Solemnity of the Most Holy Body & Blood of Christ. June 11, 2023

Liturgy of the Word

First Reading: Duet. 2-3,14-16

Moses said to the people:

"Remember how for forty years now the LORD, your God, as directed all your journeying in the desert, so as to test you by affliction and find out whether or not it was your intention to keep his commandments.

He therefore let you be afflicted with hunger, and then fed you with manna, a food unknown to you and your fathers, in order to show you that not by bread alone does one live, but by every word that comes forth from the mouth of the LORD.

"Do not forget the LORD, your God, who brought you out of the land of Egypt, that place of slavery; who guided you through the vast and terrible desert with its saraph serpents and scorpions, its parched and waterless ground; who brought forth water for you from the flinty rock and fed you in the desert with manna, a food unknown to your fathers."

The Word of the Lord. . . Thanks be to God!

Responsorial Psalm Psalm 147 Responsorial Psalm: Praise the Lord, Jerusalem.

Glorify the LORD, O Jerusalem; praise your God, O Zion. For he has strengthened the bars of your gates; he has blessed your children within you. R.

He has granted peace in your borders; with the best of wheat he fills you. He sends forth his command to the earth; swiftly runs his word! R.

He has proclaimed his word to Jacob, his statutes and his ordinances to Israel. He has not done thus for any other nation; his ordinances he has not made known to them. R.

Second Reading: 1 Corinthians 10: 16-17

Brothers and sisters: The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf.

The Word of the Lord. . . Thanks be to God!

R. Alleluia, alleluia.

I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

R. Alleluia, alleluia.

Corpus Christi Sequence:

Laud, O Zion, your salvation, Laud with hymns of exultation, Christ, your king and shepherd true: Bring him all the praise you know, He is more than you bestow. Never can you reach his due. Special theme for glad thanksgiving Is the quick'ning and the living Bread today before you set: From his hands of old partaken, As we know, by faith unshaken, Where the Twelve at supper met.

Full and clear ring out your chanting, Joy nor sweetest grace be wanting, From your heart let praises burst:

For today the feast is holden, When the institution olden Of that supper was rehearsed.

Here the new law's new oblation, By the new king's revelation, Ends the form of ancient rite:

Now the new the old effaces, Truth away the shadow chases, Light dispels the gloom of night.

What he did at supper seated, Christ ordained to be repeated, His memorial ne'er to cease:

And his rule for guidance taking, Bread and wine we hallow, making Thus our sacrifice of peace.

This the truth each Christian learns, Bread into his flesh he turns, To his precious blood the wine:

Sight has fail'd, nor thought conceives, But a dauntless faith believes, Resting on a pow'r divine. Here beneath these signs are hidden Priceless things to sense forbidden; Signs, not things are all we see:

Blood is poured and flesh is broken, Yet in either wondrous token Christ entire we know to be. Who so of this food partakes, Does not rend the Lord nor breaks; Christ is whole to all that taste:

Thousands are, as one, receivers, One, as thousands of believers, Eats of him who cannot waste.

Bad and good the feast are sharing, Of what divers dooms preparing, Endless death, or endless life.

Life to these, to those damnation, See how like participation Is with unlike issues rife. When the sacrament is broken, Doubt not, but believe 'tis spoken, That each sever'd outward token doth the very whole contain. Nought the precious gift divides, Breaking but the sign betides Jesus still the same abides, still unbroken does remain.

Gospel: John 3: 16-18

Jesus said to the Jewish crowds: "I am the living bread that came down from heaven; whoever eats this bread will live for-

ever; and the bread that I will give is my flesh for the life of the world."

The Jews quarreled among themselves, saying, "How can this man give us his flesh to eat?" Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life

Holy Eucharist

within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day.

For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever."

The Gospel of the Lord. . . Praise to you Lord Jesus Christ!

Feast of the Most Holy Body and Blood of Christ. JUNE 11th, 2023

To celebrate the Feast of the Body & Blood (Corpus Christi) we have planned a few events to celebrate the day:

1. Holy Hour for Peace in our City and World at 8:45am to 9:45am with Rosary at 9:30am

2. Procession of the Blessed Sacrament after mass through the neighborhood. Weather permitting we will process out the front doors, then over Sumter, right on Pimlico, right on Wylie and right on Park Heights Ave. With all the violence in our city, all the death,

drugs and violence we need to bring Jesus to the STREETS!

If not able to walk, please remain in church in prayer until the procession returns.



Mass Intentions

June 11, Ms. Stephanie K. Augins, on the 11th anniversary of her passing, requested by her beloved aunts Ms. Faye Augins and Mrs. Shelley Tyler.

June 18, Mr. George Burris, on the 24th anniversary of his passing, requested by his beloved daughter, Mrs. Reva Stephens. June 25, Mr. Vernon Thornton, at the request of his father Mr. Vernon Thornton and sister April Thornton.

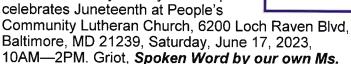
Friary Chapel: If you would like the friars to remember one of your intention at daily mass please use the envelopes on the info table and drop in the collection basket.

Eternal Rest grant unto them O Lord and let your perpetual light shine upon them, may their souls and all

the souls of the faithful departed rest in peace, Amen

Juneteenth Celebration

African Descent Lutheran Association & Delaware Maryland Synod Chapter



Tierra Stone, All are Welcome!

Mark You Calendars NOW!

Mass-on-the-Grass!

Sunday, August 27th, 2023, 10am

Food, games, kids activities, vendors and more!





Weekly Bible Study with Sister Rita

Our own Sister Rita Bueche, SSND will host Bible study every 1st, 2nd Bible Study and 3rd Tuesday from 6:30-7:30pm. If you would please call Sister to let her know you plan on attending at 443-756-3748.

Happy Father's Day

Sunday, June 18th is Father's Day weekend, we will offer a special blessing for all the Father. Godfathers. grandfathers, etc. at both masses. Please invite the men in the family to come and join us!

116th Anniversary of our Parish



On Friday, June 30th our beloved Saint Ambrose Parish will celebrate its 116th birthday. To celebrate special prayers will be offered on Sunday, July 2nd for the spiritual and corporeal well being of the parish. Happy Birthday St. Ambrose Parish!

St. Anthony's Closet & St. Vincent de Paul **Produce Giveaway**

The St. Anthony Closet Group and the St. Vincent de Paul Society will we hosting their Free Flea market and Produce give



away on Saturday, June 24th from noon to 2pm.

Holy Hour for Peace

The next Hour Holy is schedule for Sunday, June 18th. at 8:45am with rosary at 9:30 followed by Benediction. Come and spend an hour in prayer!

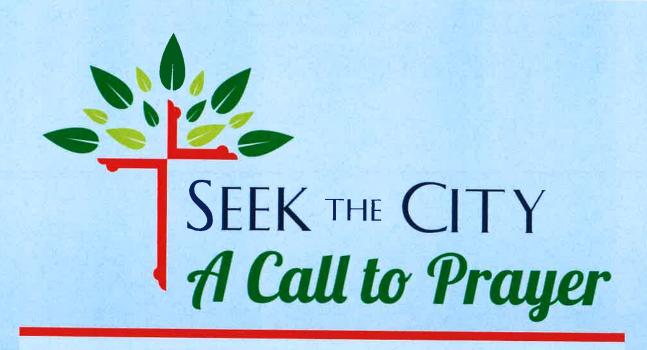
Apology, Healing & Action

In response to the release of the Attorney General's report listing all the priests in the archdiocese over the past 80 years who have inflicted harm on our children Archbishop Lori has written a Pastoral Letter. The letter is entitled; Apology, Healing and Action: The Church's Work to Repair Sacred Trust. Fr. Paul has received 10 copies of the letter and they are available on the information table for those interested in the Archbishop's response.



Mary Adderly, Helen Augins, Jean Bennett, Parrish Boyd, Karen Brown-Berkley, Annie Bruce, Renee Bruce, Al Butler, Anita Cole, Tonya Crowder, Eric Cullings, Dale Dyson, William Ford III, Eric Frazier, Sarah Gam-

ble, Frances Gladden, JoAnn Glenn, Angela Johnson, Cornell (Nelson) Johnson, Josie Johnson, Joseph Jones, Sheila Leary-Smith, Jack Livers, Charles Manns, III, Kimberly Merrill, Allan Noble. Rhonda Rumbra, Linelle Russell, Carl & Bernice Shrieves, Daniel Smith Sr., Veronica Spears, Sr. Helene Therese Stanislaus, OSP., Augustine & Archie Stith, Rosalita Stone, Gloria Tate, Ernest Thames, Jean Thomas, Corey Williams, Charles Williams, Inez Yarborough, William Young, Sr. and Alice Zaborowski.



A Welcoming time to Reflect On Faith, Fellowship and Feedback

Let's celebrate a year of Listening and move forward together!

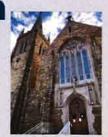
June 27, 2023 | 6:30-8:30pm

Cathedral of Mary Our Queen 5200 N. Charles St., Baltimore, MD 21210



RSVPs encouraged!Scan here or email
seekthecity@archbalt.org

St. Ambrose Catholic Church Mental Health & Pain Management





4505 PARK HEIGHTS AVE JUNE 17, 2023-12 PM-2 PM JULY 1, 2023-12 PM-2 PM JULY 8, 2023-12 PM-2 PM

Looking for relief from pain or discomfort?

Brainspotting is an amazing tool that utilizes fixed eye position to address trauma in the brain and gets to the root to reduce chronic pain.

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Learn about Brainspotting
Create tool belts using
Brainspotting techniques
for pain management





