

St Bernadette Catholic Church
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June 10/11, 2023
Volume 3, Issue 23



John 06: 51-58 “How can this man give us his flesh to eat?” Jesus is manna, the food which sustained Israel both physically and spiritually in the wilderness. John 6:51 summarizes what Jesus has been saying since verse 32: *“I am the living bread that came down from heaven, so that one may eat of it and not die.”*

The death of which Jesus speaks was the death which threatened Israel in the desert, as well as the separation from God represented by a life lived in Egypt was preferable. Manna was the solution God provided in the desert, and Jesus interprets the scripture to identify himself as manna. Jesus extends his interpretation in a new way, however. He indicates the life he gives is “eternal”: “Whoever eats of this bread will live forever” (John 6:51). The phrase “live forever” (Greek: zesei eis ton aiona) is a variation of John’s more common words for the gift Jesus provides, “eternal life” (zoe aionion). Throughout the Gospel, Jesus asserts he is the bringer of eternal life for those who trust in him. The manna is already a story of God’s life-giving power. Jesus uses this opportunity to clarify the life he brings as manna is this kind of life: it extends forever. As is true elsewhere in the Gospel, this “life” Jesus brings is not limited to a future heavenly existence after death. John has something different in mind with the phrase “eternal life.” This life is available to believers, not only in the future, but in the present. Jesus says “those who eat my flesh and drink my blood have eternal life” (John 6:54) and “Very truly I tell you, whoever believes has eternal life” (John 6:47). The verbs are present tense. The life Jesus brings begins during the life of the believer and during Jesus’ own incarnate existence on earth.

Not So “Ordinary Time”

Ordinary Time is the season when Catholics are encouraged to grow and mature in daily expression of their faith outside the great seasons of celebration: Christmas and Easter and the periods of penance: Advent and Lent. It is a time to deepen one’s prayer life, read the Scriptures, unite more deeply with the Lord in the Eucharist, and become a more holy and whole person. **Ordinary Time** is when average people, like you and me, strive to become the extraordinary messengers of the Gospel we were commissioned to be, through baptism. The various liturgical seasons are characterized in part by the scriptural readings and Mass prayers assigned to each of them. Advent has its wreath, its candles, its hymns — all of which culminate in Christmas. Lent has ashes, fasting, Stations of the Cross — followed by the Resurrection. It is easy to be energized and excited about the Faith during the high holy days. Ordinary Time? How do we stay involved and engaged? Attending daily Mass, saying the Rosary, and going to confession more frequently are all very good practices to incorporate during this period of Ordinary Time



ORDINARY TIME



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“Trust in the LORD with all your heart” Proverbs 3:5



Corpus Christi: The Most Holy Body and Blood of Christ June 11, 2023

The institution of Corpus Christi as a feast in the Christian calendar resulted from approximately forty years of work on the part of Juliana of Liège, a 13th-century Norbertine canoness, also known as Juliana de Cornillon, born in 1191 or 1192 in Liège, Belgium, a city where there were groups of women dedicated to Eucharistic worship. Guided by exemplary priests, they lived together, devoted to prayer and to charitable works. Orphaned at the age of five, she and her sister Agnes were entrusted to the care of the Augustinian nuns at the convent and leprosarium of Mont-Cornillon, where Juliana developed a special veneration for the Blessed Sacrament. In 1208, she reported her first vision of Christ in which she was instructed to plead for the institution of the feast of Corpus Christi. The vision was repeated for the next 20 years but she kept it a secret. When she eventually relayed it to her confessor, he relayed it to the bishop. Juliana also petitioned the learned Dominican Hugh of St-Cher, and Robert de Tho-

rete, Bishop of Liège. At the time bishops could order feasts in their dioceses, so Bishop Robert ordered, in 1246, a celebration of Corpus Christi to be held in the diocese each year thereafter on the Thursday after Trinity Sunday. The first such celebration occurred at St Martin's Church in the city in the same year. The feast of Corpus Christi is one of five occasions in the year on which a diocesan bishop is not to be away from his diocese unless for a grave and urgent reason. In many countries, the day is a holy day of obligation and takes place on the Thursday after Trinity Sunday. On that day or on the following Sunday, it is traditional to hold in the streets of a town, or in an individual parish, a procession with prayers and singing to honor the Blessed Sacrament. German processional hymns include the 1687 "Kommt her, ihr Kreaturen all". During the procession, the consecrated host is displayed in a monstrance held aloft by a member of the clergy. At the end of the procession, Benediction of the Blessed Sacrament is imparted.

Join us for Bible Study

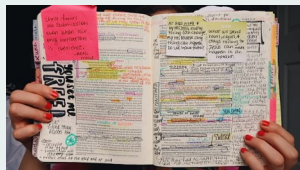
1st and 3rd Thursday
1:00 & 7:00 PM
Via ZOOM

1:00 pm Meeting
ID: 87233018319
Passcode: 689472

Contact:
Carolyn James
(323) 394-5441

7:00 pm Meeting
ID 811 5705 8134
Passcode: 6FuFf7

Contact:
Elsie Dixon
(310) 410-2962



11 Catholic Things to Do this Summer

The high holy days of Christmas and Easter provide plenty for Catholics to meditate upon and do, during the seasons of winter and spring, but what about the great frontier of summer? What's a Catholic to do now? **1. Read a Novel** (*Kristin Lavransdatter* by Sigrid Undset, *Canticle for Leibowitz* by Walter M. Miller, Jr., *Death Comes for the Archbishop* by Willa



Cather, *The Moviegoer* by Walker Percy **2. Go on a pilgrimage:** The extra time you have and the sunny weather provide many opportunities for a jaunt to a holy place. Yes, you can get a plenary indulgence at many of them, but you will also have time to meditate on the pilgrimage. **3. Organize a Barbeque** I recommend the cooking advice of St. Lawrence, "I'm done on this side, you can turn me over now." Eat some good red meat and have some Trappist beer. **4. Watch an Outdoor Movie** (*On the Waterfront*, Marlon Brando (1953), *Becket*, Richard Burton (1964), *The Scarlet and the Black*, Gregory Peck (1983), *Babette's Feast*, Stephane Audran (1987), *Les Misérables*, Hugh Jackman (2012). **5. Volunteer at a Bible Camp** It's rewarding and fun. **6. Visit a Nursing Home** Not only are you helping to brighten an elderly child of God's day, you might actually learn something in the process. **7. Play Baseball or Softball** (FYI: Babe Ruth was Catholic) **8. Play Frisbee or Soccer** Not quite as obvious as #7 but Lionel Messi, the greatest soccer player in the world, is a fellow Argentine to Pope Francis. **9. Go on a Hike.** Experience the beauty of God's creation in one of his unsullied areas. Don't forget trail mix. Say a rosary while you're at it. **10. Write a poem, especially if you've never done so before.** It doesn't have to change the world—just access a different part of your intellect. Address it to God if you're embarrassed to give it to a mere mortal. (FYI: Oscar Wilde and Shakespeare were both Catholic.) **11. Evangelize** With heart, mind, soul, and strength restored, go spread the Good News to whomever will listen.

Have a great summer!

**Join us for
Coffee and Donuts**

**After 10:00 am Mass
Every Sunday in the Parish Hall
If you would like to sponsor
Coffee and Donuts
Contact the Parish Office
@ (323) 293-4877**



Mass Intentions

**Daily and Sunday
St. Bernadette Church.**

To request an intention please include the following: Is it for an individual? or family? Is the

person Living? Deceased? Name of the person making the request? The Contact person's name? (If different than the requestor) Phone? Email address? Requested date of the Mass? Is the intention for a special occasion, such as a birthday, or an anniversary? Are the prayers for the healing of a specific disease or condition?



**13 Simple Tasks to Do Everyday to Live
a Happy Christian Life**

1. Do Something Nice for Someone It is important to serve others each and every day. **2.**

Practice Gratitude Being grateful is the key to

happy life. Keep a gratitude journal. **3. Rely on the Holy Spirit** We were given the gift of the Holy Spirit for a reason. He is our teacher, comforter, inspiration, and much more. **4. Pray** Make every prayer a meaningful conversation **5. Read Scripture** Take time to really dig deep, and find meaning in the symbolism within. **6. Speak Kindly** It is important we speak kindly and respectfully to one another; for the good of others, and for ourselves as well. **7. Practice Self-Care** It is essential we care for ourselves physically, emotionally, and spiritually. **8.**

Share Your Testimony whether it is with your spouse, your children, your friends **9. Have Faith** Everyday have faith your Heavenly Father loves you, He has a plan for you, and is by your side at all times. **10. Repent** Every night, take time to repent for any wrong doings you may have done that day **11. Let Go of Resentments** Every day, we should practice letting go of resentments. **12. Deny Yourself and Take Up Your Cross** Luke 9:23, "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me." **13. Say "NO" to Temptation** "Watch and pray you do not enter into temptation. The spirit indeed is willing, but the flesh is weak." -Matthew 26:41

LADIES! MARK YOUR CALENDARS

Women's Retreat July 22, 2023

**For More Information
Contact Carolyn James**



Please submit your Bulletin Articles and Pulpit Announcements

AT LEAST TWO WEEKS IN ADVANCE.

If you have questions, pls contact the office at (323) 293-4877



LITURGY SCHEDULE

JUNE 12 2023

MONDAY

TO JUNE 18, 2023

**BODY AND BLOOD OF CHRIST
(FATHERS' DAY)**

Monday, June 12, 2023

8:00 am

Communion Service

Tuesday, June 13, 2023

8:00 am

Communion Service

Wednesday, June 14, 2023

8:00 am Mass

Live-Streamed and In-Person

Thursday, June 15, 2023

8:00 am Mass

Live-Streamed and In-Person

Friday, June 16, 2023

8:00 am Mass

Live-Streamed and In-Person

Saturday, June 17, 2023

3:00 pm Reconciliation

4:00 pm Vigil Mass

Sunday, June 18, 2023

10:00 am Mass

Coffee & Donuts

Parish Hall

Following Mass

Other Sacraments

(as Scheduled)

Mass Intentions

(323) 293-4877

j.carper.sbccc@gmail.com

Mass Intentions

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CLARENCE DIXON
MARGARITA HURST
MARINA AYALA

(OFFICE VOLUNTEERS)
TERESA CARPER

1 Corinthians 15:58

*Oh Lord, help every worker to
work wholeheartedly for the
church. Help them to remember
the work they do in the church is
not in vain as Your Word
declares Your work is never
wasted.*



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https://twitter.com/stbernadettecc_



Mass Intentions for this Week

Saturday June 10, 2023:

Marie Rose Noh (RIP) Gerard Noh (RIP)

Sunday, June 11, 2023:

Deceased Members of the Jolivette Family

Deborah Caraby Robinson (RIP)



Did you know? June 10-11

Tips to guarantee children's safety around swimming pools

Drowning is the leading cause of injury-related death among children ages 1-4, and it is the third leading cause of unintentional injury-related death among children 19 and under. To avoid a tragedy, following are a few tips when watching children in or around the water: keep young children and weak swimmers within arm's reach of an adult; make sure more experienced swimmers are with a partner every time; choose an adult to be in or near the water carefully watching children; teach children how to swim.

<https://www.safekids.org/poolsafety>



LA welcomes 8 new 'living instruments of Christ' at priest ordination Mass This milestone moment drew more than 3,000 people to the Cathedral for the joyous, two-hour ticket-only liturgy. During the ordination rite, the candidates prostrated themselves around the altar as the congregation chanted the Litany of the Saints. The rite also included the Laying on of Hands, the Investiture with Stole and Chasuble, and the Kiss of Peace — ancient rituals that signify their incorporation into the presbyterate. "Jesus Christ makes every priest another Christ," said Archbishop José H. Gomez as he addressed the candidates in his [homily](#). You are living instruments of Christ, the Eternal Priest... And it is a beautiful thing to be his instruments, to be his voice, his hands."