

Sixteenth Sunday in Ordinary Time – July 19, 2020
Our Lady of Perpetual Help Roman Catholic Church



Web Site: www.olphsedc.com

Josephite Fathers and Brothers

1600 Morris Road, SE Washington, DC 20020

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Emergency Telephone Number: 409-963-5633

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PARISH STAFF

Very Rev. Michael L. Thompson, SSJ, Pastor

Deacons: Ira Chase, Thomas Jones, and Timothy Tilghman

Administrative Assistant: Mrs. Bernice Waller

Director of Religious Education: Ms. Cynthia Battle

Phone: 202-678-4999 Email: cdbattle@yahoo.com

Finance Council Chair: Mrs. Bonita Boulware

Phone 301-758-3768 Email: bhboul@aol.com

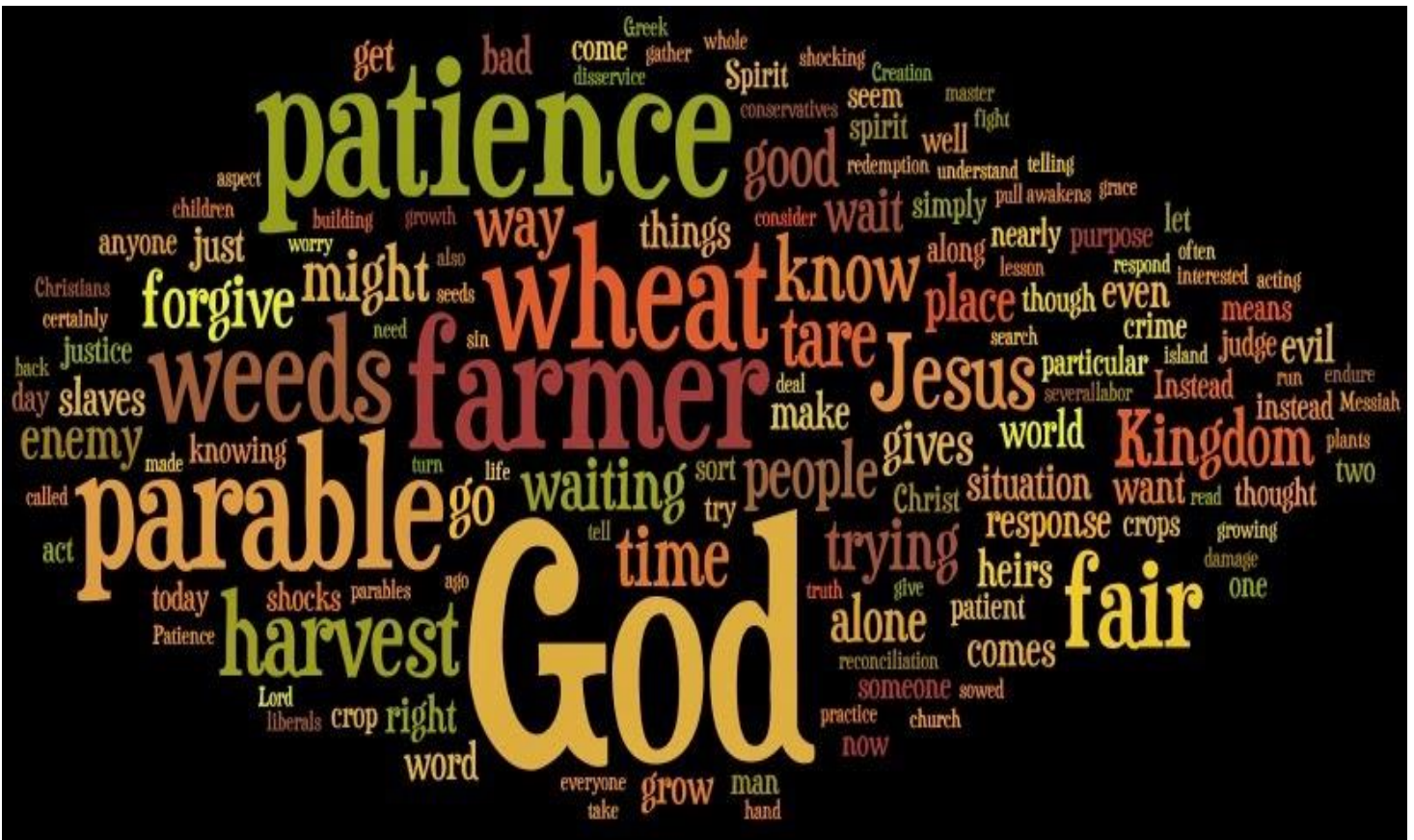
Pastoral Council Chair: Ms. Alecia Whren

Phone 202-246-1960 Email: aletciawhren@gmail.com

Ministers of Music: Mr. Rawn Harbor, Director

Mr. Dehrric Richburg, Mr. George Stewart,

Ms. Debra Tidwell, Ms. Melanie Cobb



Newcomers & Visitors: Welcome to “The Church on the Hill”!

Thank you for worshipping with us today. May you be blessed with hope, joy, love and peace while here!

Should you want to join our parish family please contact a Minister of Hospitality, Priest,

or call the Rectory. Again, Welcome!

OLPH History, Mission Statement, Vision Statement and Core Values

Matthew 28:18-20:

The Commissioning of the Disciples

Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age."

Our Lady of Perpetual Help Parish has a rich, black cultural history. From its formation in 1920, the Black Catholics of Anacostia contributed to its development and growth through their sacrifices of time, talent, skills and funds to provide a parish plant of their own. Thus, the uniqueness of Our Lady of Perpetual Help Parish places it in a leadership position to interact with other Black and non-black parishes in utilizing the gifts of Black spirituality through music, dance, education, and special action.

MISSION STATEMENT: We, the people, of Our Lady of Perpetual Help Parish, therefore, acknowledge that our Pastoral Mission is to **proclaim** Christ and **teach** the "Good News", to **worship** and **bear witness** in the community, to **love and serve** as Jesus commanded, and to **preserve and share** our rich Black heritage.

VISION STATEMENT: "A Roman Catholic church that is actively visible in the Community, shares its spirituality through fellowship, and is committed to serving God."

CORE VALUES

BUILDING RELATIONSHIPS: We will always speak the truth, respect the opinions and roles of all parishioners, and value each person, always maintaining Christian charity in all of our actions.

SPIRITUAL GROWTH: We will seek to increase the understanding of our Catholic faith and expand our spiritual growth by participating in and supporting charitable and spiritual activities, in addition to attending Mass.

STEWARDSHIP: We will become involved in church activities and commit our time, talent and treasures.

INCLUSION: We will be open and inviting by extending ourselves to all by sharing in our parish life; thereby, reaffirming our vision of being actively visible in the community.

LEGACY: We will preserve our rich Black cultural history by respecting the past, continuing in service and faith in the present, and committing to the future of OLPH.

Mass Intentions FOR THE WEEK

Mass Intentions are available for the faithful departed and the needs of the living. In addition, every weekend one Mass is offered for the parishioners of our parish.

Call the office to request a Mass intention.

An offering of \$10 is suggested.

Memorials are noted by: † Indicates **Deceased**

BD means **Birthday** **AD** means **Anniversary of Death**

Sunday (19th)

10:00 am For the People of OLPH

Monday (20th)

8:00 am St. Joseph's Ladies Auxiliary No.213, KOSJI

Tuesday (21st)

8:00 am †BD Bernard Hall

By his niece Joan Jackson

Wednesday (22nd)

8:00 am †Constance Dunnington

By Sahon Palmer

Thursday (23rd)

8:00 am †Thomas "Phil" Ford

By Sahon Palmer

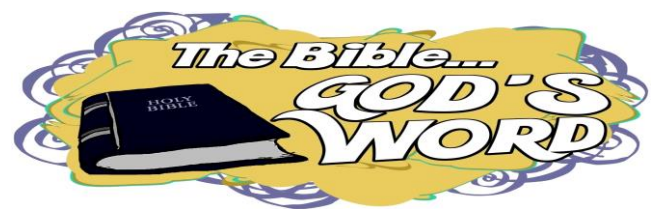
Friday (24th)

8:00 am †BD Aurelia C. Smith

By her daughter Toni Gaines

Sunday (26th)

10:00 am For the People of OLPH



17th Sunday in Ordinary Time July 26, 2020

1st Reading: 1 Kings 3:5,7-12

Responsorial Psalm 119:57,72,76-77,127-130

2nd Reading: Romans 8:28-30

Gospel Reading: Matthew 13:44-52

Quote for the Week

"Many look upon an angry outburst as a demonstration of strength. They fail to recognize that strength is manifested by self-control."

The Week Ahead

CH: Church **CHG:** Church Grounds **REC:** Rectory
1P/3P: First/Third Portable Building **PR:** Panorama Room
PRF(S)(G): Panorama Room Field (Stage) (Grounds)
WSG: Washington School for Girls

Sunday, July 19th:

10:00 am Mass

Tuesday, July 21st:

LOC Food Pantry Pick-Up

Wednesday, July 22nd:

Feast of Saint Mary Magdalene

Mary Magdalene is a major figure in Christianity who is said to have witnessed Jesus' crucifixion and resurrection. She is named at least 12 times within the four Gospels and was one of Jesus' most loyal followers who remained devoted to him (after he delivered her from seven demons) till the very end and supported him in his final moments as he was being crucified. She was also the first to discover his empty tomb and witness the resurrection of Jesus—John 20 and Mark 16:9 specifically name her as the first person to see Jesus after his resurrection. Except for the Mother of Our Lord, few women are more honored in the Bible. She is the patroness of converts, repentant sinners, sexual temptation, pharmacists, tanners and women, and many other places and causes.

Thursday, July 23rd:

10:30 am LOC Food Pantry – 3P

Saturday, July 25th

Feast of Saint James, Apostle

James the Great also known as James, son of Zebedee, or as Saint James the Greater; was one of the twelve Apostles of Jesus according to the New Testament. James is described as one of the first disciples to join Jesus and was a loyal disciple of Jesus. He apparently had outstanding personal qualities that are not detailed in Scripture, because his character made him one of Jesus' favorites. He proclaimed the gospel after Jesus' resurrection and was martyred for his faith. James' zeal for Jesus resulted in his being the first of the 12 apostles to be martyred. He was killed with the sword on order of King Herod Agrippa I of Judea, about 44 A.D., in a general persecution of the early church.

Sunday, July 26th:

10:00 am Mass



**MASSSES WILL BE LIVE-STREAMED
ON THE OLPH WEBSITE OR GO TO
<https://facebook.com/OurLadyofPerpetualHelp.DC>**

Sunday 10:00 am

Monday-Friday 8:00 am

A Prayer That Can Be Offered At Communion:

"My Jesus, I believe that you are present in the Most Blessed Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there, and unite myself wholly to you. Never permit me to be separated from you. Amen."

Mass Intentions

The greatest gifts we can give to each other,
is to pray for one another.

8:00 am Weekday Masses are available for you to offer prayers for your family, friends and yourself.

Contact the Rectory for available dates. If you previously requested a date on Saturday or Sunday, your date will be moved to the closest day.

**Remember ALL Sunday Masses will be offered
For the People of OLPH.**

LOC PICK-UP ON JULY 21, 2020

The Ladies of Charity has a large order to be picked up from **Save-A-Lot Grocery Store**
Forestville Plaza Shopping Center
7782 Marlboro Pike

NEEDED: VOLUNTEERS WITH A TRUCK OR SUV. Please contact Gladys Reid at 202-575-1663 if you are available. Time to be determined for pick-up.

PANORAMA ROOM REMAINS CLOSED

Study ^{the} Bible with us

Tuesday Nights when we resume.

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Collections last week: \$7,734.49

Many thanks to all OLPH parishioners for sending in your tithes and offerings. You may continue to remit your offerings via mail (Attention Mrs. Waller), pay on-line or dropped off at the office. Your continued support of our parish is greatly appreciated. Thank you in advance.

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Church Directory

UPDATE

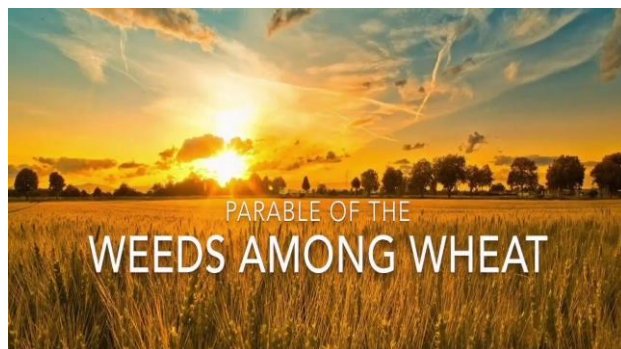
Please contact the parish office to update your record with any **name changes, address changes, new email address or new phone numbers or with any additions to the family.** If you have a family member listed as a dependent and they are now married or self-sufficient please let us know as they need to register on their own.

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Prayer For All Recently Deceased Family and Friends of OLPH

In your hands, O Lord, we humbly entrust our brothers and sisters. In this life you embraced them with your tender love; deliver them now from every evil and bid them eternal rest. The old order has passed away; welcome them into paradise, where there will be no sorrow, no weeping or pain, but fullness of peace and joy with your Son and the Holy Spirit forever and ever. Amen.

SPIRITUALITY



Taken together, the parables found in today's Gospel offer both a sobering reminder about the Kingdom of God and words of encouragement. As the wheat and the weeds must grow together until the harvest, so we may not know whether our actions contribute to God's Kingdom until God's final judgment. With this word of caution in mind, we act always in prayer that our actions will be consistent with God's plans. In the parables of the mustard seed and the yeast, we hear words of encouragement. God can bring the Kingdom of Heaven from even the smallest of beginnings. Thus, we ask God to work through us for the sake of the Kingdom of Heaven. Set aside some time this week to make bread with your family. Show the amount of yeast that is required to raise an entire batch of bread. Observe that little things can go a long way. After the bread has been baked, gather together as a family. Read together today's Gospel, Matthew 13:24-43. Reflect together on what Jesus means when he teaches that the Kingdom of Heaven is like a mustard seed and like yeast. In these parables, Jesus is teaching us that God can work wonders from even the smallest beginnings of the Kingdom of God. This means that even the little things that we do can make a big difference in the lives of others. What are some of the little things that we can do in our family that help to make things better for others? Decide on one action to take together. Pray that God will use your action to make a difference in the world. Pray together the Lord's Prayer.



Alex & Beverly Ford 50th on July 18th
Babie & Chigozie Oruskwe 21st on July 18th



21st Terneara Carter
24th Carolyn Alston William (Bill) Alston
25th Amanda Tucker
26th Rose Thurston
29th John Hawkins, Sr.
30th Warren Newton
31st Sherwood Armstrong, III Judith Chase

How to PRAY

Praise

Thank God for His Goodness

Repent

Confess your sins

Ask

Ask God to meet your needs
and the needs of others

Yield

Agree with God to have
His way in your life

Parishioners who are sick or homebound and unable to attend Mass on Sunday may request to receive the Eucharist. Even if you are ill for a short period of time you are most welcome to receive a home visit. **Please call the Parish Office to make arrangements.**



Remembering Our Homebound Members

HOMEBOUND, **HOSPITALS and/or *NURSING/REHAB
*Nettie Biscoe, *Sonnie Boulware, John Brown, Lorraine Brown, Shelia Conway, Roberta Dade-Young, Agnes Dua, *Cordella Gough, Elease Gravett, *Michael Holley, Ruth Holt, Hilda Kearney, *Geraldine Lee, *Vincent Matthews, Antoinette Reese, and Kobe Williams.

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God Truly Answers Prayers

O Lord our God, thank You that you know our every need. You have promised that you will give strength to the weary and increase the power of the weak. Please help us to draw on your strength as we feel weak, to receive your healing when we feel pain and to know your comfort in the midst of our distress. You are the God of endurance and encouragement. Help us to live in perfect harmony with you and glorify you with our thoughts, words and deeds. We pray that You will lay your healing hands upon all those who are sick. We beg You to have compassion on all those who are suffering so that they may be delivered from their unfortunate circumstances. In Jesus Christ, our Lord.
Amen.

Prayer Requests

Evelyn Akoto	Marcia Marlene Oliver
Margo Cooke	Lorraine Parker-Miller
Toni Gaines	Nicole Shaw
LaShawn Gaines	Bernadette Waters
Sylvia Lloyd	Carolyn Wheeler
Elizabeth Moeller	Earline Wilkinson

PARISHIONER TIDBITS

What is intercessory prayer? Intercessory prayer is where we make requests to God on behalf of other people.

Who should we pray for? The bible exhorts us to intercede for all types of groups and people: church leaders, those in authority (managers, politicians, and anyone in a position of power in society); those who are ill; family and friends; enemies and those who mistreat or persecute us; **all people should be prayed for.**

ENTERING THE HOSPITAL? Parishioners planning to enter the hospital are encouraged to receive the **Sacrament of the Sick** prior to admission. Because of privacy laws, hospitals no longer notify parishes of a parishioner's stay. **Please notify the Rectory** of the name of person, hospital and room number, also **when the person returns home.**

We would like to keep a current listing only. Please contact Doris Savoy via email or call the Rectory when a **request to add** as well as the **request to remove** a name.

POPE FRANCIS' FIVE FINGER PRAYER



INDEX FINGER
FOR THE ONES
THAT TEACH US

For those who instruct you and heal you. They need the support and wisdom to show direction to others.



MIDDLE FINGER
FOR OUR
GOVERNORS

As it is the tallest finger, it reminds us of our leaders, the governors and those who have authority.



RING FINGER
FOR THE SICK
AND WEAKEST

It is our weakest finger. It reminds us to pray for the weakest, the sick or those plagued by problems.



THE THUMB
FOR THE ONES
WE LOVE

Start praying for those who are closest to you. They are the easiest to remember.



THE PINKY
PRAY FOR
YOURSELF

The smallest finger-should remind you to pray for your own needs when you are done praying for the other four groups.



DC CENSUS
2020

Your Response Is Required By Law!!!

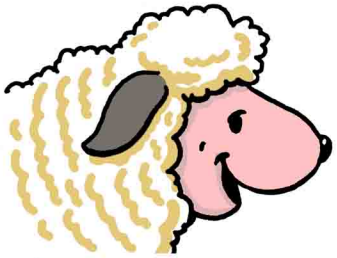
**DC needs a fair and accurate 2020 census count.
Currently DC is lacking especially
in our SE DC area.**

Don't Delay!! Fill Out the Census Form NOW!

Please fill in your form received in the mail, or you may go to the website on-line to register at: <http://2020census.gov>.

A Deadline for submission was moved to October 31, 2020; however we are URGING you to fill in the form ASAP. The form is very easy to fill in.

BE
COUNTED



Then Jesus said the Son of Man would send special messengers out at the end of the age. What are they?

Write the word that means the opposite of the one given.
The letters in the boxes spell the answer.

sad

old

boys

odd

hate

future



"The Son of Man
will send out
His

_____!"

Ages 7+

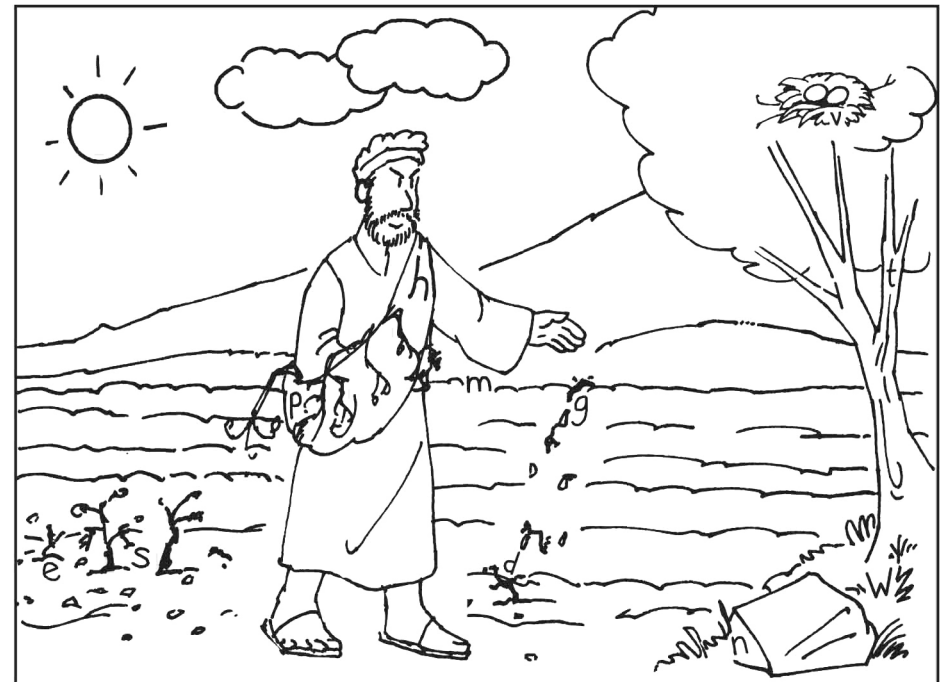
July 19, 2020 • Matthew 13:24-30, 36-43

The Parable of the Weeds

Jesus said, "The kingdom of Heaven is like a man who sowed good seed in his field." But then something happened.

Find the underlined letters in the picture below.

While everyone was sleeping, the man's enemy came and sowed weeds among the wheat.



Our Lady of Perpetual Help Roman Catholic Church
1600 Morris Road, SE
Washington, DC 20020

What happened next?

Use the code
to fill in the blanks.

◻	A	S	D	L	I
▽	N	V	J	Y	R
△	E	M	G	B	Z
◻	U	F	W	T	O
◻	H	P	C	K	F
	○	♥	☆	◻	◇

☆◻ ○◻ ○△ ○▽

△◻ ○◻ ○△ ☆◻ ○◻ ○△ ○◻ △◻

♥◻ ♥◻ ◇▽ ◇◻ ○◻ △◻ ○△ ☆◻ ○◻ ○▽ ☆◻

♥◻ ◇◻ ◇▽ ♥△ ○△ ☆◻ ○◻ ○△ ○◻ ☆◻ ♥◻,

△◻ ○◻ ○△ ○▽ △◻ ○◻ ○△

☆◻ ○△ ○△ ☆◻ ♥◻ ○◻ △◻ ♥◻ ◇◻

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◇▽ ○△ ♥◻ △◻ ◇◻ ○△ ☆◻

The servant offered to pull the weeds, but the man said no, because the wheat might be rooted up as well. Then Jesus explained the parable.

Unscramble the phrases on the left. Then solve the math problems to match the answers. Follow the example.

1. onS fo Mna

Son of Man

2. odlwr

3. teh eplope fo het nmdikgo

4. eht leeppo fo teh veli neo

5. vldie

6. eth nde fo eht ega

7. lagnaes

8 - 6
The field

2 + 3
The enemy who sows the weeds

10 - 6
The weeds

7 - 4
The good seed

8 - 7
The One Who sowed the good seed

3 + 3
The harvest

2 + 5
The harvesters