



New initiative: Getting Parents involved!

At Camp Savio, we aim to collaborate with parents to identify the most valuable topics for our participants. Through a questionnaire, parents can provide input on important subjects. This input will guide our curriculum for morning and afternoon assemblies, ensuring that our discussions align with the needs of both participants and their families. By involving parents, we create engaging sessions that empower campers with skills and values for life beyond Camp Savio. Together, we foster holistic growth and development.

We encourage parents to actively engage in conversations with their children about these topics, fostering a two-way exchange of ideas. This strategy ensures that formation is provided from both ends, benefiting from the combined efforts of parents and Camp Savio. By involving parents in the process, we strengthen the impact of our curriculum and create a collaborative learning experience for participants.

Here are the topics suggested by the parents for discussion and learning with their children:

- **Compassion:** Teaching children to show empathy and kindness towards others, including those with special needs. Addressing bullying and promoting inclusion.
- **Accountability:** Encouraging children to take responsibility for their actions and understand the consequences.
- **Handling stress:** Teaching children coping mechanisms for dealing with stress and emotional distress, including problem-solving and self-care techniques.
- **Consideration for others:** Promoting respect, tolerance, and understanding of differences in people and families.
- **Obedience:** Teaching children the importance of following rules and respecting authority figures.
- **Independence:** Encouraging children to develop independence and self-reliance skills.
- **Patience and listening:** Helping children learn to be patient and actively listen to others.
- **Faith and gratitude:** Discussing the concept of being blessed by God in everything and promoting gratitude.



- **Self-esteem and self-worth:** Exploring topics of positive affirmations, self-respect, and understanding one's value.
- **Emotional intelligence:** Teaching children how to deal with big emotions, express themselves appropriately, and develop problem-solving skills.
- **Safety:** Ensuring children understand the importance of being responsible and safe, especially during activities like swimming and field trips.
- **Chores and responsibilities:** Encouraging children to participate in household chores and take on age-appropriate responsibilities.
- **Effective communication:** Teaching children the importance of clear and respectful communication.
- **Confidence and self-love:** Promoting self-confidence, positive self-talk, and accepting compliments and criticisms.
- **Leadership and teamwork:** Fostering leadership skills, teamwork, and cooperation among children.
- **Positive perspective and gratitude:** Encouraging children to maintain a positive perspective, practice gratitude, and have a winners' mentality.
- **Decision-making and problem-solving:** Helping children understand that not all problems can be solved and teaching them effective decision-making skills.
- **Respect and organization:** Teaching children the importance of being respectful to others and maintaining an organized environment.

Based on these suggestions we have developed the following schedule of topics.

Wk.	Topics	Key learning outcomes
1	Proactivity: doing things without being asked. Activities/ideas <ul style="list-style-type: none"> • Helping at home without being asked. • Doing things right. • Cleaning after ourselves. • Taking care of our Campgrounds. 	Children will actively seek opportunities to contribute to household chores and tasks, taking the initiative to help without needing reminders or instructions.

Wk.	Topics	Key learning outcomes
2	<p>Compassion: Teaching children to show empathy and kindness towards others, including those with special needs. Addressing bullying and promoting inclusion.</p> <p>Activities/ideas</p> <ul style="list-style-type: none"> • Play a cooperative, team building game. • Volunteer to help at Camp. • Write a kind note. • Talk about friendship / bullying. 	<p>Acts of kindness: The child will actively engage in acts of kindness, demonstrating care and consideration towards others through gestures such as offering help, sharing, and expressing kind words.</p>
3	<p>Handling stress: Teaching children coping mechanisms for dealing with stress and emotional distress, including problem-solving and self-care techniques.</p> <p>Activities/ideas</p> <ul style="list-style-type: none"> • What to do when I am stressed • How to deal with my emotions • The ABC technic • 	<p>The child will develop techniques to regulate and manage their emotions when faced with stressful situations, such as deep breathing exercises, positive self-talk, or engaging in calming activities.</p>
4	<p>Accountability: Encouraging children to take responsibility for their actions and understand the consequences.</p> <p>Activities/ideas</p> <ul style="list-style-type: none"> • Learn about consequences and punishments. • Why is important to take responsibility? • Honesty and integrity 	<p>The child will learn to acknowledge and accept the consequences of their actions, understanding that their choices have an impact on themselves and others.</p>
5	<p>Faith and gratitude: Discussing the concept of being blessed by God in everything and promoting gratitude.</p> <p>Activities/ideas</p> <ul style="list-style-type: none"> • Gratitude • God loves us! 	<p>The child will develop an awareness of the blessings in their life, recognizing the positive aspects and moments for which they can be grateful.</p>