

FOURTH SUNDAY IN ORDINARY TIME
FEBRUARY 1 2026 – BLACK HISTORY MONTH
National Day of Prayer for the African American and African Family
Our Lady of Perpetual Help Roman Catholic Church



Josephite Fathers and Brothers

1600 Morris Road, SE
Phone 202-678-4999

Washington, DC 20020
Fax 202-610-3189

Web Site: www.olphsedc.com

Email: olphsedc@gmail.com

Join us Live-Stream: YouTube <https://www.youtube.com/@OurLadyofPerpetualHelpSEDC>
Facebook <https://www.facebook.com/OurLadyofPerpetualHelp.DC>

PARISH STAFF

Very Rev. Cornelius K. Ejiogu, SSJ, Pastor

Deacons: Ira Chase and Thomas Jones

Administrative Assistant: Mrs. Bernice Waller
Director of Music: Mr. Rawn Harbor

Director of Faith Formation: Ms. Cynthia Battle
Youth Choir Director: Melanie Cobb

Seminarian Lawrence Omatola

THE SERMON ON THE MOUNT



Newcomers & Visitors: Welcome to “The Church on the Hill”!

Thank you for worshipping with us today. May you be blessed with hope, joy, love, and peace while here! Should you want to join our parish family please contact a Minister of Hospitality, Priest, or call the Rectory for a Registration Form. **Again, Welcome!**

PARISH OFFICE HOURS**Monday-Thursday 9:00 am-4:00 pm**

(Lunch Hour 12:30-1:30 pm)

OFFICE CLOSED: FRIDAY & SATURDAY**MASSES ARE LIVE STREAMED ON THE
OLPH WEBSITE****Sunday 10:00 am Monday-Thursday 8:00 am****Saturday 4:30 pm Mass not Live Streamed****Mass Intentions may not be made on
Solemnities, Fridays, Saturdays nor Sundays.
Mass Stipend Donation is \$10.00****Contact Doris Savoy in the Rectory, Ext. 2,
or email dsavoy0642@aol.com.**

SUNDAY DONUTS**Sunday fellowship with donuts and coffee
will be held on the 2nd and 3rd Sundays ONLY.****Organizations and/or Ministries, PLEASE
contact Millicent Hawkins to advise when you
will be able to assist on the 3rd Sundays.****Memorials are noted by + indicates deceased
BD means Birthday AD means Anniversary of death****Sunday (1st)****10:00 am For the People****Monday (2nd)****8:00 am +Lloyd Stewart****By Patricia Stewart-Brown and Family****Tuesday (3rd)****8:00 am +Bertha Stewart****By Patricia Stewart-Brown and Family****Wednesday (4th)****8:00 am +Alex Pretti (Minneapolis, MS)****By Gloria A. Lessington****Thursday (5th)****8:00 am Vy. Rev. William L. Norvel, SSJ****By Morning Mass Group****Quote for the Week****Before I can expect to change,
I must be willing to change.****Tuesday Night Virtual Bible Study****with Deacon Ira Chase at 6:30 pm****Studying Matthew****<https://us02web.zoom.us/j/86481398261?pwd=OHNBc2ZGdXh6WEtZcHVhS1pDZHg5UT09>****Meeting ID: 864 813 98261****Passcode: 509931****Wednesday Night Live Stream Bible Study****with Father Cornelius will resume in February 11th****WORD OF GOD****Fifth Sunday in Ordinary Time****February 8, 2026****First Reading: Isaiah 58:7-10****Responsorial Psalm 112:4-9****Second Reading: 1 Corinthians 2:1-5****Gospel Reading: Matthew 5:13-16****Collections Last Weekend--will report next week.****Thanks to all OLPH parishioners for sending in your
tithes and offerings. Please Note the amount
recorded here is from envelopes marked****"My Sacrificial Gift" only.****Special envelopes are not tithes. The amount you
put into those envelopes is recorded and provided
to you in your Annual Contribution Statements.****FYI: If you send in envelopes for several months at a
time, please note we cannot back date your tithes.
They can only be recorded on the actual date you
submit them.****FRIENDLY REMINDER: Please ONLY use BLACK
or BLUE ballpoint pens when you write your checks
too OLPH.****2026 BOXED ENVELOPES****Available for PICK-UP****Boxes are in alphabetical order.****Reminder boxes CANNOT
be mailed.**

Church Announcements

Sunday, February 1st:

8:45 am OCIA and Sunday School Staff Meeting

10:00 am Mass

Monday, February 2nd:

Feast of the Presentation of the Lord

Today the Church celebrates the Feast of the Presentation of the Lord which occurs forty days after the birth of Jesus and is also known as Candlemas Day, since the blessing and procession of candles is included in today's liturgy. Founded by Pope St. John Paul II in 1997, today is the **World Day of Prayer for Consecrated Life**. He attached it to "Candlemas Day" because the consecrated men and women are to be the light in the world, imitating Jesus, the Light of the World.

Tuesday, February 3rd:

Memorial of Saint Blaise, Bishop and Martyr

He was a physician before becoming a bishop. His cult spread throughout the entire Church in the Middle Ages because he was reputed to have miraculously cured a little boy who nearly died because of a fishbone in his throat. The Blessing of the Throats is a sacramental of the Roman Catholic Church, ordinarily celebrated on this feast day of Saint Blaise. The blessing of throats may be given by a priest or deacon. **BLESSING OF THROATS.**

Thursday, Thursday 5th:

Memorial of Saint Agatha

Agatha of Sicily is a Christian saint. Agatha was born in Catania or Palermo, Sicily, and she was martyred in approximately 251. She is one of seven women, who, along with the Blessed Virgin Mary, are commemorated by name in the Canon of the Mass. Canonized: Pre-congregation by tradition confirmed by Pope Gregory I.

10:30 am LOC Food Pantry

Friday, February 6th:

First Friday Holy Hour

Jesus asks: "Could you not spend one hour with me?" Come join us in church at 6:00 pm.

Memorial of Saints Paul Miki and Companions, Martyrs

Paul Miki, a Japanese Jesuit, and his twenty-five companions were martyred in Nagasaki, Japan. They were the first martyrs of East Asia to be canonized. They were killed simultaneously by being raised on crosses and then stabbed with spears. Their executioners were astounded upon seeing their joy at being associated to the Passion of Christ.

Saturday, February 7th:

4:30 pm Mass

Sunday, February 8th:

8:45 am OCIA and Sunday School

10:00 am Mass



HOMEBOUND, **HOSPITAL, or *NURSING/REHAB

*Robert Barden, **Sarah Brandmeier, Carolyn Brown, Carla Coleman, Agnes Dua, Edward Glover, *Cordella Gough, *Agnes Maxine Hart, Deborah Ogarro Kelly, *Edith Lee, Marie Lucas, Helene Matthews, David McNeill, Gloria Ann Moore, Rose Quander-Nevedon, Antoinette Reese, Robert Ronald Robinson, *Cynthia Salter-Stith, *Amy Scroggins, George Shearard, Sudie Shelton, Augustine Thomas, New-Velvet Washington, and Kobe Williams

PRAYER REQUEST

WE ARE HERE TO PRAY FOR YOU

Clement Akoto, Evelyn Akoto, Lisa Alexander, Valarie Ashley, Frances Battle, Barbara Baylor, Barbara Billings-Leftwich, Charlotte Blount-Lewis, John X. Briscoe, Sr., Michelle Brookings-Cheek, Thomas Henry Brooks, Hilda Brown, Selena Brown, Millicent Brown-Howard, Ronald Burton, Demarquis Carter, Dorita Carter, Louis Carter, Terneara Carter, Deacon Ira Chase, Judy Chase, William Clemons, Alberta Colbert, Margo Cooke, Roberta Dade-Young, Judith Dean, Sterling Dolman, Anne Donelson, Alvin Durham, Beverly Ford, Salim Franklin, Betty Franklin-Swammy, Toni Gaines, LaShawn Gaines, Sy Gaines, Eva Galloway, Bradley Gant, Dexter Goodwyn, Betty Graham, David Malcolm Greene, David Gross, Kathy Gross, Carlene Hawkins, Larry Holloway, Sr., Michael Howard, Lela Hagan, John Hawkins, Sr., Ken Houston, Crystal Jackson, Maxine Jackson, Crystal Jeffrie, Audrey Johnson, Herman Johnson, Deacon Thomas Jones, Louis Jones, James King, Jessica King, Betty Lawson, Dianna Ledbetter, Crystal Marsh, Jeffrey Marshall, Shirel Marshall, Ngoki Masembwa, John Mason, Joseph Mason, Winifred Mason, Carolyn Matthews-Alston, Justine Middleton, Danielle Mitchell, Henrietta Moody, Maurice Moody, Yvonne Moody, Gloria V. Moore, Milton Morgan, Travia Neverdon-Stone, Dorethia Newby, Warren Newton, Marcia Marlene Oliver, Terrance Oxyner, Bettina Penny, Diane Penny, Lawrence (Lonnie) Penny, Marvin Penny, Pam Penny, Theresa Penny, Tina Penny, Yvonne Peterson, Deidre Dorsey Point, Brenda Price, Katalina Quander-Masembwa, Bishop John H. Ricard, SSJ, Brenda Robinson, Demetria Savoy, Julia Melva Scott, Madeline Scott, Bernadette Smith, Clementine Smith-Easley, Delores (Polly) Smith, Vivian Staples, Donna Stewart-Moore, Patricia Stewart-Brown, Michelle Stone, Kendra Tinsley, Joseph Thomas, Rose Thurston, Debra Tidwell-Peters, Juanita White, Nicky Wilkinson, Christal Williams, Brian Yeldell and Raymond Young



Deacon Ira and Judy Chase 63rd on February 9th



3rd Janice Washington
 4th Teresa Curry
 6th DeAndre Hammitt
 7th Agnes Maxine Hart
 13th Nicole Shaw
 16th Leia Conrad
 18th Pearl Baylor

+++++

In Your Prayers Remember the Souls of

Nathan Owens, Sr. (DOD 12/28/25)

Brother of Betty Lawson

Funeral Service will be February 9th at OLPH

Visitation and Mass time forthcoming

Interment will be Cheltenham

Deborah Ann McNeill (DOD 1/6/26)

Wife of David McNeill and Sister of Karen Crawford

Funeral Service will be held at OLPH

(Date pending at this time)

Visitation 10 am Mass of Christian Burial 11 am

Burial at Resurrection Cemetery

Morris "Mo" Williams (DOD 1/10/26)

Relative of Paul Kearney & Family

Funeral Services were held January 24th

In New Orleans, Louisiana

Gloria Jean Fitzgerald (DOD 1/11/26)

Relative of Lee & Bernice Waller

Funeral Services were held January 29th

Bessie Ashworth (DOD 1/13/26)

Sister of NewVelvet Washington

Aunt of Selena Brown

Services were held January 30th.

May their souls and all the souls of the faithful departed
 through the mercy of God rest in peace!

You will never truly feel connected to a
 church until you begin to **SERVE** in it.
 Attending helps you grow spiritually,
 but **SERVING** allows you to fulfill your
 God-given purpose!!

Pastor's Corner

The Beatitudes

Today's Gospel offers a contrast to many of the messages we hear in our society today. If we were to accept uncritically the "get ahead" messages of our culture, we would think that happiness means having money, being successful, having many possessions, and so on. When we think this way, we are not unlike the people who heard Jesus teach on the day that he taught the Beatitudes. The crowd that day also associated happiness with material possessions and status. Talk as a family about what it means to be happy or to be blessed. Make a list of traits that you would associate with a happy person. Then read together today's Gospel, Matthew 5:1-12a. Reflect on Jesus' description of happiness. Think about what each of the Beatitudes might have in common and write a family summary of the Beatitudes. Post the summary in a special place as a reminder of what your family will consider "true happiness." Conclude by praying together prayers of petition based on the Beatitudes, e.g., "We pray that we will be peacemakers who seek to get along with other people even when this is difficult. We pray to the Lord." All respond: "Lord, hear our prayer."

Pope Leo's Monthly Intention

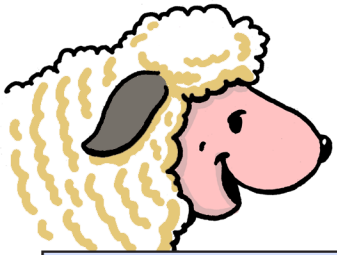
For Children With Incurable Diseases

Let us pray that children suffering from incurable disease and their families receive the necessary medical care and support, never losing strength and hope.

May your marriage
 be Blessed with
**LOVE, JOY &
 COMPANIONSHIP**

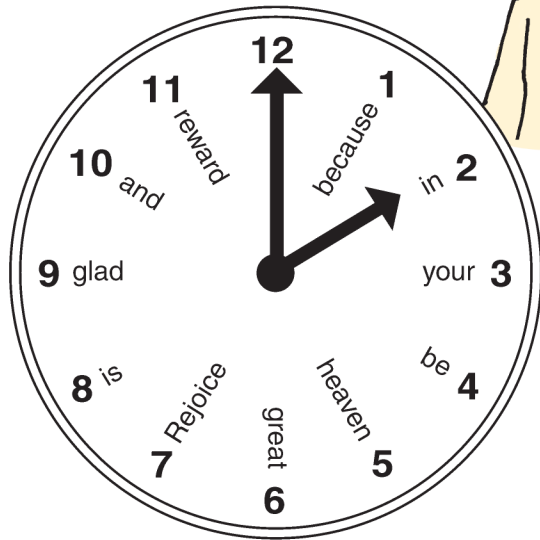
ATTENTION ALL MARRIED COUPLES

Join the 10 AM Mass on
 Sunday, February 15th
 for a special blessing!

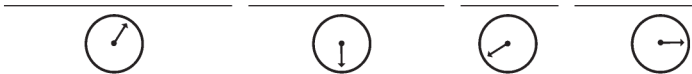


What else did Jesus say?

Use the clock to find out.



“



”



Ages 7+

February 1, 2026 • Matthew 5:1-12

The Beatitudes

Jesus went to the mountainside and began to teach His disciples.

Find 12 differences in the second picture.



Our Lady of Perpetual Help Roman Catholic Church

1600 Morris Road, SE

Washington, DC 20020

What did Jesus say to them?

Unscramble the missing words, then find them in the word search.
They are ↑ ↓ → ← ↶ ↷ ↸ ↹.

“B_____ are the p_____ in s_____,
sseeBld ropo pirsit

for theirs is the kingdom of h_____. Blessed
vanehe

are those who m_____, for they will be comforted.
romun

Blessed are the m_____, for they will inherit the
ekem

e_____. Blessed are those who h_____
retah uhgnre

and t_____ for righteousness, for they will be
sihttr

f_____. Blessed are the m_____,
leflid cfumreil

for they will be shown m_____. Blessed are the
remyc

p_____ in h_____, for they will see God.
rpue rehat

Blessed are the p_____, for they will
rkmeecpaaes

be called c_____ of God.”
hlnercid



H	M	C	H	T	R	A	E	M	J	F	I	B	K	N	M	S
D	T	R	A	Q	P	W	O	T	A	W	E	P	O	T	H	K
S	N	E	R	D	L	I	H	C	O	L	J	F	U	E	Q	D
R	U	G	S	U	B	S	E	C	T	I	D	T	A	S	E	H
A	N	J	P	T	B	P	F	H	D	J	R	V	I	S	N	L
H	C	F	I	L	L	E	D	L	E	L	E	J	S	B	M	S
N	T	P	N	N	W	I	T	Q	M	N	T	E	I	G	Y	R
P	T	K	G	H	R	M	S	K	U	K	L	J	L	M	N	E
Q	H	O	M	A	K	V	P	G	H	B	P	F	V	R	O	K
M	I	C	G	S	T	O	N	T	N	N	E	R	U	P	H	A
D	R	L	T	J	M	C	L	O	D	L	R	T	R	Y	J	M
R	S	F	D	T	E	O	P	K	T	H	A	G	D	I	N	E
S	T	S	M	J	T	V	Z	V	Q	I	M	O	U	N	I	C
B	R	O	E	T	M	I	O	J	A	E	S	I	R	R	N	A
T	S	Y	T	M	O	U	R	N	U	S	S	E	R	M	E	E
D	M	I	K	S	R	Y	T	U	R	C	G	T	K	M	T	P
S	A	H	I	A	C	O	E	N	E	N	K	P	L	A	L	I
G	S	V	T	B	W	J	C	T	U	V	K	B	N	M	L	C
M	U	E	T	B	L	G	R	H	T	U	L	J	F	S	U	S
B	V	M	R	N	E	Q	F	E	L	D	R	G	I	J	F	M
I	O	S	E	T	I	D	F	A	M	O	H	N	M	Y	I	L
A	N	C	H	R	G	K	P	R	I	S	T	K	V	H	C	K
K	L	K	M	T	C	O	N	T	W	R	K	S	E	W	R	H
U	T	J	L	O	O	Y	I	N	N	J	A	U	K	E	E	S
L	S	P	I	R	I	T	R	C	A	T	L	Q	N	U	M	N
P	I	E	K	P	W	F	B	H	L	I	U	C	S	F	V	C