Saint Teresa of Avila Catholic Church

1244 V Street SE, Washington, DC 20020-7016 www.stachurchdc.org
Twinning with our sister parish, St. Antoine, Vieux Bourg and with the Diocese of Jeremie, Haiti, West Indies

The Solemnity of the Most Holy Trinity

June 12, 2022

Msgr. Raymond G. East, Pastor; rayeast@icloud.com; **Mobile**: **202-355-8888**

MASS SCHEDULE

Sunday 9:30 AM in-person and online

Sunday 11:30 AM in the courtyard between the church and the convent
****Weather permitting****

RECONCILIATION

Monsignor East is available for drive-by confessions. Please contact the PLC to schedule a time.

OFFICE HOURS

Monday – Thursday, 10:00 AM – 3:00 PM
Friday, 10:00 AM – 1:00 PM

PARISH STAFF

DEACON: Dr. William A. Hawkins, Jr.
whawk39564@aol.com

DEACON: Timothy E. Tilghman
tilghman13@gmail.com

DIRECTOR OF WORSHIP & ARTS
Shirli Hughes, shirli.stamusic@gmail.com

SPIRITUAL DIRECTION
Sis. Anne Marie Schreiner, DC
(205) 919-0010, srannema@stv.org

PARISH RECEPTIONIST
Pamelia Council, pcouncil2009@gmail.com

PARISH BOOKKEEPER
Sister Pauline Oduekila, paulineoduekila@yahoo.fr

SUNDAY GOSPEL REFLECTION

"...the Spirit of truth, he will guide you to all truth." (Jn. 16:12-15)

On the Solemnity of the Most Holy Trinity, this unique spiritual, Deep River, caught my attention, especially on the eve of Juneteenth. Deep River captures the movement of the Spirit of truth, which guides us to all truth. And although the Trinity is a mystery, the Holy Spirit will lead us to trust in the Father, the Son, and the Holy Spirit, three in one, who will set us free.

When reflecting on the spiritual, Deep River, the great mystic Howard Thurman called it ***"the most intellectual of all spirituals."*** Prophetically, the unknown author captured a deep understanding of nature correlating to his life: “I've known rivers ancient as the world and older than the flow of human blood in human veins. My soul has grown deep like the rivers.”

Here, the bond servant gives an ageless testimony, documenting that their soul has grown as deep as the river. Life has been like a constant stream of growth from the womb, which could only mean that the Spirit of truth guided them.

In another stanza, we read, "I've seen its muddy bosom turn all golden in the sunset." Again, this spiritual is showing insightfulness. The author captures the journey to freedom, going north of the Mississippi River, or crossing the borders of Canada. The water was muddy, and the outer banks washed away into the river. There were high tides, and heavy turbulence, with no wave being the same. And yet they trusted the Spirit of truth through all of these life obstacles. The mud and the horror of slavery soon washed away to a riverbed of freedom as the slaves waded in the water to the golden sunset. Yes, their soul grew deep like the rivers while trusting the Spirit of truth.

Therefore, let the Spirit of truth guide us on this Trinity Sunday to all truth. Like the river obeys the call of the sea, constantly flowing towards the sea's calling, we, too, must trust the Father's call. We can cry out Abba, Father, when flooded with financial burdens. Our Father is Yahweh-Jireh, our provider.

We can turn to the Son, Jesus, who reminded us in our gospel reading, "Everything that the Father has is mine; for this reason, I told you that he will take from what is mine and declare it to you” (Jn. 16:15). Jesus wants us to be free from the ravages of slavery and the isms of sin in this world where people fail to love one another. And since Jesus died so that we can be free, let us embrace this freedom like a golden sunset. ***"If you remain in my word, you will truly be my disciples, and you will know the truth, and the truth will set you free"*** **(Jn. 8:32).**

Finally, we can turn to the Spirit of truth, even when dryness appears. Some would call those moments of loneliness or feelings of hopelessness low tide. History shows that the enslaved people experienced low tide for one extra year in Texas before feeling the type of joy that floods one's soul. It was in 2016 that Opal Lee, the Grandmother of Juneteenth, 89 years old, started a walking campaign in cities along a route from her home in Fort Worth, Texas, to Washington, D.C. This made Juneteenth a national holiday. I am sure she had some low-tide moments on her journey. Eventually at age 94 Opal Lee experienced unspeakable joy when Juneteenth became a federal holiday in 2021.

Yes, we may have some low tides in our lives. Still, St. Paul said in the Book of Romans, "hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit..." (Rom. 5:5). The Spirit of truth will always lead us to trust in the Holy Trinity, the Father, the Son, and Holy Spirit.

Deep River, my home is over Jordan
O' don't you want to go to that Gospel Feast
That Promised Land where all is Peace?
Deep River, I want to cross over into campground.

Evangelist Michael P. Howard, MACS
Founder of Eat the Scroll Ministry.
Howard Thurman, Author, “Deep River and The Negro Spiritual Speaks of Life and Death,” page 66

Welcome to Saint Teresa of Avila parish, where we recognize and celebrate the joy of the Lord as our strength! We are so glad you stopped by to visit us today.

We think you will find STA a welcoming community of believers filled with the love of Jesus and each other. Your presence will allow us to be a friend, make a friend, and bring a friend to Christ.

As we continue to worship in person, whether fully vaccinated or not, Saint Teresa of Avila will practice COVID health and safety precautions for all. Each week if you plan to attend in-person Mass, to avoid any delays in getting into the church house, we ask that you **complete the online COVID-19 questionnaire by Saturday 2:00 pm (this includes children) or be prepared to complete and sign when you arrive.** Please click here to complete the online questionnaire.

Join us every Sunday online **on STA** YouTube and Facebook Live channels **at 9:30 AM**. Visit the Archdiocese Website for additional recorded and live-streamed Masses at https://adw.org/live-streamed-masses-and-prayers/.

Outdoor Mass is held on Sundays at 11:30 AM in the courtyard between the church and the convent, ***weather permitting.*** All are welcome!

All services are livestreamed and in-person

Join the Sodality in praying the Rosary Sunday at 11:00AM via free conference call. ***The dial-in number is 1-602-580-9273.*** The access ***code is 5360845***. When dialing in, please mute your phone after announcing your name.

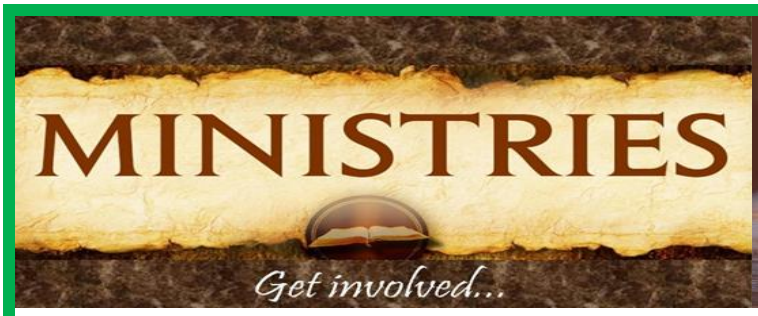
ATTENTION!!! STA high school and college students!!! The ***Sodality 2022 Scholarship Application*** is available on the website—
www.stachurchdc.org/sodality

Submission ***deadline is August 21, 2022.*** The committee contact information is listed on the application.

Come and experience healing and freedom! ***Encounter School of Ministry DC*** is pleased to present the Summer Intensive, taking place on the evenings of July 25-28 at Mother of God Campus, 20501 Goshen Road, Gaithersburg, MD. All are invited to experience the supernatural love and healing power of God during this power-packed, four-night event. Come for the anointed worship, dynamic speakers, inspirational testimonies, and encouraging fellowship with Catholics from all around the DC metropolitan area. All courses are in conformity with the teachings and traditions of the Catholic Church.

Visit https://encounterministries.us/endorsements/ for a full list of diocesan support.

Click on the link below to learn more. Space is limited, register soon!
https://encounterdc.regfox.com/encounter-dc-summer-intensive-2022



ADMINISTRATION

Pastoral Council | Finance Council
Parish Staff | Communications Committee
Membership

SERVICE

Haiti Mission | Health Awareness
Senior Adult Outreach | Virginia Morgan
Memorial Soup Kitchen | | Mothers on the Move
Spiritually (M.O.M.S)

LITURGICAL MINISTRIES

Eucharistic Ministers | Lectors | Ministers of
Hospitality | Nurses | Environment

WORSHIP & ARTS

Liturgical Dance | Drama Ministry | Gospel Choir
| Children & Youth Choir | Men's Ensemble
| Women's Ensemble | Sisters of Praise
| Instrumental Praise | Sight & Sound Ministry

EDUCATION

Youth Faith Formation | Adult Faith Formation
Faith Links Small Group | Bible Study Baptism

COMMUNITY

Sodality | St. Vincent DePaul | S.H.A.R.E. | Kairos
Prison Ministry | M.O.S.T. (Men of St. Teresa)
| Washington Interfaith Network Cursillo Ultreya
| Teen Club | Girl Scouts | Boy Scouts
| Bereavement Ministry

"Don't Carry That Cross Alone"

June 12th Sunday, The Solemnity of the Most Holy Trinity
Proverbs 8:22-31, Psalms 8:4-5, 6-7, 8-9, Romans 5:1-5
John 16:12-15

June 13th, Monday the Eleventh Week in Ordinary Time Memorial of Saint Anthony of Padua, Priest, and Doctor of the Church
1 Kings 21:1-16, Psalms 5:2-3AB, 4B-6A, 6B-7
Matthew 5:38-42

June 14th, Tuesday the Eleventh Week in Ordinary Time
1 Kings 21:17-29, Psalms 51:3-4, 5-6AB, 11 and 16
Matthew 5:43-48

June 15th, Wednesday the Eleventh Week in Ordinary Time
2 Kings 2:1, 6-14, Psalms 31:20, 21, 24, Matthew 6:1-6, 16-18

June 16th, Thursday the Eleventh Week in Ordinary Time
Sirach 48:1-14, Psalms 97:1-2, 3-4, 5-6, 7, Matthew 6:7-15

June 17th, Friday the Eleventh Week in Ordinary Time
2 Kings 11:1-4, 9-18, 20, Psalms 132:11, 12, 13-14, 17-18
Matthew 6:19-23

June 18th, Saturday the Eleventh Week in Ordinary
2 Chronicles 24:17-25, Psalms 89:4-5, 29-30, 31-32, 33-34
Matthew 6:24-34

June 19th Sunday, Corpus Christi – The Solemnity of the Most Holy Body and Blood of Christ
Genesis 14:18-20, Psalms 110:1, 2, 3, 4, 1 Corinthians 11:23-26, Luke 9:11B-17

Please Pray for our sick, our shut-in, and all who are suffering from the fears of this Pandemic. And Jesus says, *"Let me fill you with My Love. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being."*

_____ ***Ephesians 3:16***

Sandi Allison-Harris, Joyce Barbour (sister of Audrey Barbour), Marian Barbour (mother of Audrey Barbour), Briana Brown (granddaughter of Robin Kelly), Katie Butler, Jimmy Campbell (brother of Donna Bell), Vermel Thompson-Chichester, Betty Cook (aunt of Wanda Smith), Bro. Jeff Corry, Jackie Christian, Maurice Crump, Sr., Nadine Day, Helen Despertt, Clark James Durand, Thomas Easter, Ricardo Featherstone, Howard Fleming, Parker Flowers, Patricia Franklin, Mary Frye, William Gorham, Keith Graham, Jr. (grandson of Ronique Jones), Mary Greenfield, Renee Gross, Antonio "Big Tony" Haggins, Ethel Hale, Betty Hamer (mother of Anna Friday), Delores Hatcherson, Audrey Hawkins, Princess Collins (niece of Shirley Hawkins), Kim Jackson, Patricia Pickens-James, Margaret Jenkins, Charles Johnson III, Reginald Johnson, Ethel Marshall, Mattie Morris, Rita Johnson, Jonnette Jones, Sheila Kennedy, Inez Matthews, Janet Mauceri-McCain, Paul McCloud (Ralph McCloud's brother), Veronica McKinney, Gwendolyn Means, Dorothy Morgan, Mattie Morris, Mother Kamana Asteria Mukangango (mother of Fr. Didace), Ginny Novak, Vivian Parker (Sister Marie Bernadette's sister), Angela (Angie) Powell (daughter of Jackie Christian), Jocelyn Reyes, Sis. Anne Marie Schreiner for healing and for her sister Patty in transition, Wanda Smith, Michelle Whatley-Seabrooks, Stephanie Christian-Smith, Willa Spruill, Yolanda Thomas, Bernadette Trowell, Carol Walker, Jonathan Wallace (son of Mary Wallace), Mary Wallace, Sharree Walls, Denise Washington, Alice Wingate, Eunice Wise, and Tom Young.

How can we pray for you and your family? You can send your request directly to:
stachurchcommunications@gmail.com or contact the PLC**.**

While we cannot personally wish you ***Happy Birthday***, we wanted you to know that we did not forget! Below is the list of birthdays for the ***second week of June.*** *We thank God for the life He has given us in each of you.*

(6/13) Cambria Johnson
(6/16) Paulette Stewart
(6/17) Kayla Daniels, Maria Fuscco
(6/18) Harlem Williams

If we have not listed your birthday, we do not have it! PLEASE CONTACT the Parish Life Center IMMEDIATELY!

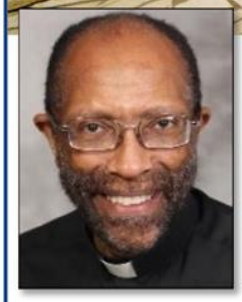
Join us on ***Wednesday mornings at 11:00 AM*** for praise and worship. Each week we come together and learn more about the origins of many gospel hymns, praise and worship chorus, and Gospel songs, followed by time for discussion and prayer. Please check the calendar of events on the website for dial in information.

"Never waste a chance to become more like Jesus."
____Saint Teresa of Calcutta

Topic: STA Ultreya Zoom Meeting
Date: Monday, June 13, 2022
Time: 7:00 PM

Join Zoom Meeting:
https://us02web.zoom.us/j/88542945802?pwd=VThPQml3c1F0a1BqcWJvL0NFVmZEQT09

Meeting ID: 885 4294 5802
Passcode: 283985
One tap mobile
+13017158592,,88542945802#,,,,*283985# US (Washington DC)
+13126266799,,88542945802#,,,,*283985# US (Chicago)



With **Dcn. Leo Flynn** & **Msgr. Raymond East**

September 1 - 12, 2022

$2,899 per person from
Washington Dulles (IAD)

CONTACT: leo@theflynnteam.com | 703-328-4762

Visit: www.pilgrimages.com/dcnflynn **to book**

DEADLINE FOR BULLETIN & ANNOUNCEMENT SUBMISSIONS IS WEDNESDAY BY 5:00 PM. PLEASE SUBMIT

TO:stachurchcommunications@gmail.com

Here at STA, we practice "Stewardship" through our ministries, liturgies, and outreach, St. Teresa of Avila Catholic Church touches the lives of hundreds of people in the Washington metropolitan area.

You can help play a special and enduring role in our work. Regardless of your situation in life, there are multiple ways to support STA — first through your prayers but also through the gifts of your time, talents, financial resources and treasures.

Thank you for your generous tithes and love offerings. There are two easy ways to give:

- **eGiving:** Visit www.stachurchdc.org and click on ***"Tithes and Love Offerings."***
- Drop off or send your donation by mail to the **Parish Life Center** at 1401 V Street, SE, Washington, DC 20020.

"St. Teresa of Avila is called to be an evangelized and evangelizing community of believers who bear witness to Jesus Christ present in our midst." If you are called to evangelize, please consider volunteering to read the **Parish Vision Statement**. You need not have experience, only a love for proclaiming our Parish Vision.

Anyone interested please send an email to:
stachurchcommunications@gmail.com

The **East of the River Revival** will take place this year **October 3-5, 2022** at St. Luke's Catholic Church in NE, Washington, DC. The **Youth Revival** will take place **Saturday, October 1st**, location not yet confirmed. Any youth in high school who would like to serve on the Youth Revival Planning Committee, please contact Sharon Daniel at 301-343-1500 for more information. STA, let's represent!

Prayer for Haiti (Novena)

In the name of the Father and of the Son and of the Holy Spirit. Amen

God of Life... Heavenly Father, we come to you being grateful for the gift of life for ourselves and our brothers and sisters in Haiti. We ask that you move in a mighty way to overcome challenges of life and death by providing necessary resources amid political unrest and devastation due to natural disasters. Help us to recognize and assist in some way to achieve "quality of life" in Haiti.

God of Hope…We come to you asking for restoration of food, shelter, health, peace, and unity for the common good of all people.

God of Creation…Creator of the Universe…. Maker of great and small, touch the hearts and hands of us. Let us unite our efforts to achieve by caring for God's people with respect and dignity.

God of Love… Let your love be the driving force that compels us to words and actions of faith, hope and charity. Lord, we ask you to replace any division, malice, discord, or greed with love. For in this love, we share safety, joy, and victory over evil.

God of Miracles…God, we thank you for divine intervention to the ongoing challenges that impact the quality of life among our brothers and sisters in Haiti.

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Hello Saint Teresa Family,

Thank you for supporting SHARE – ministry.

Attached you will find the menu for June, if you are interested in purchasing any of these packages, or if you have questions - please contact Richard at 202-527- 8306 or Tawana at 301-351-3645.

We will accept payments in various forms:

- Push pay
- If you choose to use Push Pay, please send your receipt of payment to the church email along with purchase request [they must match]
- Check
- If via check you can place your check and order form [noted on menu] or donation, in the check secure payment box at the PLC
- For In person payment, an STA member of SHARE will be at the PLC on June 12, 2022, at 10:30 AM to take in person orders, payments, or donations.

"Come Renters and Homeowners All"

And please join us for a free, open-to-all session on Fire Safety at Home Talk, brought to you by the DC Fire and EMS Department (DC FEMS).

Back by Popular Demand! **Inspector Sharlontaee Harris** from **FEMS** will be on site to discuss fire safety with a joint group of Parishioners from St. Teresa of Avila, St. Francis Xavier, Assumption Church DC, and Our Lady of Perpetual Hope. Inspector Harris will cover wide range of topics to include:

- How to ensure a certified, operable fire extinguisher
- How to effectively use a fire extinguisher
- Properly refreshing smoke detector batteries
- Disposing of lithium-ion batteries and chargers

This open session will be held at ***St. Teresa of Avila on Sunday, June 26th from 11:15 a.m. to 12:15 p.m.*** immediately following the conclusion of the 9:30 a.m. Mass.

*****Light refreshments will be provided. *****

SHARE

HEALTHIER FAMILIES & STRONGER COMMUNITY

SHARE FOOD NETWORK PROVIDES AFFORDABLE NUTRITIOUS GROCERIES EVERY MONTH!

Saint Teresa - SHARE PROGRAM
Please contact RICHARD 202-527-8306
or
TAWANA -(301) 808-0802

JUNE 2022 MENU

hello, JUNE

it's been a while since we've seen you last

VALUE PACKAGE $22

4 lbs. Family Chicken Thighs

1 lb. Ground Chicken

1 lb. Italian Sausage

…PLUS 8-10 pounds of fresh fruits and vegetables!

ALL PREMIUM SPECIALS LIMITED QUANTITY!

To place an order, scan the QR Code!

SHARE is available throughout Maryland, Virginia and D.C. To see the complete list of locations, please scan the QR code below or visit our website.

SIRLOIN STEAK SPECIAL $37

8 – 8 oz. Sirloin Steaks

PREMIUM SEAFOOD BOX $37

1 lb. Jumbo Scallops

1 lb. Mahi Mahi Loins

1 lb. Oven/Fryer-ready Calamari

PRODUCE BOX $21

Mix of fresh Produce available

- Order Turn-In **6/12**
- Distribution Days: **6/25**

All menu items subject to change

We accept: Credit/Debit cards, EBT/SNAP, - via

Our Lady Queen of Peace

For SNAP Assistance:
1-800-21-SHARE ext. 098

SNAP
Putting Healthy Food Within Reach

USDA Supplemental Nutrition Assistance Program

SHARE
Catholic Charities

The Well at Oxon Run
Ward 8 Urban Farm & Community Wellness Space

UPCOMING EVENTS

Check Out Our Opening Month Schedule !

Urban Farm Tours

June 9, 2022-June 30, 2022

Come tour the urban farm on Thursdays from 2:00pm-4:00pm.

Ward 8 Water Watchers

June 8, 2022 4:00pm

Let's Clean Up the Oxon Run Creek, together!

Juneteenth Celebration Sisterhood Supper

June 18, 2022 2:00pm

Liberating Ourselves from 'Farm to Fork'- Honoring Food Sheroes & Recipes of Restoration, Resistance & Ritual.

Summer Solstice at the Well

June 21, 2022 5:00pm

Fatherhood & Farming Orientation

GET THE LATEST ABOUT EVENTS AT THE WELL!
COMMUNITY PHONE LINE: (202) 469-6776 WEBSITE: DCGREENS.ORG/THEWELL

APPLE OF THE WEEK

Faithfully Fit Newsletter

JUNE 2022: ISSUE 26

Check out these resources to support a healthy mind, body and spirit.

HEALTHY MIND

Uncertain times can breed uncertain feelings, concerns, and emotions. Staying positive and hopeful might seem like a chore. Having faith in God's love can help lead you through the toughest of times.

10 Early Signs and Symptoms of Alzheimer's

10 Ways to Love Your Brain

HEALTHY BODY

As we prepare to enter a new calendar year, now more than ever is a great time to focus on our health and build a strong routine.

What is Sickle Cell Disease?

Know Your HIV Status (video 2:46 CDC)

Summer Safety Tips

The Intersection Between Aging, Women's Health, and Culture Podcast With Dr. P (Podcast 33:32)

HEALTHY EATING

Now is a great time to focus on creating healthy meals for you and your family. Experiment with canned goods mixed with fresh produce. Fuel your body right!

Adopt a Healthy Diet

Summertime Nutrition

FAITHFULLY FIT PARTICIPATING MINISTRIES:

Dupont Park SDA
First Rock Baptist
Galilee Baptist
Pilgrim Rest Baptist
St Theresa of Avila
Urban Outreach Ministries

Alzheimer's and Brain Awareness Month

National Safety Month

World Sickle Cell Day (June 19)

Click above to learn more about, get tested for, know your status, and get linked to care and treatment for HIV

COVID-19 INFO

The American Medical Association provides regular COVID-19 video updates. Check out the latest update "COVID infections are increasing across the US". Watch by clicking below:

TOOLS

Know Your COVID-19 Community Level

Stay Up to Date with Your COVID-19 Vaccines

COVID-19 Travel Assessment Tool

COVID-19 Travel Recommendations by Destination

COVID-19 Quarantine and Isolation Calculator

COVID-19 Reinfection

RESOURCES

Click here for the full flyer

JEREMIAH 29:11

For I know the plan I have for you, declares the Lord, plans of welfare and not for evil, to give you a future and a hope.

This program is funded wholly, or in part, by the Government of the District of Columbia, the Department of Health, Community Health Administration.

DC HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA

Faithfully Fit