WEST RUTLAND/PROCTOR—VT

MASS INTENTIONS
4th Sunday in Ordinary Time



Sat, January 30—

4:00 PM In Memory of William Kulig
Requested by Family

SSK

Sun, January 31—

9:00 AM In Memory of Rosemary & Fran Johnson
Requested by Patti and Family

SB

11:00 AM In Memory of Mike Brusso
Requested by Marie Smith & Sharon Bales

SD

Mon, February 1—Weekday

8:30 AM In Memory of Barbara Burns
Requested by Mary and Michael Burns

SB

Tue, February 2—Presentation of the Lord

8:30 AM In Memory of Stanley Fondakowski
Requested by His Family

SB

Wed, February 3—Weekday

8:30 AM

SSK

Thu, February 4—Weekday

5:30 PM

SD

Fri, February 5—St. Agatha

8:30 AM

SSK

Sat, February 6—St. Paul Miki & Companions

4:00 PM In Memory of Stephanie Krempa
Requested by Janice & Tom Funfgeld
In Memory of Joseph Czachor
Requested by Dorothy Blicharz

SSK

Sun, February 7—5th Sunday in Ordinary Time

9:00 AM In Memory of John Gawet
Requested by Jim & Olivia Boughton
In Memory of Diana Liscinsky
Requested by Ted & Lorraine Wenta

SB

11:00 AM

SD

5:00 PM Latin Mass

SB

PRAYER VIGIL: Feb 8th, 6PM, St. Bridget.

CONFESSION TIMES: By appointment only.

HOLY HOUR: First Friday of the month at St. Stanislaus-Kostka, 9:00-10:00 AM.

MASS INTENTIONS: Most often we think of offering a Mass for someone who is deceased. There are other occasions too, such as birthdays, anniversaries, and special events that are nice to remember with Mass. These Mass requests are printed in the bulletin and offered up with the Prayers of the Faithful.

Our Thoughts and Prayers are with Parishioners and friends who are sick, suffering or in recovery: Marie Wysolmerski, Tiffany Marquis, Reilly Jakubiak, Bernice Bujak, Peg Patch, Donald Sevigny, Norman Sevigny, Lucien Wiskoski, Nina Flory, Kathi Scaralia, Dorothy Blicharz, Jean Wiskoski Davey, James McShane, Amy Kelley-Edwards, William Boutwell, Linda Ellis, Stephanie Chehy, and those who are homebound or in nursing facilities.



Our Military Members: Ross & Brittany Lowell, Seth LaChance.

2020 Remembering and Praying . . .

St. Bridget: Father Vincent Coppola, Antoinette Godrick.

St. Stanislaus: Joseph Czachor, Bill Kulig

St. Dominic: Bob Harger.



Lectors

THIS WEEKEND

SSK Jan 30: 4:00 pm Bob Smolinski
SB Jan 31: 9:00 am David Carini
SD Jan 31: 11:00 am Marie Smith

NEXT WEEKEND

SSK Feb 6: 4:00 pm Mary Nemeth
SB Feb 7: 9:00 am Jan Rousseau
SD Feb 7: 11:00 am John Zawistoski



FEBRUARY SANCTUARY CANDLE SPONSORS

SSK: *In Memory of Michael Scott*
Requested by Cecil, Steven and Mary

SUNDAY COLLECTION JANUARY 2021

	1/23-24
St. Bridget	\$1,902
St. Dominic	\$ 521
St. Stanislaus Kostka	\$ 1,973



LATIN MASS: Latin Mass is held on the first Sunday of the month at St. Bridget at 5:00PM. **Next Mass will be February 7th at 5:00PM.** All are welcome.

SUNDAY FAMILY MASS: Every second Sunday of the month until further notice, Father Vale will be offering Children's Family Mass at St. Bridget's Church at 4:30 PM. Everyone, as well as families and their children are welcome and encouraged to attend. **Next Mass will be February 14th—Valentine's Day.**

Deuteronomy 18:15-20
 1 Corinthians 7:32-35
 Mark 1:21-28

Reflection



Brené Brown's 2010 book entitled, "[The Gifts of Imperfection](#)" introduces a term that I love: gremlins. I previously only knew that word as the title of the [1984 film with Howie Mandel](#). Brown refers to negative self-talk as "gremlins." Self-talk is that interior conversation that we have, either positive or negative. This self-talk governs our moods, attitudes, and worldview.

In the spiritual life, there's a similar concept. The Christian East calls it λογίζομαι (logizomai) which roughly means 'thoughts.' These logizomai (or thoughts) of the spiritual life are akin to gremlins or negative self-talk in the psychological sphere. In Christian spirituality, the goal is Christ and becoming more like him in every way. But the logizomai can get in the way, just as the gremlins of negative self-talk can get in the way of psychological health. The nagging quality of these logizomai might be described as temptations, yet [today's Gospel](#) calls out these plaguing thoughts as 'unclean spirits.' We all have them; they come in varied ways and intensities, affecting every facet of our lives, in small and in big ways. And [St. Paul wants us to be free of these anxiety-producing thoughts](#) that disrupt the interior peace and quietude for which our souls so desperately long. St. Paul isn't saying that the demands of responsible living are detrimental to the spiritual life. Rather, he is saying that the presence of these tempting logizomai are the beginnings of sin taking deeper root in our soul, influencing our attitudes and behaviors, moving us farther away from the image of Christ within our souls.

These pesky unclean spirits know the power of Christ, even though we might not; they lose their stronghold when we call on the name of Jesus, just like darkness immediately disappears when I turn on the light switch as I enter a room. In the spiritual realm, these unclean spirits are there only because I have knowingly, or sometimes unknowingly, given them permission to be there. But I also have the power to evict them! Calling on Jesus' name is not like some magical incantation or spell that we wield over dark forces. The Catechism describes it this way: "The invocation of the holy name of Jesus is the simplest way of praying always. When the holy name is repeated often by a humbly attentive heart, the prayer is not lost by heaping up empty phrases, but holds fast to the word and "brings forth fruit with patience." This prayer is possible "at all times" because it is not one occupation among others but the only occupation: that of loving God, which animates and transfigures every action in Christ Jesus," (CCC 2668).

[St. Diadochos of Photiki](#) describes the opposite reality of anxiety, tranquility of soul, and how to come about it:

The light that true knowledge gives out is the ability to distinguish unerringly what is right from what is wrong. This being so, the path of uprightness — which leads the mind towards God, the radiant sun of righteousness — takes that same mind into an unbounded light of knowledge and then leads it on to seek trustingly for love.

Those who are struggling in battle ought always to keep their souls free of the tumultuous waves of distraction. If they do this, the mind will be able to distinguish among the thoughts that come to it. The good thoughts, sent by God, they can store in the treasure-house of their memory. The evil thoughts, sent by the devil, they can throw out.

In just the same way, when the sea is calm, the fisherman can see to the bottom of it and practically no fish can escape his gaze; but if it is stirred up by wind and storm, it becomes opaque when in calm times it was transparent — and when that happens, even the wiliest fisherman is wasting his time.

The tranquil soul is one free of the anxieties described by St. Paul and the unclean spirits described in the Gospel. But this tranquility of soul is not a cheap quality; it must be earned through daily disciplines of prayer, fasting, and repentance. This is what we can do; it is Jesus who returns us to our right minds (cf [Mk 5:15](#); [Lk 15:17](#)) because ours was transformed and renewed by the power of Jesus' name (cf [Rom 12:2](#)). Imagine what life could be like if we continually operated out of a tranquil soul rather than an anxious one!
 Br. John Marmion Villa (lpi: <https://www.4lpi.com/blog/a-tranquil-soul/>)

Prayer

Lord, please put your peace in my heart.
 I am worried and anxious about many things.
 My mind races and obsesses.
 I can't help thinking about my problems.
 And the more I think about them,
 The more depressed I become.
 I feel like I'm sinking down in quicksand
 And can't get out.
 Calm me, Lord.
 Slow me down; put your peace in my heart.