

St Bernadette Catholic Church
3825 Don Felipe Drive
Los Angeles , CA 90008
(323) 293-4877
stbernadettela.org



February 18/19, 2023
Volume 3, Issue 07

How to Love Your Enemies

Love your enemies and pray for those who persecute you...

When Jesus told us to love our enemies, He was creating a new standard. He told the crowds listening to His Sermon on the Mount, they knew they were to love their neighbor, because the command to love our neighbor was a law of God

(Leviticus 19:18). The Jews inferred, incorrectly, they were to hate their enemies. No Bible verse explicitly says "hate your enemy," but the Pharisees may have misapplied some of the Old Testament passages about hatred for God's enemies (Psalm 139:19-22; 140:9-11). Jesus replaces this idea with an even higher standard: "Love your enemies and pray for those who persecute you, that you may be sons of your Father in heaven" (Matthew 5:44-45). Jesus explains: loving those who love us is easy and even unbelievers can do that. Then He commands us to "be perfect, therefore, as your heavenly Father is perfect" (Matthew 5:43-48). We should adhere to the real meaning of God's law by loving our enemies as well as our neighbors. After giving us the command to love our enemies, Jesus then challenges us to: "Be perfect, therefore, as your heavenly Father is perfect" (Matthew 5:48).



Ashes to Go!!!
Ash Wednesday
February 22, 2023
6:00 am to 6:00 pm
Drive Up or Walk Up


*Remember man
that you are
dust and into
dust you shall
return.*

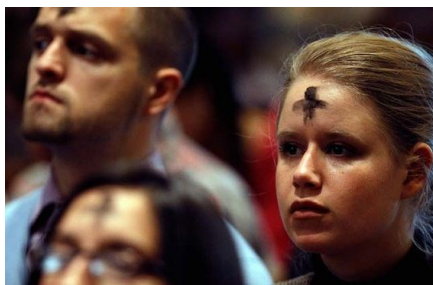
Congratulations to our Confirmation Class on the successful completion of their class project and THANK YOU to all who contributed to our "Love Bags". 53 Bags were delivered to the Senior Care Facility next door on Monday, Feb. 13, 2023.



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"Trust in the LORD with all your heart" Proverbs 3:5



The first day of Lent is Ash Wednesday. During this day of reflection, Catholics wear a marking of the cross in ash on their foreheads. The ashes symbolize our mortality – “Remember you are dust, and to dust you shall return.” The ash is created by burning palms from the previous year’s Palm Sunday celebration. Ash Wednesday begins the 40 days of lent, a time when we remember Jesus spent 40 days in the desert fasting and resisting temptation. The day before Ash Wednesday, known by many as “Shrove” or “Fat Tuesday”, is a chance to feast and indulge. Some cultures have special

celebrations, such as Mardi Gras. We do this to prepare for our own fasting, on Ash Wednesday and throughout Lent. As Jesus grew hungry from fasting in the desert, he was faced with three temptations. Satan appeared before him and told him to turn stones into bread so he would have something to eat. Jesus resisted, knowing he was being tempted to do something God did not want. He knew the word of God, was just as important as bread, to his survival. Then he was brought to the top of the Temple in Jerusalem and told, if he truly was the Son of God, he should jump from the building and angels would carry him to safety. Jesus again resisted, knowing not to challenge God. Finally, Jesus was brought to the top of a mountain and told, all the kingdoms he saw would be his if he knelt before Satan. Jesus again resisted again, proclaiming it is only right to give worship to God. We too are tempted to satiate our appetites, to pursue our “20 minutes of fame” in spectacular ways and to strive to be abundantly successful in life. Our salvation, however, does not come from pleasure, power and prestige, but by following Christ’s example.

**Join us for
Bible Study**

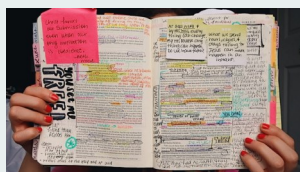
**1st and 3rd Thursday
1:00 & 7:00 PM
Via ZOOM**

**1:00 pm Meeting
ID: 87233018319
Passcode: 689472**

**Contact:
Carolyn James
(323) 394-5441**

**7:00 pm Meeting
ID 811 5705 8134
Passcode: 6FuFf7**

**Contact:
Elsie Dixon
(310) 410-2962**



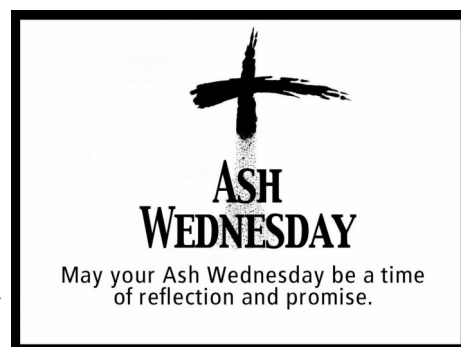
**Ash Wednesday 2023
February 22, 2023**

8:00 AM PST—Liturgy*

12 Noon PST—Liturgy*

7:00 PM PST—Liturgy*

***Distribution of Communion
and Ashes**



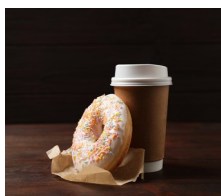
What is Lent?

Lent is the penitential period and liturgical season which leads to the celebration of the Easter Triduum. **When did Lent start?** The observance of Lent as a 40-day time period began after the Council of Nicea in 325 A.D. **Who celebrates Lent?** Lent has traditionally been associated with the Catholic Church, but some Protestants, Orthodox Christians, and others also observe some form of Lent. **What is the purpose of Lent? What does it represent?** Lent begins with a visible, outward sign of ashes but aims toward inner conversion, helping us repent, avoid distractions, and focus on living the Gospel. **What should I give up for Lent?** Sacrifice something meaningful to will help you draw closer to God. OR, focus on small acts which manifest the love God calls us to share? **Why don't Catholics eat meat on Fridays during Lent?** Abstaining from meat is a sacrifice and a small act of self-discipline which dates to the early Church. Ash Wednesday and Good Friday have additional rules for fasting and abstinence.



This is in stark contrast to the abundant feasts of Easter. **What is the color of Lent?** Violet (purple) is the color of Lent. On Laetare Sunday, priests will wear rose (pink) as a small break from the solemn purple and a reminder that Easter is drawing near. During Palm Sunday and Good Friday, priests wear red vestments. The color of Easter is white.

Join us for Coffee and Donuts



After 10:00 Mass
Every Sunday in the Parish Hall
If you would like to
sponsor Coffee and Donuts
Contact the Parish Office
(323) 293-4877



St. Bernadette Women's Retreat March 31 - April 02, 2023

MADE FOR GREATER

You Are Made For Greater Things Than These

The Carmelite Sisters invite all women to attend this retreat at the Sacred Heart Retreat House. This year's retreat theme comes from a quote of Mother Luisita to one of her Carmelite daughters, exhorting her to keep her eyes fixed on HEAVEN and to remain firm in conviction of the dignity of every life. We believe Mother Luisita's wisdom has much to offer the world in our present time. The Carmelite Sisters invite all women to come on retreat at The Sacred Heart Retreat House.

Registration is now available!

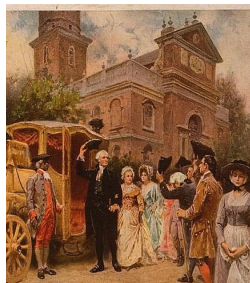
By PHONE (626) 289-1353

Or, REGISTER ONLINE:

www.sacredheartretreathouse.com



George Washington and Christianity Shortly after his inauguration as president, religious communities began writing to Washington. He told these groups, the only being to whom Americans owed an explanation of their religious beliefs was God. When the Virginia Baptists wrote about their qualms the new Constitution did not specifically guarantee freedom of religion. They went on to say they knew they were in good hands with Washington at the head of the government. The President advised them he would never have signed the Constitution if he thought it would endanger the religious rights of any group. There are some who believe Washington was only speaking of religious freedom in regard to Christian denominations, but did not intend it to apply to other religions. His response? *"It is now no more that toleration is spoken of, as if it was by the indulgence of one class of people, that another enjoyed the exercise of their inherent natural rights. For happily the Government of the United States, which gives to bigotry no sanction, to persecution no assistance, requires only they who live under its protection should demean themselves as good citizens, in giving it on all occasions their effectual support."*



Burning of Palms: Sunday, February 19 following 10:00 am Mass

Traditionally, the ashes for the Ash Wednesday service come from burning the palm fronds from the previous year's Palm Sunday celebration. Ashes are a biblical symbol of mourning and penance when the custom was to fast, wear sackcloth, sit in dust and ashes and put dust and ashes on one's head. Blessed ashes have been used in God's rituals since the time of Moses. They also symbolize death and, therefore, remind us of our mortality. Thus when the minister uses their thumb to sign one of the faithful with the ashes, they may say, "Remember you are dust and to dust you shall return."



LITURGY SCHEDULE

FEBRUARY 20, 2023
MONDAY OF THE SEVENTH
WEEK IN ORDINARY TIME
TO FEBRUARY 26, 2023
THE FIRST SUNDAY IN
LENT

Monday, February 20, 2023
Presidents' Day Office Closed
No Services

Tuesday, February 21, 2023
8:00 am
Communion Service

Wed, February 22, 2023
Ash Wednesday
8:00 am Mass
12 noon Communion Service
7:00 pm Mass

Thurs, February 23, 2023
Liturgy of the Word (recorded)

Friday, February 24, 2023
Liturgy of the Word (recorded)

Saturday, February 25, 2023
Liturgy of the Word (recorded)
Confessions 3:00 pm
Vigil Mass 4:00 pm

Sunday, February 26, 2023
1st Sunday of Lent
10:00 am Mass
Coffee & Donuts
following Mass

Other Sacraments
(as Scheduled)

Mass Intentions
(323) 293-4877
j.carper.sbccc@gmail.com

PARISH STAFF

DCN JIM CARPER, PLD
MSGR LORETO GONZALES
DCN EMILE ADAMS, RIP
DAVID CHRISTENSEN
EMANUEL HOLDER
CLARENCE DIXON
MARGARITA HURST
MARINA AYALA

(OFFICE VOLUNTEERS)
TERESA CARPER

1 Corinthians 15:58

Oh Lord, help every worker to work wholeheartedly for the church. Help them to remember the work they do in the church is not in vain as Your Word declares Your work is never wasted.



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Website
stbernadettela.org

Facebook
<https://www.facebook.com/SaintBernadetteCatholicChurch>

Twitter
https://twitter.com/stbernadettecc_



Mass Intentions for this Week

All Deceased Parishioners
18 February 2023 4:00 pm

Myrlee Walder RIP
19 February 2023 10:00 am

John Justin Montgomery RIP
22 February 2023 8:00 am

SAVE THE DATE FEBRUARY 23-26
IN PERSON | ANAHEIM, CA

YOUTH DAY
STRIVE 4 LIFE



ADULT DAYS
EMBRACE GRACE
ABRAZA LA GRACIA | ẤP Ủ HỒNG ẮN

LOS ANGELES RELIGIOUS EDUCATION CONGRESS

REGISTER TODAY

\$35- YOUTH DAY
\$75- ADULT DAYS
Price increases to \$40 for Youth Day and \$85 for the Adult Days after January 23rd.

FEBRUARY 23-26, 2023
ANAHEIM CONVENTION CENTER

You are invited to renew your mind, body, and spirit with engaging workshops on relevant topics facing Catholic parents today. Experience a Community that will support and accompany you as you build the domestic Church. Celebrate the gift of faith and the beauty of our Catholic traditions. We highlight the following workshop selections for parents. Topics include marriage, ministering to young people, sharing faith, ministering to children with disabilities, and forming a Eucharistic lifestyle.

Please Join Us!

Friday, February 24, 2023	Saturday, February 25, 2023
1-01 1-02 1-03 1-04 1-05 1-07	4-01
2-01 2-02 2-04 2-07 2-09	5-03 5-07 5-08
3-01 3-08 3-09	6-03 6-08 6-09

Sunday, February 26, 2023
7-02 | 7-03 | 7-08 | 7-09

recongress.org

Did you know? February 18/19 The Importance of Checking References

A reference check is a professional investigation that can provide invaluable information to protect your organization. Among the steps to take when hiring an employee, enlisting a volunteer, or retaining an outside vendor or other independent party, the reference check is unique as it allows to defend against a wide range of risks. Through the reference check, the organization can learn about the applicant's strengths, weaknesses, past performance, and other qualitative and subjective characteristics, including any risky, unsafe, or unacceptable behavior. For more information, read the VIRTUS® article.

"Reference Checks, Part I:
Your Best Defense,"
lacatholics.org/did-you-know/

