

Feast of the Exaltation of the Cross – September 14, 2025

Our Lady of Perpetual Help Roman Catholic Church



Josephite Fathers and Brothers

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Join us Live-Stream: YouTube <https://www.youtube.com/@OurLadyofPerpetualHelpSEDC>
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PARISH STAFF

Very Rev. Cornelius K. Ejiogu, SSJ, Pastor

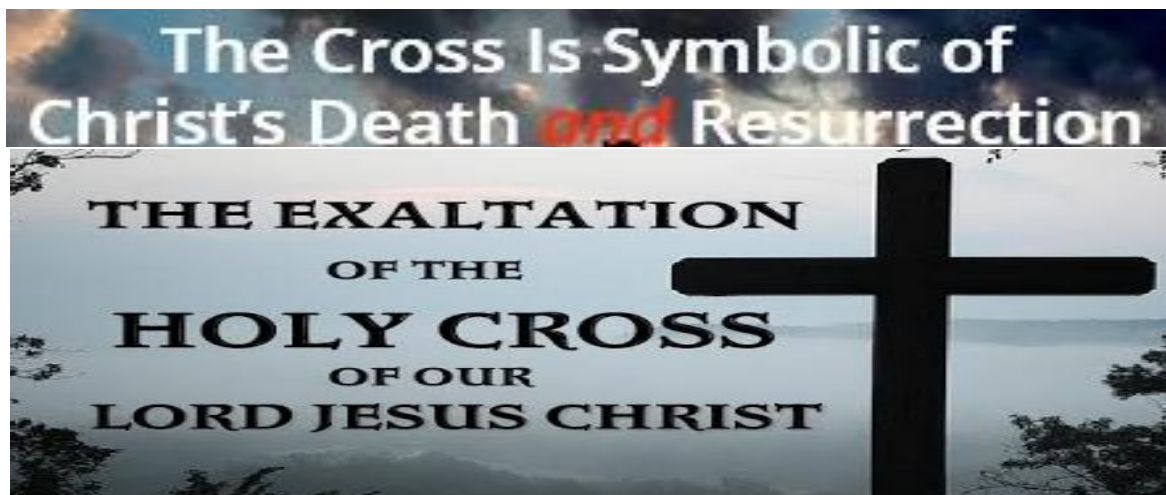
Deacons: Ira Chase and Thomas Jones

Administrative Assistant: Mrs. Bernice Waller

Director of Faith Formation: Ms. Cynthia Battle

Director of Music: Mr. Rawn Harbor

Welcome Seminarians: Alexander Lema and Lawrence Omatola



This feast traces its beginning to Jerusalem and the dedication of the church built on the site of Mount Calvary in 335. But the meaning of the cross is deeper than any city, any celebration, any building. The cross is a sign of suffering, a sign of human cruelty at its worst. But by Christ's love shown in the Paschal Mystery, it has become the sign of triumph and victory, the sign of God, who is love itself.

Newcomers & Visitors: Welcome to "The Church on the Hill"!

Thank you for worshipping with us today. May you be blessed with hope, joy, love, and peace while here! Should you want to join our parish family please contact a Minister of Hospitality, Priest, or call the Rectory for a Registration Form. **Again, Welcome!**

PARISH OFFICE HOURS**Monday-Thursday 9:00 am-4:00 pm**

(Lunch Hour 12:30-1:30 pm)

OFFICE CLOSED: FRIDAY & SATURDAY**MASSES ARE LIVE STREAMED ON THE
OLPH WEBSITE****Sunday 10:00 am Monday-Thursday 8:00 am****Saturday 4:30 pm Mass not Live Streamed****Mass Intentions may not be made on
Solemnities, Fridays, Saturdays nor Sundays.
Mass Stipend Donation is \$10.00****Contact Doris Savoy in the Rectory, Ext. 2,
or email dsavoy0642@aol.com.**

SUNDAY DONUTS**Sunday fellowship with donuts and coffee
will be held on the 2nd and 3rd Sundays ONLY.****The Knights of St. John Commandery #286
covers every 2nd Sunday.****Organizations and/or Ministries, please
contact Millicent Hawkins to advise when you
will be able to assist on the 3rd Sundays.****Memorials are noted by ✚ indicates deceased
BD means Birthday AD means Anniversary of death****Sunday (14th)****10:00 am For the People****Monday (15th)****8:00 am Deacon Ira Chase****40th Anniversary of his Diaconate Ordination****By Judy Chase****Tuesday (16th)****8:00 am ✚ James Ramey, Sr.****By Sahon Palmer****Wednesday (17th)****8:00 am BD Patricia Brown****By Her Children****Thursday (18th)****8:00 am BD Alice Whitaker****By Dianna Ledbetter****Quote of the Week***I must always remember that what I say or do
today may have an effect on my tomorrows.***Tuesday Night Virtual Bible Study****with Deacon Ira Chase at 6:30 pm****Studying Romans**<https://us02web.zoom.us/j/86481398261?pwd=OHNBc2ZGdXh6WEtZcHVhS1pDZHg5UT09>**2ZGdXh6WEtZcHVhS1pDZHg5UT09****Meeting ID: 864 813 98261****Passcode: 509931****Wednesday Night Live Stream Bible Study****with Father Cornelius at 6:00 pm****Studying Micah****Twenty-Fifth Sunday in Ordinary Time****September 21, 2025****First Reading: Amos 8:4-7****Responsorial Psalm 113: 1-2,4-6,7-8****Second Reading: 1 Timothy 2:1-8****Gospel Reading: Luke 16:1-13****Collections Last Weekend Total \$8,234.00****Thanks to all OLPH parishioners for sending in your
tithes and offerings. Please Note the amount
recorded here is from envelopes marked****“My Sacrificial Gift” only.****Special envelopes are not tithes. The amount you
put into those envelopes is recorded and provided to
you in your Annual Contribution Statements.****FYI: If you send in envelopes for several months at a
time, please note we cannot back date your tithes.
They can only be recorded on the actual date you
submit them.**

**September Monthly Prayer From the Pope
For Our Relationship With All Of Creation****Let us pray that, inspired by Saint Francis, we
might experience our interdependence with all
creatures who are loved by God and worthy of
love and respect.**

Church Announcements

Sunday, September 14th:

10:00 am Mass

Faith Formation Registrations in the PR after Mass

Monday, September 15th:

Memorial of Our Lady of Sorrows

This commemorates the seven great sorrows which Mary lived in relation to Her Son, as they are recorded in the Gospels or through Tradition. On this feast day, we are invited to reflect on Mary's deep suffering: flight of the Holy Family into Egypt; the loss and finding of the child Jesus in the Temple; Mary's meeting of Jesus on His way to Calvary; Mary's standing at the foot of the cross when our Lord was crucified; her holding of Jesus when He was taken down from the cross; and then our Lord's burial.

Tuesday, September 16th:

Memorial of Saints Cornelius, Pope, and Cyprian, Bishop, Martyrs

There's a beautiful history found in these valiant men, filled with abundant lessons for us all that include firmness in professing the faith, orthodoxy, and unity among the People of God.



LET'S GET MOVING: The Panorama Jammer Line Dance Class will be starting back Tuesday, September 16th at 12:30 pm. Questions? Contact Nicky Wilkinson on 202-253-6733.

Thursday, September 18th:

10:30-12:30 LOC FOOD PANTRY

Friday, September 19th:

10:00 am Memorial Mass

For Melvin James Goode, Jr.

Saturday, September 20th:

Memorial of Saints Andrew Kim Taegon, Paul Chong Hasang, and Companions

During the terrible persecutions that occurred in the 19th century (in 1839, 1866, and 1867), one hundred and three members of the Christian community gave their lives as martyrs. Outstanding among these witnesses to the faith were the first Korean priest and pastor, Andrew Kim Taegon, and the lay apostle, Paul Chong Hasang. Among the other martyrs were a few bishops and priests, but for the most part lay people, men and women, married and unmarried, children, young people, and the elderly. All suffered greatly for the Faith and consecrated the rich beginnings of the Church of Korea with their blood as martyrs. Pope John Paul II, during his trip to Korea, canonized these martyrs on May 6, 1984, and inserted their feast into the Calendar of the Universal Church.

4:30 pm Mass

Sunday, September 21st:

8:45 am Sunday School

10:00 am Mass



HOMEBOUND, **HOSPITAL, or *NURSING/REHAB

Alice Bethea, *Robert Barden, Carolyn Brown, Hilda Brown, Agnes Dua, *Jerome Hall, Edward Glover, *Cordella Gough, *Agnes Maxine Hart, **Vincent Jordan, Deborah Ogarro Kelly, *Edith Lee, Marie Lucas, *Helene Matthews, David McNeill, Deborah McNeill, Gloria Ann Moore, Rose Quander-Nevedon, Antoinette Reese, *Cynthia Salter-Stith, *Amy Scroggins, George Shearard, *Sudie Shelton, Augustine Thomas, New-Velvet Washington, and Kobe Williams



Clement Akoto, Evelyn Akoto, Lisa Alexander, Valarie Ashley, Frances Battle, Barbara Billings-Leftwich, Charlotte Blount-Lewis, John X. Briscoe, Sr., Michelle Brookings-Cheek, Thomas Henry Brooks, Selena Brown, Millicent Brown-Howard, Ronald Burton, Demarquis Carter, Dorita Carter, Louis Carter, Terneara Carter, Deacon Ira Chase, Judy Chase, William Clemons, Alberta Colbert, Carla Coleman, Margo Cooke, Roberta Dade-Young, Judith Dean, Sterling Dolman, Anne Donelson, Alvin Durham, Beverly Ford, Salim Franklin, Betty Franklin-Swammy, Toni Gaines, LaShawn Gaines, Sy Gaines, Eva Galloway, Bradley Gant, Dexter Goodwyn, Betty Graham, David Malcolm Greene, David Gross, Kathy Gross, Carlene Hawkins, Larry Holloway, Sr., Michael Howard, Lela Hagan, John Hawkins, Sr., Ken Houston, Crystal Jackson, Kathy Jones, Deacon Thomas Jones, Louis Jones, James King, Jessica King, Betty Lawson, Dianna Ledbetter, Crystal Marsh, Jeffrey Marshall, Shirel Marshall, Ngoki Masembwa, John Mason, Joseph Mason, Winifred Mason, Carolyn Matthews-Alston, Justine Middleton, Danielle Mitchell, Maurice Moody, Henrietta Moody, Yvonne Moody, Gloria V. Moore, Milton Morgan, Travia Neverdon-Stone, Dorethia Newby, Warren Newton, Marcia Marlene Oliver, Terrance Oxyner, Bettina Penny, Diane Penny, Lawrence (Lonnie) Penny, Marvin Penny, Pam Penny, Theresa Penny, Tina Penny, Yvonne Peterson, Deidre Dorsey Point, Brenda Price, Katalina Quander-Masembwa, Bishop John H. Ricard, SSJ, Demetria Savoy, Julia Melva Scott, Madeline Scott, Bernadette Smith, Clementine Smith-Easley, Delores (Polly) Smith, Vivian Staples, George Stewart, Donna Stewart-Moore, Michelle Stone, Kendra Tinsley, Joseph Thomas, Rose Thurston, Debra Tidwell-Peters, Juanita White, Nicky Wilkinson, Christal Williams, Brian Yeldell and Raymond Young



Dear Lord, we are believers in your blessed name, and we come as one family to ask you to allow all government officials to have knowledge and wisdom in the things they do. Let the world see our country as a model of unity and harmony. Let all actions be in accordance with your will. All these prayers for our nation are prayed in the name of Jesus.



14th Betty Swammy
 16th Eric Wheeler Fran Thomas
 17th Patricia Brown Christian Hill Sherie Tazewell
 20th Yvonne Boggs
 23rd Kelly Tucker



Lawrence & Jacqueline Ford 62nd on September 13th
 Frederick & Ruth Elliott 57th on September 14th
 Gregory & Courtney Jackson 9th on September 17th
 Bruce & JoAnn Younger 32nd on September 18th
 Paul & Beverly Minor 38th on September 19th

*A Very Special
 "Thank You!"*

The Family of Hewitt Wilkinson would like to Thank You for your many acts of love and kindness. We deeply appreciate the support you've shown us during this difficult time.



Now it is that time of the year to submit your prayer requests for the Annual East of the River Revival. Slips of paper are available on the table in the rear of church and a basket is on the altar under the Acacia tree. Prayers will be lifted up each day at the Revival.

LITURGICAL MINISTRIES MEETING

If you serve as a Lector, Eucharistic Minister, Minister of Hospitality, Altar Server (KOTA), Commentator, and Environment Ministry, there will be a mandatory meeting on **Monday, September 22nd** in the Panorama Room.

Dinner at 6:00 pm
 Meeting promptly at 6:30 pm

From the Pastor's Desk

The Transforming Power of the Cross

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. John 3:16-17

If Jesus would never have given His life on a cross for the salvation of the world, then a cross would never have been seen in "exultation." A cross, in and of itself, is an instrument of death, a horrific and violent death. It's also an instrument of humiliation and torture. Yet, today, the Cross is seen as a holy and blessed object. We hang crosses in our homes, wear them around our neck, keep them in our pocket on the end of the rosary, and spend time in prayer before them. The Cross is now an exalted image by which we turn to God in prayer and surrender. But that is only the case because it was on a cross that we were saved and brought to eternal life.

If you step back and consider the amazing truth that one of the worst instruments of torture and death is now seen as one of the holiest of images on earth, it should be awe inspiring. Comprehending this fact should lead us to the realization that God can do anything and everything. God can use the worst and transform it into the best. He can use death to bring forth life.

Though our celebration today, the "Feast of the Exaltation of the Holy Cross," is first and foremost a feast by which we give glory to the Father for what He did in the Person of His divine Son, it is also a feast by which we must humbly understand that God can "exalt" every cross we endure in life and bring forth much grace through them.

Reflect, today, upon your own crosses. As you do, try not to see them as a burden. Instead, realize the potential within those crosses. Prayerfully look at your crosses as invitations to share in Christ's Cross. Say "Yes" to your crosses. Choose them freely. Unite them to Christ's Cross. As you do, have hope that God's glory will come forth in your life and in the world through your free embrace of them. Know that these "burdens" will be transformed and become a source of exaltation in your life by the transforming power of God.

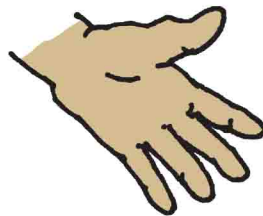
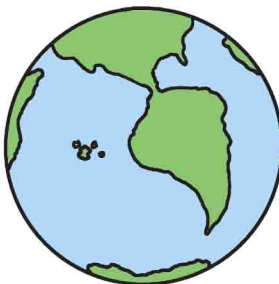
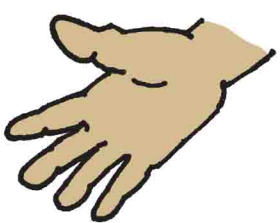
Congratulations to
Fr. Simon Peter Engurait
 who, on September 5, 2025 was installed
Bishop of Houma-Thibodaux. He is the
 first native African Catholic prelate in
 mainland US.



What else does
this Scripture say?

Unscramble the missing words to fill in the blanks.

“ _____ odG _____ ddi _____ ton
_____ dens _____ sHi _____ nSo _____ tnio
_____ eht _____ rldow _____ to _____ ndmnceo
the _____, _____ to _____
_____ dlwro _____ tbu _____ vesa
the world _____ rhgohtu _____ miH.”



Ages 7+

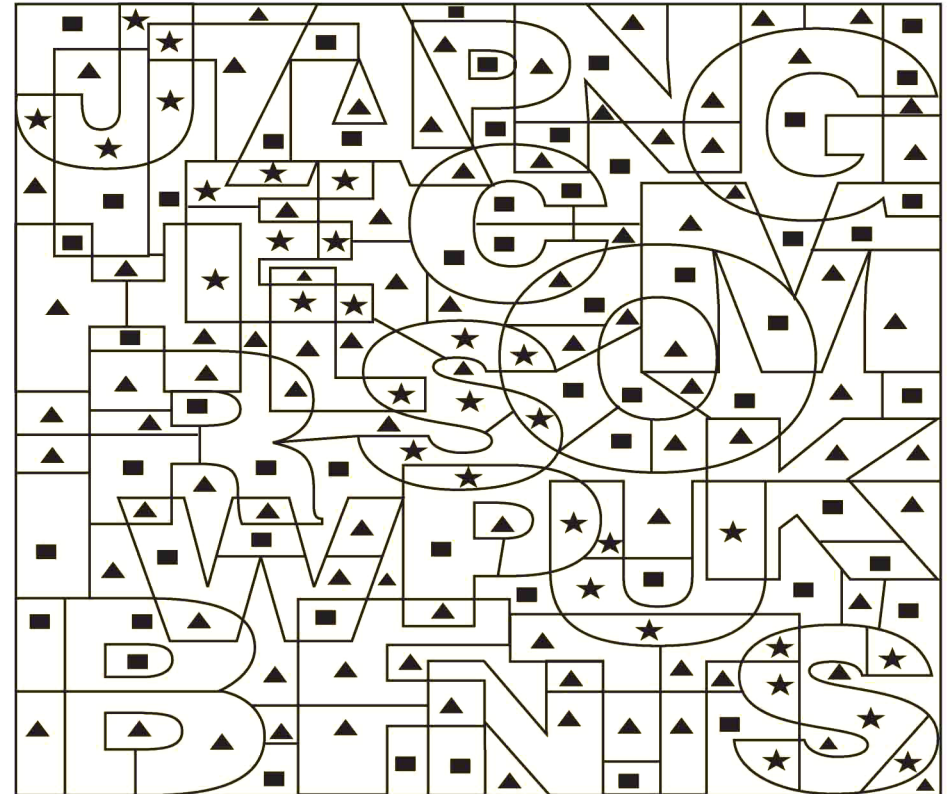
September 14, 2025 • John 3:13-17

God Loves the World

Jesus said, “Just as Moses lifted up the snake
in the desert, so the Son of Man must be lifted up.”

Who is the Son of Man?

Shade in the shapes with a ★ to find the name.



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What will everyone who believes
in the Son of Man receive?

Write the letter that is missing in each sequence.
Then connect the dots.

cd fgh ____

pq rsu ____

bcd fg ____

qst uv ____

lm opq ____

xyz bc ____

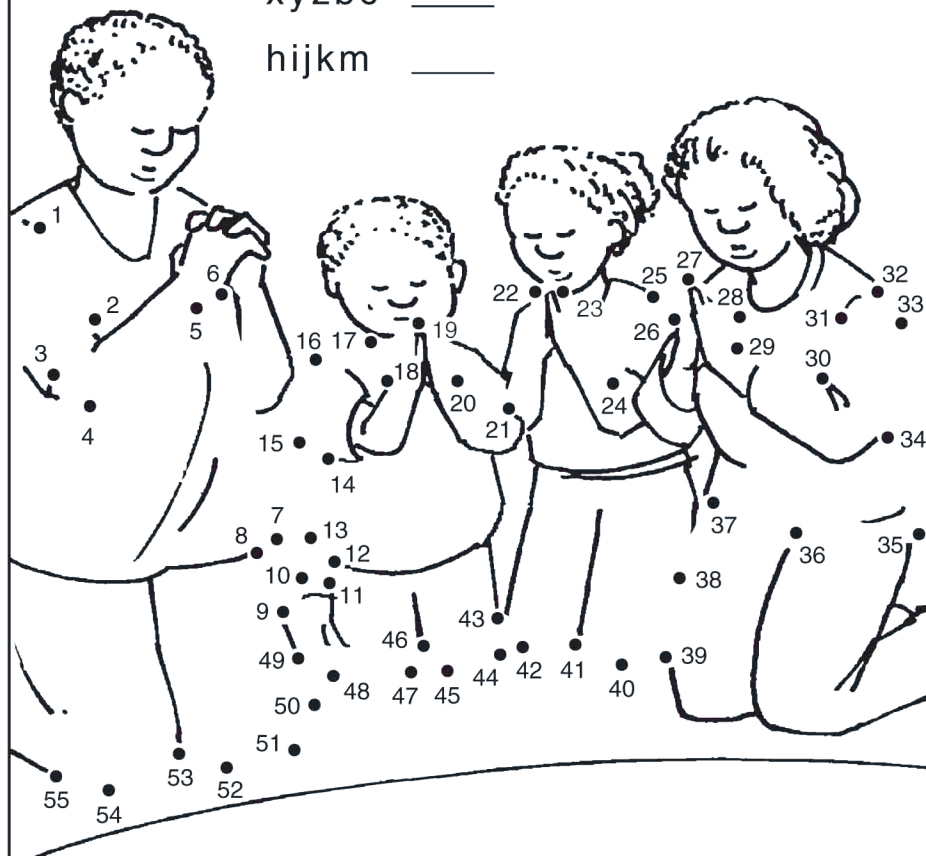
hij km ____

jkmno ____

hijklm ____

cde gh ____

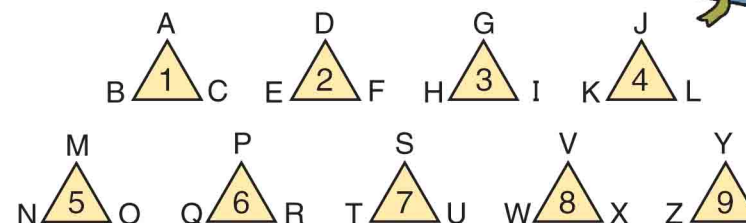
dfe ghi ____



This Scripture contains a very well-known
verse. Can you find John 3:16?



Use this code to fill in the blanks:



2 5 6 3 5 2 7 5

4 5 8 2 2 7 3 2

8 5 6 4 2 7 3 1 7

3 2 3 1 8 2 3 3 7

5 5 4 9 7 5 5

7 3 1 7 8 3 5 2 8 2 6

1 2 4 3 2 8 2 7 3 5

3 3 5 7 3 1 4 4 5 5 7

6 2 6 3 7 3 1 7 7

3 1 8 2 2 7 2 6 5 1 4

4 3 2 2