

Working Together To Build the Kingdom of God

Mass Schedule:

St. John the Baptist, Mount Vernon
Sunday - 8:00 am
Wednesday's and Friday's - 8:30 am

Parish Confession:

Sunday at 7:30 am or by appointment

St. Isidore the Farmer, Springville:

Saturday, 6 pm - Tuesday & Thursday 8 am

St. John Office Hours

Monday, Tuesday, Wednesday, Thursday:
8 am - 4 pm
Friday:
8 am - 2 pm

Pastor:

Rev. Andrew Awotwe-Mensah
Office: 319-895-6246
Email: DBQ137@dbqarch.org

Main Office: Secretary/Bookkeeper

Trevor Gretten
Parish Office: 319-895-6246
E-mail: DBQ137SEC@dbqarch.org
FAX #: 319-895-0973

Director of Faith Formation

Linda Hansmeier: 319-895-6758
E-mail: DBQ137RE@dbqarch.org

Coordinator of Youth/Young Adult Ministry

Cade Naughton: 319-895-6758
E-Mail : DBQ137YM@dbqarch.org

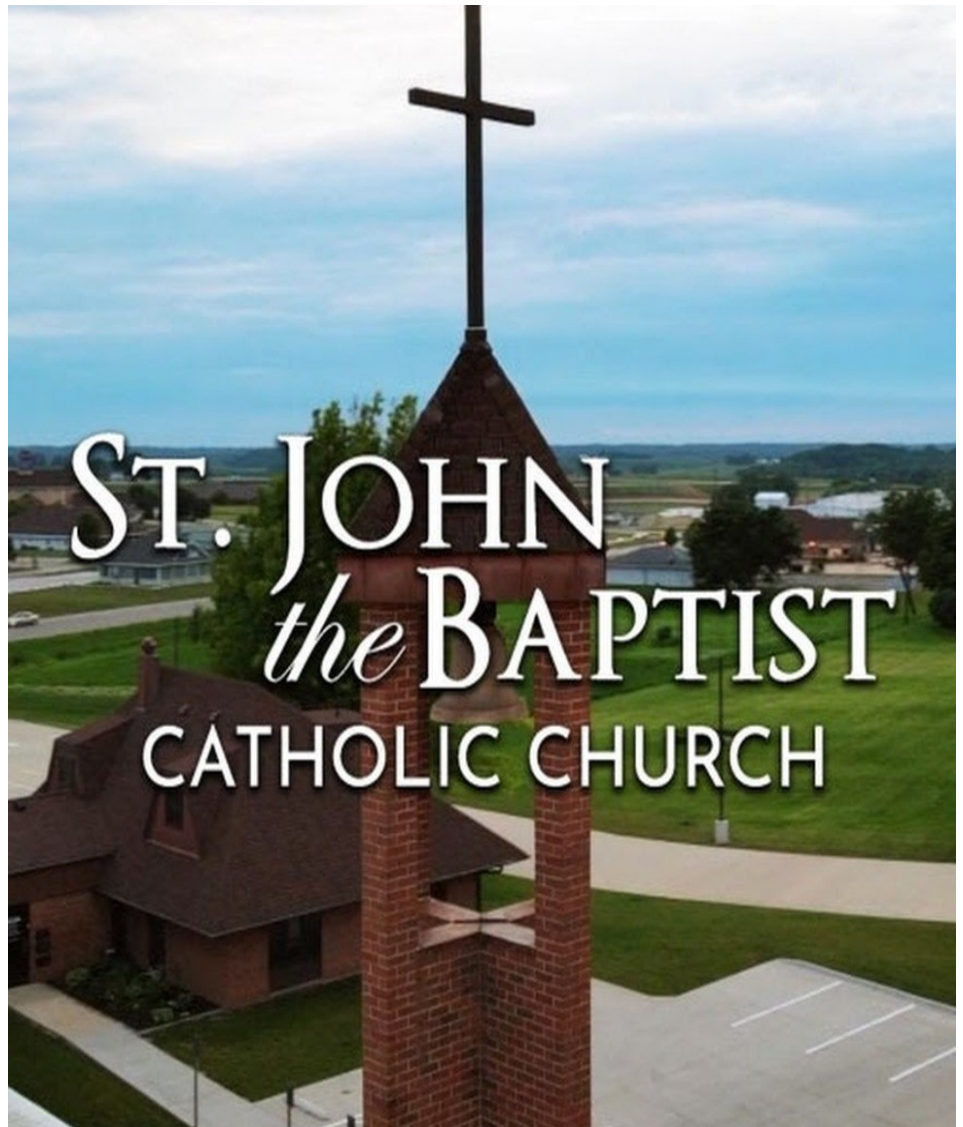
Coordinator of Music

Theresa Sundstrom: 563-451-2054
E-mail: t.sundstrom@dbqarch.org

Prayer Chain Contacts:

Thelma Rife: tbrife@gmail.com
Trevor Gretten: DBQ137SEC@dbqarch.org

July 9th, 2023
Fourteenth Sunday in Ordinary Time



LISBON - MOUNT VERNON, IA
AND SURROUNDING COMMUNITIES
Website: <http://www.stjohnmv.org>

Parish Theme: Building Our Parish Through Love, Prayer, Service, Community

Pastor Speaks

"I will give you rest"

Whenever I am driving on any major highway in Iowa, one of the things that I pay attention to and look forward to finding is rest stops. Rest stops tend to be source of relief and hope for highway users who must attend to human or vehicular needs. Being stranded on a highway for whatever reason may not be a fun experience; in such a situation, the nearest rest stop can offer comfort.

In this weekend's gospel, Jesus metaphorically invites us to come to Him for rest. Rest is a critical human need. We know that our bodies must recuperate after exhaustion from long hours of arduous work, studies, taking care of the children, and doing everything that must be done.

Researchers have found that elite athletes and professional artists attain peak performance levels only after exposing their bodies to intense training and suffering more injuries. However, a substantial breakdown of the body's tissues occurs following an intense workout, and that increases the rate of injuries among these groups of professionals because the amount of time for rest needed for the body to regenerate and strengthen the tissues is not received.

Consider the burdens we all bear- family, work, friendship, financial, health, marriage, and social expectations- these affect our spiritual and emotional tissues and work against our growth and happiness. How can we fit all together? Is anyone able to help and relieve us of all these burdens? Yes, Jesus offers us a way out. He says, "I will give you rest;" "You will find rest."

All there is to do on our part is to be open and rest in Him. How do we do it? It is through faith and prayer. And the reason only Jesus can promise rest to us is that the Father has "handed over" everything to Him (Matt 11:27). Only Jesus, the son of God can say to everyone to come to Him because He is the only one who understands all the burdens of each one of us.

Parents these days face the heavy tasks of balancing life and work; it is stressful. And no matter how our good intension and willingness, we recognize that, most of the time, we need help. We can't do it all by ourselves. That is why Jesus' offer is something we can't ignore. The Lord can give us all-encompassing support. Let us not approach Him in fear for help.

St. John's will be hosting a Blood Drive!

On Thursday July 20th St. John's will be hosting a Blood Drive through ImpactLife. It will be hosted from 2:30 - 6:30 PM. If you would like to donate you should have received an email with a signup link. You can also visit https://login.bloodcenter.org/donor/schedules/drive_schedule/112285 to signup. Thank you to everyone who chooses to help our community with their donation!

From Our New Director of Youth and Adult Ministries

Hi, I'm Marcy McElroy. I'm so excited to be joining the St. John's staff as the Director of Youth and Adult Ministries! I have been doing youth ministry and faith formation for the past ten years in Dubuque. Before that I spent a year as a missionary in Ethiopia with the Salesian Lay Missioners. Helping people experience God through serving others is one of my favorite things. My family includes my husband, David, Jackson (9), Jude (4), and Clare (11 months). We are excited to join the St. John's community! I'm excited to get to know the community as we grow in faith together!



Readings for the week of July 9, 2023

Sun: Zec 9:9-10/Ps 145:1-2,8-14/Rom 8:9-13/Mt 11:25-30
Mon: Gn 28:10-22a/Ps 91:1-2, 3-4, 14-15ab/Mt 9:18-26
Tues: Gn 32:23-33/ Ps 17:1b,2-3,6-7ab, and 15/Mt 9:32-38
Wed: Gn 41:55-57;42:5-7a,17-24a/Ps 33:2-3,10-11,18-19/Mt 10:1-7
Thurs: Gn 44:18-21,23b-29;45:1-5/Ps 105:16-21/Mt 10:7-15
Fri: Gn 46:1-7,28-30/Ps 37:3-4,18-19,7-28,39-40/Mt 10:16-23
Sat: Gn 49:29-32;50:15-26a/Ps 105:1-7/Mt 10:24-33
Next Sunday:
Is 55:10-11/Ps 65:1,11-14/Rom 8:18-23/Mt 13:1-23 or 13:1-9



Wednesday July 12th, 2023:

8:30 AM: Doris McElmeel

Friday July 14th, 2023:

8:30 AM: Irvin & Louise Clark

Sunday July 16th, 2023:


8:00 AM: James Lynch

Sisters of Faith

WOMEN'S COMMUNITY & FELLOWSHIP

Our summer book club is underway. Please join us for our July session on 7/15. We are reading a book by Chris Stefanik called Living Joy. The book is free, and you can grab one in the Parish Library. No worries if you missed the first session.

We meet outside in the Mary Garden (east end of parking lot), so bring your coffee and your own chair.

 Please feel free to jump in with us, even if you've never attended our gatherings. All ladies are invited!!

Meeting times for summer:

- July 15 -- 9 to 10:30 a.m. (Will discuss Rules 4 - 7)
- August 19 -- 9 to 10:30 a.m. (Will discuss Rules 8, 9 & wrap-up)

News & Events

Adoration:

- 1st & 3rd Wednesday of the Month 7:00-9:00 PM
- Every Wednesday During Lent 7:00 - 9:00 PM
- After 8:30 AM Mass on First Friday of the Month

Reconciliation:

- Confessions are held 30 minutes before Sunday Mass at 7:30 AM.
- First Wednesday of the month 7:00-8:00 PM During Adoration
- They can also be made by appointment by contacting Father Andrew either call the office at 319-895-6246 or email dbq137@dbqarch.org to schedule.

Baptism: Baptismal Catechesis is done by Father Andrew. Please contact the office at 319-895-6246 or email dbq137sec@dbqarch.org with any questions and to schedule a baptismal appointment.

Marriage Prep: Matrimonial Catechesis and preparation is done by Father Andrew. Please contact the office at 319-895-6246 or email dbq137sec@dbqarch.org with any marriage related issues or questions and to schedule an appointment.

STEWARDSHIP OF TREASURE

Weekly contributions needed..... \$5,817.30

Contributions Received Through June 29th, 2023

(Note that due to bulletin due dates there have not many substantial donations, however this will be last check in of the fiscal year. Next week the new budget will be reported. There will be some online donations which will not be accounted for here, I will report final numbers in next weeks bulletin.)

| | | |
|--------------------------------|----|-----------------|
| Budget, Adult | \$ | 425.00 |
| Sacrificial Giving | \$ | 15.00 |
| Total Collected | \$ | 440.00 |
| YTD collection needed..... | \$ | 308316.90 |
| YTD collections received | \$ | 357195.46 |
| YTD | \$ | 55145.86 |

Liturgical Ministers July 16th, 2023

Sacristan: Brett Kimm

Lectors: Dave Klostermann - Charlie Liberko

EM: Marty Fall - Trevor Gretten
Ruth Horton - Mark Kraus

EM(Cup): Chuck Murray - Diane Apel - Larry Poduska
Judy Poduska - Stephen Poduska

Hospitality: Mike & Ruth Clark & Family
Dave & Lesley Panos & Family

Servers: Michael Covington
Mitchell Covington
Tommy Rhomberg

Meetings and Activities of the Week

(Note that we will have daily Mass every day during Totus Tuus. This mass will be attended by all of the children who will be in Totus Tuus. But open to anyone who would like to attend We have not confirmed times for all of them yet, though they generally did it around 11 A.M. last year. We will communicate exact times and such next week when we are able to confirm with the team. Note that this should not effect the normal daily Masses on Wednesday and Friday.)

Monday July 10th -

9:00 AM – Totus Tuus (1st-6th)
6:30 PM – Totus Tuus (7th – 12th)

Tuesday July 11th -

9:00 AM – Totus Tuus (1st-6th)
6:30 PM – Totus Tuus (7th – 12th)

Wednesday July 12th -

8:30 AM – Mass
9:00 AM – Totus Tuus (1st-6th)
6:30 PM – Totus Tuus (7th – 12th)

Thursday July 13th -

9:00 AM – Totus Tuus (1st-6th)
6:30 PM – Totus Tuus (7th – 12th)

Friday July 14th -

8:30 AM – Mass (Fellowship to Follow)
9:00 AM – Totus Tuus (1st-6th)

Saturday July 15th -

9:00 AM – Sisters of Faith Book Club

Sunday July 16th -

8:00 AM – Mass