

# Saint Teresa of Avila Catholic Church

1244 V Street SE, Washington, DC 20020-7016 [www.stachurchdc.org](http://www.stachurchdc.org)

Twining with our sister parish, St. Antoine, Vieux Bourg and with the Diocese of Jeremie, Haiti, West Indies

**Sunday, February 13, 2022**

**Fifth Sunday in Ordinary Time**



Msgr. Raymond G. East, Pastor; [rayeast@icloud.com](mailto:rayeast@icloud.com); Mobile: 202-355-8888

## MASS SCHEDULE

**Sunday 9:30 AM** *livestream online*

**Sunday 11:30 AM** *in the courtyard between the church and the convent*

**\*Weather permitting\***

## RECONCILIATION

Monsignor East is available for drive-by confessions. Please contact the PLC to schedule a time.

## OFFICE HOURS

**Monday – Thursday, 10:00 AM – 3:00 PM**  
**Friday, 10:00 AM – 1:00 PM**

## PARISH STAFF

**DEACON:** Dr. William A. Hawkins, Jr.  
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**PARISH RECEPTIONIST**  
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**PARISH BOOKKEEPER**  
Sister Pauline Oduekila, [paulineoduekila@yahoo.fr](mailto:paulineoduekila@yahoo.fr)



# God is on your side. (He always has been.)

Psalm 124

## SUNDAY GOSPEL REFLECTION

\_\_\_\_\_ Luke 6:17, 20-26

Good Morning, St. Teresa. This is the 6th Sunday in Ordinary Time. We are deep in the throes of winter, but it certainly seems rather mild so far. Mardi Gras and Lent are just around the corner. Unfortunately, Lent is thought of only as a time of self-denial and is associated with the cold of Winter. But the word Lent comes from an Anglo-Saxon word for “spring.” So, Lent should really be a thoughtful time of preparation for the joy of the Resurrection at Easter and associated with the new life of Spring. After the rains of Spring come and the soil warms up, trees can be planted. Trees are nearly impossible to move once they have developed strong roots.

Today's readings from the Prophet Jeremiah and the Responsorial Psalm both talk of someone who is like a tree planted by the water. These readings remind me of the song from the Civil Rights Movement, “We Shall Not Be Moved,” based on the spiritual of the same name. Jeremiah says, **“Blessed is the one who trusts in the Lord, whose hope is the Lord. He is like a tree planted beside the waters that stretches out its roots to the stream: it fears not the heat when it comes; its leaves stay green; in the year of drought, it shows no distress, but still bears fruit.”** The Responsorial Psalm says, **“He is like a tree planted near running water, which yields its fruit in due season, and whose leaves never fade... Blessed are they who trust in the Lord.”** The song says, **“God is on our side, we shall not be moved. Just like a tree that's planted by the water, we shall not be moved.”** Church, my title today is God is on our side; we shall not be moved.

Jeremiah and the Responsorial Psalm give us new insight into the Beatitudes proclaimed by Jesus in today's reading from the Gospel of Luke.

**“Blessed are you who trust in the Lord who are poor, for the kingdom of God is yours. Blessed are you who trust in the Lord who are now hungry, for you will be satisfied. Blessed are you who trust in the Lord who are now weeping, for you will laugh. Blessed are you who trust in the Lord when people hate you, and when they exclude and insult you, and denounce your name as evil on account of the Son of Man... Behold, your reward will be great in heaven.”** Jesus always urged his followers to trust in the Lord. He often told those He healed, **“Your faith has saved you.”** God is always ready to forgive us, to heal us, and to help us when we come to Him in faith. When we trust in the Lord, the kingdom of God will be ours. When we trust in the Lord, our hunger will be satisfied. When we trust in the Lord, our weeping will end in laughter. When we trust in the Lord, whatever we suffer for the love of Jesus will lead to a great reward in heaven. **God is on our side; we shall not be moved.**

Jeremiah says, “Cursed is the one who trusts in human beings, who seeks his strength in flesh, whose heart turns away from the Lord. He is like a barren bush in the desert that enjoys no change of season, but stands in a lava waste, a salt and empty earth. Jesus says, **“Woe to you who are rich... who are filled now...who laugh now... when all speak well of you...”** In other words, Jesus is saying, Woe to those who do not trust in the Lord but instead trust in riches, the pleasures of life, good times, and popularity. Now we all know that money, food, laughter, and good reputation are not inherently evil. Scripture says, **“The love of money is the root of all evil.”** We are fine as long as we use the things of this world properly and do not let them use us.

To love God and to love our neighbors are still the first two Commandments. Nothing is more important than they are. Jesus Himself says, “**You cannot love both God and mammon.**” Church, we cannot serve two masters.

Another verse of the spiritual goes like this: “**Fighting sin and Satan, we shall not be moved.**” One thing for sure, the battle against sin and Satan is not ours. It’s the Lord’s. The only way we can fight sin and Satan is through the power of God. Jesus doesn’t demand of His followers that we be perfect. He only asks us to trust in Him. In John 14:1, Jesus says: “**Do not let your hearts be troubled. You have faith in God; have faith also in Me.**” A favorite trick of Satan is to remind us of our past sinfulness so we think we cannot change. Satan also uses the bad things that happen to good people to try to shake our faith in God and His Goodness. Although we cannot change our sinfulness by ourselves, with God everything is possible. The bad things that happen are not punishment for our sins; they call us to repentance. **God is on our side; we shall not be moved.**

Jesus did not come to save just you and me from our sins. He came to save all humanity. The tree that is planted by the waters “**yields its fruit in due season.**” As His disciples, we have a mission. Jesus wants all of His followers to work with Him to bring to His Father a harvest of souls. Of course, we are all called to serve in our own individual way. In his Introduction to the Devout Life, St. Francis de Sales says, “**Devotion must be exercised in different ways... the practice of devotion must also be adapted to the strength, activities, and duties of each particular person... [Devotion] arouses us to do quickly and lovingly as many good works as possible, both those commanded and those merely counseled or inspired.**

**Wherever we may be, we can and should aspire to a perfect life.**” God is on our side; we shall not be moved.

So, we are called to be trees planted by the waters and to bear fruit in due season. God has planted us here at St. Teresa in this day and time. Since nothing God does is an accident, we are planted here for His purpose. All the ills we bemoan in the world at large manifest themselves in miniature in Anacostia. The world has poverty; so, does Anacostia. People are hungry in the world; so are the people of Anacostia. People in the world lack affordable housing; so, do the people in Anacostia. People in the world lack the knowledge of God and of His Son, Jesus Christ; the same is true of Anacostia. In the past, Msgr. East has viewed WIN as a good vehicle for helping Anacostia. I wonder what we might do for and with the people of Anacostia.

Jesus promises the Samaritan woman “living water” and says in John 4:14, “but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.” As we draw on His living waters and strive to bear fruit in due season, we are strengthened for any task God calls us to perform. In John 15:5, Jesus says: “I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing.”

Jesus can make us fishers of men and women. He can feed the hungry with our five loaves and two fish. He can use us to heal the sick and comfort the sorrowful. He can use us to bring peace to our troubled neighborhoods in Anacostia. We can do all things through Christ Who strengthens us. **God is on our side; we shall not be moved.** Amen, Amen.

—Deacon Dr. William A. Hawkins, Jr.

“The Lord is my light and my salvation;  
whom shall I fear?  
the Lord is the strength of my life;  
of whom shall I be afraid?”

— Psalm 27:1

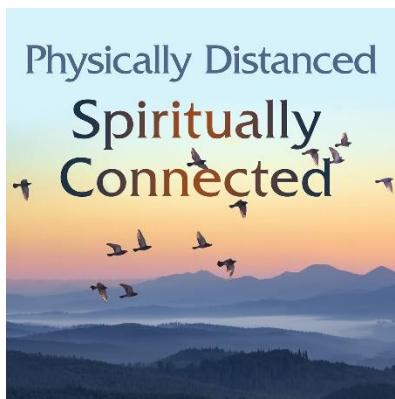
Source: King James Version (KJV) Bible. Photo: Northern Lights, Aurora Borealis. Public domain.

QuotesCosmos



Welcome to Saint Teresa of Avila parish, where we recognize and celebrate the joy of the Lord as our strength! We are so glad you stopped by to visit us today.

We think you will find STA a welcoming community of believers filled with the love of Jesus and each other. Your presence will allow us to be a friend, make a friend, and bring a friend to Christ.



of this Pandemic. To do this, we will suspend in-person Mass immediately.

We will continue virtual services for the remainder of January and throughout the month of February. Our virtual services are a part of who we are now as a church and as a family, so we invite you all to join us each week online as we share in God's goodness. This pause will only make us stronger in our spiritual walk and bring us closer in communion with one another to prepare for our 40-day Lenten Journey starting on Ash Wednesday. Please visit the [STA website](#) and click on the [Resources](#) tab for details on how you can participate in the many spiritual virtual opportunities St. Teresa of Avila has to offer.

**FREE COVID-19 TEST KITS!** Starting January 19th, the Biden Administration began distributing at-home, rapid COVID-19 tests to American homes for free at [COVIDTests.gov](#). This program will ensure that Americans have at-home, rapid COVID-19 tests available in the weeks and months ahead—in addition to the number of other ways they can get tested.

## MASS SCHEDULE

Join us online each **Sunday for Mass on STA YouTube** and **Facebook Live** channels at **9:30 AM**. Visit the Archdiocese Website for additional recorded and live-streamed Masses at <https://adw.org/live-streamed-masses-and-prayers/>.

**Outdoor Mass is held on Sundays at 11:30 AM** in the courtyard between the church and the convent, **weather permitting**. All are welcome!



### ADMINISTRATION

Pastoral Council | Finance Council  
Parish Staff | Communications Committee  
Membership

### SERVICE

Haiti Mission | Health Awareness  
Senior Adult Outreach | Virginia Morgan  
Memorial Soup Kitchen || Mothers on the Move  
Spiritually (M.O.M.S)

### LITURGICAL MINISTRIES

Eucharistic Ministers | Lectors | Ministers of  
Hospitality | Nurses | Environment

### WORSHIP & ARTS

Liturgical Dance | Drama Ministry | Gospel Choir  
| Children & Youth Choir | Men's Ensemble  
| Women's Ensemble | Sisters of Praise  
| Instrumental Praise | Sight & Sound Ministry

### EDUCATION

Youth Faith Formation | Adult Faith Formation  
Faith Links Small Group | Bible Study Baptism

### COMMUNITY

Sodality | St. Vincent DePaul | S.H.A.R.E.  
| Kairos Prison Ministry | M.O.S.T. (Men of St.  
Teresa) | Washington Interfaith Network Cursillo  
Ultreya | Teen Club | Girl Scouts | Boy Scouts  
| Bereavement Ministry



Please Pray for our sick, our shut-in, and all who are suffering from the fears of this Pandemic. And Jesus says, "Let me fill you with My Love. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being."

\_\_\_\_\_ Ephesians 3:16

Sandi Allison-Harris, Joyce Barbour (sister of Audrey Barbour), Marian Barbour (mother of Audrey Barbour), Darlene Barnes (mother of Darren Barnes), Monica Barnes, Briana Brown (granddaughter of Robin Kelly), Katie Butler, Jimmy Campbell (brother of Donna Bell), Vermel Thompson-Chichester, Aaron Coates, Betty Cook (aunt of Wanda Smith), Bro. Jeff Corry, Maurice Crump, Sr., Nadine Day, Helen Despertt, Sharon Franks-Dunbar, Clark James Durand, Thomas Easter, Howard Fleming, Patricia Franklin, John Friday, Mary Frye, William Gorham, Mary Greenfield, Renee Gross, Antonio "Big Tony" Haggins, Ethel Hale, Betty Hamer (mother of Anna Friday), Delores Hatcherson, Audrey Hawkins, Princess Collins (niece of Shirley Hawkins), Kim Jackson, Patricia Pickens-James, Margaret Jenkins, Charles Johnson III, Reginald Johnson, Jonnette Jones, Sheila Kennedy, Jahan Keys (great nephew of Shirley Hawkins), Inez Matthews, Janet Mauceri-McCain, Paul McCloud (Ralph McCloud's brother), Veronica McKinney, Gwendolyn Means, Dorothy Morgan, Mother Kamana Asteria Mukangango (mother of Fr. Didace), Vivian Parker (Sister Marie Bernadette's sister), Dennis Patterson (father of Denise Wilson, Grandfather of Sheronne Wilson and Great Grandfather of Dylan Coleman), Angela (Angie) Powell (daughter of Jackie Christian), Jocelyn Reyes, Sr. Anne Marie Schreiner for healing and for her sister Patty in transition, Michelle Whatley-Seabrooks, Willa Spruill, Yolanda Thomas, Bernadette Trowell, Carol Walker, Jonathan Wallace (son of Mary Wallace), Mary Wallace, Sharree Walls, Denise Washington, Alice Wingate, and Tom Young.

How can we pray for you and your family? You can send your request directly to [stachurchcommunications@gmail.com](mailto:stachurchcommunications@gmail.com) or contact the PLC.



# DAILY MASS READINGS

## February 13<sup>th</sup>, Sixth Sunday in Ordinary Time

Jeremiah 17:5-8, Psalms 1:1-2, 3, 4 and 6, 1 Corinthians 15:12, 16-20, Luke 6:17, 20-26

## February 14<sup>th</sup> Monday Sixth Week in Ordinary Time

Memorial of Saints Cyril, Monk and Methodius, Bishop  
James 1:1-11, Psalms 119:67, 68, 71, 72, 75, 76  
Mark 8:11-13

## February 15<sup>th</sup>, Tuesday Sixth Week in Ordinary Time

James 1:12-18, Psalms 94:12-13A, 14-15, 18-19  
Mark 8:14-21

## February 16<sup>th</sup>, Wednesday Sixth Week in Ordinary Time

James 1:19-27, Psalms 15:2-3A, 3BC-4AB, 5  
Mark 8:22-26

## February 17<sup>th</sup>, Thursday Sixth Week in Ordinary Time

James 2:1-9, Psalms 34:2-3, 4-5, 6-7, Mark 8:27-33

## February 18<sup>th</sup>, Friday Sixth Week in Ordinary Time

James 2:14-24, 26, Psalms 112:1-2, 3-4, 5-6  
Mark 8:34-9:1

## February 19<sup>th</sup>, Saturday Sixth Week in Ordinary Time

James 3:1-10, Psalms 12:2-3, 4-5, 7-8, Mark 9:2-13

## February 20<sup>th</sup>, Seventh Sunday in Ordinary Time

1 Samuel 26:2, 7-9, 12-13, 22-23, Psalms 103:1-2, 3-4, 8, 10, 12-13, 1 Corinthians 15:45-49, Luke 6:27-38



While we cannot personally wish you **Happy Birthday**, we wanted you to know that we did not forget! Below is the list of birthdays for the **third week of February**.

(2/15) Judy McCarter  
(2/16) Monica Jeffries-Barnes  
(2/18) Carmalita Lyles, Jeff Corry

**We thank God for the life He has given us in each of you!**

**If we have not listed your birthday, we do not have it! PLEASE CONTACT the Parish Life Center IMMEDIATELY!**

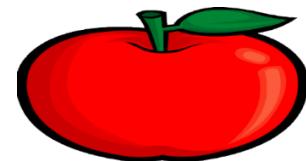


**Join the Sodality in praying the Rosary each Sunday, at 11:00 AM via free conference. The dial-in number is 1-602-580-9273. The access code is 5360845.** When dialing in, please mute your phone after announcing your name.



### **Wisdom Wednesdays**

Join us on **Wednesday mornings at 11:00 AM** for praise and worship. Each week we come together and learn more about the origins of many gospel hymns, praise and worship chorus, and Gospel songs, followed by time for discussion and prayer. **Please check the calendar of events on the website for dial in information.**



### ***An Apple of the Week***

The month of February is the month of the heart. ❤️ Wearing red during the month is a way to honor heart health. Heart disease is the leading cause of death in the United States, one person dies every 36 seconds, and 1 in 5 are from silent heart attacks. Do you know the signs of a heart attack? Here are a few are:

- Shortness of breath, chest pains, weakness, and fatigue.
- A feeling of unease or discomfort.

Then there's the silent heart attack. The symptoms can occur without realizing they are associated with heart disease. Unfortunately, these symptoms can involve the blockage of blood flow to your heart and possible damage to the heart muscle. A few signs are:

- Sore back.
- Pain in the neck or arm.
- Heartburn, belching or upset stomach.

It's important to remember that you are not alone. Recovering from a heart attack can be overwhelming as you try to understand what happened and what's next. You are dealing with new emotions like fear, anger, anxiety, and a sense of powerlessness. The "Good News" is that you can create a happy place for a healthier heart, and there is room in your life to create a healthier lifestyle. You can start by reducing stress;

walking helps, and if you can get up and move, dance or jump.

Eat healthier with colors in mind like red, yellow, and orange vegetables, and have a solid spiritual life, a purposeful life, and laugh often.

Every day, as you read and study the Bible, pray that the Holy Spirit will open your eyes of understanding to see all the beautiful things He has put there for you. It reminds me of the scripture, Psalms 37: 4, "*Delight yourself in the lord, and he will give you the desires of your heart.*"

Remember to pick up an apple daily, it will boost your heart health.

#### The Health Ministry



**DEADLINE FOR BULLETIN & ANNOUNCEMENT  
SUBMISSIONS IS WEDNESDAY  
BY 5:00 PM. PLEASE SUBMIT**

TO:[stachurchcommunications@gmail.com](mailto:stachurchcommunications@gmail.com)



Here at STA, we practice "Stewardship" through our ministries, liturgies, and outreach, St. Teresa of Avila Catholic Church touches the lives of hundreds of people in the Washington metropolitan area. You can help play a special and enduring role in our work. Regardless of your situation in life, there are multiple ways to support STA — first through your prayers but also through the gifts of your time, talents, financial resources and treasures.

Thank you for your generous tithes and love offerings. There are two easy ways to give:

- **eGiving:** Visit [www.stachurchdc.org](http://www.stachurchdc.org) and click on "Tithes and Love Offerings."

- Drop off or send your donation by mail to the **Parish Life Center** at 1401 V Street, SE, Washington, DC 20020.

## HIGHWAY TO HEAVEN



## IN MEMORIUM

*Please keep the families of our beloved parishioners who have gone home this month lifted in prayers. They have made their way to this Highway to Heaven.*

### **Cayla Fowler**

*(Granddaughter of Mary Gorham)*

### **Stefan Abresch**

*(Friend of STA)*

### **Mildred Munson**

*(Sister of Inez Matthews)*

### **Baby Jahan Collins**

*(Great Nephew of Shirley Hawkins)*

*We will miss them dearly, but we know that they go before us, and we will see them again.*

*"Father, grant us the peace and assurance that only You can give as we mourn these losses. We know that You are the author of life, that every one of Yours that leaves this world is coming directly to You. Grant those of us who remain here, waiting, watching, and trusting in You, the comfort, and strength to go on without them.*

*Amen, Amen, Amen."*



## **HELPING HANDS**

**"St. Teresa of Avila is called to be an evangelized and evangelizing community of believers who bear witness to Jesus Christ present in our midst."** If you are called to evangelize, please consider volunteering to read the **Parish Vision Statement**. You need not have experience, only a love for proclaiming our Parish Vision.

**Anyone interested please send an email to:**  
[stachurchcommunications@gmail.com](mailto:stachurchcommunications@gmail.com)

## **2021 Annual Contribution Statements are now available!**

**You can obtain your 2021 contribution statements by using one of these methods:**

- *Electronically by sending your request to Pam Council at [pcouncil2009@gmail.com](mailto:pcouncil2009@gmail.com).*
- *Pick-up at the Parish Life Center by appointment only. Call (202) 678-3709 to schedule with the staff.*



## **Prayer for Haiti (Novena)**

**In the name of the Father and of the Son and of the Holy Spirit. Amen**

**God of Life...**Heavenly Father, we come to you being grateful for the gift of life for ourselves and our brothers and sisters in Haiti. We ask that you move in a mighty way to overcome challenges of life and death by providing necessary resources amid political unrest and devastation due to natural disasters.

Help us to recognize and assist in some way to achieve "quality of life" in Haiti.

**God of Hope...**We come to you asking for restoration of food, shelter, health, peace, and unity for the common good of all people.

**God of Creation...**Creator of the Universe.... Maker of great and small, touch the hearts and hands of us.

Let us unite our efforts to achieve by caring for God's people with respect and dignity.

**God of Love...** Let your love be the driving force that compels us to words and actions of faith, hope and charity. Lord, we ask you to replace any division, malice, discord, or greed with love. For in this love, we share safety, joy, and victory over evil.

**God of Miracles...**God, we thank you for divine intervention to the ongoing challenges that impact the quality of life among our brothers and sisters in Haiti.

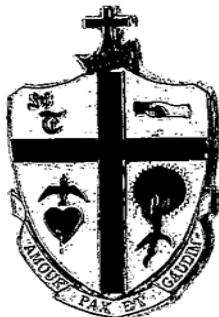
\_\_\_\_\_**Amen**



## **United States Naval Academy Summer Seminar**

The United States Naval Academy Summer Seminar is the first step in navigating your future to becoming one of our nation's next generation of leaders. If you are currently in your junior year of high school and considering the Naval Academy as your college of choice, we strongly recommend you consider applying to Summer Seminar. Summer Seminar will introduce you to life at the Academy, where you will experience first-class academic, athletic, and professional training at the #1 public college in the Country (released 2021 U.S. News & World Report College Ranking Report). Your Summer Seminar application will also serve as a preliminary application to the Academy that you will complete before or during your senior year. Visit the USNA at

<https://www.usna.edu/Admissions/Programs/NASS.php#fndtn-panel1-Steps-For>



**MEN OF SAINT  
TERESA OF AVILA  
CATHOLIC CHURCH**

**2022 George T. Wade  
Scholarship  
For Continuing  
Education**

**PURPOSE:** To assist and aid in furthering the educational goals of a registered member of Saint Teresa of Avila Catholic Church.

**WHO CAN APPLY:** Any registered member of St. Teresa of Avila Catholic Church ages 19 and older, who is not a previous recipient of the George T. Wade Scholarship for Continuing Education.

**HOW TO APPLY:** Applicant must submit a five hundred word, double-spaced, typed essay on one of the following subjects:

- ◆ How can Saint Teresa of Avila increase participation in church services and church activities during the pandemic?
  
- ◆ Do you feel that it is important to attend Mass physically or virtually?
- ◆ How has the pandemic affected your faith and/or religious participation?

**Also included with the essay, applicant must submit proof of acceptance at an accredited institute of higher learning.**

**CRITERIA FOR SELECTION:**

- ◆ **Quality** (*distinguishing attributes, excellence, and strength*)
- ◆ **Grammatical Accuracy** (*conformity to rules of grammar*)
- ◆ **Sincerity** (*honesty and earnest devotion*)

*Awardees will receive up to \$1,000.00 credit payable to the educational institution they attend. Non awardees will receive a letter of acknowledgement.*

**Instructions:**

**Submit applications for scholarship on or before Sunday February 20, 2022.** You may email to:

**Paul M. Washington** at [pmwashi@hotmail.com](mailto:pmwashi@hotmail.com)  
**Tony Yorkshire** at [tyorkies1@verizon.net](mailto:tyorkies1@verizon.net), or  
**Michael Howard** at [howard012155@gmail.com](mailto:howard012155@gmail.com)

**Or mail to the STA Parish Life Center  
c/o M.O.S.T. George T. Wade Scholarship  
1401 V Street, S.E., Washington, D.C. 20020**

**The recipient of the Scholarship will be notified and will be announced at the 9:30 AM Mass on Sunday.**

**Good Luck! May our good Lord continue to bless you and your educational goals.**





*Pilgrimage to*

# MEDJUGORJE



With **Dcn. Leo Flynn & Msgr. Raymond East**

**September 1 - 12, 2022**

\$2,899 per person from  
Washington Dulles (IAD)

**\$200 off per person** for bookings received by **Jan 31, 2022**  
use promo code: **FLYNN**



Visit: [www.pilgrimages.com/dcnflynn](http://www.pilgrimages.com/dcnflynn) to book

St. Teresa of Avila Roman Catholic Church  
1400 U Street, SE  
Washington, DC 20020  
202-678-3709

## ***"JOURNEYING THROUGH LENT - TOGETHER WITH THE SYNOD"***



Pope Francis has called the entire Catholic Church to journey together and to participate in the upcoming Synod of Bishops!!! STA will conduct Small Group Listening Sessions through Lent to add our voices to this effort.

All parishioners, \*Ministries and \*organizations can participate!  
To sign-up go to <https://stachurchdc.org/faith-links-small-group>

### **LISTENING SESSION FACILITATOR AND RECORDER TRAINING**

**Date: Saturday, February 26, 2022**

**Time: 10:00 AM – 11:30 AM**

**Venue: Zoom (link provided to all who register)**

*\*Send 2 Representatives to the Listening Session Training*

To Register for the Training go to [faithlinkssmallgroups@gmail.com](mailto:faithlinkssmallgroups@gmail.com) or contact the Parish Life Center at 202-678-3709.