

FIFTH SUNDAY IN ORDINARY TIME
FEBRUARY 8, 2026 – BLACK HISTORY MONTH
Our Lady of Perpetual Help Roman Catholic Church



Josephite Fathers and Brothers

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Join us Live-Stream: YouTube <https://www.youtube.com/@OurLadyofPerpetualHelpSEDC>

Facebook <https://www.facebook.com/OurLadyofPerpetualHelp.DC>

PARISH STAFF

Very Rev. Cornelius K. Ejiogu, SSJ, Pastor

Deacons: Ira Chase and Thomas Jones

Administrative Assistant: Mrs. Bernice Waller

Director of Faith Formation: Ms. Cynthia Battle

Director of Music: Mr. Rawn Harbor

Youth Choir Director: Melanie Cobb

Seminarian Lawrence Omatola



Today is WORLD MARRIAGE DAY - A Prayer for Married Couples

Almighty and eternal God, You blessed the union of married couples so that they might reflect the union of Christ with his Church: look with kindness on them. Renew their marriage covenant, increase your love in them, and strengthen their bond of peace so that, with their children, they may always rejoice in the gift of your blessing.

We ask this through Christ our Lord. Amen.

Newcomers & Visitors: Welcome to “The Church on the Hill”!

Thank you for worshipping with us today. May you be blessed with hope, joy, love, and peace while here! Should you want to join our parish family please contact a Minister of Hospitality, Priest, or call the Rectory for a Registration Form. **Again, Welcome!**

PARISH OFFICE HOURS
Monday-Thursday 9:00 am-4:00 pm
 (Lunch Hour 12:30-1:30 pm)
OFFICE CLOSED: FRIDAY & SATURDAY

MASSES ARE LIVE STREAMED ON THE OLPH WEBSITE
Sunday 10:00 am Monday-Thursday 8:00 am
Saturday 4:30 pm Mass not Live Streamed

Mass Intentions may not be made on Solemnities, Fridays, Saturdays nor Sundays.
 Mass Stipend Donation is \$10.00

Contact Doris Savoy in the Rectory, Ext. 2,
 or email dsavoy0642@aol.com.

SUNDAY DONUTS
 Sunday fellowship with donuts and coffee will be held on the 2nd and 3rd Sundays ONLY. Organizations and/or Ministries, PLEASE contact Millicent Hawkins to advise when you will be able to assist on the 3rd Sundays.



Tuesday Night Virtual Bible Study
 with Deacon Ira Chase at 6:30 pm
 Studying Matthew
<https://us02web.zoom.us/j/86481398261?pwd=OHNBc2ZGdXh6WEtZcHVhS1pDZHg5UT09>
 Meeting ID: 864 813 98261 Passcode: 509931

Wednesday Night Live Stream Bible Study
 with Father Cornelius will resume on February 11th



Sixth Sunday in Ordinary Time
 February 15, 2026
First Reading: Sirach 15:15–20
Responsorial Psalm 119:1–2,4–5, 17–18,33–34
Second Reading: 1 Corinthians 2:6–10
Gospel Reading: Matthew 5:17–37



Collections Weekend 1/24 \$3001.00
 Collections Weekend 2/1 \$7,970.00
 Envelopes \$3,735.00 On-Line \$4,235.00
Thanks to all OLPH parishioners for sending in your tithes and offerings. Please Note the amount recorded here is from envelopes marked **“My Sacrificial Gift”** only.
 Special envelopes are **not tithes**. The amount you put into those envelopes is recorded and provided to you in your Annual Contribution Statements.

FYI: If you send in envelopes for several months at a time, please note we **cannot back date your tithes**. They can only be recorded on the **actual date** you submit them.

FRIENDLY REMINDER: Please **ONLY** use **BLACK** or **BLUE ballpoint pens** when you write your checks to OLPH.



Memorials are noted by + indicates deceased
 BD means Birthday AD means Anniversary of death

Sunday (8th)
 10:00 am For the People

Monday (9th)
 8:00 am Deacon Ira and Judy Chase
 63rd Wedding Anniversary

Tuesday (10th)
 8:00 am +Nathan Owens
 By Sahon Palmer

Wednesday (11th)
 8:00 am **BD** Loyce McCannon
 By Patricia Stewart-Brown and Family

Thursday (12th)
 8:00 am +Theron Gray
 By Sahon Palmer

Quote for the Week
Do I acknowledge divine intervention when miraculous things take place in my life?

ANNUAL CONTRIBUTION STATEMENTS
MRS. WALLER HAS MADE CALLS FOR PICK-UP

Church Announcements

Sunday, February 8th:

Memorial of Saint Josephine Bakhita, Virgin

Josephine Margaret Bakhita, F.D.C.C. (ca. 1869 – 8 February 1947), was a Sudanese-Italian Canossian religious sister who lived in Italy for 45 years, after having been a slave in Sudan. This African flower, who knew the anguish of kidnapping and slavery, bloomed marvelously in Italy, in response to God's grace, with the Daughters of Charity. In 2000, she was declared a saint, the first Black woman to receive the honor in the modern era.

8:45 am OCIA and Sunday School

10:00 am Mass

Tuesday, February 10th:

Memorial of Saint Scholastica, Virgin

Today we remember Saint Scholastica, twin sister to Benedict of Nursia. She founded the first convent of Benedictine nuns. She is the Patroness of Benedictine women's communities.

Wednesday, February 11th:

Memorial of Our Lady of Lourdes

A Roman Catholic title of the Blessed Virgin Mary venerated in honour of the Marian apparitions that are claimed to have occurred in 1858 in the vicinity of Lourdes in France. The first of these is the apparition of 11 February 1858, when 14-year-old Bernadette Soubirous told her mother that a "lady" spoke to her in the cave of Massabielle while she was gathering firewood with her sister and a friend. Similar apparitions of the "Lady" were reported on eighteen occasions that year, until the climax revelation of Our Lady of the Immaculate Conception took place.

Thursday, Thursday 12th:

10:30 am LOC Food Pantry

Saturday, February 14th:

Memorial of Saints Cyril and Methodius

Of Cyril and Methodius, Saint John Paul II wrote, "their pastoral attitude of concern to bring the revealed truth to new peoples while respecting their cultural originality remains a living model for the Church and for the missionaries of all ages".

4:30 pm Mass

Sunday, February 15th:

8:45 am OCIA and Sunday School

10:00 am Mass

Pope Leo's Monthly Intention

For Children With Incurable Diseases

Let us pray that children suffering from incurable disease and their families receive the necessary medical care and support, never losing strength and hope.



HOMEBOUND, **HOSPITAL, or *NURSING/REHAB

*Robert Barden, **Sarah Brandmeier, Carolyn Brown, Carla Coleman, Agnes Dua, Edward Glover, *Cordella Gough, *Agnes Maxine Hart, William Jackson, Jr., Deborah Ogarro Kelly, *Edith Lee, **Barbara Leftwich, Marie Lucas, David McNeill, Gloria Ann Moore, Rose Quander-Nevedon, Antoinette Reese, Robert Ronald Robinson, *Cynthia Salter-Stith, *Amy Scroggins, George Shearard, Sudie Shelton, Augustine Thomas, New-Velvet Washington, and Kobe Williams

PRAYER REQUEST

WE ARE HERE TO PRAY FOR YOU

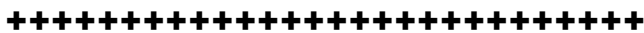
Clement Akoto, Evelyn Akoto, Lisa Alexander, Valarie Ashley, Frances Battle, Barbara Baylor, Barbara Billings-Leftwich, Charlotte Blount-Lewis, John X. Briscoe, Sr., Michelle Brookings-Cheek, Thomas Henry Brooks, Hilda Brown, Selena Brown, Millicent Brown-Howard, Ronald Burton, Demarquis Carter, Dorita Carter, Louis Carter, Terneara Carter, Deacon Ira Chase, Judy Chase, William Clemons, Alberta Colbert, Margo Cooke, Roberta Dade-Young, Judith Dean, Sterling Dolman, Anne Donelson, Alvin Durham, Beverly Ford, Salim Franklin, Betty Franklin-Swamy, Toni Gaines, LaShawn Gaines, Sy Gaines, Eva Galloway, Bradley Gant, Dexter Goodwyn, Betty Graham, David Malcolm Greene, David Gross, Kathy Gross, Carlene Hawkins, Larry Holloway, Sr., Michael Howard, Lela Hagan, John Hawkins, Sr., Ken Houston, Crystal Jackson, Maxine Jackson, Crystal Jeffrie, Audrey Johnson, Herman Johnson, Deacon Thomas Jones, Louis Jones, Stanley (Sonny) Jordan, James King, Jessica King, Betty Lawson, Dianna Ledbetter, Crystal Marsh, Jeffrey Marshall, Shirel Marshall, Helene Matthews, Ngoki Masembwa, John Mason, Joseph Mason, Winifred Mason, Carolyn Matthews-Alston, Justine Middleton, Danielle Mitchell, Henrietta Moody, Maurice Moody, Yvonne Moody, Gloria V. Moore, Milton Morgan, Travia Nevedon-Stone, Dorethia Newby, Warren Newton, Marcia Marlene Oliver, Terrance Oxyner, Bettina Penny, Diane Penny, Lawrence (Lonnie) Penny, Marvin Penny, Pam Penny, Theresa Penny, Tina Penny, Yvonne Peterson, Deidre Dorsey Point, Brenda Price, Katalina Quander-Masembwa, Bishop John H. Ricard, SSJ, Brenda Robinson, Demetria Savoy, Julia Melva Scott, Madeline Scott, Bernadette Smith, Clementine Smith-Easley, Delores (Polly) Smith, Vivian Staples, Donna Stewart-Moore, Patricia Stewart-Brown, Michelle Stone, Kendra Tinsley, Joseph Thomas, Rose Thurston, Debra Tidwell-Peters, Juanita White, Nicky Wilkinson, Christal Williams, Brian Yeldell and Raymond Young



Deacon Ira and Judy Chase 63rd on February 9th
Bobby & Sheila Greene 26th on February 16th
Thomas & NewVelvet Washington 66th on February 20th



7th Agnes Maxine Hart
13th Nicole Shaw
16th Leia Conrad
18th Pearl Baylor
21st Kayla Carter Betty Durr Bill Shelton
22nd Gloria A. Lessington
23rd Kayona Dade



In Your Prayers Remember the Souls of

Nathan Owens (DOD 12/28/25)

Brother of Betty Lawson

Funeral Service will be held at OLPH

February 9, 2026

Visitation 10 am Mass of Christian Burial 11 am

Repast immediately following Mass in PR

Burial Cheltenham at 2:30 pm

Deborah Ann McNeill (DOD 1/6/26)

Wife of David McNeill and Sister of Karen Crawford

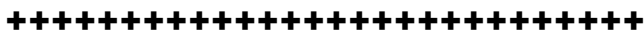
Funeral Service will be held at OLPH

February 20, 2026

Visitation 10 am Mass of Christian Burial 11 am

Burial at Resurrection Cemetery

May their souls and all the souls of the faithful departed
through the mercy of God rest in peace!



May your marriage
be Blessed with
**LOVE, JOY &
COMPANIONSHIP**

ATTENTION ALL MARRIED COUPLES

Join the 10 AM Mass on
Sunday, February 15th
for a special blessing!

Pastor's Corner

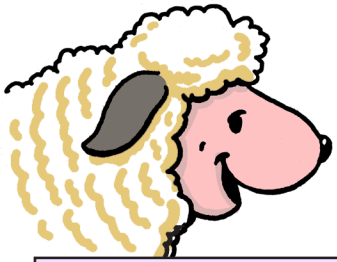
Salt of the Earth, Light of the World

The widespread use of electricity in our society may make us less aware of the value and importance of light. To re-engage with the power of the metaphor that Jesus offers, gather your family in a darkened room. Bring only one flashlight. Sit together for a minute and consider what you are able to do and see in so little light. You might try opening the Bible to see whether you can read today's Gospel. Turn on the flashlight and experiment to see how one might use it to achieve the greatest amount of light. Then read today's Gospel by the light of the flashlight. Ask everyone to consider what it means to say that Christians are to be the light of the world. How might your family act in a way that is a light for others, a light that is worthy to put on a lamp stand? Choose one thing that your family will do this week to show that you are the light of the world. You might choose to participate in an activity that your parish sponsors, such as help with a food pantry.

Pray together by singing
"This Little Light of Mine."

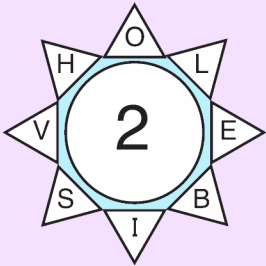
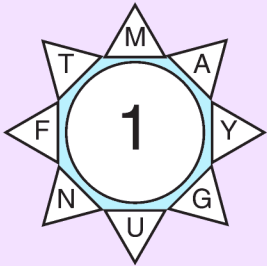
About February 14th

Valentine's Day started in 500 A.D. It was started by Pope Saint Gelasius I, the third pope of the Catholic Church. He named the day after Saint Valentine or Saint Valentinus. The name Valentine is derived from a Latin word "valens" meaning worthy, strong or powerful. Valentine's Day, also called Saint Valentine's Day or the Feast of Saint Valentine, is celebrated annually on February 14. It originated as a minor Western Christian feast day honoring one or two early Christian martyrs named Saint Valentine and, through later folk traditions, has become a significant cultural, religious, and commercial celebration of romance and love in many regions of the world. In general, Valentine's Day is a special day to celebrate romance and love. It is usually celebrated by giving significant others flowers and gifts to demonstrate affection. It is celebrated in honor of St. Valentine, a third century Roman saint associated with love and marriage.



What did Jesus say
His followers should do?

Use the code to find out.



“
 ② ② ① ① ② ③ ② ② ① ② ①
 ② ② ① ② ② ② ① ③ ②
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 ”

Ages 7+

February 8, 2026 • Matthew 5:13-16

Salt and Light

Jesus was on the
mountainside teaching His disciples.

Connect the dots from 1 to 35.



Our Lady of Perpetual Help Roman Catholic Church

1600 Morris Road, SE

Washington, DC 20020

What did Jesus say?

Start at the arrow, then follow the directions, writing down the letters in order.

↓ Start

Y	O	O	S	L	N	I	A	N	Q	T	C	M	P
T	U	A	Y	B	F	S	D	G	M	Y	D	E	D
H	T	R	E	T	K	E	H	F	A	O	G	B	F
Q	B	I	T	Q	O	T	H	E	S	W	H	P	N
R	S	I	H	Y	O	F	V	E	E	A	U	V	Y
T	N	G	E	P	T	L	T	A	R	T	H	E	V
P	L	I	S	A	L	E	A	O	V	L	B	R	A
I	K	M	H	C	N	P	U	U	I	T	U	O	H
F	A	Y	E	G	W	K	D	K	F	F	I	V	F
S	H	W	A	Y	B	P	U	C	S	A	L	T	L
C	O	R	P	H	Y	J	T	O	K	U	E	S	O
M	H	W	D	L	E	N	R	B	S	D	S	C	W
G	K	J	N	L	S	I	J	I	L	B	I	V	G
A	R	A	C	R	S	T	L	A	S	S	T	A	C
M	Y	N	W	O	H	F	C	M	J	T	M	U	B
W	B	I	G	N	S	B	E	S	A	Y	A	I	N
Z	A	T	B	E	M	A	D	E	L	T	G	A	D

→ Finish



“Y → ↓ → ↓ → ↓ ↓ ↓ ↓ ↓ → → ↑
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What else did Jesus say?

Write the first letter of each picture on the line above it.

“You are the:

