

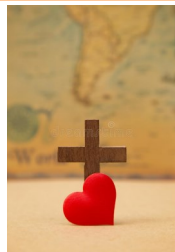
St Bernadette Catholic Church
3825 Don Felipe Drive
Los Angeles , CA 90008
(323) 293-4877
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June 03/04, 2023
Volume 3, Issue 22

John 03: 16-18 What is Real Love?

“God so loved the world that he gave his only Son, so that everyone who believes in him might not perish, but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God.”



What is real love? There are a lot of imitations in our world today, but none of them really compare to the real thing. We find the true definition of love in John 3:16: “This is how we know what love is: Jesus Christ laid down His life for us. And we ought to lay down our lives for our brothers and sisters”. We can say we love someone, but what are we willing to do for that person? True love is rarely convenient. It takes time and effort and sacrifice to make it happen. It was not an easy thing for Jesus to give His life for us on the cross.

There are three ways in which we are tempted. Jesus was tempted by the devil in those three ways; “lust of the flesh”, “lust of the eyes”, and “pride of life”. You can read about them in Matthew 4:1-11; Mark 1:9-13; and Luke 4:1-13. By using these temptations the devil tried to destroy Jesus’ mission of dying on the cross; to take the easy way out and avoid the pain, humiliation, and suffering.

Jesus took the path of love—for us! He didn’t cheapen salvation by taking a shortcut. If He had agreed to any of Satan’s tactics of surrender and compromise, our salvation and eternal life would not have been possible. There was a lot on the line during that encounter in the wilderness. It decided for us how much Jesus loved us and the lengths to which He would go to prove His love for us.

Ushers Versus Greeters

Ushers and Greeters are often the first people newcomers meet upon entering a church. These important welcoming ministries help our guests get oriented and our regular attenders feel at home. They also aids in setting the tone for the weekly worship service. Greeters warmly express welcome, escort people to destinations, creating confidence that all entering the building are never alone and lost while Ushers guide people to seating, take offerings and help maintain worship center user items. Ushers and greeters are present at least ½ hour before services. They are also available after the service to help guests find their way around campus and to answer questions.



What gifts, skills and talents do you need? You should be friendly, have an outgoing personality and able to engage others with a helpful attitude and love of God. Want to learn more?

Contact the Parish Office at (323) 293-4877 or talk to Deacon Jim after Mass.



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“Trust in the LORD with all your heart” Proverbs 3:5	

Solemnity of the Most Holy Trinity Sunday June 04, 2023

The First Sunday Following Pentecost

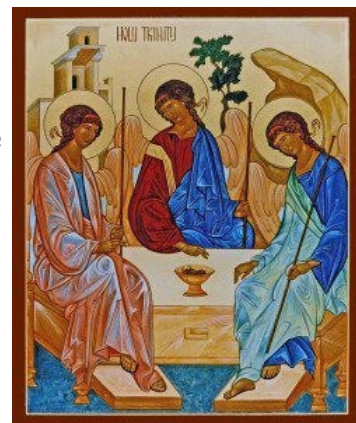
Holy Trinity Sunday is celebrated on the first Sunday following Pentecost in most of the liturgical churches in Western Christianity. It is a solemn celebration of the belief in the revelation of one God, yet three divine persons. It was not uniquely celebrated in the early church, but as with many things the advent of new, sometimes heretical, thinking often gives the Church a moment in which to explain and celebrate its own traditions; things it already believes and holds dear.

In the early 4th century, when the Arian heresy was spreading, the early church, recognizing the inherent Christological and Trinitarian implications, prepared an Office of Prayer with canticles, responses, a preface, and hymns, to be recited on Sundays to proclaim the Holy Trinity.

Pope John XXII (14th century) instituted the celebration as a feast for the entire Church; the celebration became a solemnity after the liturgical reforms of Vatican II.

In Eastern Christianity there is no specific day set aside to celebrate the Christian doctrine of the Trinity. The Eastern Churches often point out, they celebrate the Trinity every Sunday. Westerners do as well, we just set aside a special feast day for this purpose.

In the West, Trinity Sunday, officially called “The Solemnity of the Most Holy Trinity,” is one of the few celebrations of the Christian Year which commemorates a reality and a doctrine rather than an event or a person.

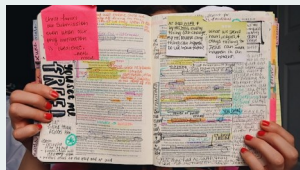


**Join us for
Bible Study**
1st and 3rd Thursday
1:00 & 7:00 PM
Via ZOOM
1:00 pm Meeting
ID: 87233018319
Passcode: 689472

Contact:
Carolyn James
(323) 394-5441

7:00 pm Meeting
ID 811 5705 8134
Passcode: 6FuFf7

Contact:
Elsie Dixon
(310) 410-2962



6 Ways to Make Ordinary Time *Extraordinary*

1. Focus on Christ's life: "The Sundays and weeks of ordinary time lead us through the life of Christ. This is a time of conversion. This is living the life of Christ. It is a time for growth and maturation, a time in which the mystery of Christ is called to penetrate ever more deeply into history until all things are finally "in Christ."
2. Learn about the lives of the saints: Saints are a great way to show how to live a life in relationship with Jesus. It is a great time to begin a family tradition of reading the stories of the saints on a regular basis.
3. Ordinary time can be a meaningful time to worship and pray together in new ways: try monthly devotions, pray the Chaplet of Divine Mercy, try meditative prayer. It is also a good time to either start or jump-start family prayer time. How's it going? What might you do to change it up a little, or make it better?
4. Go to confession. We remind parishioners during Advent and Lent. Perhaps summer vacations might lend themselves to more time for intentional examinations of conscience, penance and forgiveness. As we work on our relationship with Jesus, we can work on our relationships with one another.
5. Celebrate the Eucharist Every Sunday. Go to Mass with your children, reminding them every Sunday is a celebration of Christ's resurrection. Example: Encourage them to write down what they are thankful for on slips of paper and place them in the collection basket during the offertory.
6. Do you have a home "prayer table"? Why not create one using saints cards for the feast days of the saints, natural objects which represent the season (fall leaves, spring flowers, beautiful pebbles)...and, of course, a green tablecloth, or even a banner your children make themselves.

Make this "Ordinary" liturgical season an opportunity to grow closer to knowing Jesus together as a family? Make Ordinary time extraordinary this year?



**Join us for
Coffee and Donuts**

**After 10:00 am Mass
Every Sunday in the Parish Hall
If you would like to sponsor
Coffee and Donuts
Contact the Parish Office
@ (323) 293-4877**



**Daily and Sunday Mass intentions
at St. Bernadette Church.**

To request an intention please include the following: Is it for an individual? or family? Is the person Living? Deceased? Name of the person making the request? The Contact person's name? (If different than the requestor) Phone? Email address? Requested date of the Mass?



Is the intention for a special occasion, such as a birthday, or an anniversary? Are the prayers for the healing of a specific disease or condition?

Six Truths about the Sign of the Cross

Right now, you can imprint in your heart these six truths about the Sign of the Cross by making it six times; each time applying one of these perspectives.

First, sign yourself professing your faith in God.

Second, mark yourself remembering that you died with Christ in baptism.

Third, make the sign to declare that you belong to Christ as His disciple and will obey Him.

Fourth, sign yourself to embrace whatever suffering comes and to celebrate your suffering with Christ for the Church.

Fifth, make the Sign of the Cross as a defense against the devil and as an offensive advance of God's kingdom against him.

Finally, make the sign to crucify your flesh and to put on Christ and His behaviors. Go through these six signings often in your morning prayer — and watch the grace flow through this ancient sacramental in the days to come. Apply These Truths Now!



**Our Parish Hall is a great place for a variety of events:
Repasts, Luncheons, Business Meetings, Clinics, Inoculation Sites,
Seminars and a host of other events. It is fully AV Equipped.
For Details and Availability contact the Parish Office
(323)293-4877**

**Please submit your Bulletin Articles and Pulpit Announcements
AT LEAST TWO WEEKS IN ADVANCE.
If you have questions, pls contact the office at (323) 293-4877**



LITURGY SCHEDULE

**JUNE 05, 2023
MONDAY (ST BONIFACE))
TO JUNE 11, 2023
10TH SUNDAY IN ORDINARY
TIME**

Monday, June 05, 2023

8:00 am

Communion Service

Tuesday, June 06, 2023

8:00 am

Communion Service

Wednesday, June 07, 2023

8:00 am Mass

Live-Streamed and In-Person

Thursday, June 08, 2023

8:00 am Mass

Live-Streamed and In-Person

Friday, June 09, 2023

8:00 am Mass

Live-Streamed and In-Person

Saturday, June 10, 2023

3:00 pm Reconciliation

4:00 pm Vigil Mass

Sunday, June 11, 2023

10:00 am Mass

Coffee & Donuts

Parish Hall

Following Mass

**Other Sacraments
(as Scheduled)**

Mass Intentions

(323) 293-4877

j.carper.sbccc@gmail.com

Mass Intentions

(323) 293-4877

j.carper.sbccc@gmail.com

PARISH STAFF

DCN JIM CARPER, PLD
MSGR LORETO GONZALES
FR MARCELLINUS MBATA
DCN EMILE ADAMS, RIP
DAVID CHRISTENSEN
EMANUEL HOLDER
CLARENCE DIXON
MARGARITA HURST
MARINA AYALA

(OFFICE VOLUNTEERS)
TERESA CARPER

1 Corinthians 15:58

*Oh Lord, help every worker to
work wholeheartedly for the
church. Help them to remember
the work they do in the church is
not in vain as Your Word
declares Your work is never
wasted.*



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Website
stbernadettela.org

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SaintBernadetteCatholicChurch](https://www.facebook.com/SaintBernadetteCatholicChurch)

Twitter
https://twitter.com/stbernadettecc_



Mass Intentions for this Week

Saturday June 03, 2023:

Martin Bacon

Deacon Emile and Anona Adams

Sunday, June 04, 2023:

Veronica Chevalier

Did you know? June 3-4 || Review swimming safety rules

If your children will be cooling off at local pools or the beach this summer, it is time to review some basic water safety rules. Make sure your children have been taught the basics of swimming and water survival skills and review those skills before you send them off. When you go to pools or the beach, consider appointing a rotating water watcher — an adult in charge of watching the water to make sure all the children are safe at all times.

**For more tips, visit [https://
www.safekids.org/tip/swimming-
safety-tips.lacatholics.org/did-you-
know/](https://www.safekids.org/tip/swimming-safety-tips.lacatholics.org/did-you-know/)**



Corpus Christi: The Body and Blood of Christ—May 08, 2023

The Catholic Church has taught, since Apostolic times: during a valid celebration of the Holy Sacrifice of the Mass, the bread and wine are truly changed into the Body and Blood, Soul and Divinity of our Lord and Savior, Jesus Christ. This is what is meant by the “True Presence” or “Real Presence” of Jesus in the Most Holy Eucharist. Although the elements retain the appearance of bread and wine, they have – through the power of the Holy Spirit – actually changed into Jesus’ Body and Blood, just as they did at the Last Supper. On this feast of Corpus Christi, established by Pope Urban IV in the year 1264, we celebrate the miracle of the Eucharist. When we share in the Eucharist, we share in Jesus’ miraculous love for us and for all sinners. Our Lord Jesus Christ, truly present in the Most Blessed Sacrament, is worthy of our worship, our respect, and our love. In the Most Holy Eucharist, we truly receive Jesus – his Body, Blood, Soul, and Divinity – nourishing us for those lonely moments and reassuring us that God is always present in our lives.

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