

St Bernadette Church
3825 Don Felipe Drive
Los Angeles , CA 90008



March 14/15, 2026
The Fourth Week
of Lent



Mass Intentions

March 14 to March 21, 2026

Saturday, March 14, 2026 @ 4:00 pm

Juanita Wash (Health), Ellas Hammonds (RIP)

Sunday, March 15, 2026 10:00 am

**Lt. Colonel John Harris (RIP),
Lorina Camba Fernandez (RIP),
Ella S. Hammonds (RIP),
Mattie Chandler (RIP)
Donald Benson (RIP)**

Weekend Priest Presider Schedules

Saturday, March 14th, 2026

3:00 pm Sacrament of Reconciliation

Fr. Mbata

4:00 pm Vigil Mass

Fr. Mbata

Sunday, March 15th—The Fourth Sunday of Lent

10:00am Mass

Msgr. Mac

Saturday, March 21st

3:00 pm Sacrament of Reconciliation

Msgr. Mac

4:00 pm Vigil Mass

Msgr. Mac

Sunday, March 22nd—The Fifth Sunday of Lent

10:00am

Fr. Mbata

Fourth Sunday of Lent—March 15, 2026

1 Samuel 16:1b, 6-7, 10-13a OT

Why did God choose David? The implication is God “looks into the heart” and could see David’s heart would be open to the “Spirit of the Lord” (the Holy Spirit) and would therefore be faithful to God as leader of the Israelites. David was certainly not perfect. He was guilty of many sins including adultery and murder. He was, however, open to the guidance of the Holy Spirit and followed God’s ways in most cases. Faith is a supernatural gift from God, but it must be activated and animated by the Holy Spirit. It is supernatural because it is like a seed of faith which is infused into our nature at the moment of our conception, causing us to realize there is something out there greater than ourselves. The seed of faith must be nurtured. First and foremost by the domestic church – the family and friends of the individual – and then the soul of the individual becomes fertile ground for the Holy Spirit to nurture our faith. Those who are open to the Holy Spirit will develop the supernatural gift of faith. Those who are not, will not. The choice is ours.



St Bernadette Church
3825 Don Felipe Drive
Los Angeles, CA 90008
(323)293-4877
stbernadettela.org

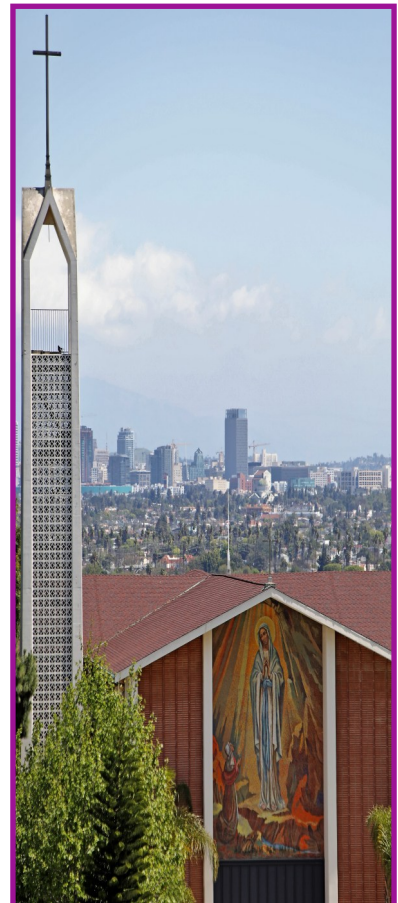
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SaintBernadetteCatholicChurch

ST BERNADETTE
PARISH STAFF

DCN JIM CARPER, PLD
MSR LORETO GONZALES
FR MARCELLINUS MBATA
DCN EMILE ADAMS, RIP
DAVID CHRISTENSEN
EMANUEL HOLDER
CLARENCE DIXON
M ARGARITA HURST
MARINA AYALA
RENE URIBE

OFFICE VOLUNTEERS
TERESA CARPER

THE CHRISTIAN SERVICE
MINISTRY
DONATIONS OF
PRE-PACKAGED, CANNED
FOOD AND STAPLES ARE
APPRECIATED AND
Gratefully Accepted



John 9:1-41 The Man Born Blind

Sin is just like a virus. Sin is the most deadly pandemic of all time, because it affects the whole human race and brings eternal death. Its virulence, morbidity and mortality rates are all 100%. Unfortunately, not everyone takes it seriously. Sin is like the H1N1 virus: Not everyone who has it knows they have it. Why? Because many are spiritually blind to their own sinful condition and to their dire need of salvation. According to 2 Corinthians 4:4, '[Satan] has blinded the minds of them who believe not, lest the light of the glorious gospel of Christ, who is the image of God, should shine unto them.' Even though truths concerning God's existence and power are so evident in the wonders of nature, they can not see them. Even though truths concerning God's mercy and grace to sinners are clearly expressed in His Word, they cannot perceive them. They are blind to them and worse yet, they do not know they are blind. But we who have believed in the Lord Jesus Christ have our eyes open to the wonderful truths that God has revealed, and by God's grace we can see how sinful we really are. In all of known history, no one has ever had the power to give instant sight to the blind except Jesus Christ. And the Scriptures record He did this more than 7 times during his 3-year ministry on earth. There was never an instance where Christ was not able to restore sight to a blind person who was brought to Him. Today even with the latest developments in ophthalmology not every blind person can have restored eye-sight. Those with eye conditions like cataracts and glaucoma are able to see again after surgery, medication and rest. even the greatest eye specialist in this world is not able to give sight to those who are born blind (which make up 5% of all who are visually impaired). This is beyond medical science and it requires nothing less than God's power. Are we blind to our own need for spiritual knowledge and discernment, because of our pride, our prejudice, or our fear?



St. Bernadette Senior Citizen Club

***Did you know...
St Bernadette has a
Senior Citizen Club?***

***We meet the second
Wednesday of each
month, in the Parish
Hall.***

***Join us for
activities, such as
guest speakers
on Senior related topics,
social, and safety, is-
sues, day trips, picnics,
crafts, fitness, a catered
lunch and much, much
more.***

Why Feed the Hungry and the Homeless???

Our Christian Service Ministry, established by Deacon Emile and his wife Anona (both deceased) has been in operation for many years. The ministry distributed nearly 10,000 bag lunches last year alone. Ministry volunteers experience unexpected benefits as well. Not-For-Profit Food-assistance programs, in addition to helping the needy, provide an opportunity for congregants to become enlightened about their community by practicing responsibility, compassion, and develop a greater understanding of the community outside of our parish. They also provide a variety of ways in which parish members can participate in charity by providing various skills and resources. The ministry helps us to fulfill our "ministerial calling," Jesus himself challenged us to "feed the hungry." One Christian Service volunteer explained how he felt "blessed" to know, while there is a need for food in their community, through the Christian Service Ministry, they can fulfill their obligation to God, the community, and to themselves.



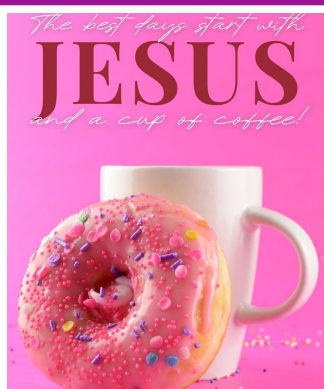
Did You Know? March 14/15, 2026 // Children and Healthy Relationships

Ideally, children should know what healthy relationships look like in their own lives. This example is important for them to learn how to develop their own relationships. Children need to know everyone has the right to feel safe and respected, violence and abuse are never okay in any relationship or interaction. Safe adults can talk about the importance of respect and kindness, and model, in their own relationships, to show children how to navigate friendships, conflict, and other interactions.

**For more information, and tips,
visit [lacatholics.org/reporting-child-
abuse](https://lacatholics.org/reporting-child-abuse) and read the VIRTUS® article
"Domestic Violence Part 2"
at lacatholics.org/did-you-know.**



**DONUT Miss This Opportunity
No Set Up! No Pick Up!
Just Pay Up then Drink Up
All you need to do is Donate,
all or part of,
the Weekly Cost to the church.
We take care of the rest. For more info?
Contact the Parish Office
(323)293-4877
This Week's Donor:
Dora Street**



Lent is the 40 days before Easter in which Catholics pray, fast, contemplate, and engage in acts of spiritual self-discipline. Catholics do these things because Easter, which celebrates the Resurrection of Christ, is the greatest holy day of the Christian year (even above Christmas) and Catholics have recognized that it is appropriate to prepare for such a holy day by engaging in such disciplines.

(Archbishop Fulton Sheen noted that the Protestant attitude is summarized by the line, "First comes the feast, then comes the hangover," while the Catholic attitude is "First comes the fast, then comes the feast.") The reason Lent lasts 40 days is that 40 is the traditional number of judgment and spiritual testing in the Bible (Gn 7:4, Ex 24:18, 34:28, Nm 13:25, 14:33, Jon 3:4). Lent bears particular relationship to the 40 days Christ spent fasting in the desert before entering into his public ministry (Mt 4:1-11). Catholics imitate Christ by spending 40 days in spiritual discipline before the celebration of Christ's triumph over sin and death.

Fasting is a biblical discipline that can be defended from both the Old and the New Testament. Christ expected his disciples to fast (Mt 9:14-15) and issued instructions for how they should do so (Mt 6:16-18). Catholics follow this pattern by holding a partial fast on Ash Wednesday and Good Friday.

Abstinence from certain foods is also a biblical discipline. In Daniel 10:2-3 we read, "In those days I, Daniel, was mourning for three weeks. I ate no delicacies, no meat or wine entered my mouth, nor did I anoint myself at all, for the full three weeks." Catholics use a practice similar to Daniel's when, as a way of commemorating Christ's Crucifixion on a Friday, they abstain from eating meat on that day of the week during Lent. The only kind of flesh eaten on Friday is fish, a symbol of Christ.

"The Footsteps of Grace Embracing God's Love and Mercy"

It is easy to call oneself a "Christian." It is more difficult to behave like one. How do our Christian Beliefs manifest themselves in our everyday Life???

WE can talk the talk...

But? Can We walk the walk???

Join us for our next Installment

Wednesday, March 18 @ 6:00 to 7:00 PM



Deacon James E. Carper
St Bernadette Parish Hall
3825 Don Felipe Drive
Los Angeles, CA 93065

*Enter parking lot through Don Felipe Drive Gate for easiest access

**St Bernadette
Catholic Youth Group
of Los Angeles
Catholic Youth Groups
in Los Angeles
provide community,
mentorship, and activities
for middle and
high schoolers.**

**For more information
about the
SBCC Youth Group contact
us at (323) 293-4877**



LITURGY SCHEDULE MONDAY, MARCH 16, 2026 THE FOURTH WEEK OF LENT to SUNDAY, MARCH 22 2026 THE FIFTH SUNDAY OF LENT

Monday, March 16, 2026

7:30 am Adoration

8:00 Communion Service

Live-Streamed and In-Person

Tuesday, March 17, 2026

St Patrick's Day

7:30 am Adoration

8:00 Communion Service

Live-Streamed and In-Person

Wednesday, March 18, 2026

St. Cyril of Jerusalem,

Bishop and Doctor of the Church

7:30 am Adoration

8:00 Communion Service

Live-Streamed and In-Person

Thursday, March 19, 2026

St. Joseph,

Spouse of the Blessed Virgin Mary

7:30 am Adoration

8:00 Communion Service

In-Person Only

Friday, March 20, 2026

7:30 am Adoration

8:00 am Mass

In-Person Only

Saturday, March 21, 2026

3:00 pm Confessions Heard

4:00 pm Mass

Live-Streamed and In-Person

Sunday, March 22, 2026

The Fifth Sunday of Lent

10:00 am Mass

Live-Streamed and In-Person

Following Mass

Coffee & Donuts in the Parish Hall

DONUT DONORS NEEDED!!!

**Baptisms, Weddings and Funerals
as Scheduled**

**To Request a Mass Intention
Contact the Parish Office**

(323) 293-4877



We are currently in the process of planning our Holy Week Liturgies.

Please consider volunteering to serve. Opportunities include Lectoring, Extraordinary Ministers, Ushers, Hospitality Ministers and assistance with Liturgy Setup and Cleanup.

Please consider participating in one or more of the many service opportunities during this holy time of year.

**Join us for
BIBLE STUDY
1st and 3rd
Thursday of the Month
Via ZOOM
1:00 PM & 7:00 PM**

**1:00 PM Study
ID: 87233018319
Passcode: 689472
Leader/Contact Carolyn
James (323) 394-5441**

**7:00 pm Study ID 811 5705
8134 Leaders
Dacosta Collymore
Clarence Dixon
Contact: Elsie Dixon**

The St Bernadette Catholic Church Speaker Series St Bernadette Parish Hall



**3825 Don Felipe Drive
Los Angeles, Ca 90008**

**March 4th , 2026,
Through March 25th , 2026**

**Featuring
Most Reverend Matthew G. Elshoff,
O.F.M., Cap., D.D., V.G.
Deacon Scott Palmer
Deacon Jim Carper, CPCU, GCA
Dr Christine Gerety
Mayra Torres
Caroline James**

2 More Reasons... a Continuation of Last Week's "3 Reasons Volunteering is Good for You"

4. Better social relationships: Volunteering increases socialization, decreases loneliness, builds self-esteem, and opens us up to awareness of how other people live. Volunteering can help us see the world from a broader perspective. It's good for strengthening work teams, and a 2016 study from the Leukemia and Lymphoma Society shows that 80 percent of people who had volunteered in the last year would be more likely to date someone they'd met through volunteering. And families who volunteer together benefit too. One of the most amazing findings in a study by the Center on Urban Policy at Indiana University was that families who volunteer together find it easier to have conversations with members of their family, especially about their values.

5. Life satisfaction: According to a new study in the Journal of Happiness, people who volunteer not only feel stronger and mentally and physically healthier. They also report higher levels of happiness and life satisfaction. The study took it a second step and followed people who began volunteering – monitoring their responses from the time they started volunteering. The longer they volunteered and the more they volunteered, the greater the level of happiness they reported.

You may already be volunteering your time. But if you're not, consider the charities you support. Think about the skills you might be able to offer them, and consider involving friends and family. You are likely to be glad you did.



Saint Bernadette Soubirous

**Please send
your Fliers
to us in
JPEG Format.
We will post
them for you
(Space
Permitting)
in the
Bulletin and/
or Flocknote**

Help Feed 100 Families

Bottled Juice, Pancake Mix/
Syrup. Applesauce, Bean (Dried
or Canned) Cake Mix, Flour,
Coffee, Sugar, Canned Vegeta-
bles, Cornbread Mix, Canned
Fruit, Cooking Oil, Mac & Cheese
Box Mix, Cans Tuna/Fish, Pasta
Sauce, Pasta, Canned Tomatoes,
Peanut Butter, Jelly, Stuffing
Mix, Rice, Canned Yams, or?
Sponsor a Family for \$50. We do
all the Shopping Bring your Do-
nations to the Office

