

Saint Teresa of Avila Catholic Church

1244 V Street SE, Washington, DC 20020-7016 www.stachurchdc.org

Twinning with our sister parish, St. Antoine, Vieux Bourg and with the Diocese of Jeremie, Haiti, West Indies

Sunday, May 22, 2022
Sixth Sunday of Easter



Msgr. Raymond G. East, Pastor; rayeast@icloud.com; Mobile: 202-355-8888

MASS SCHEDULE

Sunday 9:30 AM in-person and online

Sunday 11:30 AM in the courtyard between the church and the convent

Weather permitting

RECONCILIATION

Monsignor East is available for drive-by confessions. Please contact the PLC to schedule a time.

OFFICE HOURS

Monday – Thursday, 10:00 AM – 3:00 PM

Friday, 10:00 AM – 1:00 PM

PARISH STAFF

DEACON: Dr. William A. Hawkins, Jr.

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DEACON: Timothy E. Tilghman

tilghman13@gmail.com

DIRECTOR OF WORSHIP & ARTS
Shirli Hughes, shirli.stamusic@gmail.com

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PARISH RECEPTIONIST
Pamelia Council, pcouncil2009@gmail.com

PARISH BOOKKEEPER
Sister Pauline Oduekila, paulineoduekila@yahoo.fr



If Anyone Loves Me, He Will Keep My Word

John 14:21, 23-24 NKJV SCRIPTURE SONG

SUNDAY GOSPEL REFLECTION

____ John 14: 23-29

“If a man loves Me, he will keep My Word.” Jn 23

This is a hard word for me because I do love God but struggle daily to keep His word. Does that mean I really don't love Him? That's scary! And what about people who do not believe in Jesus yet perform wonderful works of kindness and charity? Is it really that cut and dry?

“But the Counselor, the Holy Spirit whom the Father will send in My name will teach you

I must believe Jesus knows how difficult it is for me to obey him ALL the time. He knows how flawed we are as humans. Hence, He sent us help in the person of the Holy Spirit to teach us everything and remind us of all that He told us. The Holy Spirit is a gift and also comes with His own gifts: Love, Joy, Peace, Kindness, Goodness, Faithfulness, Gentleness and Self-control. So, He is the gift that keeps on giving!

If we are baptized, we have received the gift of the Holy Spirit who lives in us and is talking and teaching us throughout the day/night. However, we must be on the right frequency to hear from Him and often we have turned Him off so that we can live and do what we want to do. At any point in time, we can change the frequency back to the Holy Spirit channel by reading our Word, praying, listening to spiritual songs, conversing with persons of like faith, meditating, attending Mass, etc. Once we turn on the Holy Spirit channel, it is like we never left.

The Holy Spirit is there still talking, teaching, listening, loving, etc. That's great to know!

“Peace, I leave you. My peace I give you.” Jn 27

Have you ever wondered what Jesus' peace must be like. I imagine He has no cares, no worries, no sickness, no pain but only joy, love, and complete restfulness. It is difficult for me to imagine having the peace of Jesus, but I strive for it daily and with the help of the Holy Spirit and all the gifts He brings, it gets easier by the day.

“I am going away and am returning to you... I am going to the Father.” Jn 28

Jesus knows how skeptical we are as humans, always asking for proof. One way to make a person a believer is to tell him something before it happens so when it happens, he will think back on what he heard and know that the person was authentic, had accurately forecasted the future. Jesus told his disciples that he was going to His Father so when He ascended and was no longer found walking the earth, they would not be afraid but believe that He was with His Father.

Since Jesus told his disciples that He was going to the Father, and it proved to be true it should have made the second part of that statement “and am returning to you” such a blessing to hear and much easier to believe. He IS coming back for us!

“Blessed are those who have not seen and yet believe” Jn 20:29 That's us!

____ Sharon Daniels, Member
Saint Teresa of Avila Catholic Church



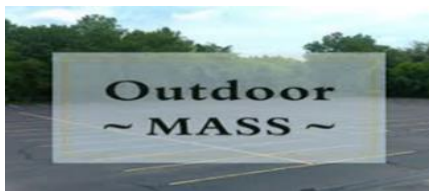
Welcome to Saint Teresa of Avila parish, where we recognize and celebrate the joy of the Lord as our strength! We are so glad you stopped by to visit us today.

We think you will find STA a welcoming community of believers filled with the love of Jesus and each other. Your presence will allow us to be a friend, make a friend, and bring a friend to Christ.

*Worshipping
Together
at last!*

As we return to in person worship again, whether fully vaccinated or not, Saint Teresa of Avila will continue to practice COVID health and safety precautions for all. Each week if you plan to attend in-person Mass, to avoid any delays in getting into the church house, we ask that you **complete the online COVID-19 questionnaire by Saturday 2:00 pm (this includes children) or be prepared to complete and sign when you arrive.** Please [click here](#) to complete the online questionnaire.

Join us every Sunday online on [STA YouTube](#) and [Facebook Live](#) channels at **9:30 AM**. Visit the Archdiocese Website for additional recorded and live-streamed Masses at <https://adw.org/live-streamed-masses-and-prayers/>.



Outdoor Mass is held on Sundays at 11:30 AM in the courtyard between the church and the convent, **weather permitting**. All are welcome!

All services are livestreamed and in-person.



Join the Sodality in praying the Rosary Sunday at 11:00AM via free conference call. **The dial-in number is 1-602-580-9273.** The access **code is 5360845**. When dialing in, please mute your phone after announcing your name.



Celebration of First Holy Communion

Join us in celebration of our six First Communion candidates, *Torienne Barnes, Reuben Durand, Corbin Ford, Kylie Lawrence, Lucia Shek, and Torrez Wellington* as they receive the Sacrament of Holy Eucharist this Sunday at the 9:30am Mass. They have studied and engaged in outreach activity as they take this next step in their faith formation.

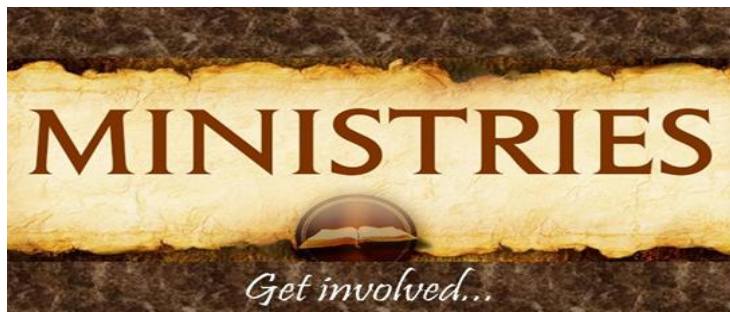
To help you get a closer look at our youth, their pictures remain on the bulletin board in the rear of the church. Be on the lookout for a close-up lesson of how the 2022 Communicants recently journeyed with Christ during His suffering and passion on the cross. Please pray for our 1st Communicants and their families.

Joyfully Celebrating Christ in the EUCHARIST!

_____**Patricia Waddell, Catechist**

Confirmation 2022 – STA Youth

Congratulations to our three Confirmation candidates, ***William Franklin, III, Tyreke Livingston, and Asher Williams***. They will be confirmed on **Saturday, June 4, 2022, at the Shrine of the Immaculate Conception at 9:00 PM**. On **Sunday, June 5, 2022**, our newly confirmed youth will celebrate with their St. Teresa of Avila Church family at the **9:30 Mass**. Please pray for the continued spiritual growth of these three young men.



ADMINISTRATION

Pastoral Council | Finance Council
Parish Staff | Communications Committee
Membership

SERVICE

Haiti Mission | Health Awareness
Senior Adult Outreach | Virginia Morgan
Memorial Soup Kitchen | Mothers on the Move
Spiritually (M.O.M.S)

LITURGICAL MINISTRIES

Eucharistic Ministers | Lectors | Ministers of
Hospitality | Nurses | Environment

WORSHIP & ARTS

Liturgical Dance | Drama Ministry | Gospel Choir
| Children & Youth Choir | Men's Ensemble
| Women's Ensemble | Sisters of Praise
| Instrumental Praise | Sight & Sound Ministry

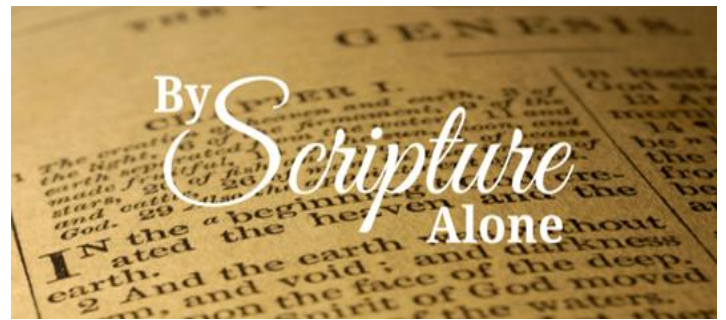
EDUCATION

Youth Faith Formation | Adult Faith Formation
Faith Links Small Group | Bible Study Baptism

COMMUNITY

Sodality | St. Vincent DePaul | S.H.A.R.E. | Kairos
Prison Ministry | M.O.S.T. (Men of St. Teresa)
| Washington Interfaith Network Cursillo Ultreya
| Teen Club | Girl Scouts | Boy Scouts
| Bereavement Ministry

"Don't Carry That Cross Alone"



May 22nd, Sixth Sunday of Easter

Acts 15:1-2, 22-29, Psalms 67:2-3, 5, 6, 8, Revelation
21:10-14, 22-23, John 14:23-29

May 23rd, Monday of the Sixth Week of Easter

Acts 16:11-15, Psalms 149:1B-2, 3-4, 5-6A and 9B
John 15:26-16:4A

May 24th, Tuesday of the Sixth Week of Easter

Acts 16:22-34, Psalms 138:1-2AB, 2CDE-3, 7C-8
John 16:5-11

May 25th, Wednesday of the Sixth Week of Easter

Acts 17:15, 22-18:1, Psalms 148:1-2, 11-12,
13, 14, John 16:12-15

May 26th, Thursday of the Sixth Week of Easter

Memorial of Saint Philip Neri, Priest

Acts 18:1-8, Psalms 98:1, 2-3AB, 3CD-4, John 16:16-20

May 27th, Friday of the Sixth Week of Easter

Acts 18:9-18, Psalms 47:2-3, 4-5, 6-7, John 16:20-23

May 28th, Saturday of the Sixth Week of Easter

Acts 18:23-28, Psalms 47:2-3, 8-9, 10,
John 16:23B-28

May 29th, Sunday the Ascension of the Lord 2022

Acts 1:1-11, Psalms 47:2-3, 6-7, 8-9
Ephesians 1:17-23 or Ephesians 4:1-13 or
Ephesians 4:1-7, 11-13 or Hebrews 9:24-28; 10:19-23,
Matthew 28:19A, 20B, Luke 24:46-53

prayer & fasting

Please Pray for our sick, our shut-in, and all who are suffering from the fears of this Pandemic. And Jesus says, *"Let me fill you with My Love. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being."*

_____ **Ephesians 3:16**

Sandi Allison-Harris, Joyce Barbour (sister of Audrey Barbour), Marian Barbour (mother of Audrey Barbour), Briana Brown (granddaughter of Robin Kelly), Katie Butler, Jimmy Campbell (brother of Donna Bell), Vermel Thompson-Chichester, Betty Cook (aunt of Wanda Smith), Bro. Jeff Corry, Jackie Christian, Maurice Crump, Sr., Nadine Day, Helen Despertt, Clark James Durand, Thomas Easter, Ricardo Featherstone, Howard Fleming, Patricia Franklin, Mary Frye, William Gorham, Keith Graham, Jr. (grandson of Ronique Jones), Mary Greenfield, Renee Gross, Antonio "Big Tony" Haggins, Ethel Hale, Betty Hamer (mother of Anna Friday), Delores Hatcherson, Audrey Hawkins, Princess Collins (niece of Shirley Hawkins), Kim Jackson, Patricia Pickens-James, Margaret Jenkins, Charles Johnson III, Reginald Johnson, Ethel Marshall, Rita Johnson, Jonnette Jones, Sheila Kennedy, Inez Matthews, Janet Mauceri-McCain, Paul McCloud (Ralph McCloud's brother), Veronica McKinney, Gwendolyn Means, Dorothy Morgan, Mother Kamana Asteria Mukangango (mother of Fr. Didace), Ginny Novak, Vivian Parker (Sister Marie Bernadette's sister), Angela (Angie) Powell (daughter of Jackie Christian), Jocelyn Reyes, Sis. Anne Marie Schreiner for healing and for her sister Patty in transition, Wanda Smith, Michelle Whatley-Seabrooks, Stephanie Christian-Smith, Willa Spruill, Yolanda Thomas, Bernadette Trowell, Carol Walker, Jonathan Wallace (son of Mary Wallace), Mary Wallace, Sharree Walls, Denise Washington, Alice Wingate, Eunice Wise, and Tom Young.

How can we pray for you and your family? You can send your request directly to:

stachurchcommunications@gmail.com or contact the PLC.



While we cannot personally wish you **Happy Birthday**, we wanted you to know that we did not forget! Below is the list of birthdays for the **third week of May**.

We thank God for the life He has given us in each of you

(5/22) Robert Milner

(5/23) Sandra Brown

(5/24) Betty Robinson and Morgan Telesford

**(5/25) Ivette Basterrechea-Jones, and
Cassandra Butler**

If we have not listed your birthday, we do not have it! PLEASE CONTACT the Parish Life Center IMMEDIATELY!



Wisdom Wednesdays

Join us on **Wednesday mornings at 11:00 AM** for praise and worship. Each week we come together and learn more about the origins of many gospel hymns, praise and worship chorus, and Gospel songs, followed by time for discussion and prayer. Please check the calendar of events on the website for dial in information.

Don't Miss the
DEADLINE!

**DEADLINE FOR BULLETIN & ANNOUNCEMENT
SUBMISSIONS IS WEDNESDAY
BY 5:00 PM. PLEASE SUBMIT**

TO: stachurchcommunications@gmail.com



Here at STA, we practice "Stewardship" through our ministries, liturgies, and outreach. St. Teresa of Avila Catholic Church touches the lives of hundreds of people in the Washington metropolitan area.

You can help play a special and enduring role in our work. Regardless of your situation in life, there are multiple ways to support STA — first through your prayers but also through the gifts of your time, talents, financial resources and treasures.

Thank you for your generous tithes and love offerings. There are two easy ways to give:

- **eGiving:** Visit www.stachurchdc.org and click on "**Tithes and Love Offerings.**"
- Drop off or send your donation by mail to the **Parish Life Center** at 1401 V Street, SE, Washington, DC 20020.



HELPING HANDS

"St. Teresa of Avila is called to be an evangelized and evangelizing community of believers who bear witness to Jesus Christ present in our midst." If you are called to evangelize, please consider volunteering to read the **Parish Vision Statement**. You need not have experience, only a love for proclaiming our Parish Vision.

Anyone interested please send an email to:
stachurchcommunications@gmail.com

Prayer for Haiti (Novena)

*In the name of the Father and of the Son and
of the Holy Spirit. Amen*

God of Life...Heavenly Father, we come to you being grateful for the gift of life for ourselves and our brothers and sisters in Haiti. We ask that you move in a mighty way to overcome challenges of life and death by providing necessary resources amid political unrest and devastation due to natural disasters. Help us to recognize and assist in some way to achieve "quality of life" in Haiti.

God of Hope...We come to you asking for restoration of food, shelter, health, peace, and unity for the common good of all people.

God of Creation...Creator of the Universe.... Maker of great and small, touch the hearts and hands of us. Let us unite our efforts to achieve by caring for God's people with respect and dignity.

God of Love... Let your love be the driving force that compels us to words and actions of faith, hope and charity. Lord, we ask you to replace any division, malice, discord, or greed with love. For in this love, we share safety, joy, and victory over evil.

God of Miracles...God, we thank you for divine intervention to the ongoing challenges that impact the quality of life among our brothers and sisters in Haiti.



United States Naval Academy Summer Seminar

The United States Naval Academy Summer Seminar is the first step in navigating your future to becoming one of our nation's next generation of leaders. If you are currently in your junior year of high school and considering the Naval Academy as your college of choice, we strongly recommend you consider applying to Summer Seminar. Summer Seminar will introduce you to life at the Academy, where you will experience first-class academic, athletic, and professional training at the #1 public college in the Country (released 2021 U.S. News & World Report College Ranking Report). Your Summer Seminar application will also serve as a preliminary application to the Academy that you will complete before or during your senior year. **Visit the USNA at:**
https://www.usna.edu/Admissions/Programs/NAS_S.php#fndtn-panel1-Steps-For



Are you able to run this for publication in the upcoming Sunday Bulletin? You can abbreviate it or make it an article.

JOIN THE NEW PAX CHRISTI USA STUDY CIRCLE ON ARCHBISHOP WESTER'S PASTORAL LETTER CALLING FOR NUCLEAR DISARMAMENT!

[Register at this link for a special study circle on the pastoral letter](#), beginning Tuesday, May 17!

Take time to read, pray and reflect on this powerful pastoral letter on nuclear disarmament with other Pax Christi USA members and friends. Learn how to use the pastoral for outreach to Catholic leaders, parishes, and schools, and its value as a tool for organizing for nuclear abolition.

[Click here for more information on this 3-session \(May 17, 24, 31\) virtual study circle over Zoom on Archbishop Wester's pastoral letter.](#)

Pax Christi USA has partnered with the Archdiocese of Santa Fe to publish a print version of Archbishop John C. Wester's pastoral letter on nuclear disarmament, [Living in the Light of Christ's Peace: A Conversation Toward Nuclear Disarmament](#).

[Click here to order your copies today](#) from the Pax Christi USA online store and share this valuable resource with your bishop, pastor, and others.

[Click here for complete information and to learn more!](#)

This 52-page full-color booklet is available for \$5.00 (plus s/h) with discounts available: 10% for 10-99 copies; 30% for 100+ copies. (We're making the booklet available pretty much at cost to get it into as many hands as possible!) This is a great resource for individual or group study, with study questions, suggested readings, and more. And it is a great tool for organizing and outreach!



The **East of the River Revival** will take place this year **October 3-5, 2022** at St. Luke's Catholic Church in NE, Washington, DC. The **Youth Revival** will take place **Saturday, October 1st**, location not yet confirmed. Any youth in high school who would like to serve on the Youth Revival Planning Committee, please contact Sharon Daniel at 301-343-1500 for more information. STA, let's represent!

APPLE OF THE WEEK

Mental Health Month, May is Mental Health Awareness month. Living through an unprecedented experience like the COVID-19 pandemic has helped raise awareness of the importance of mental health and its connection to physical health.

Mental health plays a significant role in our overall well-being; in the past two years, there has been an increase in depression, anxiety, and isolation from family members and friends due to Covid-19.

Taking care of our mental health is paramount. Practices such as; having a balanced diet, regular exercise, enough sleep, a sense of self-worth, emotional awareness, developing coping skills that promote resiliency, and connections to family, friends, and community are of great importance during this season of Covid. Practice good self-care; it's healthcare.

_____**Health Ministry**



Pilgrimage to

MEDJUGORJE



With **Dcn. Leo Flynn** & **Msgr. Raymond East**

September 1 - 12, 2022

*\$2,899 per person from
Washington Dulles (IAD)*

CONTACT: leo@theflynnteam.com | 703-328-4762



Visit: www.pilgrimages.com/dcnflynn to book