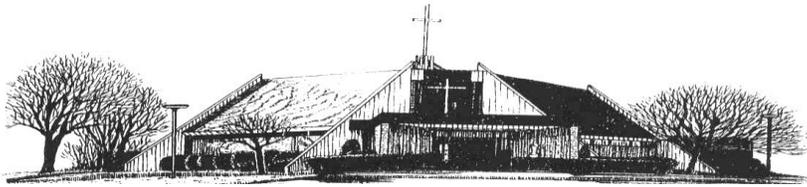


Fifth Sunday in Ordinary Time – February 9, 2020
Celebrate Black History Month and World Marriage Day
Our Lady of Perpetual Help Roman Catholic Church



Josephite Fathers and Brothers
1600 Morris Road, SE Washington, DC 20020
Phone: 202-678-4999 Fax 202-610-3189
Emergency Telephone Number: 409-963-5633

Web Site: www.olphsedc.com

Email: info@olphsedc.com

PARISH STAFF

Very Rev. Michael L. Thompson, SSJ, Pastor

Deacons: Ira Chase, Thomas Jones, and Timothy Tilghman

Administrative Assistant: Mrs. Bernice Waller

Director of Religious Education: Ms. Cynthia Battle
Phone: 202-678-4999 Email: cdbattle@yahoo.com
Finance Council Chair: Mrs. Bonita Boulware
Phone 301-758-3768 Email: bhboul@aol.com

Pastoral Council Chair: Ms. Aletcia Whren
Phone 202-246-1960 Email: aletciawhren@gmail.com
Ministers of Music: Mr. Rawn Harbor,
Mr. Dehrric Richburg, Mr. George Stewart,
Ms. Debra Tidwell, Ms. Melanie Cobb

Mass Schedule

4:30 pm Saturday Vigil Mass
8:00 am and 11:00 am Sunday Masses
7:00 am Weekday Masses followed by Morning Prayer

Confessions

30 minutes before Mass or by appointment.

Our Mother of Perpetual Help Novena/Communion Service

Mondays at 7:30 pm (All are welcome)

Novena to St. Joseph

Wednesdays after 7:00 am Mass

The Rosary

Recited at 4:00 pm on Saturday and 7:30 am and 10:30 am on Sunday.

BULLETIN ITEMS/INSERTS:

(ALL MUST BE APPROVED BY THE PASTOR)

Email to Doris Savoy: dsavoy0642@aol.com or call 202-610-3751 by **MONDAY** of the week prior to publication.

Notify Doris Savoy of any printed flyers you want in the bulletin. They must be received by Thursday morning.

Birthdays/Anniversaries submit two weeks before the 1st of the month in which the event falls.

Bereavement Newsletter (published for the first of each month): items are due **two weeks** prior to publication.

Sunday School

October-June

Sacraments

Baptism: Is celebrated periodically, but not during Lent. For information on Parent Information Sessions, contact the rectory for required attendance. Adults who desire Baptism receive the Sacraments of Christian Initiation (Baptism, Confirmation & Eucharist) at the Easter Vigil, following a period of participation in *the Rite of Christian Initiation of Adults*. Call 202-678-4999.

Confirmation: Available to our youth, thirteen years of age or older, through the religious education process with activities involving parents and sponsors. Adults are prepared through the *Rite of Christian Initiation of Adults*.

First Communion: Preparation through the Sunday School Classes.

Funerals: Please contact the priest before confirming any arrangements with your funeral home.

Matrimony: Couples thinking about marriage should contact the parish priest prior to engagement or at least six months prior to the anticipated wedding date. The church desires to help couples prepare a good foundation for a lifelong commitment to this sacred marriage vocation.

NEWCOMERS & VISITORS: WELCOME TO "THE CHURCH ON THE HILL"!

*Thank you for worshipping with us today. May you be blessed with hope, joy, love and peace while here!
Should you want to join our parish family please contact a Minister of Hospitality, Priest,
or call the Rectory. Again, Welcome!*

OLPH History, Mission Statement, Vision Statement and Core Values

Matthew 28:18-20:

The Commissioning of the Disciples

Then Jesus approached and said to them, *“All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.”*

Our Lady of Perpetual Help Parish has a rich, black cultural history. From its formation in 1920, the Black Catholics of Anacostia contributed to its development and growth through their sacrifices of time, talent, skills and funds to provide a parish plant of their own. Thus, the uniqueness of Our Lady of Perpetual Help Parish places it in a leadership position to interact with other Black and non-black parishes in utilizing the gifts of Black spirituality through music, dance, education, and special action.

MISSION STATEMENT: We, the people, of Our Lady of Perpetual Help Parish, therefore, acknowledge that our Pastoral Mission is to **proclaim** Christ and **teach** the “Good News”, to **worship** and **bear witness** in the community, to **love and serve** as Jesus commanded, and to **preserve and share** our rich Black heritage.

VISION STATEMENT: *“A Roman Catholic church that is actively visible in the Community, shares its spirituality through fellowship, and is committed to serving God.”*

CORE VALUES

BUILDING RELATIONSHIPS: We will always speak the truth, respect the opinions and roles of all parishioners, and value each person, always maintaining Christian charity in all of our actions.

SPIRITUAL GROWTH: We will seek to increase the understanding of our Catholic faith and expand our spiritual growth by participating in and supporting charitable and spiritual activities, in addition to attending Mass.

STEWARDSHIP: We will become involved in church activities and commit our time, talent and treasures.

INCLUSION: We will be open and inviting by extending ourselves to all by sharing in our parish life; thereby, reaffirming our vision of being actively visible in the community.

LEGACY: We will preserve our rich Black cultural history by respecting the past, continuing in service and faith in the present, and committing to the future of OLPH.



Weekday Mass from 7 to 7:30 AM followed by Morning Prayer.

Mass Intentions are available for the faithful departed and the needs of the living. In addition, every weekend one Mass is offered for the parishioners of our parish. **Call the office to request a Mass intention.** An offering of \$10 is suggested. If you cannot afford the \$10, offer what you can.

Memorials are noted by: † Indicates **Deceased**
BD means **Birth**day **AD** means **Anniversary of Death**
Saturday (8th)

4:30 pm For the People of OLPH

Sunday (9th)

8:00 am †AD Maureen Stewart, by the Stewart Family

11:00 am †AD Kenneth Ledbetter, by Dianna Ledbetter

Monday (10th)

7:00 am †AD Emery W. Shepherd, by wife Lucie G. Shepherd

Tuesday (11th)

7:00 am

Wednesday (12th)

7:00 am

Thursday (13th)

7:00 am

Friday (14th)

7:00 am †BD Maud Reece (16th), by daughter JoAnne Scott

Saturday (15th)

4:30 pm †Marie Stoner, by Gloria A. Lessington

Sunday (16th)

8:00 am St. Joseph's Ladies' Auxiliary No.213, KOSJI

11:00 am For the People of OLPH



Sixth Sunday in Ordinary Time -- February 16, 2020

1st Reading: Sirach 15:15–20

Responsorial Psalm 119:1–2,4–5, 17–18,33–34

2nd Reading: 1 Corinthians 2:6–10

Gospel Reading: Matthew 5:17–37



**PLEASE NOTE: A FREE WILL OFFERING STILL MEANS A FINANCIAL DONATION, even for children.
 February – Ministers of Hospitality**

The Week Ahead

CH: Church CHG: Church Grounds REC: Rectory
1P/3P: First/Third Portable Building PR: Panorama
Room PRF(S)(G): Panorama Room Field (Stage) (Grounds)
WSG: Washington School for Girls

Sunday, February 9th:

Regular 8 and 11 am Masses
Breakfast after the 8 am Mass and Vendors – PR
9:30 am Sunday School – WSG
1:00 pm Perpetual Glory Rehearsal – CH

Monday, February 10th:

Tuesday, February 11th -- World Day of the Sick:

“Come to me, all you who labour and are burdened,
and I will give you rest” (Mt 11:28)
In a message from His Holiness Pope Francis he says:
“On this XXVIII World Day of the Sick, Jesus repeats these
words to the sick, the oppressed, and the poor. For they
realize that they depend entirely on God and, beneath the
burden of their trials, stand in need of his healing. Jesus
does not make demands of those who endure situations
of frailty, suffering and weakness, but offers his mercy
and his comforting presence. He looks upon a wounded
humanity with eyes that gaze into the heart of each
person. That gaze is not one of indifference; rather, it
embraces people in their entirety, each person in his or
her health condition, discarding no one, but rather inviting
everyone to share in his life and to experience his tender
love.”

7:00 pm Adult Bible Study – WSG

Wednesday, February 12th:

6:30 pm Youth Choir Practice – CH

Thursday, February 13th:

10:30 am LOC Food Pantry – 3P
6:30 pm Baptismal Preparation Sessions – WSG

Friday, February 14th:

Saturday, February 15th:

8:30 am Voices of Praise Rehearsal – CH

Sunday, February 16th:

Regular 8 and 11 am Masses
9:30 am Sunday School – WSG
1:00 pm Perpetual Glory Rehearsal – CH

 **SAVE THIS DATE!**

Saturday, February 29, 2020

MINISTRY PRACTICUM

Especially For **All** Liturgical Ministries,
but everyone is invited!!

More Details Coming Soon.

IMPORTANT

Announcements

PANORAMA ROOM BATHROOM RENOVATIONS CLOSING OF THE HALL THIS WEEK.

Archdiocese of Washington 2020 Annual Appeal “Hearts Filled With Hope”

*Archbishop Gregory has chosen the theme
Hearts Filled With Hope. In the midst of
these turbulent waters as a Church, we are
reminded of Jesus’s hand that is always
extended forth to pull us from depths and
bring us closer to Him.*

Next weekend OLPH will ask you to prayerfully consider your gift to the 2020 Annual Appeal. This weekend, brochures and frequently asked questions about the Annual Appeal are available in our church to help inform your giving. You may also visit the Annual Appeal website at appeal.adw.org. The Annual Appeal supports more than 60 ministries and programs that benefit countless women, men, children and families in the Church of Washington, including within our own parish and local community. As in every year, 100% of your contribution to the Annual Appeal will be designated to the ministries and programs supported by the Appeal. Thank you for your prayerful consideration and generous response.

Study ^{the} Bible with us

Tuesday Night Bible Study will be studying the Book of Leviticus at 7:00 pm in the WSG. All are welcome.

BAPTISMAL PREPARATION FOR CHILDREN (INFANT – 5 YEARS OLD)



Baptism Preparation sessions for children began **Thursday, January 30**. Remember you must contact Fr. Michael **before** attending. Parents, Godparents and Christian Witnesses must attend. For more information contact the rectory.

ATTENTION:

Altar Servers (KOTA), Lectors, Ushers, and Extraordinary Ministers of Holy Communion

If you are unable to fulfill your ministry obligation please remember to get a substitute. If it is your time to serve, please arrive timely to avoid last minute substitutions. Many thanks to those who already do this, it is very helpful.

ALERT: Extraordinary Ministers of Holy Communion, although we are not serving on the Altar, we are still required to set up and clear the Credence Table after all Masses.

Quote for the Week

"Is my pride wounded when others do not honor me like I think I should be honored?"

tithes & offering

Worship the Lord in Giving

February 2, 2020

Attendance: 254 Offertory: \$9,454.00
Operating Expenses: \$15,000.00

Flowers for the Altars

Reminder Lent Season is coming soon and we do not place flowers on the Altar nor the Tabernacle Area.

SPIRITUALITY



The widespread use of electricity in our society may make us less aware of the value and importance of light. To re-engage with the power of the metaphor that Jesus offers, gather your family in a darkened room. Bring only one flashlight. Sit together for a minute and consider what you are able to do and see in so little light. You might try opening the Bible to see whether you can read today's Gospel. Turn on the flashlight and experiment to see how one might use it to achieve the greatest amount of light. Then read today's Gospel by the light of the flashlight. Ask everyone to consider what it means to say that Christians are to be the light of the world. How might your family act in a way that is a light for others, a light that is worthy to put on a lamp stand? Choose one thing that your family will do this week to show that you are the light of the world. You might choose to participate in an activity that your parish sponsors, such as help with a food pantry. Pray together by singing "This Little Light of Mine."

PREPARING FOR MASS: Friendly Reminder!

We should read the Sunday Scriptures during the week before we come to Church. We should read them three times: **Once** for the head, **Once** for the heart, **Once** for the Holy Spirit to speak to our head and heart. Thus when we come to worship, we hear the **Word Proclaimed and Preached**. So is this your practice? Is it part of your spirituality as a Catholic believer in the Lord Jesus? Why not make it a family thing to do!

URGENT REMINDER:
When names **can be removed** from any of the sick listings, please contact Doris Savoy or notify the Rectory.

Special Prayers For Those In Need

ENTERING THE HOSPITAL? Parishioners planning to enter the hospital are encouraged to receive the **Sacrament of the Sick** prior to admission. Because of privacy laws, hospitals no longer notify parishes of a parishioner's stay. **Please notify the Rectory** of the name of person, hospital and room number, also **when the person returns home**.

Parishioners who are sick or homebound and unable to attend Mass on Sunday may request to receive the Eucharist. Even if you are ill for a short period of time you are most welcome to receive a home visit. **Please call the Parish Office to make arrangements.**

REMEMBER AND PRAY FOR OUR HOMEBOUND MEMBERS as well as those in ****HOSPITALS and *NURSING/REHAB Facilities**.
*Sonnie Boulware, John Brown, Lorraine Brown, *Margaret Edwardina Coleman, Shelia Conway, Agnes Dua, *Thomas "Phil" Ford, *Cordella Gough, Elease Gravett, Jerome Hall, Alfred Harris, *Michael Holley, Ruth Holt, Hilda Kearney, *Geraldine Lee, Fred Lewis, Antoinette Reese, and Kobe Williams.

REQUESTS FOR PRAYERS

There is nothing too great or too small for prayer!!
Carolyn Alston, Dawnielle Battle, Cynthia Battle, Michael Battle, Herb Baylor, Alice Bethea, Leora Bentley, Vincent Blalock, Carolyn Brown, Hilda Brown, Millicent Brown, Jasmine Campbell, Demarquis Carter, Terneara Carter, Patricia Chapman, Judy Chase, Margo Cooke, Patricia Cooke, Minnie Cooper, Judith Dean, Phyllis Delaney, Celina Dixon, *Sterling Doleman, George Dugue', Geraldine Edmonds (sister Louis Lloyd), Beverly Ford, Alyce (Micky) Foster, Toni Gaines, Barbara Glover, Edward Glover, Betty Graham, Calestard Gravett, Marjorie Hammitt, Roberta Harrod-Brooks, Agnes Maxine Hart, John Hawkins, Sr., Roslyn Holmes, Dorita Hughes (mother of Terneara Carter), Connie Jackson (sister James Jackson), James Jackson, Joan Jackson, Sharon Jackson-Taylor, Bettie Johnson, Damon Johnson, Janell Johnson,



HAPPY WEDDING ANNIVERSARY
Deacon Ira & Judy Chase 57th on February 8th
Bobby & Shelia Greene 20th on February 16th
Thomas & NewVelvet Washington 60th on February 20th

Marriage Encounter Weekend: *"Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father."* Let the light of your marriage sacrament shine for all. Make your light bright by attending the next Worldwide Marriage Encounter weekend on February 28 – March 1, 2020. The weekend is in College Park, MD. Give your marriage a Valentine's gift you won't forget! Apply on moments4marriage.org. Seats are still available. Please apply as soon as possible. For more information leave a message at 301-541-7007.

Happy Birthday!

FEBRUARY

- 8th Jackson Graham
- 12th Nicole Graham Bernadette Waters
- 13th Nicole Shaw
- 16th Leia Conrad
- 17th Joseph Thomas
- 18th Pearl Baylor Jasmine Handon
- 21st Kayla Carter Betty Durr Bill Shelton
- 22nd Gloria A. Lessington
- 23rd Kayona Dade
- 26th Braxton Wheeler
- 27th Denise Durham
- 28th Sydney Wimbish
- 29th Most Rev. John H. Ricard, SSJ

*Michael Johnson, Vincent Jordan, Betty Lawson, Dianna Ledbetter, Edith Lee, Denise Leftwich, Charlotte Lewis, Marie Lucas, Angela Lyles, Crystal Martin, Katalina Masembwa, Vincent Matthews, Justine Middleton, Barbara Minnick, Danielle Mitchell, Elizabeth Moeller, Henrietta Moody, Yvonne Moody, Gloria A. Moore, Gloria V. Moore, Warren Newton, Very Rev. William L. Norvel, SSJ, Marcia Marlene Oliver, Nathan Owens, Marilyn Proctor, Rose Quander-Nevedon, Audrey Robinson, Willie Mae Robinson (grandmother Dyllan Robinson), Shirley Samuels, Julia Scott, Bernadette Smith, Charles Smith, Dolores (Polly) Smith, Clementine Smith-Easley, Vivian Staples, Curtis Stephens, Tyrell Stewart, Mark C. Stone, Marianne Thompson, Reynaldo Thurston, Rose Thurston, Shirley Toye, Daryl Tucker, Dawn Washington, Errin Washington, Martina Washington, (daughter of NewVelvet Washington), NewVelvet Washington, Thomas Washington, Bernadette Waters, Jean Westray, Carolyn Wheeler, Francis Wheeler, Earline Wilkinson, Jacob Williams (husband of Josephine Williams), Katina Williams-Thomas.

*Military deployed to Poland.

COME AND SEE

The Diaconate Formation Office is holding “Come and See” meetings for men to learn more about the permanent diaconate and the formation program, which will be conducting interviews for the Ordination Class of 2025. Men of prayer with a heart for service to the Church and the community, between the ages of 30 to 60 who are feeling called to learn more about deacons are encouraged to attend on **Wednesday, March 4, 7-9 PM** at the Church of the Incarnation, 880 Eastern Avenue N.E. Washington DC 20019. Men inquiring who are married are strongly encouraged to bring their wife to the “Come and See” meeting. Deacons and their wives will be at these meetings to answer questions and share their experiences. For more information, please visit the diaconate formation webpage on the Archdiocese of Washington website.

MPD 7th District in Partnership with Martha’s Table will sponsor a COMMUNITY CAREER FAIR

Saturday, February 15th from 12 pm-2:30 pm

Location: Martha’s Table at 2375 Elvans Road, SE

For more information please contact: Carolyn Davis, 7th District Community Outreach Coordinator at 202-489-9533 or CarolynL.Smith@dc.gov.

UPCOMING Events

JOIN OLPH BLESSED VIRGIN MARY SODALITY’S TRIP TO HARRINGTON RACES AND SLOTS FRIDAY, FEBRUARY 21, 2020 DEPARTING OLPH 10:00 AM RETURNING 6:00 PM

Donation \$40.00 (Includes a \$15.00 Casino Rebate and \$7.00 towards Buffet)

Contacts:

Elzena Bijou 301-423-6723

Bernadette Smith 301-567-8044

Make checks payable to: OLPH Sodality Proceeds will benefit the OLPH Sodality Activities.

REMBER: A Paid Seat is a Guaranteed Seat!

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School News

HOLY FAMILY CATHOLIC SCHOOL

2200 Callaway Street

Hillcrest Heights, MD 20748

Call 301-894-2323 for all inquiries

Please note that our OLPH Education Fund Assessment 5% of our Sunday Collection prescribed by the Archdiocese of Washington, goes directly to Holy Family School.

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February 9, 2020

Jesus throws out this image right at the beginning of today's gospel. "You are the salt of the earth." Really, Jesus? What do you mean by that? How are we like salt? Whenever I read this Gospel, the first person comes to mind is Lot's wife who was turned to pillar of stone for looking back at a sinful nation.

Jesus never explains this image. Therefore, the door opens for us to consider a variety of ways in which we are like salt. Let me suggest one of them to you today. Salt is good when used in small amounts, at least in food. Have you ever tried to make a stew or a soup and measured poorly, putting in way too much salt? You can't eat it. You have to throw it out. So salt is to be used sparingly. How often do you read a recipe that asks for, "a pinch of salt"? A pinch is very small. But here is the point. It is still necessary. That is why the recipe calls for it. Without that pinch of salt, the food loses its flavor. So, when Jesus says that we are the salt of the earth, he might be asking us to embrace a small gesture of forgiveness to our brothers and sisters, a simple word of love to the poor and marginalized, the gentle touch of kindness to others. When Jesus says that we are salt, he is telling us that sometimes following him involves actions that are not very big at all. He is not demanding big things from us. Just to be faithful to the life he has given us.

Think about your trip to the supermarket, down the aisle you see a mother with two young children. Her shopping cart is full, and the younger of the two children is in the seat of the cart screaming at the top of his lungs. The older child is on her feet pulling on her mother's coat and crying because she has just been told that she cannot have one of the sugary drinks that she sees on the shelf. The mother is caught between these two hysterical children trying to calm them down, when the younger one takes a box of cereal from the cart and hurls it down the aisle. You walk over, pick up the cereal box, replace it in the cart. Then in your most positive expression you say to the mother, "Hang in there". She nods in appreciation and turns back to her children. They are still crying, and she is still frazzled. But your simple words of encouragement have allowed tolerance in the situation. Your Christian attitude has changed the flavor of the situation.

Many times, we were sitting with our friends at school eating lunch, and one of them begins to make fun of another person in the school. He or she always dresses poorly and not popular among the class. As your friend describes the person, others around the table begin to laugh. Then you simply say, "Come on guys forget them. Let's talk about something else". You probably have not changed your friends' opinion of this person, and they will probably continue to mock them at some future date. But today, your words have given this conversation a different seasoning. The Spirit of kindness has been put into action.

Someone you know has just been diagnosed with cancer. So, you go for a visit. They tell you about the diagnosis and about the upcoming treatment. There is nothing you can do and very little that you can say. So, you ask "How about some coffee, want to go to lunch?" You might just sit there in silence or laugh about something else. Their cancer is still there. The treatments are yet to come. But your quiet presence has given them a day with a different taste.

Following Jesus certainly involves more than these small gestures. That is probably why the image of salt in today's gospel is followed immediately by the image of light. Sometimes we can do big things. Sometimes we can be a city on a mountain, a lamp on a lamp stand, giving light to everything in the house. Sometimes our light can change people's lives. We can be instrumental in leading an alcoholic to recovery, or an enemy to forgiveness, or a family to reconciliation. When we have an opportunity to accomplish one of these big things, we should by all means in Christ's name let our light shine.

Although these dramatic opportunities do not occur every day. It is for this reason that today's gospel tells us that when we cannot be the light of the world, it is still "Service" in the small things, to be a pinch of salt in the lives of our brothers and sister in Christ.