## St. Canice



317 Washington Street Nevada City, Ca 95959 530-265-2049 March 17, 2024

Fifth Sunday of Lent

For anointing, hospital visits, and Communion visits, please

Call parish office.

## St. Patrick



235 Chapel St. Grass Valley, Ca. 95945

530-273-2347 Office Hours Tues

9am-2 pm. Closed on days of obligation

#### **Regular Masses:**

Weekday (M-F) 7:30 AM Saturday Vigil 5:30 PM Sunday 9:00 AM

Immaculate Conception Church: 11:30AM

#### Adoration

Friday 8:00 AM-9:00 AM

#### Rosary

Wednesday, 8 AM

Confession

Friday 8-9 am

Sat. 4-5 pm

#### **Regular Masses**

Weekday Mon - Sat 8:30 AM

Saturday Vigil 5:00 PM

Sunday 7:30 AM, 9 AM, 11 AM

1:00 PM (Español)

Daily Rosary 7:40 AM

Divine Mercy Mon, Tu, & Fri after Rosary

Devotion to Our Lady Wed after Rosary

Liturgy of the Hours Thurs after Rosary

First Saturdays 7:40 AM

#### Adoration

1st Thursday 7:00 PM - 8:00 PM Thursday 9:00 AM - 11:00 AM 1st Sunday 2:00 - 7:00 PM 3rd Sunday 2:00 - 6:00 PM

#### **Reconciliation:**

Tuesdays-as announced

Wed: 7:30-8:15 am Fri: 5:00-6:00 pm Sat: 3 pm to 5 pm

Fr. Alexander Estrella Fr. Jossy Vattothu CMI Richard Soria

Edee Wood Ruth Collins Smith Maria Beltran Traci Jagger John Evans Kellen Lake Colleen Deneen Cynthia Weir Pastor Parochial Vicar Deacon

Principal, Mt St. Mary's
Bookkeeper
Receptionist
OCIA
Facilities Manager
Young Adult Coordinator
Music Director St. Patrick
Music Director St. Canice

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#### Pastor's Ponderings

#### Dear Family,

The 5<sup>th</sup> Sunday of Lent marks a deepening in this sacred season. There's a custom of covering statues on this Sunday, which is becoming more and more popular. Every year I think, "oh, we should do that." And every year I miss it. There are many different reasons for this custom but at its heart, is preparation for Easter. The crosses and statues are slowly unveiled for Easter. In my homily last week, I spoke of the value of making a good Confession for Easter.

There are other ways to prepare as well. We might come to Mass more often, or adoration. A very valuable way is to participate in all three days of the Sacred Triduum, the Mass of the Lord's Supper on Holy Thursday, the Liturgy of the Lord's Passion on Good Friday, the great Easter Vigil, and if you are hearty enough the Mass of Easter Day. Each day is unique and powerful in grace and meaning. I am reminded of the many practices my grandmother had surrounding Holy Week and still try to keep them myself.

We ate no meat from Spy Wednesday until Holy Saturday. She wouldn't let music be played and on Good Friday the only TV we could watch was the Spanish drama of the life of our Lord. She also didn't cook those days; we ate food she prepared on Wednesday and warmed up. I can't remember a Good Friday where we were not in church from 12-3. These sacred days were as marked by stillness and silence as much as by prayer. Dishes weren't washed, nor was any non-essential housework done until Holy Saturday. I always figured this was done because Pilate washed his hands to absolve himself of our Lord's death. While many of these practices remain ingrained in me, I do not propose them as mandatory but hopefully they will inspire you to mark these most sacred days in meaningful and prayerful ways.

Holy Saturday was spent in immediate preparation for our Easter celebrations. The house was decorated and our Easter clothes, which were almost always new, were starched stiffer than a board. We were able to dig into our Easter baskets after Mass. One tradition that has become common the last few years, and one I did not grow up with, is the German tradition of the Ostereierbaum or Easter Tree or bush. You may have seen them around town, trees with bare branches that are decorated with Easter eggs hanging from them.

Whatever you do, I pray that we all enter more deeply into these days-especially those days of Holy Week.

Your Father in Christ,

Father Estrella



# God's Gift of Forgiveness

A Pastoral Exhortation on the Sacrament of Penance and Reconciliation

#### **Dear Brothers and Sisters in Christ:**

"Peace be with you!" With these words, the Risen Lord greeted his frightened Apostles in the Upper Room on the day of his Resurrection. They were troubled, anxious, and fearful—much like each one of us at some point in our lives. Christ repeated the words, "Peace be with you." But then he added, "Receive the holy Spirit. Whose sins you forgive are forgiven them" (Jn 20:19-23).

What an extraordinary gift! The Risen Lord was proclaiming that all the suffering he had just endured was in order to make available the gifts of salvation and forgiveness. He wanted the Apostles to receive these gifts. He wanted them to become apostles of this forgiveness to others.

In the Sacrament of Penance and Reconciliation, also called confession, we meet the Lord, who wants to grant forgiveness and the grace to live a renewed life in him. In this sacrament, he prepares us to receive him free from serious sin, with a lively faith, earnest hope, and sacrificial love in the Eucharist. The Church sees confession as so important that she requires that every Catholic go at least once a year. The Church also encourages frequent confession in order to grow closer to Christ Jesus and his Body, the Church. By the grace of the Holy Spirit, we seek forgiveness and repentance, let go of patterns of sin, grow in the life of virtue, and witness to a joyful conversion. Since the graces of the sacrament are so similar to the purpose of the New Evangelization, Pope Benedict XVI has said, "The New Evangelization . . . begins in the confessional!" We bishops and priests are eager to help you if you experience difficulty, hesitation, or uncertainty about approaching the Lord in this sacrament. If you have not received this healing sacrament in a long time, we are ready to welcome you. We, whom Christ has ordained to minister this forgiveness in his name, are also approaching this sacrament, as both penitents and ministers, throughout our lives and at this special moment of grace during Lent. We want to offer ourselves to you as forgiven sinners seeking to serve in the Lord's name.

During Lent—in addition to the various penitential services during which individual confession takes place—we bishops and priests will be making ourselves available often for the individual celebration of this sacrament. We pray that through the work of the Holy Spirit, all Catholics—clergy and laity—will respond to the call of the New Evangelization to encounter Christ in the Sacrament of Penance and Reconciliation. Come to the Lord and experience the extraordinary grace of his forgiveness!

<sup>1</sup> Catechism of the Catholic Church, nos. 1457-1458.

<sup>2</sup> Pope Benedict XVI, Address to the Annual Course on the Internal Forum Organized by the Apostolic Penitentiary, www.vatican.va/holy\_father/benedict\_xvi/speeches/2012/march/documents/hf\_ben-xvi\_spe\_20120309\_penitenzieria-apostolica\_en.html.

# How to

# Go to Confession...

May the Passion of Our Lord Jesus Christ, the intercession of the Blessed Virgin Mary and of all the saints,

whatever good you do and suffering you endure, heal your sins, help you grow in holiness, and reward you with eternal life.

Go in peace.

-Rite of Penance, no. 93

1 PREPARATION: Before going to confession, take some time to prepare. Begin with prayer, and re ect on your life since your last confession. How have you—in your thoughts, words, and actions—

neglected to live Christ's commands to "love the Lord, your God, with all your heart, with all your soul, and with all your mind," and to "love your neighbor as yourself" (Mt 22:37, 39)? As a help with this "examination of conscience," you might review the Ten Commandments or the Beatitudes (Ex 20:2-17; Dt 5:6-21; Mt 5:3-10; or Lk 6:20-26).

- 2 GREETING: The priest will welcome you; he may say a short blessing or read a Scripture passage.
- 3 THE SIGN OF THE CROSS: Together, you and the priest will make the Sign of the Cross. You may then begin your confession with these or similar words: "Bless me, Father, for I have sinned. It has been [give days, months, or years] since my last confession."
- 4 CONFESSION: Confess all your sins to the priest. If you are unsure what to say, ask the priest for help. When you are nished, conclude with these or similar words: "I am sorry for these and all my sins."
- 5 PENANCE: The priest will propose an act of pen ance. The penance might be prayer, a work of mercy, or an act of charity. He might also counsel you on how to better live a Christian life.
- 6 ACT OF CONTRITION: After the priest has con ferred your penance, pray an Act of Contrition, expressing sorrow for your sins and resolving to sin no more. A suggested Act of Contrition is:

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In his name, my God, have mercy.

(Rite of Penance, no. 45)

- 7 ABSOLUTION: The priest will extend his hands over your head and pronounce the words of absolution. You respond, "Amen."
- 8 PRAISE: The priest will usually praise the mercy of God and will invite you to do the same. For example, the priest may say, "Give thanks to the Lord for he is good." And your response would be, "His mercy endures for ever" (*Rite of Penance, no. 47*).
- 9 DISMISSAL: The priest will conclude the sacrament, often saying, "Go in peace."

A Detailed Catholic Examination of Conscience A good Catholic Examination of Conscience can be a great help in making a new start in the life of faith. We use an examination of conscience to help call to mind our sins and failings during a period of quiet reflection before approaching the priest in Confession. It's important for a good Catholic examination of conscience to be **thorough**. This will help you learn about things that you may not be aware of. It's also a chance to *develop your conscience*. This is a critical aid for the beginning Catholic.

#### To make an examination:

- Set aside some quiet time for reflection.
- Start by praying to the Holy Spirit, asking for help in making a good examination to prepare for Confession.
- Read through the items on this list and honestly reflect on your behavior for each item
- If necessary, take this list or some brief notes (keep them private!) to Confession to help you remember things.

# A Catholic examination of conscience traditionally follows the outline of the <u>Ten Commandments</u> and the <u>Precepts of the Catholic</u> <u>Church</u>.

#### The Ten Commandments

First Commandment: I am the LORD your God. You shall worship the Lord your God and Him only shall you serve.

Have I...

- Disobeyed the commandments of God or the Church? Refused to accept what God has revealed as true, or what the Catholic Church proposes for belief?
- Denied the existence of God?
- Nourished and protected my faith?
- Rejected everything opposed to a sound faith?
- Deliberately misled others about doctrine or the faith? Rejected the Catholic faith, joined another Christian denomination, or joined or practiced another religion?
  - Joined a group forbidden to Catholics (Masons, communists, etc.)?
- Despaired about my salvation or the forgiveness of my sins? Presumed on God's mercy? (Committing a sin in expectation of forgiveness, or asking for forgiveness without conversion and practicing virtue.)
- Loved someone or something more than God (money, power, sex, ambition, etc.)?
- Let someone or something influence my choices more than God? Engaged in superstitious practices? (Incl. horoscopes, fortune tellers, etc.)
- Been involved in the occult? (seances, ouija board, worship of Satan, etc.)
- Formally left the Catholic Church?
- Hidden a serious sin or told a lie in confession?

**Second Commandment:** You shall not take the name of the Lord your God in vain. Have I...

- Used the name of God in cursing or blasphemy?
- Failed to keep vows or promises that I have made to God? Spoken about the Faith, the Church, the saints, or sacred things with irreverence, hatred or defiance?
- Watched television or movies, or listened to music that treated God, the Church, the saints, or sacred things irreverently? Used vulgar, suggestive or obscene speech?

- Behaved disrespectfully in Church?
- Misused places or things set apart for the worship of God? Committed perjury? (Breaking an oath or lying under oath.) Blamed God for my failings?

**Third Commandment:** Remember to keep holy the Lord's Day. Have I...

- Set time aside each day for personal prayer to God? Missed Mass on Sunday or Holy Days (through own fault w/o sufficient reason)?
- Committed a sacrilege against the Blessed Sacrament? Received a sacrament while in the state of <u>mortal sin</u>?
- Habitually come late to and/or leave early from Mass without a good reason?
- Shop, labor or do business unnecessarily on Sunday or other Holy Days of Obligation?
- Not attend to taking my children to Mass?
- Knowingly eat meat on a forbidden day (or not fasting on a fast day)?
- Eat or drink within one hour of receiving Communion (other than medical need)?

Fourth Commandment: Honor your father and your mother. Have I...

- (If still under my parents' care) Obeyed all that my parents reasonably asked of me?
- Neglected the needs of my parents in their old age or in their time of need?
- (If still in school) Obeyed the reasonable demands of my teachers? Neglected to give my children proper food, clothing, shelter, education, discipline and care (even after Confirmation)? Provided for the religious education and formation of my children for as long as they are under my care?
- Ensured that my children still under my care regularly frequent the sacraments of Penance and Holy Communion?
- Educated my children in a way that corresponds to my religious convictions?
- Provided my children with a positive, prudent and personalized education in the Catholic teaching on human sexuality? Been to my children a good example of how to live the Catholic Faith?
  - Prayed with and for my children?
- Lived in humble obedience to those who legitimately exercise authority over me?
- Have I broken the law?
- Have I supported or voted for a politician whose positions are opposed to the teachings of Christ and the Catholic Church?

Fifth Commandment: You shall not kill.

Have I...

- Unjustly and intentionally killed a human being?
- Been involved in an abortion, directly or indirectly (through advice, etc.)?
- Seriously considered or attempted suicide?
- Supported, promoted or encouraged the practice of assisted suicide or mercy killing?
- Deliberately desired to kill an innocent human being? Unjustly inflicted bodily harm an another person?
- Unjustly threatened another person with bodily harm? Verbally or emotionally abused another person?
- · Hated another person, or wished him evil?
- Been prejudiced, or unjustly discriminated against others because of their race, color, nationality, sex or religion?

- Joined a hate group?
- Purposely provoked another by teasing or nagging?
- Recklessly endangered my life or health, or that of another, by my actions?
- Driven recklessly or under the influence of alcohol or other drugs? Abused alcohol or other drugs?
- Sold or given drugs to others to use for non-therapeutic purposes? Used tobacco immoderately?
- Over-eaten?
- Encouraged others to sin by giving scandal?
- Helped another to commit a mortal sin (through advice, driving them somewhere, etc.?
- Caused serious injury or death by criminal neglect?
- Indulged in serious anger?
- Refused to control my temper?
- Been mean to, quarreled with, or willfully hurt someone? Been unforgiving to others, when mercy or pardon was requested? Sought revenge or hoped something bad would happen to someone?
- Delighted to see someone else get hurt or suffer?
- Treated animals cruelly, causing them to suffer or die needlessly?

**Sixth & Ninth Commandments:** You shall not commit adultery & You shall not covet your neighbor's wife.

Have I...

- Practiced the virtue of chastity?
- Given in to lust? (The desire for sexual pleasure unrelated to spousal love in marriage.)
- Used an artificial means of birth control?
- Refused to be open to conception, without just cause? (Catechism, 2368)
- Participated in immoral techniques for in vitro fertilization or artificial insemination?
- Sterilized my sex organs for contraceptive purposes? Deprived my spouse of the marital right, without just cause? Claimed my own marital right without concern for my spouse? Deliberately caused male climax outside of normal sexual intercourse? (*Catechism*, 2366)
- Willfully entertained impure thoughts?
- Purchased, viewed, or made use of pornography?
- Watched movies and television that involve sex and nudity? Listened to music or jokes that are harmful to purity? Committed adultery? (Sexual relations with someone who is married, or with someone other than my spouse.)
  - Committed incest? (Sexual relations with a relative or in-law.) Committed fornication? (Sexual relations with someone of the opposite sex when neither of us is married.)
- Engaged in homosexual activity? (Sexual activity with someone of the same sex.)
- Committed rape?
- Masturbated? (Deliberate stimulation of one's own sexual organs for sexual pleasure.)
  - Engaged in sexual foreplay (petting) reserved for marriage? Preyed upon children or youth for my sexual pleasure? Engaged in unnatural sexual activities?
  - Engaged in prostitution, or paid for the services of a prostitute? Seduced someone, or allowed myself to be seduced?
- Made uninvited and unwelcome sexual advances toward another? Purposely dressed immodestly?
- Seventh & Tenth Commandments: You shall not steal & You shall not covet your neighbor's goods. Have I...
- Stolen? (Take something that doesn't belong to me against the reasonable will of the owner.)
- Envied others on account of their possessions?
- Tried to live in a spirit of Gospel poverty and simplicity? Given generously to others in need?
- Considered that God has provided me with money so that I might use it to benefit others, as well as for my own legitimate needs? Freed myself from a consumer mentality?
- Practiced the works of mercy?
- Deliberately defaced, destroyed or lost another's property? Cheated on a test, taxes, sports, games, or in business? Squandered money in compulsive gambling?

- Make a false claim to an insurance company?
- Paid my employees a living wage, or failed to give a full day's work for a full day's pay?
- Failed to honor my part of a contract?
- Failed to make good on a debt?
- Overcharge someone, especially to take advantage of another's hardship or ignorance?
- Misused natural resources?

**Eighth Commandment:** You shall not bear false witness against your neighbor. Have I...

- Lied?
- Knowingly and willfully deceived another?
- Perjured myself under oath?
- Gossiped?
- Committed detraction? (Destroying a person's reputation by telling others about his faults for no good reason.)
- Committed slander or calumny? (Telling lies about another person in order to destroy his reputation.)
- Committed libel? (Writing lies about another person in order to destroy his reputation.)
- Been guilty of rash judgment? (Assuming the worst of another person based on circumstantial evidence.)
- Failed to make reparation for a lie I told, or for harm done to a person's reputation?
- Failed to speak out in defense of the Catholic Faith, the Church, or of another person?
- Betrayed another's confidence through speech?

#### The Precepts of the Church

First Precept of the Church: You shall attend Mass on Sundays and Holy Days of Obligation (see examination under the Third Commandment).

Second Precept of the Church: You shall confess your sins at least once a year.

Have I...

- Made a good Confession of my mortal sins least once a year? Purposely omitted telling my mortal sins in my last Confession? Performed the penance I was given?
- Made reparation for any harm I have done to others? *Third Precept of the Church:* You shall humbly receive your Creator in Holy Communion at least during the Easter season.

Have I...

- Fulfilled my Easter duty to receive Holy Communion at least once between the First Sunday of Lent and Trinity Sunday?
- Received Holy Communion while in the state of mortal sin? Fasted an hour before receiving Holy Communion?
  - Received Holy Communion more than twice in one day? Fourth Precept of the Church: You shall keep holy the Holy Days of Obligation (see examination under the Third Commandment). Fifth Precept of the Church: You shall observe the prescribed days of fasting and abstinence.

    Have I
- Done penance every Friday, if not abstaining from meat, then some other form of penance?
- Abstained from meat on Ash Wednesday and the Fridays of Lent (if I am 14 years of age or older)?
- Fasted on Ash Wednesday and Good Friday (if I am between the ages of 18 and 59)?
- Spent time in prayer, doing spiritual and corporal works of mercy, and practicing self-denial?

Sixth Precept of the Church: You shall contribute to the support of the Church.

Have I...

• Contributed a just amount of my time, talents and money to support my parish and the work of the Church?

Seventh Precept of the Church: You shall observe the laws of the Church concerning marriage.

- Been living in a valid and licit marriage according to the laws of the Catholic Church?
- Abandoned my spouse and family by separation or divorce? Kept company with someone whom I cannot marry in the Catholic Church?
- Given scandal by living with a member of the opposite sex without the benefit of a marriage blessed by the Catholic Church? •

Entered into marriage with more than one person at the same time? This detailed Catholic examination of conscience should help you reflect on how you are responding to the demands made by the love of God.

D ay	Date	Saint/Feast	Readings	Gospel	Mass Times	Intention
Mo n	3/18	Saint Cyril of Jerusalem Bishop and Dr. of the Church	Dn 13: 1-9, 15-17, 19-30	, Jn 8: 1-11	8:30 am– SP	Eileen Schneider (D)
			33-62		0730-SC	No Intention
Tue	3/19	Saint Joseph, Spouse of the	2 Sm 7:4-5a, 12-14a, 16	Mt 1: 16, 1821, 24a	8:30 am-SP	Anthony Amendola (D)
S		Blessed Virgin Mary	Rom 4: 13, 16-18, 22		0730 SC	Gordon Ransom (D)
We d	3/20	Saint Cuthbert of Lindisfarne	Dn 3:14-20, 91-92, 95	Jn 8:51-59	8:30 am– SP	Eileen Schneider (D)
					0730 SC	No Intention
Thu rs	3/21	Saint Benedieta Cambiagio Frassinello	Gn 17: 3-9	Jn 8: 51-59	8:30 am-SP	Eileen Schneider (D)
					0730 SC	No Intention
Fri	3/22	Saint Nicholas Owen	Jer 20, 10-13	Jn 10:31-42	8:30 am-SP	Eileen Schneider (D)
					0730-SC	No Intention
Sat	3/23	Saint Turibius of Mosgrovejo, Bishop	Ez 37: 21-28	Jn 11: 45-56	8:30 am SP	Doug McDonald (D)
					5:00 pmSP	Teresa Sheehan (D)
					5:30pm SC	
Su n	3/24	Palm Sunday	Mk 11:1-10	Mk 14:1-15:47	7:30 am SP	Gabrielle Frederick (D)
			Is 50 4-7, Phil 2:6-11		9:00 am SP	Jack Valentine (D) No Intention
					9 am SC	
					11:00 am SP	For the People

#### BAPTISMAL PREPARATION CLASSES



If you want to have your child baptized in the next 3 months, the 2 Session of Preparation needed for parents & Godparents will be offered:

The Welcoming Session for Parents/Godparents will be on April 12th at 6:30 in the Small Hall in St. Patrick's Hall & the Catechesis class for both will be on January 13th at 10:00 am in St Cecilia's Hall.

Please contact the parish office to register or call Deacon Rick at 310-626-5673 "Catholic Ladies Relief Society is sponsoring a SPRING FLEA MARKET On Friday April 26<sup>th</sup> and Saturday April 27<sup>th</sup> at St Patrick's Hall.

Spaces are available for this 2 day event for \$29.00. If you have good intentions to clean out the closet or garage, now is the time! Please contact Kathy at 530 263 5767 or Maria at 530 273 4290 to reserve your 10' by10' space today!

Thank you for supporting CLRS!

#### Holy Week Reconciliation: St. Canice:

Tuesday and Wednesday (March 26 and 27) from 4-6 pm

No Friday or Saturday Confessions.



#### **Creation Care Team:**

The Bishops of the United States have expressed very well this social meaning of our concern about climate

change, which goes beyond a merely ecological approach, because "our care for one another and our care for the earth are intimately

bound together. Climate change is one of the principal challenges facing society and the global community. The effects of climate change

are borne by the most vulnerable people, whether at home or around the world" (Pope Francis in *Laudate Deum*, 3

#### Donut Sunday March 17th, St. Patrick's Day



Join us on St. Patrick's Day for donuts and coffee celebrating our Parish Patron Saint after all the Sunday Masses, 7:30, 9:00 and 11:00am.

#### Gospel Reflection:

"Sir, we would like to see Jesus". If only it were that easy!

This weeks Gospel has many themes that we, I am sure are all familiar with.

Jesus, speaking to his disciples, references his own death, and resurrection, and also tells us that to gain everlasting life, we must also die. He reminds us to follow him, and that where He is, we will also be. More personally, he also gives us a glimpse of how he felt, by admitting that he is troubled. Even with that, he continues to acknowledge the will of God, saying it was for this purpose that He came to this hour.

He tells us also that when He is lifted up from the earth, he will draw everyone to Himself. If we want to SEE him, we need to do as he asks, and FOLLOW HIM.

#### SOCKS FOR THE NEEDY (SIERRA ROOTS)

It is cold out and BOTH ST. CANICE and ST. PATRICK parishes continue to need socks for the homeless.

There are boxes in the back of each church where they can be dropped off. If you cannot make it to church and would like someone to pick them up for you, please callCarlie Foote with Mercy Associates at 530 305-3150. Your continuing generosity is very much appreciated.

#### **Soup Supper Information:**

This Friday, March 15, the soup supper after Stations of the Cross will be hosted by CLRS. Following the soup supper will be Via Crucis, (Stations of the Cross in Spanish)



Next Friday, March 22, along WITH the Soup Supper, which is hosted by the Knights of Columbus, they will be offering Fish and Chips, will be available for purchase, with a drink, for \$10.00. Via Crucis will also be happening after this soup supper

O Blessed Joseph, you gave your last breath in the loving embrace of Jesus and Mary.
When the seal of death shall close my life, come with Jesus and Mary to aid me.
Obtain for me this solace for that hour - to die with their holy arms around me.
Jesus, Mary and Joseph, I commend my soul, living and dying into your sacred arms. Amen

St. Joseph is our guide and example to seek a happy death in the arms of Jesus and Mary. St. Joseph was a doer of God's will, a protector of Jesus and Mary and as his earthly Father he kept Jesus at his side. His reward, we are taught is that St. Joseph died in their loving arms. But Joseph's faith-filled message and example are lost on so many of our friends, neighbors and fellow Californians. It is reported that 75% support the California End-of-Life Options Act. Since the modification of the Act in 2021 more and more patients are submitting requests for the "aid-in-dying" drug. In 2021, 486 Californians died after ingesting the drug, one year later the number of deaths rose to **853**. The 'success' of the bill is attributed to the reduction of wait time from 15 days to 48 hours and increased awareness. The elderly, disabled and dying are being educated on the availability of the death drug on hospital websites, at nursing homes, and are being offered the drug while in Hospice care. Let us pray for our vulnerable brothers and sister who may be tempted or coerced into seeking physician assisted suicide. May they learn of God's love for them and seek to be comforted in the loving embrace of Jesus and Mary.

#### We Pray For:



Robert and Patricia Kahl, Stella Spring, Jane Gransbury, Eliza Renwick, Teresa Kachmarsky, Frank & Dora Cividino, Conchetta Greco, Mike Blake, Karen Colwell, Geri Lampman, Richard Tumilty, Juan Gutierrez, Michaels family, Diana Boyarsky, Vida Santos, Bonnie Burke, Diane Damron, Marilyn & Tom Falls, Cathie Fideli, Dee Lavrador, Wayne McHone...and their families.

Names are automatically included for 3 months, please call the office if you would like a different time frame.

#### **WIDOWS' WISDOM CIRCLE**

Friday, March 22 at 9:00 AM

We invite all widows to join us to share the experience and wisdom we, as widows, have been given through our loss and new calling to greater strength and wisdom.

We meet in the hall on the 3rd Friday of the month.

#### Pews! We have some!

Located in the Large hall, there are some long pews left over from our restoration. If you would like to have a pew, let us know, or come on a week day when we are open and help yourself!

\*ONLY THE PEWS IN THE HALL\*

#### **Holy Week Reconciliation Schedule: St. Patricks**

Tues: 5:30-7 pm Fri: 3:15-4:45 pm

Wed: 7-8:30 pm Sat: 9:00-10:30 am

Thurs: 4:30-6 pm There will be no Sat. afternoon confession

#### Feast of Saint Patrick!

March 18, 2024



We are having St. Patricks Feast on the 18th this year because St. Patrick's Day fell onto the 5th Sunday of Lent. See Flocknotes for RSVP and more information, or call the church office.

Sierra Roots Project Thank You

Thank you so much to our amazing St. Patrick community!! Because of your great generosity, the Faith Formation families collected over \$1943 for the homeless served by Sierra Roots. Many boots and shoes will be purchased with this money. Your donations of toiletries, socks, scarves, hand and foot warmers, and flashlights will enable us to assemble 25 "Blessing Bags" this weekend. Also included in these bags will be caring notes written by the children and their parents. You are truly a wonderful and supportive community to the needy in our area!

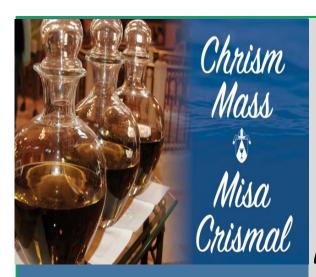
#### Stewardship Reflection:

Our First reading from the prophet of Jeremiah foretells the coming of God's new covenant with Israel. "I will place my law within them and write it upon their hearts". This covenant will transform Israel's relationship with God and, 600 years later, it will be through our Mediator, Jesus Christ. During the Last Supper, we finally see God's promise revealed, when Jesus institutes The Eucharist. The Eucharist commemorates Jesus' sacrifice on the cross for forgiveness of our sins. The physical eating and drinking of the body of Christ at every Mass transforms not only our hearts, but our minds, souls and our strength. We become what we consume-Disciples of Christ, and Catholic stewards of his gifts.

-Catholic Stewardship Consultants

Your generosity to St. Patrick Church is greatly appreciated. Donations can be placed in baskets during the collection at Mass, mailed to the office, or online through faithdirect.net (Code: CA1104).





Bishop Jaime Soto will preside at the Annual Chrism Mass, in the Cathedral Of the Blessed Sacrament at 6 pm, on March 21, 2024. Bishop Soto, and the priests of the diocese will pray for God's continued blessings on the local church of Sacramento. The priests will renew their priestly promises. Bishop Soto will bless the holy oils that are used in sacramental celebrations in all the parishes of the diocese throughout the coming year. This is a beautiful opportunity to participate in a full Mass at the Cathedral with our priests.

#### Parish Book Club Gathering

Monday, March 18, 2024

All Parishioners are invited to a meeting of the St. Patrick and St. Canice Book Club on Monday, March 18, 2024 at 1:30 P. M. in St. Patrick's Small Hall. We will be discussing *The Life of Christ* by Fulton J. Sheen The discussion, which will last about an hour and a half, will be led by Michael Moreland. There are many editions of this book. We will be discussing the 94-page edition which can be purchased on Amazon. In addition to stimulating conversation, coffee, tea, and cookies will be served.





# MARCH MATCHING IS HERE!

We're excited to share that IFM's March Matching Campaign is off to a fantastic start! With the compassionate backing of donors, we've already locked in the initial \$60,000. As Easter approaches, we're reaching out to the community, inviting supporters to help us raise the remaining \$60,000 to create positive change. And remember, our significant purchasing power magnifies the impact of every contribution! Double your impact today!

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### Saint Canice Prayer Line:

Know Someone who needs a prayer, or maybe you need a prayer? Call the St. Canice Prayer Lines-

Margie Wagner at 273-4397, or Patti Favetti at 432-0665. We're praying for you!



#### Deacon's Corner



#### "And when I am lifted up from the earth, I will draw everyone to myself."



"I give you a new commandment love one another. As I have loved you, so you also should love one another"

"I made known to them your name & I will make it known that the love with which you loved me may be in them & I in them."

This reflection on Holy Thursday is a too brief summary of Pope Benedict's book <u>Jesus of Nazareth</u>, & Brant Pitre's book <u>The Jewish Roots of the Eucharist</u>. I would recommend either book to read during Holy Week. I would also recommend reading Exodus 12, Jeremiah 31, Isiah 52-53 & Daniel 7 to understand Holy Thursday.

Jesus sends Peter & James into Jerusalem to prepare for the Passover meal. Besides finding the upper room for the meal, they had to pick the lamb for the Passover. To do that, they needed to go to the Temple to buy the Lamb. They would take the lamb inside the Temple to be sacrificed. The priest would slit the throat of the lamb and catch the blood in a silver or gold basin. The blood would then be poured on the altar. The Passover lamb would then be skinned & place on a spit for roasting. One wood piece would run from the head to the bottom & one wooden piece would run from shoulder to shoulder. In essence the lamb was tied to a wooden cross. Since the 1st Passover a 1000 years earlier, the preparation of the Passover lamb prefigured the crucifixion of Jesus. We will touch 3 events that happen on Holy Thursday evening, the Meal, The Washing of the Feet, Jesus' Final Discourse/High Priestly Prayer. The Agony in the Garden & His Trial I reflect on next week.

We begin with the institution of the Eucharist. According to John this meal occurred the night before the Passover. The meal itself followed the formal aspect of the Passover meal; it was Jesus' Passover. The Old Covenant was fulfilled in the sacrifice offered in this meal, Jesus. A New Covenant begins in the sacrifice offered, Jesus. The Passover meal has 4 formal cups of wine. The 2<sup>rd</sup> cup is the Cup of Proclamation, the 3<sup>rd</sup> cup is the Cup of Blessing, the Cup of Redemption. It is between these 2 cups that Jesus identifies the unleavened bread as His Body saying ""This is my body, which will be given for you; do this in memory of me." And likewise the cup after they had eaten, saying, "This cup is the new covenant in my blood, which will be shed for you." This is the Cup of Blessing, the Cup of our Redemption. Jesus is identifying Himself as the sacrificial Lamb & that this not only completes the original covenant of Exodus but also fulfills Jeremiah prophesy of a New Covenant that will be written on our hearts. Jesus also uses only bread & wine as the elements of His offering, the same elements that were used by High priest & king Melchizedek in Genesis. In Psalm 110, he is also identified as of the order of eternal priesthood. According to Pope Benedict, with these words Jesus also reveals something beautiful about God: the very essence of God's being is "being for"

In the Washing of His Disciples feet, Jesus reveals who He is as Messiah when He washes the feet of His disciples. Peter responds in such horror because he understands from a human perspective what Jesus is doing; he realizes that Jesus is assuming the position of a slave, the role of a servant. Jesus is not only the new Adam, the new Moses, the new David, the new Soloman, but also as the Messiah: He is the Suffering Servant prophesied by Isaiah. Pope Benedict shares: "Jesus represents the whole of His saving ministry in 1 symbolic act. He divests Himself of His divine splendor; He, as it were, kneels down before us; He washes & dries our soiled feet, in order to make us fit to sit at table for God's wedding feast." The washing of the feet is part of the ritual washing of a priest before he enters the Holy of Holies. Jesus commands us to do likewise, to live the priesthood of our Baptism. It also signifies the cleansing we receive in Confession.

In John's Gospel, Jesus' Final Discourse parallels the Priest's prayer on the Day of Atonement, Jesus prays for Himself, for the Apostles & finally for us, the Church. With this prayer Jesus links the meaning of the ritual for the Day of Atonement, with the Passover, revealing that His death will be both for our Salvation & Reconciliation with God Our Father. The 4 themes of Jesus' prayer are these. First, that eternal life is in our relationship with Jesus. Second, we are sanctified (consecrated) & made Holy through truth; & that Truth is Jesus Himself. It is this consecration of His Apostles that the priesthood is inaugurated. Third, that Jesus has made God's name known. In doing so, He has revealed that God is love & through that revelation we can now experience God's Presence with us. Finally, that we may be one, just as Jesus and the Father are one.

Enable us to enter more deeply into the mystery of your Anointed One, that our lives may reveal him more effectively. May the word of Christ dwell among us in all its richness.



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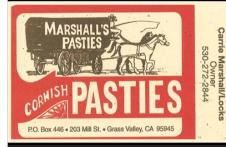
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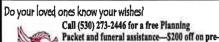


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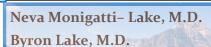


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