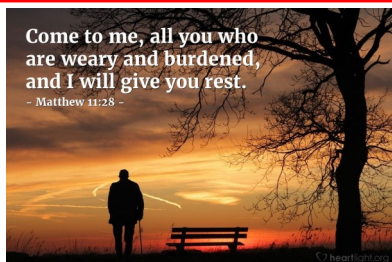


St Bernadette Catholic Church
3825 Don Felipe Drive
Los Angeles , CA 90008
(323) 293-4877
stbernadettela.org



July 08,09, 2023
Volume 3, Issue 27



The 14th Sunday in Ordinary Time - Matthew 11: 25-30 *"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."*

We all bear the weight of temptations and the guilt of sin. It is this heavy burden which causes weariness and fatigue. Jesus calls us today to lay our burdens at His feet, look up to Him, and have faith in His person.

He is the only One who can heal the hurting, rescue the perishing, and deliver our souls from eternal separation from God. Although, life is full of crisis, pain, difficulties, fear, and weariness Christ is calls to us. His arms are open wide. He calls to us to come and find rest for our souls. Jesus wants to take away the heavy yoke and oppression from us. 'Come unto me' is a call to those who are about to give up. It is a call to follow Christ. He beckons us with such intensity He gave up His earthly life just to prove it.

The amazing thing is there are no restrictions or barriers to this invitation. It is an invitation to an intimate relationship with Christ Jesus. Stop pursuing other things! "Come as you are!" There are no requirements or restrictions. Jesus, who is the light of the world has come to give hope and life to all who believe in His name. He is waiting for you, accept Him today.

Our Catholic Faith is a "Sensual Faith"

Roman Catholicism is a very sensual religion. We have the smell of incense, the sound of bells and of singing, the touching of beads, the kissing of sacred artifacts, the ritualistic pouring of water and rubbing of oils, and, of course consumption of Communion, the eating and drinking of bread and wine – understood as the consuming of Christ's physical body. Catholicism's inherent sensuality stems from the fact it is a sacramental religion – one which recognizes and celebrates the ancient sacramental principle that matter channels spirit while remaining matter. Catholic theologian Joan Timmerman writes: The sacramental view of reality is an inclusive view; it includes the Mystery of God as manifested in "natural," that is, sensuously experienced reality. Moreover, a sacramental view recognizes the presence of God mediated not only through the Body (of the Church), but through the body (of the human being); that is, it is communal without thereby relinquishing its personal, intimate, physical locus. . . . The scandal of the incarnation . . . is also the "scandal" of sexuality as a path for spiritual growth.



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<i>"Trust in the LORD with all your heart" Proverbs 3:5</i>	

July 09: Father Augustus Tolton

John Augustus Tolton (April 1, 1854 – July 9, 1897), was the first Catholic priest in the United States publicly known to be Black. Tolton was ordained to the priesthood in Rome in 1886 at age 31. His first public Mass was inside St. Peter's Basilica on Easter Sunday, 1886. Expecting to serve in an African mission, he studied its regional cultures and languages. Instead, he was directed to return to the United States to serve the Black community. Tolton celebrated his first Mass in the United States at St. Mary's Hospital in Hoboken, New Jersey on July 7, 1886. He celebrated a Solemn Mass at St. Benedict the Moor Catholic Church in New York City on July 11.

His first Mass in Quincy was at St. Boniface. He attempted to organize a parish there, but over the years, met with resistance from both white Catholics and Protestant African American ministers, who did not want him trying to attract people to another denomination. He organized St. Joseph Catholic Church and school in Quincy but ran into opposition from the new dean of the parish, who wanted him to turn away white worshipers from his services. After reassignment to Chicago, Tolton led a mission society, St. Augustine's, which met in the basement of St. Mary's Church. He led the development and administration of the Negro "national parish" of St. Monica's Catholic Church, built at 36th and Dearborn Streets on the South Side. The church nave seated 850 parishioners[5] and was built with money from philanthropists Mrs. Anne O'Neill and Katharine Drexel. 2019. St. Monica's Parish grew from 30 parishioners to 600 with the construction of the new church building.[8] Tolton's success at ministering to Black Catholics quickly earned him national attention within the Catholic hierarchy. "Good Father Gus," as he was called by many, was known for his "eloquent sermons, his beautiful singing voice, and his talent for playing the accordion."

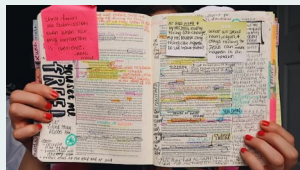


**Join us for
Bible Study**
1st and 3rd Thursday
1:00 & 7:00 PM
Via ZOOM
1:00 pm Meeting
ID: 87233018319
Passcode: 689472

Contact:
Carolyn James
(323) 394-5441

7:00 pm Meeting
ID 811 5705 8134
Passcode: 6FuFf7

Contact:
Elsie Dixon
(310) 410-2962



Archdiocese of Los Angeles - Virtus Training (What and Why)

VIRTUS is a brand name which identifies best practices programs to help prevent wrongdoing and promote "rightdoing" within religious organizations. The VIRTUS programs empower organizations and people to better control risk and improve the lives of all those who interact with the Church. The National Catholic Risk Retention Group, Inc. (National Catholic) created the programs. Monsignor Kevin McCoy, past board chairman of National Catholic, asked whether child sexual abuse could be prevented and, if so, how? In March of 1998, National Catholic invited prominent national experts—experts in many disciplines—to discuss these



questions at a forum in Washington, D.C. From those discussions, the initiative for the VIRTUS programs was created. The National Catholic Board of Directors selected an Ad Hoc Committee to oversee development of the programs. The Ad Hoc Committee was assisted by a steering committee of nationally known experts and program and service providers.

Losing Your Faith Can be Painful, Yet REvitalizing

Whether it's in a higher power, humanity, or yourself, faith can bring your life meaning. Losing your faith can be a painful and difficult experience. It is natural and common to question your beliefs from time to time, whether those beliefs are religious, spiritual, or value-based. You might question the existence of God, or if you are not religious, you might wonder whether humanity is truly good and whether it is worth fighting for your values. Losing your faith is a common experience. Although this process can be confusing, you might walk away with a stronger sense of your faith than before. Or, you might refine your value system so you have a clearer idea of your beliefs. But losing your faith isn't always a bad thing. You might use it as an opportunity to reconnect with your values, which can bring new life to your spiritual beliefs.

**LET YOUR
FAITH
BE BIGGER
THAN YOUR
FEARS**

Ten Benefits of Being a Church Volunteer

It Has Given My Life Greater Purpose.
It Has Given Me a Broader Perspective.
It Has Given Me Lifelong Friendships.
It Has Given Me A Healthier Self-Image.
It Helps Others.
It Has Made Me More Generous.
It Taught Me How To Make Better Decisions.
It Makes Me a Better Thinker
It has Given Me "Lasting Influence" with The Next Generation.
It will, one day, result in a greater reward.



LITURGY SCHEDULE

JULY 010, 2023
MONDAY
TO JULY 16, 2023
15TH SUNDAY
IN ORDINARY TIME

Monday, July 10, 2023

8:00 am

Communion Service

Tuesday, July 11, 2023

8:00 am

Communion Service

Wednesday, July 12, 2023

8:00 am Mass

Live-Streamed and In-Person

Thursday, July 13, 2023

8:00 am Mass

Live-Streamed and In-Person

Friday, July 14, 2023

8:00 am Mass

Live-Streamed and In-Person

Saturday, July 15, 2023

3:00 pm Reconciliation

4:00 pm Vigil Mass

Sunday, July 16, 2023

10:00 am Mass

Coffee & Donuts

Parish Hall

Following Mass

Other Sacraments

(as Scheduled)

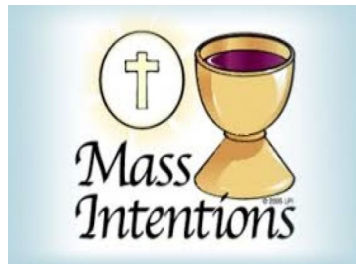
Mass Intentions

(323) 293-4877

j.carper.sbccc@gmail.com

Mass Intentions: Daily and Sunday at St. Bernadette Church.

To request an intention please include the following: Is it for an individual? or family? Is the person Living? Deceased? Name of the person making the request? The Contact person's name? (If different than the requestor) Phone? Email address? Requested date of the Mass? Is the intention for a special occasion, such as a birthday, or an anniversary? Are the prayers for the healing of a specific disease or condition?



Knights of Peter Claver—National Convention 2023

Court 162, Knights of Peter Claver, Ladies Auxiliary thanks the parishioners of St. Bernadette for their generous donations and their support for our fundraising efforts: Mardi Gras, Women's Day and Double Good popcorn fundraiser. This year is a historic gathering for the "Entire Family of Claver", as both the Junior and Senior Divisions will gather in one city. Your support allowed six Juniors and four chaperones to attend the Twenty-Fifth Biennial Junior National Convention on July 13-16, 2023, in New Orleans, Louisiana. This year's convention theme is "Every day is a gift from God." It is a phenomenal opportunity to exchange ideas, share programs and projects, and to enrich the minds of our young people. On July 16-19, five Ladies will attend the 107 Annual National Convention. Your prayers for traveling graces and blessings are appreciated, as we as a Court continue to learn and be inspired by the Missionary work of St. Peter Claver for Human Rights and his enduring call to love.

With Love and Gratitude, Grand Lady Lorraine Sampson



DON'T MISS THIS!

Our Very Popular "Friday Prayer Group"
Resumes Friday, July 14, 2023 in the Rectory

For Details Call: Dolly Guidry (323) 293-0056



PRAYER



PRAYER

Please submit your Bulletin Articles and Pulpit Announcements

AT LEAST TWO WEEKS IN ADVANCE.

If you have questions, pls contact the office at (323) 293-4877

PARISH STAFF

DCN JIM CARPER, PLD
MSGR LORETO GONZALES
FR MARCELLINUS MBATA
DCN EMILE ADAMS, RIP
DAVID CHRISTENSEN
EMANUEL HOLDER
CLARENCE DIXON
MARGARITA HURST
MARINA AYALA

(OFFICE VOLUNTEERS)
TERESA CARPER

1 Corinthians 15:58

*Oh Lord, help every worker to
work wholeheartedly for the
church. Help them to remember
the work they do in the church is
not in vain as Your Word
declares Your work is never
wasted.*



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Website
stbernadettela.org

Facebook
[https://www.facebook.com/
SaintBernadetteCatholicChurch](https://www.facebook.com/SaintBernadetteCatholicChurch)

Twitter
https://twitter.com/stbernadettecc_



Mass Intentions for this Week

Saturday July 08, 2023:

For the Return of all those who have left the church

Sunday, July 09, 2023:

Sr Bernadette McGeehan RIP

Did you know? July 1-2, 2023

Maintaining appropriate boundaries in ministry

Adults who work with children are responsible for maintaining appropriate boundaries and relationships. This can include guiding children to appropriate physical interactions, like side hugs, or high fives and fist bumps. Adults are also responsible for keeping interactions professional — in every setting, a safe adult is supposed to be a friend, but not a peer. If necessary, remind children in your care that you are there to support and guide them as a leader. For more information, read the VIRTUS® article “How Safe Adults Can Maintain Healthy Boundaries”.



All are Invited

Going on a retreat is a powerful way to process what is happening in your life. When you make the decision to escape (in a good way), you give yourself the time to reflect and heal without the constraints of your ‘to-do’ list and the demands of everyone around you. You give yourself the gift of self-care ... to be taken care of and put first. Giving yourself this gift can revive your soul, begin a journey of healing, and open yourself up to opportunities. It is a gift. A gift to give to you with love and care from you.

St. Bernadette Catholic Church

Women Moving in the Spirit

Presents

“Lord, Teach Us How to Pray”

Carolyn James, Presenter

Saturday, July 22, 2023

8:30 a.m. – 2:30 p.m.



Matthew 6: 9-13

St. Bernadette Catholic Church Hall
3825 Don Felipe Drive
Los Angeles, California 90008

Continental Breakfast and Lunch

\$25 Registration Fee

Everyone is invited

Bring Your Bible!

Registration Form

Name _____ Phone Number _____

Number Attending _____ Total Amount _____

RSVP By July 17, 2023

Please Make Your Check Payable to St. Bernadette Catholic Church

Note: Women Moving in the Spirit

Mail to St. Bernadette Or Take to the Church Office

Please Contact: Carolyn James 323-394-5441 Or Carole Walker 323-547-6290