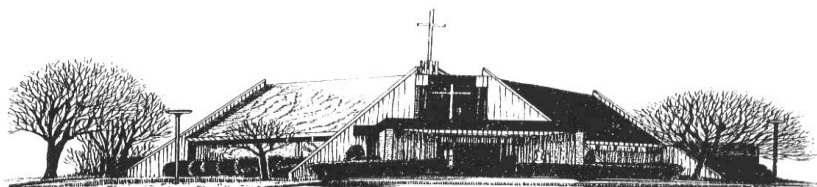


Fifth Sunday of Lent – March 29, 2020

Lenten Theme: “Repent and Turn to the Joy of the Gospel!”

Our Lady of Perpetual Help Roman Catholic Church



Web Site: www.olphsedc.com

Email: info@olphsedc.com

Josephite Fathers and Brothers

1600 Morris Road, SE Washington, DC 20020
Phone: 202-678-4999 Fax 202-610-3189

Emergency Telephone Number: 409-963-5633

PARISH STAFF

Very Rev. Michael L. Thompson, SSJ, Pastor

Deacons: Ira Chase, Thomas Jones, and Timothy Tilghman

Administrative Assistant: Mrs. Bernice Waller

Director of Religious Education: Ms. Cynthia Battle
Phone: 202-678-4999 Email: cdbattle@yahoo.com
Finance Council Chair: Mrs. Bonita Boulware
Phone 301-758-3768 Email: bhboul@aol.com

Pastoral Council Chair: Ms. Aletcia Whren
Phone 202-246-1960 Email: aletciawhren@gmail.com
Ministers of Music: Mr. Rawn Harbor,
Mr. Dehrric Richburg, Mr. George Stewart,
Ms. Debra Tidwell, Ms. Melanie Cobb

Mass Schedule

4:30 pm Saturday Vigil Mass

8:00 am and 11:00 am Sunday Masses

7:00 am Weekday Masses followed by Morning Prayer

Confessions

30 minutes before Mass or by appointment.

Our Mother of Perpetual Help Novena/Communion Service

Mondays at 7:30 pm (All are welcome)

Novena to St. Joseph

Wednesdays after 7:00 am Mass

The Rosary

Recited at 4:00 pm on Saturday and 7:30 am and 10:30 am on Sunday.

BULLETIN ITEMS/INSERTS:

(ALL MUST BE APPROVED BY THE PASTOR)

Email to Doris Savoy: dsavoy0642@aol.com or call 202-610-3751 **by MONDAY of the week prior to publication.**

Notify Doris Savoy of any printed flyers you want in the bulletin.

They must be received by Thursday morning.

Birthdays/Anniversaries submit two weeks before the 1st of the month in which the event falls.

Bereavement Newsletter (published for the first of each month): items are due **two weeks prior** to publication.

Sunday School

October-June

Sacraments

Baptism: Is celebrated periodically, but not during Lent. For information on Parent Information Sessions, contact the rectory for required attendance. Adults who desire Baptism receive the Sacraments of Christian Initiation (Baptism, Confirmation & Eucharist) at the Easter Vigil, following a period of participation in the *Rite of Christian Initiation of Adults*. Call 202-678-4999.

Confirmation: Available to our youth, thirteen years of age or older, through the religious education process with activities involving parents and sponsors. Adults are prepared through the *Rite of Christian Initiation of Adults*.

First Communion: Preparation through the Sunday School Classes.

Funerals: Please contact the priest before confirming any arrangements with your funeral home.

Matrimony: Couples thinking about marriage should contact the parish priest prior to engagement or at least six months prior to the anticipated wedding date. The church desires to help couples prepare a good foundation for a lifelong commitment to this sacred marriage vocation.

NEWCOMERS & VISITORS: WELCOME TO “THE CHURCH ON THE HILL”!

*Thank you for worshipping with us today. May you be blessed with hope, joy, love and peace while here!
Should you want to join our parish family please contact a Minister of Hospitality, Priest,
or call the Rectory. Again, Welcome!*

OLPH History, Mission Statement, Vision Statement and Core Values

Matthew 28:18-20:

The Commissioning of the Disciples

Then Jesus approached and said to them, *"All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age."*

Our Lady of Perpetual Help Parish has a rich, black cultural history. From its formation in 1920, the Black Catholics of Anacostia contributed to its development and growth through their sacrifices of time, talent, skills and funds to provide a parish plant of their own. Thus, the uniqueness of Our Lady of Perpetual Help Parish places it in a leadership position to interact with other Black and non-black parishes in utilizing the gifts of Black spirituality through music, dance, education, and special action.

MISSION STATEMENT: We, the people, of Our Lady of Perpetual Help Parish, therefore, acknowledge that our Pastoral Mission is to **proclaim** Christ and **teach** the "Good News", to **worship** and **bear witness** in the community, to **love and serve** as Jesus commanded, and to **preserve and share** our rich Black heritage.

VISION STATEMENT: *"A Roman Catholic church that is actively visible in the Community, shares its spirituality through fellowship, and is committed to serving God."*

CORE VALUES

BUILDING RELATIONSHIPS: We will always speak the truth, respect the opinions and roles of all parishioners, and value each person, always maintaining Christian charity in all of our actions.

SPIRITUAL GROWTH: We will seek to increase the understanding of our Catholic faith and expand our spiritual growth by participating in and supporting charitable and spiritual activities, in addition to attending Mass.

STEWARDSHIP: We will become involved in church activities and commit our time, talent and treasures.

INCLUSION: We will be open and inviting by extending ourselves to all by sharing in our parish life; thereby, reaffirming our vision of being actively visible in the community.

LEGACY: We will preserve our rich Black cultural history by respecting the past, continuing in service and faith in the present, and committing to the future of OLPH.

Mass Intentions for the Week

Weekday Mass from 7 to 7:30 AM

followed by Morning Prayer.

Mass Intentions are available for the faithful departed and the needs of the living. In addition, every weekend one Mass is offered for the parishioners of our parish. **Call the office to request a Mass intention.** An offering of \$10 is suggested.

Memorials are noted by: † Indicates **Deceased**

BD means **Birthday** **AD** means **Anniversary of Death**

Saturday (28th)

†AD Bro. Marx E.A. Tyree, SSJ (27th)

Sunday (29th)

10:00 am For the People of OLPH

†AD Rev. Henry Robert Harper, SSJ

Monday (30th)

7:00 am

Tuesday (31st)

7:00 am †AD Rev. Peter James Kenney, SSJ

Wednesday (1st)

7:00 am

Thursday (2nd)

7:00 am

Friday (3rd)

7:00 am

Saturday (4th)

Sunday (5th)

10:00 am For the People of OLPH

†BD Anna M. Stewart by the Stewart Family

The
WORD
by name
is Jesus Christ

Palm Sunday of the Passion of the Lord

April 5, 2020

Gospel at the Procession with Palms: Matthew 21:1-11

1st Reading: Isaiah 50:4-7

Responsorial Psalm 22:8-9, 17-20, 23-24

2nd Reading: Philippians 2:6-11

Gospel Reading: Matthew 26:14—27:66

Quote for the Week

"All true obedience comes from the heart."

The Week Ahead

CH: Church CHG: Church Grounds REC: Rectory
 1P/3P: First/Third Portable Building PR: Panorama
 Room PRF(S)(G): Panorama Room Field (Stage) (Grounds)
 WSG: Washington School for Girls

Sunday, March 29th:

Monday, March 30th:

Tuesday, March 31st:

Wednesday, April 1st:

Thursday, April 2nd:

10:30 am LOC Food Pantry – 3P

Friday, April 3rd:

Saturday, April 4th:

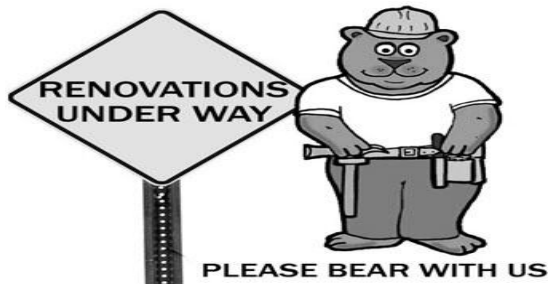
Sunday, April 5th:

Palm Sunday of the Passion of the Lord



"Help me, Lord,
 to walk this Lent
 with you wherever
 you lead."

**2020 LENTEN FOOD DRIVE BAGS
 ARE STILL AVAILABLE IN CHURCH
 AND WE ARE CONTINUING TO
 COLLECT WHEN YOU CAN.**



PANORAMA ROOM BATHROOM

Due to Renovations and the COVID-19,
 these events have been cancelled:

No Donuts Until Further Notice

NO Breakfast Palm Sunday, April 5th

LOC Annual Western Hoe Down April 19th

LOC (ADW) May Day (2nd) at St. Ann's

IMPORTANT Announcements

**SUNDAY MASS WILL BE
 LIVE-STREAMED AT 10:00 AM
 ON THE OLPH WEBSITE.**

A Prayer That Can Be Offered At Communion:

"My Jesus, I believe that you are present in the Most Blessed Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there, and unite myself wholly to you. Never permit me to be separated from you. Amen."

Dear OLPH Church Family,

Since the Archdiocese has announced suspension of Mass services indefinitely, it is suggested that we as loyal and tithing parishioners continue to remit our offerings via direct mail to OLPH or dropped off.

When remitting your tithe via mail, please use your weekly offering envelope. If you can't seem to find your envelope, place your envelope number on the memo line of your check (*so, you can get credit for your donation*) and remit to:

Our Lady of Perpetual Help Catholic Church
 1600 Morris Road, SE
 Washington, DC 20020

Your continued support of our parish is greatly appreciated. Thank you in advance.

COVID-19 (Coronavirus)

Common signs of infection include respiratory symptoms, fever, cough, shortness of breath and difficulty breathing.

The virus spreads through the air from coughing and sneezing and also from close personal contact like touching or shaking hands. **Please note the following:** Precious Blood will not be offered (Christ is fully present under both species of the Blessed Sacrament). The Body of Christ will only be given in the hand. The Sign of Peace will not be offered. Holy Water has been removed from the

Holy Water fonts. You are encouraged to wash your hands often with soap and water at least for 20 seconds. When using hand sanitizer, please be sure it has at least 60% alcohol.

Study^{the}Bible with us

Tuesday Night Bible Study

7:00 pm in the WSG. All are welcome
when we resume.

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Lent is a gift that the Church in her wisdom celebrates every year. It is a gift of time, a gift of contemplation, and a gift of quiet so that we may listen to the Word, who whispers to us to come back to the God who created us. It encourages us to turn away from the noise and over-indulged appetites so that we may understand the hunger that can be filled—with the grace of God—only by prayer, fasting, and giving to the poor.

Fasting and Abstinence from Meat:

As Catholics, we fast on Ash Wednesday and Good Friday, and we abstain from meat on Ash Wednesday and on all the Fridays of Lent. Fasting and abstaining from meat reminds us of our reliance on God, who is the source of all abundance and nourishment. As Catholics, we are encouraged to fast voluntarily and occasionally throughout the year in order to practice self-denial, to lead a life of moderation that deepens our compassion for people who are in need, and to develop a deeper hunger and thirst for God.

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Proclaim God's Word

May God the *Father* who made us bless us. May God the *Son* send his healing among us. May God the *Holy Spirit* move within us and give us eyes to see with, ears to hear with, and hands that your work might be done. May we walk and preach the word of God to all.

Praying through Lent with the Saints

--St. Dominic

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tithes & offering

Worship the Lord in Giving

Collections \$3,976.00

Operating Expenses: \$15,000.00

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SPIRITUALITY

JESUS RAISED LAZARUS FROM THE DEAD

Jesus' promise of eternal life is a central element of our Catholic faith. Even though Easter is still two weeks away, our Gospel today invites us to acknowledge Jesus' power over death, evidenced in the raising of Lazarus, and to anticipate Jesus' conquering of death once and for all in his death and Resurrection. We sometimes use examples from nature to help describe this mystery of our faith. Jesus himself talked about the seed that dies when planted in the ground in order to produce new life (John 12:24). Using that image and others, we find hope and confidence in Jesus, the Resurrection and the life.

Gather your family today and read today's Gospel in its shorter form, John 11:3-7,17,20-27,33b-45. Write Jesus' promise from today's Gospel ("*I am the resurrection and the life.*") on a large sheet of white paper. As your family talks about what Jesus means by this promise, decorate Jesus' words with symbols that will remind you of his promise of eternal life. Display this reminder of Jesus' promise in a prominent place in your home and keep it there until Easter. Pray that you will always remain confident in Jesus' promise of eternal life. Conclude by praying together the Apostles' Creed or the Nicene Creed.



Lenten Tips for the week:

Sunday: Pray for the willingness to seek forgiveness from people you have hurt.

Monday: Fast from light. Sit by the light of one candle in your home. Remember that Jesus has called you to be a light for the world.

Tuesday: Make a prayer out of performing a loving action for others.

Wednesday: Pick a day when you fast from using electronic appliances.

Thursday: When you see or hear a news story about someone in trouble, pray for the person as a family.

Friday: Fast from hitting the snooze alarm. Get up and use the extra time for prayer.

Saturday: At the grocery store, pray for the farmers and all those who help make available the food that you will bring to your table.

*A Very Special
"Thank You!"*

Recently having faced the death of two sisters and then my son, I am very grateful for all the love and support I received from my OLPH family. May God bless each of you!

Audrey Robinson



Michael & Laverne Smith 11th on April 4th
 Calvin & Sahon Palmer 38th on April 6th
 Clinton & Lorraine Lee 30th on April 7th
 Michael & Vivian Staples 30th on April 7th
 Michael & Diane Turner 5th on April 11th
 Lawrence & Veronica Palmer 79th on April 23rd
 David & Deborah McNeill 46th on April 27th



March and April Celebrations

28th Marie Jackson
 29th Jordan Brody John H. Brown
 30th Jewel M. Braxton Gloria Ann Moore
 31st George Dugue' Kimberley Thomas
 Errin Washington
 2nd Chian Queen Kiah Thomas
 3rd Joshua Jones
 5th Taylor Tucker
 6th Sheila Higginbotham-Greene
 7th Kobe M. Williams
 8th Dorothy Brown
 9th Audrey Robinson Angela Tilghman

URGENT REMINDER:

When names **can be removed** from any of the sick listings, please contact Doris Savoy or notify the Rectory.

Special Prayers For Those In Need

ENTERING THE HOSPITAL? Parishioners planning to enter the hospital are encouraged to receive the **Sacrament of the Sick** prior to admission. Because of privacy laws, hospitals no longer notify parishes of a parishioner's stay. **Please notify the Rectory** of the name of person, hospital and room number, also **when the person returns home.**

Parishioners who are sick or homebound and unable to attend Mass on Sunday may request to receive the Eucharist. Even if you are ill for a short period of time you are most welcome to receive a home visit. **Please call the Parish Office to make arrangements.**

REMEMBER AND PRAY FOR OUR HOMEBOUND MEMBERS as well as those in ****HOSPITALS and *NURSING/REHAB Facilities.**
 *Nettie Biscoe, *Sonnie Boulware, John Brown, Lorraine Brown, *Margaret Edwardina Coleman, Shelia Conway, Roberta Dade-Young, Agnes Dua, *Thomas "Phil" Ford, *Cordella Gough, Eleese Gravett, Jerome Hall, Alfred Harris, *Michael Holley, Ruth Holt, Hilda Kearney, *Geraldine Lee, Fred Lewis, Antoinette Reese, and Kobe Williams.

REQUESTS FOR PRAYERS

For those in need of comfort, hope and healing!!

Carolyn Alston, Dawnielle Battle, Cynthia Battle, Michael Battle, Herb Baylor, Alice Bethea, Leora Bentley, Carolyn Brown, Hilda Brown, Millicent Brown, Jasmine Campbell, Demarquis Carter, Terneara Carter, Judy Chase, Margo Cooke, Patricia Cooke, Minnie Cooper, Judith Dean, Phyllis Delaney, Celina Dixon, *Sterling Doleman, George Dugue, Geraldine Edmonds (sister Louis Lloyd), Beverly Ford, Alyce (Micky) Foster, Toni Gaines, Barbara Glover, Edward Glover, Betty Graham, Calestard Gravett, Marjorie Hammitt, Roberta Harrod-Brooks, Agnes Maxine Hart, John Hawkins, Sr., Michael Hawkins, Roslyn Holmes, Dorita Hughes (mother of Terneara Carter), Connie Jackson (sister James Jackson), James Jackson, Joan Jackson, Sharon Jackson-Taylor, Bettie Johnson, Janell Johnson, *Michael Johnson, Vincent Jordan, Betty Lawson, Dianna Ledbetter, Edith Lee, Denise Leftwich, Charlotte Lewis, Marie Lucas, Angela Lyles, Crystal Martin, Katalina Masembwa, Vincent Matthews, Justine Middleton, Barbara Minnick, Elizabeth Moeller, Henrietta Moody, Yvonne Moody, Gloria A. Moore, Gloria V. Moore, Warren Newton, Very Rev. William L. Norvel, SSJ, Marcia Marlene Oliver, Nathan Owens, Marilyn Proctor, Rose Quander-Nevedon, Audrey Robinson, Willie Mae Robinson (grandmother Dyllan Robinson), Shirley Samuels, Julia Scott, Bernadette Smith, Charles Smith, Dolores (Polly) Smith, Clementine Smith-Easley, Vivian Staples, Tyrell Stewart, Mark C. Stone, Marianne Thompson, Reynaldo Thurston, Rose Thurston, Daryl Tucker, Dawn Washington, Errin Washington, Martina Washington, (daughter of NewVelvet Washington), NewVelvet Washington, Thomas Washington, Bernadette Waters, Jean Westray, Carolyn Wheeler, Francis Wheeler, Earline Wilkinson, Jacob Williams (husband of Josephine Williams). *Military

St. Joseph's Ladies' Auxiliary No.213, Knights of St. John International invites you to join them to see "Queen Esther" on Tuesday, August 18, 2020 at Sight & Sound Theater in Lancaster, PA.

Cost includes Show, Transportation, and Lunch at Shady Maple Smorgasbord. Make checks payable to: *St. Joseph's Ladies' Auxiliary No.213.* **COST:** Adults 14 years and older \$150.00. Children 13 years and younger \$90.00

\$60.00 Non-refundable deposit ASAP

2nd Installment April 15th \$45.00

Balance Due May 15th \$45.00

ADDITIONAL INFORMATION:

Depart OLPH at 6:00 am. Showtime is 11:00 am. Return to OLPH 9:00 pm.

CONTACTS: Cheryl Holley 202-491-5779, Kathy Jones 301-404-9254 or Sahon Palmer 301-894-1997.

Email: aux213@gmail.com

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School News

HOLY FAMILY CATHOLIC SCHOOL

2200 Callaway Street Hillcrest Heights, MD 20748

Call 301-894-2323 for all inquiries

Please note that our OLPH Education Fund Assessment 5% of our Sunday Collection prescribed by the Archdiocese of Washington goes directly to Holy Family School.

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UPCOMING Events

The DC Central Kitchen will provide **FREE MEALS** to children 19 and under at THEARC (OUTSIDE) Patio at 1901 Mississippi Avenue, SE between 12 pm-2 pm until March 31st Monday-Friday.



SHARE Food Network: APRIL Menu

OLPH Contact: Gladys Reid Call: 202-575-1663

Orders and Money due by Monday, April 13th

Distribution and Pick-up Saturday, April 25th by 7:00 a.m.

Value Package - \$22.00

Boneless/Skinless Turkey Breast – 2 lb.

Chicken Drumsticks – 3.65 lb.

Ground Beef – 1 lb Eggs -- 1 Dozen.

Plus, 8-12 pounds of freshest fruits

SPECIALS:

Chicken Leg Quarters — \$18.00

10 pounds (2 5 lb bags)

Breaded Shrimp Box— \$29.00

2 – 2.5 lb bags of ovenable or fryer
ready shrimp

Breakfast Box— \$33.00

2 lbs Bacon

2 lbs Pork Sausage

1 lb Frozen Peaches

1 lb Frozen Strawberries

24 Waffles

24 Pancakes

5 lbs Tater Tots



SHARE grows STRONGER with EVERY PURCHASE
SERVING NEIGHBORHOODS FROM BALTIMORE, TO
CHARLES TOWN, TO MANASSAS, TO LEXINGTON PARK,
TO HAMPTON ROADS

CONVENIENT PAYMENT OPTIONS:

Debit/Credit Cards, EBT, Cash/Money Order

Menu items are subject to change.

301.864.3115

800.21.SHARE

SHAREdc.org



March 29, 2020

There are many characters in today's gospel: Jesus, and his disciples, Martha, Mary, Lazarus, and a group of Jews who come to mourn Lazarus' death. But of all these characters, it is Martha who speaks for us. Because Martha expresses in one line a situation that is all too often ours, a situation in which we have lost something that is dear to us and we can do nothing about it. Martha believed that Jesus was a great healer and a miracle-worker, so she was convinced that if Jesus could touch her brother, Lazarus, he would not die. But Jesus arrived too late to do that. He came after Lazarus was dead for four days. Martha says to Jesus, "Lord, if only had you been here, my brother would not have died." If only Jesus had been there. But he was not, and now her brother was gone.

Martha's words of sad acknowledgement illustrate many moments in our own lives, moments that could be captured in the phrase "if only." If only my son did not go out with his friends that night, he would not have been in a traffic accident. If only my daughter did not fall in with that group, she would not be abusing drugs. If only my father did not smoke two packs of cigarettes a day, he would still be alive. If only I had been faithful to my spouse, I would still be married. If only the circumstances were different or the mistakes were not made, this tragedy could have been avoided. "If Only"!

But the circumstances were not different, the mistakes were made, and now we, like Martha, face a tragedy we cannot escape. Martha knows our experiences of submission and regret, and she speaks them to Jesus. But it is good news for us that she does not stop there. Martha adds another line, a line of faith. She says, "Yet even now, I know that whatever you ask of God, God will give you." Martha knows she cannot do anything about her situation alone, her brother is now dead. But her faith in Jesus is real. Martha hands over her life to Jesus. She says, "I know that God will grant you anything you ask." Martha does not tell Jesus what to ask. She trusts in him totally, and he does not disappoint her. In this powerful gospel, Martha moves from the acceptance that nothing can be done to the recognition that God is still able to act. She moves from hopelessness in the face of death to trust in Jesus Christ, who loves her.

And Martha invites us to do the same. As we encounter all the losses and disappointments in our lives, as we grieve over the mistakes we have made, and endure the consequences, as we fret over all the "if-only's" that never happened, Martha invites us to entrust our lives to our Lord and Savior Jesus Christ, the one to whom all things are possible. God glorifies through the miracles of Jesus.

Jesus does not promise us that our beloved dead will come back to earthly life like her brother, Lazarus. Martha suggest that all of our regrets will become happy endings when we trust in Jesus Christ. She reminds us that there is one greater than us and that it is always wise to trust in him.

Today's Gospel reading sends out two messages to those who hear it. Through our living faith in Jesus, all our physical bodies will be raised up at the final resurrection. As we are approaching Easter Sunday, we are called to move from sin to grace. On our Lenten journey we are preparing ourselves by committing to do what is pleasing to God, now and forever. Therefore, let us march forward faithfully in blessed hope. Knowing that our faith in JESUS, will allow us to live.

Martha speaks to us that with God there are no "If-Only." There are only "Not-Yet." So as strange as it sounds, it is right that we the faithful people of God, gather together all that is hopeless and seemingly finished in our lives and turn it over to His son Jesus, and then wait in hushed faithfulness for the Lord to intervene.



What happened next?

Fit the missing words into the blanks.
Then match the events to the pictures.

feet	tomb	stone	walked	Lazarus
roll	Jesus	called	wept	

1. Mary fell at the
_____ of Jesus
and _____.



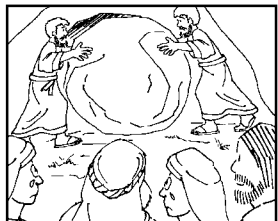
2. Jesus came to the
_____ of
_____.



3. Jesus said to
_____ the
_____ away.



4. _____
_____,
"Lazarus, come out," and
Lazarus _____
out of the tomb.



Ages 7+

March 29, 2020 • John 11:1-45

Jesus Raises Lazarus From the Dead

Mary and Martha's brother Lazarus was dying,
so they called for Jesus, saying:

Find the underlined letters in the picture below.

"Lord, the one You love is sick."



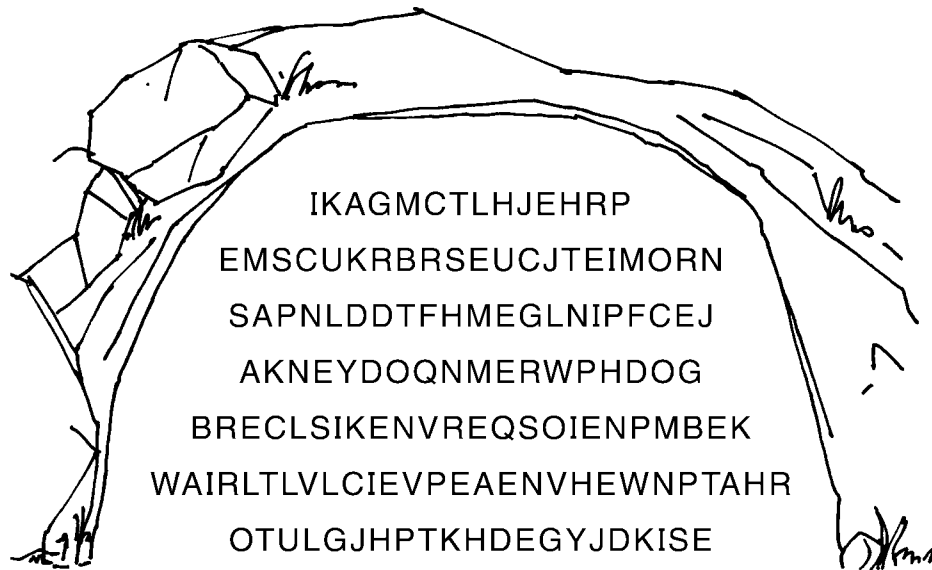
Our Lady of Perpetual Help Roman Catholic Church

1600 Morris Road, SE

Washington, DC 20020

When Jesus arrived, He found that Lazarus had been dead for 4 days. What did Jesus say?

Cross out every other letter, starting with the second letter.
Write the remaining letters on the lines below.



“ _____

_____.

_____, _____

_____.”

Then Jesus asked Martha, “Do you believe this?”
How did Martha answer?

Write the letter in the alphabet that follows each one given below.

Example: $\frac{c}{b}$



“ $\frac{x}{d}$ $\frac{r}{c}$, $\frac{k}{n}$ $\frac{q}{c}$, $\frac{h}{a}$

$\frac{a}{d}$ $\frac{k}{h}$ $\frac{d}{u}$ $\frac{d}{s}$ $\frac{g}{a}$ $\frac{s}{s}$

$\frac{x}{n}$ $\frac{t}{a}$ $\frac{q}{d}$ $\frac{s}{g}$ $\frac{d}{d}$

$\frac{b}{g}$ $\frac{q}{h}$ $\frac{r}{s}$, $\frac{s}{g}$ $\frac{d}{r}$ $\frac{n}{m}$

$\frac{n}{e}$ $\frac{f}{n}$ $\frac{c}{a}$, $\frac{v}{g}$ $\frac{n}{v}$ $\frac{r}{r}$

$\frac{s}{n}$ $\frac{b}{n}$ $\frac{l}{d}$ $\frac{h}{m}$ $\frac{s}{n}$

$\frac{s}{g}$ $\frac{d}{v}$ $\frac{n}{q}$ $\frac{k}{c}$.”