



Holy Spirit Parish  
227 Third St.  
Two Harbors, MN

St. Mary's Parish  
57 Horn Blvd.  
Silver Bay, MN



# WELCOME TO THE PARISHES OF HOLY SPIRIT & ST. MARY'S

Fourth Sunday of Ordinary Time | January 28, 2018



## 4<sup>th</sup> Sunday IN ORDINARY TIME

He cried out, "What have you to do with us, Jesus of Nazareth?  
Have you come to destroy us? I know who you are—the Holy  
One of God!" - Mk 1:24

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

**SACRAMENTS OF MARRIAGE, BAPTISM, ANOINTING OF THE SICK:**  
Please contact your parish office.

### BULLETIN SUBMISSION DEADLINE:

Bulletin Announcements must be submitted to your parish office  
before 4:30 pm on Mondays.

NOTE: February 4 bulletin announcements need to be in by January 25.

### HOLY SPIRIT PARISH

#### Mass Schedule

Saturday: 4:30 pm  
Sunday: 11:00 am

#### Confession Schedule

Friday: 7:30 - 8:00 am  
Saturday: 3:30 - 4:15 pm  
Or by appointment.

**Eucharistic Adoration:** Fridays 9:00 am - 12:00 pm

#### Holy Spirit Office Hours:

1:00 pm - 5:00 pm Monday - Thursday  
7:00 am - 11:00 am Fridays  
Office is located in parish basement.

Office ..... (218) 834-4659  
Office E-mail ..... hspirit@outlook.com  
Liturgy E-mail ..... jfleischer-hspirit@outlook.com  
Rectory ..... (218) 834-4313  
Parish Website ..... www.holyspirittwoharbors.org  
Deacon Tim Egan ..... (218) 349-9175  
Deacon Scott Peters ..... (218) 834-2543  
Director of Religious Education ..... (218) 226-3100  
Prayer Intentions ..... (218) 834-4659  
Birthright ..... (800) 550-4900

### ST. MARY'S PARISH

#### Mass Schedule

Saturday: 7:15 pm  
Sunday: 8:30 am

#### Confession Schedule

Saturday: 6:30 - 7:00 pm  
Sunday: 7:50 - 8:15 am  
Or by appointment.

**Eucharistic Adoration:** Wednesdays 9:00 am - 3:00 pm

#### St. Mary's Office Hours:

8:00 am - 2:00 pm Monday - Thursday  
Office is located in St. Mary's Rectory.

Office/Rectory ..... (218) 226-3100  
Church Hall ..... (218) 226-3691  
Parish E-mail ..... stmarysilverbay@outlook.com  
Parish Website ..... www.stmarysilverbay.org  
Deacon Fred Wright ..... (218) 220-1790  
Deacon Jack Ferris (Retired) ..... (218) 226-4753  
Father Michael Lyons (in Residence) (218) 830-1600  
mjlyons16@gmail.com  
Prayer Chain ..... (218) 226-3639 or (218) 226-3841

(218) 834-4313

Pastor: Rev. Steven Laflamme

slaflamme@dioceseduluth.org

### Parish News:

#### Bible Study

**Our next study will be "FORGIVEN."** Check out the video trailer for it on our parish website. We will begin this new study on **Sunday, February 18**. Consider making this study part of your Lenten journey, learning more about God's mercy and forgiveness. The Bible Study Group meets Sunday evenings, 6:30 - 8 pm, in the Social Hall. **New members are always welcome.** If you have any questions, please contact Cindy in the parish office or Gerry Bahar at 353-6008.

#### Lenten Soup Suppers Volunteers

Love to cook? We are need of volunteers to prepare meatless soups for our Lenten soup suppers that are held before Stations of the Cross on Fridays during Lent. If you are interested in preparing a soup or providing bread, please contact Cindy in Parish Office. The soup suppers not only warm you up inside before Stations, they are also a part of our Rice Bowl program. The soup supper is free but we accept donations for the Rice Bowl program. Join us Fridays during Lent for great fellowship & prayer!

#### Knights of Columbus Valentine's Dinner

Our Valentine's dinner will be **Thursday, February 15** at Camp 61. We will have dinner at **6 pm** but come early. Knights are \$22 and ladies are \$17, this includes beverage & dessert, tax & tip. See or call Greg at 226-3104 for reservations & dinner choices by Sunday, February 11.

#### Limited Office Hours

The parish office will be closed on Monday, January 29 and Tuesday, January 30.

### St. Mary's Annual Spaghetti Dinner

Kelley High School Cafeteria

**Wednesday, January 31**

**4:30 - 6:30 pm.**

12 years and up \$6.00

5 - 11 years old \$4.00

Under 5 years \$2.00

**Tickets on sale after Mass**

Take-outs will be available. You may wish to consider purchasing a ticket for a neighbor/friend who's unable to attend. Wouldn't it be fun to surprise them with a hot meal? The spaghetti dinner is hosted each year by our Religious Education Department to raise money to feed the poor. This is a great opportunity for us all to work together and have some fun while we are helping those in our community.

### Please Keep These People In Your Prayers

† **Parishioners:** Wylis Olson, Leanne Buell, Lois Kaari, Joe Rollins, Elwood Youngberg, Rick Scheradella, Lino Rauzi, Gale Fredrickson, Greta Stefanich, Ted Youngberg, Tim Downey, Joan Scallen, Deanna Larson.

† **Clergy:** Deacon Fred Wright, Fr. Francis Paquette.

† **Relatives & Friends:** Cindy Kuehl, Ryan Kelly, Judi Welch, Jeremy Tedrick, Michelle Stebbins, Cyndi Correll, Jeff Mitchell, Mark Rollins, Jan Hardel, Brad Hove, Dan Moudry, Johnny Jerabek.

† **Military:** Todd Curry, John Ferguson, Karen McGrane, Michael Seipke, Sam West, Chris Gensing, Sean Stebbins.

**Please call the church office if you'd like to submit a prayer request; these requests will run for 3 weeks. If continued prayers are needed after that time, prayer requests can always be renewed – just call the church office to let us know.**

### Family Faith Formation

We will meet on **Wednesday, February 7 at 6 pm**. We'll start our night with dinner at 6 pm, followed by classes at 6:30 pm. All parishioners are invited to join the parents on this Adult Faith Formation journey.

### Snow Angels

Thank you so much to all who have volunteered to help with weekend snow removal! It is the great teamwork that makes it possible to keep our sidewalks safe. "Adopting a Weekend" is an opportunity to give back by offering up a weekend to clear snow/ice from sidewalks if needed. The sign up sheet is in the back of the church.

### Upcoming Diocesan Events

**Men's Conference on February 17** at Marshall School in Duluth. This year's theme is "Men of the Spirit." The guest speaker is Peter Herbeck.

**Women's Conference on February 24** at Marshall School in Duluth. This year's theme is "Beyond Me," and the speakers are Teresa Tomeo and Father Jim Sichko.

**Go to our parish website for more details and to register for these events.**

### Temporary Changes

During the cold and flu season, we will not be offering the chalice of Christ's Precious Blood during Holy Communion. Also, we ask that you please use your discretion during the "Sign of Peace." Our goal is to prevent the spread of illness as much as we can.

## Fr. Steve's Prayer for Consideration:



*"Grant us, Lord our God, that we may honor you with all our mind, and love everyone in truth of heart. Through our Lord Jesus Christ, your Son, who lives and reigns..."*

*-Collect for the Fourth Sunday in Ordinary Time*

This weekend's opening prayer at Mass is direct and straightforward and follows very closely from our Lord's preaching about the greatest commandment. In Matthew 22: 37-40, Jesus responds to a question from one of the Pharisees about which commandment is the greatest. Jesus answers him, "You shall love the Lord your God with all your heart, and with all your soul, and *with all your mind*. This is the great and first commandment. And a second is like it, You shall love your neighbor as yourself. On these two commandments depend all the law and the prophets." From this central teaching of our Lord derives our opening prayer this weekend.

First, we ask God that we may "honor Him with all our mind." There are two things that I would like to emphasize here. First, notice that we are *asking God to grant to us* that we may honor Him with our entire mind. I have spoken about this before: any good that we do is because we are cooperating with God's grace, or divine assistance, which was already present to us before we acted or spoke. It is of crucial importance that we recognize and accept this basic principle of our relationship with God: we only accomplish what is good, right and just because God provides us with the necessary grace first. So, we ask God to help us to honor Him with all our mind, because left on our own, we would not be able to do so. Do you see how profound this is? Our ability to love and honor God is itself God's gift to us. Without His grace, we would not even know how or be capable of honoring Him properly. And He knows that, so He provides the grace that we need to worship and honor Him well.

Second, notice that we ask God to help us to honor Him *with all our mind*. It is interesting that the prayer focuses on honoring God with our mind. I would imagine that we all know that it is important to honor God in our words and in our actions, but have we considered what it means to honor God with all our mind? Again, I would emphasize two things here. First, this phrase of the prayer is a call for us to purify our minds. Our minds, thoughts and imaginations are fragile things which can easily be influenced by what we watch, read, listen to and say. So, if we wish to honor God with *all* our mind, then that necessarily means that we have to be careful as to what we put in our mind from the outside through media, conversation, etc. Our mind is a complex thing, and we don't always have control of the thoughts that flash through our heads, but we do have control over what we allow to be put in our heads in the first place. This is why it is so important to avoid books, movies, television shows, conversations, magazines, etc., that contain sinful content- once those images, thoughts, and things that we have heard have entered our mind, it is often quite difficult to get them out.

Second, to honor God with all our mind means to learn over time to train ourselves to reverence God in our thoughts. We often think about prayer as spoken words that we say out loud, such as the rosary or the "our Father" or the responses at Mass. But prayer is conversation with God. And it is not only possible, but praiseworthy, to carry on a conversation with God in our mind throughout the day. Talk to Him about your problems and your struggles, share with Him your worries and fears, tell Him about the things that you are excited about and what you are looking forward to. This is one of the great practices of prayer- to be thinking about God and conversing with God more and more throughout our day. God is always present to us, and always listening.

The second half of the prayer asks that God may help us to love everyone in truth of heart. This phrase recalls two things: first that we are called to love *everyone*, not just those who love us. Remember, to love is not necessarily the same thing as *feel* love for a person. To love someone is to will what is good for them. We want what is best for everyone. And, second, we ask God that we may love everyone *in truth of heart*. In other words, we are asking that our love of neighbor, and yes, even our love of enemies, be not just lip service, but that we may desire to love everyone in our hearts, really and truly. As you can see, in this brief and direct prayer is an abundance of rich meaning!

God bless you! ~ Fr. Steve

## Saturday, February 3rd is the Feast of St. Blaise, Bishop and Martyr:

According to tradition, St. Blaise, a Bishop from the 4th century, miraculously cured a child who was choking on a fish bone. From this event, he has been invoked throughout the history of the Church for protection against illness, especially against ailments of the throat. One of the long standing devotions of the Church is the blessing of throats on the feast day of St. Blaise, in which the priest or deacon blesses a person's throat with blessed candles, asking that St. Blaise intercede for the person that they may be protected from illnesses of the throat and any other illness. To honor St. Blaise, and cognizant of the fact that there are a lot of illnesses plaguing many right now, the clergy will be offering blessings of the throat after each of the Sunday Masses in Two Harbors and Silver Bay next weekend, February 3-4. Simply come forward after the final blessing as you would for the reception of Holy Communion to receive this blessing.



### Parish News:

#### Winter "Blahs" Got you Down?

Cheer Up! On **Sunday, January 28th**, Holy Spirit is hosting a game and fellowship afternoon for all parishioners from **1:00 pm to 3:30 pm**. There will be opportunities for playing cards, dice, Scrabble, and, if you are feeling particularly lucky, you might even try your hand at beating Father Steve in a game of cribbage! Please bring any kind of board or card game that you enjoy to share with others. Coffee, tea and snacks will be provided. If you wish, you can also bring a snack to share! **Anyone and everyone is invited**, so come join us for an afternoon of parish family fun!

#### Altar Server Refresher Course

All Holy Spirit altar servers are required to attend a brief altar server training/refresher course with Father Steve the weekend of January 27 and 28th. Altar servers are free to choose to stay after Mass on either Saturday night, January 27th or Sunday morning, January 28th for this brief training (10-15 minutes). As a reminder, any and all parish youth who are currently in the 4th grade or older are welcome to serve the parish as altar servers. If your child wishes to begin serving as an altar server, then have them attend either of the training sessions on the 27th or 28th. Thank you!

#### Volunteers Needed

We need more volunteers to help with cleanup after our Family Faith Formation dinners. If you are able to help with this, please contact Gwen at 834-2605.

#### Men's Conference

The seventh annual Men of Faith Conference will be held February 17, at Marshall School in Duluth. This year's theme is "Men of the Spirit." The guest speaker is Peter Herbeck, vice president and director of missions for Renewal Ministries. He is a co-host of the weekly EWTN television programs "The Choices We Face" and "Crossing the Goal." He also hosts the daily radio show "Fire on the Earth." Registration and information is available at [www.duluthcatholicmen.org](http://www.duluthcatholicmen.org).

#### Women's Conference

The sixth annual diocesan Women of Faith Conference will be held February 24 at Marshall School in Duluth. This year's theme is "Beyond Me." Headline speakers include Teresa Tomeo, an international speaker who has spent her professional life as a journalist in both secular and Catholic-based media, and Father Jim Sichko, a full-time evangelist and preacher who travels the country with storytelling, humor and music to inspire audiences with the Gospel. Register at [www.dioceseduluth.org/](http://www.dioceseduluth.org/).

#### World Wide Marriage Encounter

"Put on then, as God's chosen ones, holy and beloved, heartfelt compassion, kindness, humility, gentleness, and patience."  
- *Colossians 3:12*. Experience these at a Worldwide Marriage Encounter Weekend. The next available weekends are April 13-15, 2018 in Baxter, MN and September 14-16, 2018 in Alexandria, MN. Early registration is highly recommended. For more information visit our website at: [northmnwwme.org](http://northmnwwme.org) or contact Alan & Missy at [applications@northmnwwme.org](mailto:applications@northmnwwme.org) or 888-455-3496.

### Please Keep These People In Your Prayers:

- † **PARISHIONERS:** Arthur Barthman, John Erickson, Ron Kor, Bonnie McGregor, Mary Murphy, JoAnn Payment, Verna Rafn and Joe Seeber.
- † **FRIENDS & RELATIVES:** Cathy Brewster, Bill Carlson.
- † **MILITARY PERSONNEL:** Garrett Aho, Nate Berger, Jacob Kearin, James Mickle, Christopher Uremovich, Maddison Zavoral and Sophia Zavoral.
- SACRED HEART CANDLE:** Oscar & Ann Anderson.

### Family Faith Formation

We will meet next on **Wednesday, February 7**. The families will start with dinner together at 6 pm, followed by classes at 6:30 pm. **All parishioners are invited to attend the Adult Faith Formation with the parents in the Church at 6:30 pm.** There is child care available for those who have children younger than kindergarten. If you would like to know more about our program, contact Cindy at 226-3100.

### Temporary Changes:

During the cold and flu season, we will not be offering the chalice of Christ's Precious Blood during Holy Communion. Also, we ask that you please use your discretion during the "Sign of Peace." Our goal is to prevent the spread of illness as much as we can.

### Prayer Shawl Ministry:

Prayer shawls and lap robes are made in prayer by volunteers to be given to someone with a prolonged or serious illness, in hospice, as a comfort after a loss of a loved one or in times of stress. If you know someone who could benefit from a prayer shawl or would like more information, please call Liz Scheidt at 834-6492 or Linda Hoffman at 830-0605. The Prayer Shawl Ministry meets on the second Tuesday of each month at 9 am. New people are always welcome to join.

### Rosary:

Our Blessed Mother Mary is pleading with all of us to pray the Rosary—a very powerful prayer. Besides praying the Rosary prior to weekday Masses, we also pray the Rosary at 4:00 pm before the 4:30 Saturday evening Mass and at 10:30 am before the 11:00 am Sunday morning Mass. Please join us in praying the Rosary. If you are interested in leading the Rosary prior to one of the weekend Masses, please call Linda at 834-3568.

## St. Mary's Mass Schedule

<b>Saturday</b>	<i>ST. ANGELA MERICI</i>	<b>1/27/18</b>
<b>6:30 p.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>7:15 p.m.</b>	<b>Mass - Intention for Veterans</b>	
	Reader.....Rick Frericks	
	Cantor.....Andy Buell	
	Plate.....Don Seipke	
	Servers.....Thomas Rowlee & Owen Zabrocki	
<b>Sunday</b>	<i>FOURTH SUNDAY IN ORDINARY TIME</i>	<b>1/28/18</b>
<b>7:50 a.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>8:30 a.m.</b>	<b>Mass - Intention for All Parishioners</b>	
	Reader.....Ed Hynes	
	Cantor.....Tom Palen	
	Plate.....Deacon Jack Ferris	
	Servers.....Laurese McKinney & Jason Blood	
<b>Monday</b>	<i>WEEKDAY IN ORDINARY TIME</i>	<b>1/29/18</b>
	<b>No Mass</b>	
<b>Tuesday</b>	<i>WEEKDAY IN ORDINARY TIME</i>	<b>1/30/18</b>
7:50 a.m.	<b>Rosary</b>	
8:15 a.m.	<b>Mass - Intention for Walter Skalsky</b> ☩	
<b>Wednesday</b>	<i>ST. JOHN BOSCO</i>	<b>1/31/18</b>
7:50 a.m.	<b>Rosary</b>	
8:15 a.m.	<b>Mass - Intention for Deanna Larson</b>	
<b>Thursday</b>	<i>WEEKDAY IN ORDINARY TIME</i>	<b>2/1/18</b>
7:50 a.m.	<b>Rosary</b>	
8:15 a.m.	<b>Mass - Special intention for healing the sick</b>	
<b>Friday</b>	<i>THE PRESENTATION OF THE LORD</i>	<b>2/2/18</b>
7:50 a.m.	<b>Rosary</b>	
8:15 a.m.	<b>Mass - Intention for Deanna Larson</b>	
<b>Saturday</b>	<i>ST. BLAISE &amp; ST. ANSGAR</i>	<b>2/3/18</b>
<b>6:30 p.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>7:15 p.m.</b>	<b>Mass - Intention for married couples at St. Mary's</b>	
	Reader.....Jeff Asmussen	
	Cantor.....Patty Armstrong	
	Plate.....Deacon Fred Wright	
	Servers.....Corrina Marolt & Michaela Geissler	
<b>Sunday</b>	<i>FIFTH SUNDAY IN ORDINARY TIME</i>	<b>2/4/18</b>
<b>7:50 a.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>8:30 a.m.</b>	<b>Mass - Intention for All Parishioners</b>	
	Reader.....Gerry Bahar	
	Cantor.....Sue Bahar	
	Plate.....Deacon Fred Wright	
	Servers.....Lucas Stadler & Carter Zabrocki	
<b>Weekend Collection</b>		
General.....	\$3452.00	
Front Wall Project.....	\$5900.00	
Building Fund.....	\$300.00	
UCA.....	\$380.00	

## Holy Spirit's Mass Schedule

<b>Saturday</b>	<i>ST. ANGELA MERICI</i>	<b>1/27/18</b>
<b>3:30 p.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>4:30 p.m.</b>	<b>Mass — All Parishioners</b>	
	Reader.....Liz Scheidt	
	Cantor.....Rosemary Guiney	
	Servers.....Nathan Campbell & To be assigned	
<b>Sunday</b>	<i>FOURTH SUNDAY IN ORDINARY TIME</i>	<b>1/28/18</b>
<b>11:00 a.m.</b>	<b>Mass — Intention for</b> ☩ <b>Kenneth Nyquist</b>	
	Reader.....To be assigned	
	Cantor.....Judy Fleischer	
	Servers.....Ethan Bopp & Isaiah Beamer	
<b>Monday</b>	<i>WEEKDAY IN ORDINARY TIME</i>	<b>1/29/18</b>
	<b>No Mass</b>	
<b>Tuesday</b>	<i>WEEKDAY IN ORDINARY TIME</i>	<b>1/30/18</b>
<b>5:30 p.m.</b>	<b>Mass — Intention for</b> ☩ <b>Rita Svir</b>	
<b>6:00 p.m.</b>	<b>Choir</b>	
<b>Wednesday</b>	<i>ST. JOHN BOSCO</i>	<b>1/31/18</b>
	<b>No Mass</b>	
<b>Thursday</b>	<i>WEEKDAY IN ORDINARY TIME</i>	<b>2/1/18</b>
<b>8:15 a.m.</b>	<b>Mass — Intention for</b> ☩ <b>Mary Jane Smith</b>	
<b>Friday</b>	<i>THE PRESENTATION OF THE LORD</i>	<b>2/2/18</b>
<b>7:30 a.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>8:15 a.m.</b>	<b>Mass — Intention for</b> ☩ <b>Carol Giacomini</b>	
<b>9:00 a.m.</b>	<b>Eucharistic Adoration with Benediction</b>	
<b>Saturday</b>	<i>ST. BLAISE &amp; ST. ANSGAR</i>	<b>2/3/18</b>
<b>3:30 p.m.</b>	<b>Sacrament of Reconciliation</b>	
<b>4:30 p.m.</b>	<b>Mass — All Parishioners</b>	
	Reader.....Paulette Moreland	
	Cantor.....To be assigned	
	Servers.....Kate Thomasen & To be assigned	
<b>Sunday</b>	<i>FIFTH SUNDAY IN ORDINARY TIME</i>	<b>2/4/18</b>
<b>11:00 a.m.</b>	<b>Mass — Intention for</b> ☩ <b>Mary Vukelich</b>	
	Reader.....Mike Hoffman	
	Cantor.....To be assigned	
	Servers.....Hattie & Kaden Edlund	
<b>Weekend Collection</b>		
General.....	\$2,167.00	
Bldg. Fund.....	\$315.00	
Latin America.....	\$20.00	