

St Bernadette Catholic Church
3825 Don Felipe Drive
Los Angeles , CA 90008
(323) 293-4877
stbernadettela.org



February 04/05, 2023
Volume 3, Issue 05



The Purpose of Salt Jesus used everyday items to communicate truths about God and his people, and his description of the disciples as “the salt of the earth” (Matt. 5:13) is one of the best-known examples.

Flavoring: We are intended to spread throughout the world and enhance it, adding flavor to life; drawing out the blessings of whatever is good, and providing contrast by being distinct... different. **Preserving:** Disciples of Jesus are sent into the world to save it from decay, preserving its goodness and preventing it from becoming corrupted, spoiled or ruined. Salt does not just savor. It saves. **Sacrificing:** Because it flavored food and prevented spoilage, salt was a necessary part of all of Israelite sacrifices and represented God’s covenant with them. When we offer ourselves in obedient, self-sacrifice, we become the seasoning on a cosmic sacrifice making it pleasing to God. **Destroying:** there are more scriptural references to salt being used for judgment or destruction than any other purpose. The existence of the church; preaching and living out the gospel, proclaims judgment against the enemies of God and serves as what Paul calls “a clear sign to them of their destruction.” **Fertilizing:** Disciples are fertilizers; meant to stimulate growth, to enrich the soil, kill weeds, protect against disease, and bring life to unexpected places.



SAVE THE DATE

Required Fingerprinting

February 18, 2023 from 9 AM to 4:30 PM

In the Parish Hall

Palms, Parties and Ashes

We, as Catholics, have a rich and sensual faith; one which engages all of our senses and emotions. As we enter the Lenten season, on Ash Wednesday, February 22, 2023, we invite your full participation in the events leading up to, and the distribution of, those Ashes. Bring us your dried palm branches. They are probably still in your crucifixes at home.

Join us for the burning of Palms (which produces the ashes), following the 4:00 Mass on Saturday, February 18, 2023. Attend our 2023 Mardi Gras celebration (Fat Tuesday). February 21, 2023. Receive Ashes at one of our Ash Wednesday Liturgies (8:00 am, 12 noon and 7:00 pm) February 22, 2023.



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“Trust in the LORD with all your heart” Proverbs 3:5



PRAY FAST GIVE

Before Ash Wednesday catches you unawares, give some thought to how you want to spend this Lent. If you have no idea where to begin, here is a solid foundation to work from. There are three holy practices which Catholics are called to embrace in penitential seasons such as Lent and Advent. These three practices are **prayer**, **fasting**, and **almsgiving**. When you make your Lenten plan, choose something specific from each category. This will help assure you have a grace-filled journey toward Easter. Lent is the perfect time to build faith-filled habits. As Catholics, we should pray

every day. **Prayer** is conversation and communion with the God who made and loves us. No relationship flourishes if we fail to spend time in the presence of a loved one, conversing with them and offering them genuine attention. Priests and spiritual advisors suggest fifteen minutes per day is the absolute minimum. If you already do this, try adding a rosary. **Fasting:** On Lenten Fridays, Catholics are requested to abstain from meat. On Ash Wednesday and Good Friday, Catholics between the ages of 18 and 59 are required to fast. We do this by having only one regular meal two smaller meals which, added together, do not amount to the full meal. In, and of itself, this is a *moderate* form of fasting. **Fasting** formerly meant taking *no food*. (Recommended reading *Eat, Fast, Feast* by Jay W. Richards). The Bible spells out specific spiritual benefits of fasting. It produces humility (Ps 69:10). It demonstrates sorrow for our sins (1 Sam 7:6). It clears a path to God (Dan 9:3). It is a means of discerning God's will (Ezr 8:21) and is a powerful method of prayer (8:23). It is a mark of true conversion (Jl 2:12). In all the excitement over fasting and giving things up, **almsgiving** is often forgotten. Yet almsgiving is a crucial work of charity in which we Christians are called to participate. Jesus praised the poor widow who gave "all she had" to the temple treasury (Luke 21:1-4). St. James reminded us faith must go hand-in-hand with good works, such as care for the poor. This isn't easy to say, but when we give alms, we are supposed to give, not merely from our "plenty," but enough to make it hurt—or at least pinch. For those who can not give money, we can seek to give our talent and or time. Pray about what alms you can give and to who. PRAY.FAST.GIVE and have a very meaningful LENT.

Join us for Bible Study

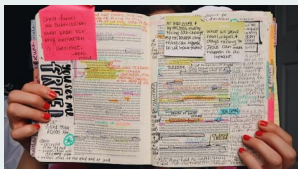
1st and 3rd Thursday
1:00 & 7:00 PM
Via ZOOM

1:00 pm Meeting
ID: 87233018319
Passcode: 689472

Contact:
Carolyn James
(323) 394-5441

7:00 pm Meeting
ID 811 5705 8134
Passcode: 6FuFf7

Contact:
Elsie Dixon
(310) 410-2962



We Need Your Palms

The Ashes used on Ash Wednesday are produced by burning palms from the previous Easter Season. Please donate last year's palms!

Bring them to church and place them in one of the baskets by the altar rail.

They will be burned following the 4:00 pm Mass on February 18, 2023

Ash Wednesday 2023 **February 22, 2023**

8:00 AM PST—Liturgy*

12 Noon PST—Liturgy*

7:00 PM PST—Liturgy*

***Distribution of Communion
and Ashes**



**ASH
WEDNESDAY**

May your Ash Wednesday be a time
of reflection and promise.



We are Sold Out!

Our 2023 Mardi Gras Event
is Sold Out

Time to find out who your friends are!



Join us for Coffee and Donuts

**WHEN? After 10:00 Mass
Every Sunday!**

WHERE? In the Hall

Sponsored by Parish Staff



St. Bernadette Women's Retreat March 31 - April 02, 2023

MADE FOR GREATER

You Are Made For Greater Things Than These

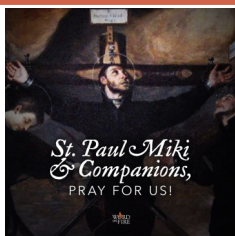
The Carmelite Sisters invite all women to attend this retreat at the Sacred Heart Retreat House. This year's retreat theme comes from a quote of Mother Luisita to one of her Carmelite daughters, exhorting her to keep her eyes fixed on HEAVEN and to remain firm in conviction of the dignity of every life. We believe that Mother Luisita's wisdom has much to offer the world in our present time. The Carmelite Sisters invite all women to come on retreat at The Sacred Heart Retreat House.

Registration is now available!

By PHONE (626) 289-1353

Or, REGISTER ONLINE:

www.sacredheartretreathouse.com



St Paul Miki was born into a wealthy Japanese family. He was educated by the Jesuits in Azuchi and Takatsuki. He joined the Society of Jesus and became a well known and successful preacher – gaining numerous converts to Catholicism. The Emperor of Japan, Toyotomi Hideyoshi, began persecuting Catholics for fear of the Jesuits' influence and intentions, and possibly European visitors. Miki was arrested and jailed with a group of fellow Catholics, who were later forced to march 966 kilometers (600 miles) from Kyoto to Nagasaki; all the while singing the Te Deum. On 5 February 1597 he arrived in Nagasaki (which today has the largest Catholic population in Japan). Credible accounts indicate Miki's chest was pierced with a lance while tied to a cross. He preached his last sermon from this cross. The accounts also maintain he forgave his executioners. Crucified alongside him were Joan Soan (de Gotó) and Santiago Kisai, also of the Society of Jesus; as well as twenty-three other clergy and laity, **all of whom were canonized by Pope Pius IX in 1862.**

Where Does Lent Come From? Lent draws its inspiration from the 40 days Jesus spent in the desert. After his baptism, Jesus fasted in the desert and was tempted by the devil. The devil took him to the top of a high mountain, and showed him all the kingdoms of the world in their magnificence, and said to him, "All these I shall give to you, if you will prostrate yourself and worship me." At this, Jesus said to him, "Get away, Satan! It is written: 'The Lord, your God, shall you worship and him alone shall you serve.'" The devil left him and, angels came and ministered to him. Matthew 4: 8-11. After successfully resisting these temptations, he left the desert and went to Galilee to begin his public ministry. During Lent we are called to *Pray, Fast and Face our Demons*, whatever they may be.



LITURGY SCHEDULE

FEBRUARY 06, 2023
MONDAY OF THE FIFTH
WEEK IN ORDINARY TIME
TO FEBRUARY 12, 2023
THE SIXTH SUNDAY IN
ORDINARY TIME

Monday, February 06, 2023

8:00 am

Communion Service

Tuesday, February 07, 2023

8:00 am

Communion Service

Wed, February 08, 2023

8:00 am

Communion Service

Thursday, February 09, 2023

Liturgy of the Word
(recorded)

Friday, February 10, 2023

Liturgy of the Word
(recorded)

Saturday, February 11, 2023

Liturgy of the Word
(recorded)

Confessions 3:00 pm

Vigil Mass 4:00 pm

Sunday, February 12, 2023

10:00 am Mass

Coffee & Donuts

following Mass

Other Sacraments
(as Scheduled)

Mass Intentions

(323) 293-4877

j.carper.sbccc@gmail.com

PARISH STAFF

DCN JIM CARPER, PLD
MSGR LORETO GONZALES
DCN EMILE ADAMS, RIP
DAVID CHRISTENSEN
EMANUEL HOLDER
CLARENCE DIXON
MARGARITA HURST
MARINA AYALA

(OFFICE VOLUNTEERS)
TERESA CARPER

1 Corinthians 15:58

Oh Lord, help every worker to work wholeheartedly for the church. Help them to remember the work they do in the church is not in vain as Your Word declares Your work is never wasted.



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Website
stbernadettela.org

Facebook
<https://www.facebook.com/SaintBernadetteCatholicChurch>

Twitter
https://twitter.com/stbernadettecc_



Mass Intentions for this Week

Diane D'Antognac (RIP)
04 February 2023 4:00 pm

Joe Callanan (RIP)
05 February 2023 10:00 am



ST. BERNADETTE CONFIRMATION CLASS



COMMUNITY SERVICE PROJECT

Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. *Hebrews 13:16*

ITEMS NEEDED

New Socks: Pre-Packaged
Lotion (10oz)
Hand Sanitizer (10oz)
Tissue - Small Package
Puzzle or Word Search (Large Print)

**Church Donation Dates: January 21 & 22,
February 4 & 5, and February 28 & 29**

Items can also be delivered to the Rectory

Questions can be directed to Teresa Carper or Tony Bacon
at (323) 293-4877

REGISTRATION IS OPEN



THE PATH OF THE SUFFERING SAVIOR — JESUS CHRIST —

February 10th Through The 12th, 2023!

Friday: 4pm-9pm, Saturday: 8am-9pm, Sunday: 8am-3pm



**ST. BERNADETTE'S
CATHOLIC CHURCH HALL**
3825 Don Felipe Drive
Los Angeles, CA 90008



• Are you hungry for the Word? • Do you need to be spiritually fed?
• Do you want to spiritually grow? • Are you longing for relief from these trying times and difficult days?
The answer to your spiritual needs is in - Encountering Jesus Christ: The Stations of the Cross
This is the Lord: "When you seek Me with all your heart, you will find Me!"
(Jer. 29:13-NAB)

REGISTER NOW ON ORACLE'S WEBSITE TO SECURE YOUR SEAT!
<https://www.oracreligious.com/conference/registration>

2022 Washington D.C. Conference Highlights can be viewed at: [Highlights: oracreligious.com](https://www.oracreligious.com)

FOR MORE INFORMATION PLEASE CONTACT:
• Sr. Dr. Oralia Martin, President, ORA • Email: drmartin@oracreligious.org • Phone: 202-528-8633
• Greg Womack, Sr. Conference Co-Coordinator Email: gregwomack@aol.com • Phone: 323-974-7405

Did you know? February 4-5

Archdiocese of Los Angeles celebrates 18-year partnership with VIRTUS®

The Archdiocese of Los Angeles and Joan Vienna, director of Safeguard the Children, were recently recognized for 18-year partnership with the VIRTUS® program, working to keep children and young people safe from child sexual abuse in our parishes, schools, homes and community.

"So many have experienced hope and healing through ongoing awareness and education, and we appreciate [the Archdiocese's] vision of where and how the programs would and do best serve our Church and communities," said Pat Neal, director of VIRTUS® Programs and Services.

For more information visit,

<https://angelusnews.com/local/california/virtus-partnering-for-safety/>

