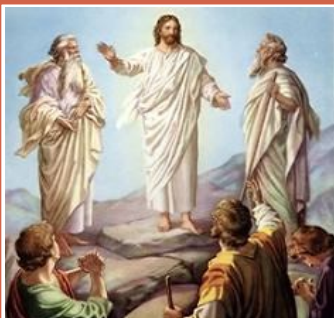


St Bernadette Catholic Church
3825 Don Felipe Drive
Los Angeles , CA 90008
(323) 293-4877
stbernadettela.org



March 04/05, 2023
Volume 3, Issue 09



**Second Sunday of Lent.
To the Top of the Mountain!
~Matthew 4:10**

Listen to him!" ~ Matthew 17:5

Peter, James and John journey to the mountain top with Christ. Christ meets Moses (the Law) and Elijah (the Prophets) representing how Christ is the fulfillment of both. His clothing becomes radiant and God instructs the disciples to "listen to Him". This miracle is unique in that

it happens "to Jesus" rather than Jesus performing it on someone else or something else. St. Thomas Aquinas called it the greatest miracle. Peter wants to memorialize this great moment by erecting tents or tabernacles for Jesus, Moses and Elijah. Most of us would want to do the same. We want to capture those great moments of our lives and hold them in suspension. We want to relive the success over and over. Such events are memorialized by plaques, statues or special days set aside for their celebration and remembrance. Later in the Gospel Peter, James and John will again be Jesus' sole companions. They accompany him to pray in the Garden of Gethsemane. This time they can't even stay awake for an hour nor do they want to remember this horrific night. Life is not comprised of a few brief special moments. It is comprised of all our moments. Jesus is always with us. He is with us whether we are on top of the world or have been kicked to the curb. All moments are special in their own way provided we are "present" to the moment and acknowledge Christ is there with us. "Even a setback can be a setup for a comeback" (Jonathon Sprinkles). Stewards acknowledge all moments as precious and treat them with the respect which is due secure in the knowledge Christ is there as well.

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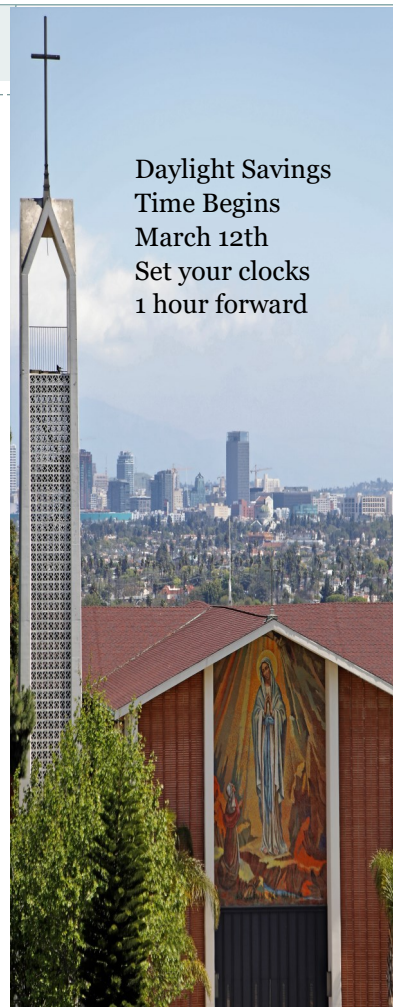
**Coming to St Bernadette in March:
Journey of the Saints Exhibition
"So All May Be One"**

The Community of South Los Angeles is invited to journey with the 23 portraits of saints on display at St Bernadette. Learn more about their diversity and impact on our world.

Saturday, March 11, 2023

Come to 4:00 pm Mass

For a sneak peek following Mass



Daylight Savings
Time Begins
March 12th
Set your clocks
1 hour forward

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<i>"Trust in the LORD with all your heart" Proverbs 3:5</i>	

Did you know, each day, in the Catholic Liturgical Calendar, has a rank???

The five basic ranks for the Ordinary Form of the Roman Rite, in descending order of importance, are: [Solemnity](#)—the highest ranking type of feast day. It commemorates an event in the life of Jesus or Mary, or celebrates a Saint important to the whole Church or the local community.

[Feast](#)—the rank of secondary liturgical days including lesser events in the life of Jesus, Mary or an Apostle (theologically speaking) or for major saints.

[Memorial](#)—the commemoration of a saint of lesser importance. Many memorials are optional or only observed in specific dioceses, regions or nations.

[Seasonal Weekday](#)—a weekday in a "strong" liturgical season ([Advent](#), [Christmastide](#), [Lent](#), or [Eastertide](#)), on which no solemnity, feast, or memorial happens to be observed.

On Weekdays of Lent memorials are celebrated as optional memorial [Feria](#) or Ferial Weekday—a weekday in ordinary time on which no solemnity, feast or memorial is observed. All [holy days of obligation](#) are also solemnities; however, not all solemnities are holy days of obligation.

For example, [The Nativity of the Lord Jesus \(Christmas\)](#) (25 December) is a solemnity which is always a holy day of obligation, whereas the [Nativity of Saint John the Baptist](#) (24 June) is not a holy day of obligation.



Join us for Bible Study

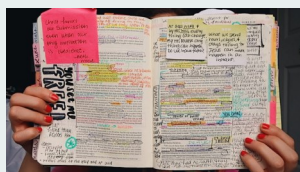
1st and 3rd Thursday
1:00 & 7:00 PM
Via ZOOM

1:00 pm Meeting
ID: 87233018319
Passcode: 689472

Contact:
Carolyn James
(323) 394-5441

7:00 pm Meeting
ID 811 5705 8134
Passcode: 6FuFf7

Contact:
Elsie Dixon
(310) 410-2962



Mass Intention requests should indicate:

Is it for an individual? or family?
Is the person Living? Deceased?
The name of the person making the request?
The Contact person's name? (If different than the requestor) Phone? Email address?
Requested date of the Mass?
Please note if the intention is for a special occasion, such as a birthday, or an anniversary
Are prayers for the healing of a specific disease?

Sackcloth and Ashes: Sackcloth and ashes are symbols of debasement, mourning, and [repentance](#) in the Old Testament. One would demonstrate one's repentant heart by wearing sackcloth, sitting in ashes, and sprinkling ashes on top of one's head. Sackcloth was a coarse fabric, usually made of black goat's hair, making it very uncomfortable to wear. Ashes were symbols of desolation and ruin. When someone died the act of putting on sackcloth demonstrated heartfelt sorrow for the loss of the person. (Example: when David mourned the death of Abner, the commander of Saul's army ([2 Samuel 3:31](#)). Jacob also demonstrated his grief by wearing sackcloth when he thought his son Joseph had been killed ([Genesis 37:34](#)). These instances of mourning mention sackcloth but not ashes. Ashes accompanied sackcloth in times of national disaster or repentance. [Esther 4:1](#), describes Mordecai tearing his clothes, putting on sackcloth and ashes, and walking out into the city "wailing loudly and bitterly." This was Mordecai's reaction to King Xerxes' declaration giving Haman authority to destroy the Jews ([Esther 3:8-15](#)). Mordecai was not the only one who grieved. "In every province to which the edict and order of the king came, there was great mourning among the Jews, with fasting, weeping, and wailing. Many lay in sackcloth and ashes" ([Esther 4:3](#)). The Jews responded to the devastating news concerning their race with sackcloth and ashes, showing their intense grief and distress.





Join us for Coffee and Donuts

After 10:00 Mass
Every Sunday in the Parish Hall
If you would like to
sponsor Coffee and Donuts
Contact the Parish Office
(323) 293-4877

St. Bernadette Women's Retreat March 31 - April 02, 2023

MADE FOR GREATER

You Are Made For Greater Things Than These

The Carmelite Sisters invite all women to attend this retreat at the Sacred Heart Retreat House. This year's retreat theme comes from a quote of Mother Luisita to one of her Carmelite daughters, exhorting her to keep her eyes fixed on HEAVEN and to remain firm in conviction of the dignity of every life. We believe Mother Luisita's wisdom has much to offer the world in our present time. The Carmelite Sisters invite all women to come on retreat at The Sacred Heart Retreat House.

Registration is now available!



Fasting and Abstinence During Lent

Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. Fasting as explained by the U.S. bishops means partaking of only one full meal. Some food (not equaling another full meal) is permitted at breakfast and around midday or in the evening—depending on when a person chooses to eat the main or full meal. Abstinence forbids the use of meat, but not of eggs, milk products or condiments made of animal fat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consommé, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are not forbidden. (So it is permissible to use margarine and lard.)



Religious Education Congress Youth Day 2023

Members of the St Bernadette Church Confirmation Class were invited to “bring forward the gifts” at Mass on YOUTH DAY at the recent Religious Education Congress 2023 in Anaheim, California



LITURGY SCHEDULE

MARCH 06, 2023
MONDAY OF THE SECOND
WEEK OF LENT
TO MARCH 12, 2023
THE THIRD SUNDAY IN
LENT

Monday, March 06, 2023

8:00 am

Communion Service

Tuesday, March 07, 2023

8:00 am

Communion Service

Wednesday, March 08, 2023

8:00 am Mass

Live-Streamed and In-Person

Thursday, March 09, 2023

8:00 am Mass In-Person

Liturgy of the Word

(pre-recorded)

Friday, March 10, 2023

8:00 am Mass In-Person

Liturgy of the Word

(pre-recorded)

Saturday, March 11, 2023

Liturgy of the Word

(pre-recorded)

Confessions 3:00 pm

Vigil Mass 4:00 pm

Sunday, March 12, 2023

3rd Sunday of Lent

Daylight Savings Time Begins

10:00 am Mass

Coffee & Donuts

following Mass

Other Sacraments

(as Scheduled)

Mass Intentions

(323) 293-4877

j.carper.sbccc@gmail.com

PARISH STAFF

DCN JIM CARPER, PLD
MSGR LORETO GONZALES
FR MARCELLINUS MBATA
DCN EMILE ADAMS, RIP
DAVID CHRISTENSEN
EMANUEL HOLDER
CLARENCE DIXON
MARGARITA HURST
MARINA AYALA

(OFFICE VOLUNTEERS)
TERESA CARPER

1 Corinthians 15:58

Oh Lord, help every worker to work wholeheartedly for the church. Help them to remember the work they do in the church is not in vain as Your Word declares Your work is never wasted.



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Website
stbernadettela.org

Facebook
<https://www.facebook.com/SaintBernadetteCatholicChurch>

Twitter
<https://twitter.com/stbernadettecc>



Mass Intentions for this Week

March 04, 2023

Deacon Emile Adams RIP

March 05, 2023

Cora Harris RIP

5 Facts About Lent You Should Know Before Easter The word **Lent** has nothing to do with fasting or giving things up. Lent' is a shortened version of the Old English word 'lencten', which simply means spring. **Lent was originally 36 days long.** Lent was extended to 40 days (which is why it begins on Ash Wednesday) to parallel with and help Christians remember the time Christ spent in the wilderness. **Lent is about fasting and spiritual growth.** Lent is traditionally a time of repentance and spiritual renewal, where Christians remember Christ's own preparation in the desert, where he turned his back on the temptation of the devil in order to prepare himself for the mission God had sent him to complete. **Lent is also about doing good.** Lent isn't just about remembering Christ's suffering – it's a time in which believers try to be the best Christian they can possibly be. **Mother's Day is actually a part of Lent.** "Mothering Sunday" was originally about returning to your home (or 'mother') church, and eventually it became a celebration of motherhood. Lent, as mothers are sure to remind you, is all about giving generously! The term "Good Friday" seems strange given it is the day we remember Jesus' crucifixion and burial. **It appears to be a corruption of the term "God Friday".**

Did you know? March 4-5 Archdiocese of Los Angeles partners with ex-FBI agents

Over the last several decades, the Archdiocese of Los Angeles has partnered with ex-FBI agents to investigate allegations of clerical sexual abuse. This partnership is part of a comprehensive abuse protection effort in the archdiocese that includes mandatory fingerprinting, background checks, and safe environment training.

To learn more about this partnership, visit angelusnews.com/local/la-catholics/fbi-la-archdiocese-abuse.

For more information about support for victim-survivors and abuse prevention and protection efforts of the Archdiocese, visit lacatholics.org/protect

