

**SECOND SUNDAY OF LENT – MARCH 1, 2026**  
**LENTEN THEME: SALVATION – REDEMPTION – RESURRECTION**  
*Our Lady of Perpetual Help Roman Catholic Church*



**Josephite Fathers and Brothers**

1600 Morris Road, SE  
Phone 202-678-4999

Washington, DC 20020  
Fax 202-610-3189

**Web Site:** [www.olphsedc.com](http://www.olphsedc.com)

**Email:** [olphsedc@gmail.com](mailto:olphsedc@gmail.com)

Join us Live-Stream: YouTube <https://www.youtube.com/@OurLadyofPerpetualHelpSEDC>

Facebook <https://www.facebook.com/OurLadyofPerpetualHelp.DC>

**PARISH STAFF**

***Very Rev. Cornelius K. Ejiogu, SSJ, Pastor***

**Deacons: Ira Chase and Thomas Jones**

Administrative Assistant: Mrs. Bernice Waller

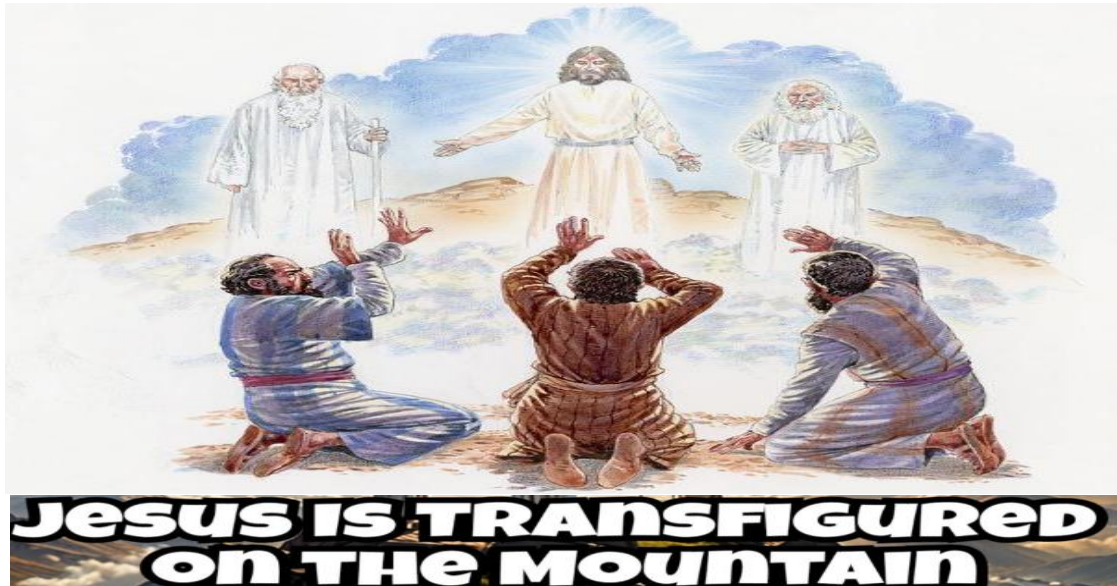
Director of Faith Formation: Ms. Cynthia Battle

Director of Music: Mr. Rawn Harbor

Youth Choir Director: Melanie Cobb

Seminarian Lawrence Omatola

**FEAST OF THE TRANSFIGURATION OF OUR LORD**



**Newcomers & Visitors: Welcome to “The Church on the Hill”!**

Thank you for worshipping with us today. May you be blessed with hope, joy, love, and peace while here! Should you want to join our parish family please contact a Minister of Hospitality, Priest, or call the Rectory for a Registration Form. **Again, Welcome!**

**PARISH OFFICE HOURS**  
**Monday-Thursday 9:00 am-4:00 pm**  
(Lunch Hour 12:30-1:30 pm)  
**OFFICE CLOSED: FRIDAY & SATURDAY**

**MASSES ARE LIVE STREAMED ON THE  
OLPH WEBSITE**  
**Sunday 10:00 am Monday-Thursday 8:00 am**  
**Saturday 4:30 pm Mass not Live Streamed**

**Mass Intentions may not be made on  
Solemnities, Fridays, Saturdays nor Sundays.**  
**Mass Stipend Donation is \$10.00**

**Contact Doris Savoy in the Rectory, Ext. 2,  
or email [dsavoy0642@aol.com](mailto:dsavoy0642@aol.com).**

\*\*\*\*\*

**SUNDAY DONUTS**  
**Sunday fellowship with donuts and coffee  
will be held on the 2<sup>nd</sup> and 3<sup>rd</sup> Sundays ONLY.**  
**Organizations and/or Ministries, PLEASE  
contact Millicent Hawkins to advise when you  
will be able to assist on the 3<sup>rd</sup> Sundays.**



**Tuesday Night Virtual Bible Study  
with Deacon Ira Chase at 6:30 pm  
Studying Matthew**  
<https://us02web.zoom.us/j/86481398261?pwd=OHNBc2ZGdXh6WEtZcHVhS1pDZHg5UT09>  
**Meeting ID: 864 813 98261 Passcode: 509931**

**Wednesday Night Live Stream Bible Study with  
Father Cornelius at 6:00 pm Studying Zephaniah**



**Third Sunday of Lent -- March 8, 2026**

**First Reading: Exodus 17:3-7**

**Responsorial Psalm 95:1-2,6-9**

**Second Reading: Romans 5:1-2,5-8**

**Gospel Reading: John 4:5-42**



**Collections Last Weekend \$4,843.00**

**Thanks to all OLPH parishioners for sending in your  
tithes and offerings. Please Note the amount  
recorded here is from envelopes marked  
“My Sacrificial Gift” only.**

Special envelopes are **not tithes**. The amount you  
put into those envelopes is recorded and provided  
to you in your Annual Contribution Statements.

**FYI:** If you send in envelopes for several months at a  
time, please note we **cannot back date your tithes**.  
They can only be recorded on the **actual date** you  
submit them.

**FRIENDLY REMINDER:** Please **ONLY** use **BLACK  
or BLUE ballpoint pens** when you write your checks  
to OLPH.



Memorials are noted by + indicates deceased  
**BD** means Birthday **AD** means Anniversary of death

**Sunday (1<sup>st</sup>)**

10:00 am For the People

**Monday (2<sup>nd</sup>)**

8:00 am Sharon Johnson  
By Linda Dogan

**Tuesday (3<sup>rd</sup>)**

8:00 am + Mass Shooting in Tumbler Ridge Canada  
By Gloria A. Lessington

**Wednesday (4<sup>th</sup>)**

8:00 am + Brenda Price  
By Gloria A. Lessington

**Thursday (5<sup>th</sup>)**

8:00 am + Rev. Jesse L. Jackson  
By Gloria A. Lessington

**Quote for the Week**

*Finding reasons why it won't work will stop me  
from chasing my dreams.*

**Pope Leo's Monthly Intention  
For Children With Incurable Diseases**  
Let us pray that children suffering from  
incurable disease and their families receive  
the necessary medical care and support,  
never losing strength and hope.

## Church Announcements

### Sunday, March 1<sup>st</sup>:

8:45 am OCIA and Sunday School Teachers

10:00 am Mass

### Monday, March 2<sup>nd</sup>:

6:30 pm Infant Baptism Preparation – 1P

### Tuesday, March 3<sup>rd</sup>:

#### **Memorial of Saint Katherine Drexel, Virgin**

A Noted Fact: She had a system of black Catholic schools in more than 13 states, 40 mission centers, and 23 rural schools. She established 50 missions for Indians in 16 states according to Franciscan Media. She died on March 3, 1955, at 96 years old. She was beatified by Pope John Paul II on November 20, 1980. She left a four-fold dynamic legacy to her Sisters of the Blessed Sacrament, who continue her apostolate today and indeed to all peoples: – her love for the Eucharist, her spirit of prayer, and her Eucharistic perspective on the unity of all peoples; – her undaunted spirit of courageous initiative in addressing social iniquities among minorities — one hundred years before such concern aroused public interest in the United States; – her belief in the importance of quality education for all, and her efforts to achieve it; – her total giving of self, of her inheritance and all material goods in selfless service of the victims of injustice.

### Wednesday, March 4<sup>th</sup>:

#### **Memorial of Saint Casimir**

He searched for God as a child and youth, as all children do. But his search unearthed a treasure very early on. What Casimir sought, Poland provided. Casimir imbued so totally what his Catholic birthplace offered that he is considered an emblematic Polish prince: pious, just, chaste, poor, and strong. **Prayer:** Saint Casimir, we ask your intercession to aid all leaders of governments, churches, and families to emulate your virtues; to be poor in spirit, just, pure, and faithful. With your aid, may leaders guide those under their authority to love and serve their country and their God with greater fervor!

### Thursday, March 5<sup>th</sup>:

10:30 am LOC Food Pantry

### Friday, March 6<sup>th</sup>:

6:00 pm First Friday Holy Hour **AND**  
Stations of the Cross - CH

### Saturday, March 7<sup>th</sup>:

#### **Memorial of Saints Perpetua and Felicity**

They were Christian martyrs of the 3rd century. Perpetua was a recently married well educated noblewoman, said to have been 22 years old at the time of her death, and mother of an infant she was nursing. Felicity, a slave imprisoned with her and pregnant at the time, was martyred with her. They were put to death along with others at Carthage in the Roman province of Africa. Patron: Mothers, expectant mothers, ranchers, and butchers.

4:30 pm Mass

### Sunday, March 8<sup>th</sup>:

8:45 am Sunday School Classes

10:00 am Mass

## PRAYER REQUEST

WE ARE HERE TO PRAY FOR YOU

Clement Akoto, Evelyn Akoto, Lisa Alexander, Valarie Ashley, Frances Battle, Barbara Baylor, Charlotte Blount-Lewis, John X. Briscoe, Sr., Michelle Brookings-Cheek, Thomas Henry Brooks, Hilda Brown, Selena Brown, Millicent Brown-Howard, Ronald Burton, Demarquis Carter, Dorita Carter, Louis Carter, Terneara Carter, Deacon Ira Chase, Judy Chase, William Clemons, Alberta Colbert, Margo Cooke, Roberta Dade-Young, Judith Dean, Sterling Dolman, Anne Donelson, Alvin Durham, Beverly Ford, Salim Franklin, Betty Franklin-Swammy, Toni Gaines, LaShawn Gaines, Sy Gaines, Eva Galloway, Bradley Gant, Dexter Goodwyn, Betty Graham, Shelia Gray, David Malcolm Greene, David Gross, Kathy Gross, Carlene Hawkins, Larry Holloway, Sr., Michael Howard, Lela Hagan, John Hawkins, Sr., Ken Houston, Crystal Jackson, Maxine Jackson, Crystal Jeffrie, Audrey Johnson, Herman Johnson, Deacon Thomas Jones, Louis Jones, Stanley (Sonny) Jordan, James King, Jessica King, Betty Lawson, Dianna Ledbetter, Crystal Marsh, Jeffrey Marshall, Shirel Marshall, Helene Matthews, Ngoki Masembwa, John Mason, Joseph Mason, Winifred Mason, Carolyn Matthews-Alston, Justine Middleton, Danielle Mitchell, Henrietta Moody, Maurice Moody, Yvonne Moody, Gloria V. Moore, Milton Morgan, Travia Neverdon-Stone, Warren Newton, Marcia Marlene Oliver, Terrance Oxyner, Bettina Penny, Diane Penny, Lawrence (Lonnie) Penny, Pam Penny, Theresa Penny, Tina Penny, Yvonne Peterson, Deidre Dorsey Point, Katalina Quander-Masembwa, Bishop John H. Ricard, SSJ, Brenda Robinson, Robert Ronald Robinson, Demetria Savoy, Julia Melva Scott, Madeline Scott, Bernadette Smith, Clementine Smith-Easley, Delores (Polly) Smith, Vivian Staples, Donna Stewart-Moore, Patricia Stewart-Brown, Michelle Stone, Kendra Tinsley, Joseph Thomas, Rose Thurston, Debra Tidwell-Peters, Carolyn Wheeler, Juanita White, Nicky Wilkinson, Christal Williams, Brian Yeldell and Raymond Young



#### **HOMEBOUND, \*\*HOSPITAL, or \*NURSING/REHAB**

\*Robert Barden, \*\*Baby Christopher Auselm Brandmeier, Carolyn Brown, Carla Coleman, Agnes Dua, Edward Glover, Regina Godfrey, \*Cordella Gough, \*\*Rakyah Gross, \*\*Baby Ka'mazi Gross, \*Agnes Maxine Hart, William Jackson, Jr., \*\*TJ Johnson, Deborah Ogarro Kelly, \*Betty Lawson, \*Edith Lee, Marie Lucas, David McNeill, Gloria Ann Moore, Rose Quander-Neverdon, Antoinette Reese, \*Cynthia Salter-Stith, \*Amy Scroggins, George Shearard, Sudie Shelton, Augustine Thomas, New-Velvet Washington, and Kobe Williams



- 29<sup>th</sup> Most Rev. Bishop John H. Ricard, SSJ
- 1<sup>st</sup> Travia Neverdon-Stone
- 2<sup>nd</sup> Steve Harris     Charlotte Lewis
- 6<sup>th</sup> Amber Battle     Elzena Bijou     Dyllan Robinson
- 7<sup>th</sup> Delores Smith
- 8<sup>th</sup> Dianna Ledbetter     Barbara Minnick
- 9<sup>th</sup> Brielle Wheele

+++++

**In Your Prayers Remember the Souls of**

**Stanley (Sonny) Jordan** (DOD 2/11/26)  
 Brother of Judy Chase  
 Services pending at this time

**Ronnise Handy**  
 Daughter of the late Sandra Thomas  
 Services pending at this time

**Brenda Delores Price** (DOD 2/21/26)  
 Mother of Monica Price and Michael Craig  
 Funeral Services will be held at OLPH on  
 Wednesday, March 4<sup>th</sup>  
 Visitation 10 am Mass of Christian Burial 11 am  
 Interment: Lincoln Memorial  
 Repast in PR after Interment

May their souls and all the souls of the faithful departed through the mercy of God rest in peace!

+++++

**Pastor's Corner**

**TRANSFIGURATION OF OUR LORD**

Today we commemorate the Transfiguration as recorded in Matthew, Mark, and Luke, where Jesus was revealed in dazzling light as the Son of God to the disciples. Moses and Elijah appeared alongside Him, showing that the Old Testament Law and Prophets point to Christ.

As a family, talk about some of your times of highs and lows. How have you been able to use the good times and experiences to sustain you in the difficult ones? Jesus' Transfiguration may have been an event from which Peter, James, and John drew courage when they faced the difficult events of Jesus' Passion. Read together today's Gospel, Matthew 17:1-9. Pray a prayer of thanksgiving for the good times and experiences that your family has had together. Pray that your family will use these experiences to sustain you during times of difficulty. Close by praying today's psalm, Psalm 33.

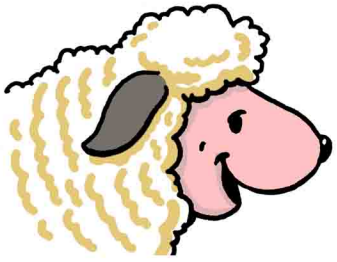
+++++

**Daylight Saving Time** in the United States always starts on the **second Sunday in March** and this falls on March 8. At 2:00 am local time, clocks will move forward to 3:00 am. Don't forget to set your clocks **one hour ahead before going to bed!!!**

**OLPH WOMEN'S HISTORY STORY ANNOUNCEMENT**

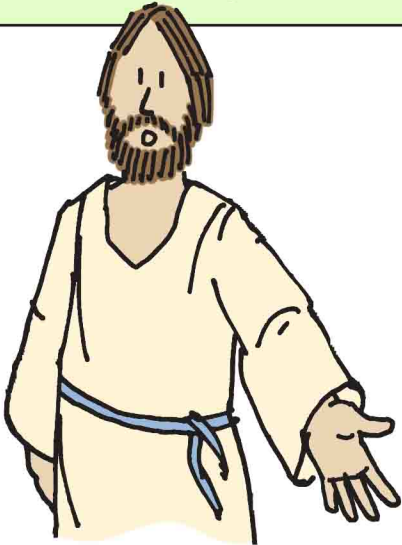
The Women's Ministry will celebrate the work of all women at our church on **Sunday, March 15<sup>th</sup> after mass** with a light lunch and storytelling about the humble servants of our church who have served in so many ways for so many years. If you plan to attend please add your name to the list at the rear of the church.

We will also hear the stories of women in our church and all they have done (and continue to do). We hope you can attend and show your appreciation for all the women on the hill. If you would like to tell your story or the story of a member of this church who has done an outstanding job at doing His will, **please complete the OLPH WOMEN'S HISTORY STORY form in the rear of the church.**



As they were coming down the mountain, Jesus gave them some instructions.

Find the underlined words of Jesus' instructions in the puzzle below.



“Don't tell anyone  
what you have seen,  
until the Son of Man  
has been raised from  
the dead.”

B	H	A	S	M	A	N	X	W
A	N	Y	O	N	E	D	Y	H
Q	X	R	Y	W	S	O	N	A
T	F	A	B	E	E	N	Q	T
H	T	I	Q	U	N	T	I	L
E	E	S	E	E	N	H	L	U
D	L	E	H	A	V	E	U	O
Q	L	D	E	A	D	O	F	Y

Ages 7+

March 1, 2026 • Matthew 17:1-9

# The Transfiguration

Jesus took Peter, James and John up a high mountain.

Read what happened next.  
Then find the underlined letters in the picture below.

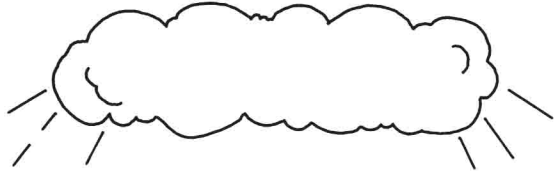
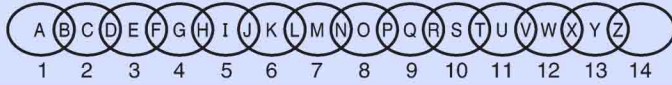
Jesus was transfigured before them.  
His face shone like the sun, and  
His clothes became as white as the light.



**Our Lady of Perpetual Help Roman Catholic Church**  
**1600 Morris Road, SE**  
**Washington, DC 20020**

What happened next?

Use the code to find out.



10,11 4,5 3 9,10 3 1 8,9 8,9 3 1 9,10 3 2,3

1,2 3 3,4 8 9,10 3 10,11 4,5 3 7

7 8 10 3 10 1 7,8 2,3 3 6,7 5 5,6 1 4,5,

10,11 1 6,7 6 5 7,8 4 12 5 10,11 4,5 5,6 3 10 11 10

A bright cloud enveloped them and

1 11,12 8 5 2 3 3,4 9,10 8 7 10,11 4,5 3

2 6,7 8 11 2,3 10 1 5 2,3,

“ 10,11 4,5 5 10 5 10 7 13 10 8 7,8, 12 4,5 8 7

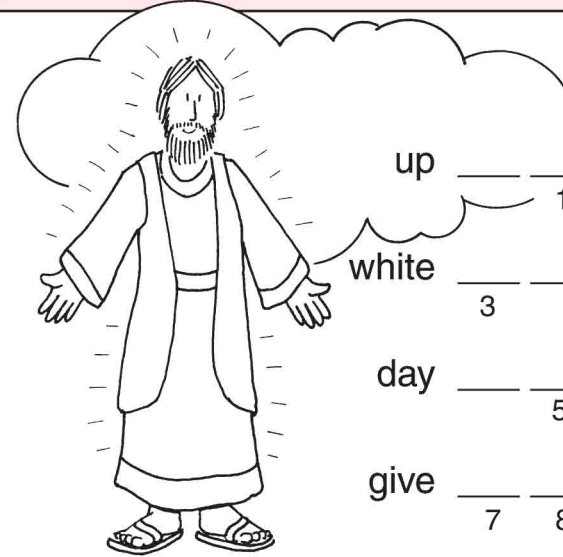
5 6,7 8 11,12 3; 12 5 10,11 4,5 4,5 5 7 5 1 7

12 3 6,7 6,7 8,9 6,7 3 1 10 3 2,3 6,7 5 10 10,11 3 7,8

10,11 8 4,5 5 7!”

When the disciples heard this, they fell to the ground, terrified. What did Jesus say to them?

Write the word that means the opposite of the one given. Then transfer the letters to the lines below.



up \_\_\_\_\_ 1 \_\_\_\_\_ 2

white \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_

day \_\_\_\_\_ 5 \_\_\_\_\_ 6

give \_\_\_\_\_ 7 8 \_\_\_\_\_

walk \_\_\_\_\_ 9 10 \_\_\_\_\_

bad \_\_\_\_\_ 11 \_\_\_\_\_ 12

war \_\_\_\_\_ 13 \_\_\_\_\_ 14

break \_\_\_\_\_ 15 \_\_\_\_\_

Jesus said, “ \_\_\_\_\_ 11 \_\_\_\_\_ 14 \_\_\_\_\_ 6 \_\_\_\_\_ 10 \_\_\_\_\_ 13

\_\_\_\_\_ , \_\_\_\_\_ 12 \_\_\_\_\_ 1 \_\_\_\_\_ 2 \_\_\_\_\_ 7 \_\_\_\_\_ 3 \_\_\_\_\_ 14

\_\_\_\_\_ .”  
\_\_\_\_\_ 8 \_\_\_\_\_ 15 \_\_\_\_\_ 9 \_\_\_\_\_ 4 \_\_\_\_\_ 5 \_\_\_\_\_ 12