



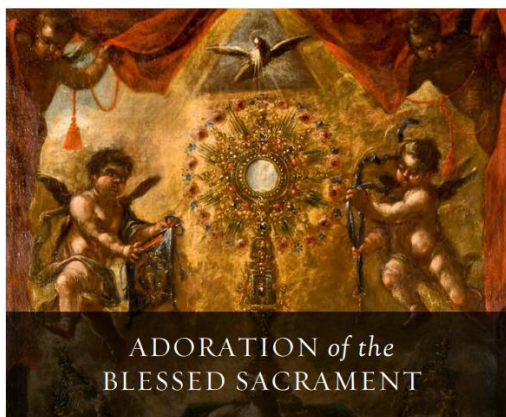
## St. Michael Catholic Church Mission of St. Dominic

Pastor: Father Mark A. Cusick

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### 1<sup>st</sup> Sunday of Lent February 26<sup>th</sup>, 2023



#### Part I

Parishes are increasingly making Adoration of the Blessed Sacrament available to their communities. Some Catholics may not have much experience with Adoration. Here are some suggestions for incorporating Adoration into your prayer life—another way to commune with the Real Presence outside of Mass. Adoration commences when the consecrated Host is placed in a monstrance (an open or transparent receptacle, often elevated on a stand, in which the consecrated Host is exposed) and displayed publicly for prayer and adoration. It is a time of quiet prayer and unity with the Lord. There are no prescribed rituals for Adoration, except a reverent silence and appropriate acknowledgment of Jesus among us (e.g., genuflecting on both knees). It is often recommended that you spend an hour at Adoration; however, any amount of time is infinitely valuable.

Adoration is a perfect occasion to enter into the prayer of contemplation. One simple approach to contemplative prayer is to speak from your heart to Jesus, and then quiet your mind and body to listen for his wisdom and love. Allow enough time for listening—many contemplatives spend most of their time before the Blessed Sacrament just listening. St. John Vianney said of his time praying before the tabernacle: “I look at him and he looks at me.” Contemplation is a gaze of faith, fixed on Jesus. This focus on Jesus is a renunciation of self. His gaze purifies our heart; the light of the countenance of Jesus illumines the eyes of our heart and teaches us to see everything in the light of his truth and his compassion for all men. Contemplation also turns its gaze on the mysteries of the life of Christ. Thus, it learns the “interior knowledge of our Lord,” the more to love him and follow him. *Source: “Why Stay Away? Encountering Heaven on Earth” published by Word on Fire Catholic Ministries, 2018.*

## LENT 2023

*Lenten Mission*  
**with Deacon Richard Walker Jr.**

**March 11, 12, 14 & 16**

Deacon Walker is a permanent Deacon assigned to St. Luke's parish in Washington, D.C. He will be leading a Lenten Mission at St. Michael's for all parishioners of the parish and mission. Deacon Walker will preach at all Masses the weekend of March 11 & 12, along with two additional conferences on Tuesday and Thursday evenings, both at 7 PM. We highly encourage all parishioners of the parish and mission to join!



### NEW! Soup and Stations on Fridays in Lent

This Lent, the parish and mission will be hosting meatless Soup Suppers at the hall prior to Stations of the Cross. Soup Suppers will take place at 6 PM in the hall. Please RSVP by the Wednesday prior each week so we can give the volunteer soup chefs a headcount.



You can call the office to RSVP or RSVP at

[stmichaelbaden.flocknote.com/signup/114317](https://stmichaelbaden.flocknote.com/signup/114317)

If you would like to volunteer as one of the two soup chefs each Friday, we still need 5! Please call the office or visit:

[stmichaelbaden.flocknote.com/signup/114430](https://stmichaelbaden.flocknote.com/signup/114430)

### Did you miss Confess-a-thon?

Please don't worry!

There are many more opportunities for confession this Lent.

### Confession Times at St. Michael's:

Wednesdays: 7-8 PM

Saturdays: 4-4:45 PM

## FORMED Recommendation



### 5 Ways to Manage Fear w/ Dom Raso

Fearless | Session 1

Fearless host Chris Stefanick sits down with Dom Raso—a combat veteran and former member of U.S. Navy SEAL Team Six—to talk about facing fear with fortitude. How do you address fear and take back your life from fear's grasp? Listen as Chris and Dom share powerful truths on how Scripture reveals God's promises to overcome fear.



### Italy Pilgrimage with Fr. Cusick Summer 2023

We have an exciting opportunity this summer; Fr. Cusick is co-leading a pilgrimage to Italy with Fr. Samuel Plummer, and all are invited to join! If you would like more information, request a flyer at the parish office.

**"Shrines and Saints of Italy"**

**Dates:** July 9- 19, 2023

**Cost:** \$3,999\*

*\*Includes Land & Roundtrip Air from Washington IAD per person double occupancy\*\*;  
also all breakfasts, dinners, lodging, and more.*

*\*\*Add \$885 for single occupancy*

**Registration Deadline is extended to March 25<sup>th</sup>. Sign up today!**



### Maryland March for Life – February 27<sup>th</sup>

Join the family-friendly, peaceful, prayerful witness in Annapolis! We will march through Annapolis and Rally at Lawyer's Mall to be the voice of pro-life Maryland! The Rally will serve as a visible witness in support of defending vulnerable life, and it will feature speakers from the local and national pro-life movements. For the March, please arrive in St. Mary's parking lot *no later than 5:00 p.m.* The lot will then close for Marchers to assemble.

**\*PLEASE NOTE:** Register at [mdmarchforlife.com/2023-march-for-life-rsvp](http://mdmarchforlife.com/2023-march-for-life-rsvp) to assist with an accurate count for Chick fil a & refreshments. This will be provided FIRST COME FIRST SERVED, so the more accurate our count, the better chance there will be enough!\*

### Mass Times

Saturday: 5:00 PM St. Michael  
Sunday: 8:00 AM & 11:30 AM St. Michael  
10:00 AM St. Dominic  
Tues - Fri 8:00 AM, First Sat 9:00 AM,  
1st Fri: 7:30 PM, all at St. Michael

### Confession Times

Sunday: 7:30 AM  
Wednesday: 7:00 PM  
Saturday: 4:00 PM

### Daily Adoration

Visit our [website](#) for the full schedule



### Please PRAY for our SICK

*(Please notify us if you or your family member should be removed)*

Tiffany Barbour, Joe Bauer, Joanne Butler, Gavin Birl, Arlene Bloom, Arlene Bonds, Grayson Bowling, Madison Brady, Flossie Brown, James Brown, Keith Brown & Family, Lynn Brown, Thomas Canavan Ann Canter, Larry Canter, Sr., Charlene Cardwell, Tom Cardwell, Andrew Catterton, Joyce Chambers, Thomas Chambers, Mary Connick, Finn Cusick, Stacey Danielson, Donnie Deuvall, Diane DiSandro, Leo Dixon, Marysa Dixon, Shaun Donnelly, Dorothy Dunston, Kathy Fisher, Robert Flum, Rosemary Flum, Bert Hall-Foxwell, Jerry Frisby, Gerald Gray, Frances Hall-Jones, Tim Hayden, Mabel Hamilton, Barbara Harding, Crystal Johnson, Kathy Johnson, Marie Knobel, Margaret Kramer, Wanda Langley, Betty Lindsay, Kenny Lindsay, Adam Lumpkins, Shirley Ann Lucas, Ida Makle, John Martone II, Teddy Miller, Ralph & Regina Nasatka, Fannie Newman, Thomas Pancamo, Yvette Parker, Carolyn Parson, Joyce Pickeral, Michael Proctor, Betty Proctor, Gary Reinhardt, Marsha Reinhardt, Shawn Reinhardt, Paul Richards, Ann Bowie Rice, Lorrie Riess, Dawn Russo, Mary Savoy, Blanche Simms, Dee Smith, Dave Spadaro, Geraldine Stewart, Savannah Stuart, Patricia & Thomas Stuart, Stephanie, Fr. Larry Swink, George Thomas, Tara Turner, Doug Walker, Christopher Wallace, Jackie Weaver, Joseph & Patricia Welch, Jim Williams, Juanita Wilson, Ken Wilson, Terry Wilson, Carmelita, Cheryl Young, Dean R. Young, Lewis Young, Theodore Young.

**Jesus, Divine Mercy, heal and console us! Jesus, I trust in You!**

### MASS INTENTIONS

Saturday	2/25/23	5 PM	Gary Alan Facchina +
Sunday	2/26/23	8 AM	Parishioners
Sunday	2/26/23	10 AM	Barbara Boswell +
Sunday	2/26/23	11:30 AM	Jonathan Fisher
Tuesday	2/28/23	8 AM	Hernando Moreno +
Wednesday	3/01/23	8 AM	No requested intention
Thursday	3/02/23	8 AM	Juan Moreno
Friday	3/03/23	8 AM	No requested intention
Friday	3/03/23	7:30 PM	Frances Coleman +
Saturday	03/04/23	9 AM	Kim Oliver

### YOUR SACRIFICIAL OFFERINGS - Feb 19, 2023

St. Michael	Offertory Collection	\$ 2,754.25
St. Dominic	Offertory Collection	\$ 854.00

May God reward your generosity!