## The Parent Post

Dear Parents, Family, and Caregivers,
Your child is becoming a reader! Your little learner is learning the simple sounds that letters make so they can "sound out" words (also known as decoding). It can be hard to support without knowing what happens in class, so here is a quick sheet for the BASIC letter sounds. By knowing the basic letter sounds, you can help your little learner practice sounds of letters or sound out words if they get stuck.
"What does this letter say? What is the sound this letter makes?" (Each box gives a good example word where the sound at the beginning is correct)

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*Tricky sounds/letters
$\mathbf{X}$ is only found at the END of words when it says the correct sound. It says 2 sounds "ks."

Q is always with "u" in English words. It says 2 sounds "kw."

## Vowel Sounds

The vowels are $\mathbf{a} \mathbf{I} \mathbf{O}$. Children learn the SHORT vowel sound first. The long vowel sound is when the vowel says its own name.

When little learners are learning the short vowel sounds, we mention long vowels, but we need to be careful not to confuse them during practice by using long vowel sound words as examples. Here are examples of words with short vowel sounds first and long vowel sounds first so you can see the difference:

|  | a | e | i | 0 | u |
| :---: | :---: | :---: | :---: | :---: | :---: |
| short vowel <br> sound | apple, <br> astronaut, <br> alligator | echo, exit, <br> enter, <br> engine | igloo, in, <br> insects | octopus, <br> office, on, <br> ostrich | umbrella, <br> up, under |
| long vowel <br> sound | acorn, <br> apron, angel | eagle, eat, <br> equal | ice cream, <br> iron, idea | open, <br> ocean, oval | unicorn, use, <br> uniform |

Quick ways to help your little learner practice letter sounds:

## What starts with <br> $\qquad$

 ?Pick a letter, say the basic sound, and see if you can take turns coming up with a word that starts with that sound.

Can you hear $\qquad$ ?

Say a sound. Tell your little learner that you are going to say word, and if they hear that sound at the beginning of a word, they put their hands on their head (or clap, or say a funny word, or stomp their feet, etc.).
This can also be done with sounds at the end of words.

## Sign Sounds

Ask your little learner to find letters on street signs. Once they identify a letter, ask them what sound the letter makes.

## What sound do you hear?

Say a word. Ask your little learner what sound they hear at the beginning of the word. They need to just tell you the sound, not the name of the letter (that is a bonus if they can tell you the letter name).

This can also be done with sounds at the end of words.

## Letter Hopping <br> Write lowercase letters: <br> -on the sidewalk or in a hopscotch <br> -on paper plates spread out on the floor <br> -on foam mat tiles

Your little learner can hop and say the sound OR you can say a sound and they hop onto the matching letter.

