JANUARY 29, 2023 FOURTH SUNDAY IN ORDINARY TIME

St. Joseph Parish

Mission Statement:

"Saint Joseph Catholic Church of Auburn, California is an open and loving diverse parish community united by our faith in Jesus Christ, continuing His mission through our prayerful liturgies, faith formation, evangelization, and outreach to the community. Established over a hundred years ago, we resolve to continue and maintain a strong Catholic presence within our parish bounds and make present the Christ we bear and celebrate."

Serving the Auburn, CA Community since 1911

1162 Lincoln Way, Auburn, CA - (530) 885-2956 - **sjauburncatholic.com**

Holy Mass, Eucharistic Adoration, Rosary, Confession – Weekly Schedule:

Daily Mass:	**Monday– Friday 8:00am**
	(No Saturday morning Mass)
Saturday Vigil :	**4:30pm Auburn**
Sunday:	**7:30am (English)**
	9:30am
	11:30am Spanish
Adoration:	**Thursdays 9:00 AM to 5:00PM**
Confession:	**Saturday 3:00pm-4:00pm**
	Tuesday and Wednesday by appointment.

Pastor
Rev. Carlo Paul G. Tejano

Deacon
Mark Ruiz, Deaconmarkruiz@gmail.com

Parish Receptionist
Maria Pena, m.pena@sjauburncatholic.com

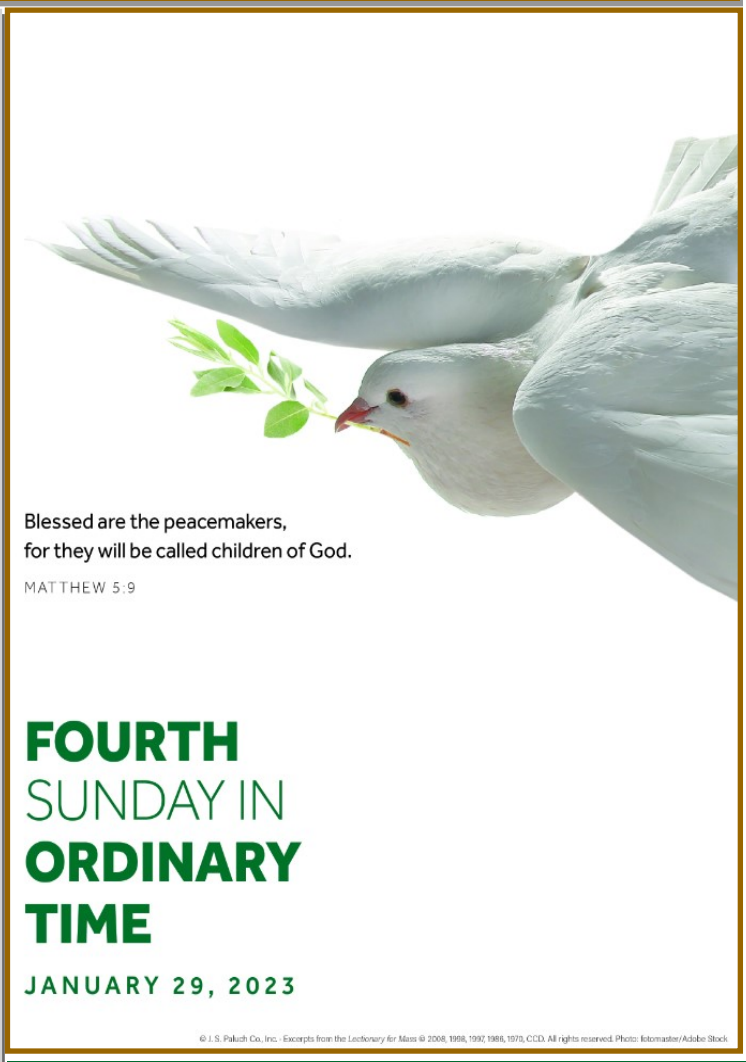
Director for Religious Education and Youth Ministry
Jen Alcorn, DRE@sjauburncatholic.com
Office 530.885.2956

Bookkeeper
Rhonda Bricker, r.bricker@sjauburncatholic.com

Music Coordinator
Lisa Lacambra
choir.stjosephauburn@gmail.com

Bulletin Coordinator
Please email to
m.pena@sjauburncatholic.com
(All bulletin articles are due in the parish office no later than 12:00pm on Mondays.)

Parish Office Hours
Monday , Tuesday, Thursday
9:00am -1:00pm (Until further notice)
Wednesday 8:00am-12 noon (Until further notice)
(530) 885-2956



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St. Joseph Catholic School @ St. Teresa of Avila Church
Serving Students from PK-8th Grade
11610 Atwood Road, Auburn, CA, 95603 Phone 530-885-4490
Kristen Mendonsa, Principal
Email:info@saintjosephauburn.org

St. Joseph Catholic Cemetery-Foresthill:
Call the office 530-885-2956

In our Gospel reading from Matthew, we hear the Beatitudes, the stirring opening to the Sermon on the Mount. Jesus is proclaiming the coming of the kingdom of God, and begins by considering what kind of people will enter and participate in this kingdom. They are the poor in spirit, the meek, the clean of heart, the peacemakers. We hear both Zephaniah and Paul echo this, as God specifically chooses the weak and the lowly to be God's agents in ushering in the reign of God. By living with humility and integrity, their hearts are open to being transformed by the grace of God. We too are called to live in this way. Jesus invites us to be people with open hearts, to receive God's blessing. And working through us, God may bless all of creation.

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En nuestra lectura del Evangelio de Mateo, escuchamos las Bienaventuranzas, la conmovedora apertura del Sermón de la Montaña. Jesús proclama la llegada del reino de Dios, y comienza considerando qué tipo de personas entrarán y participarán en este reino. Son los pobres de espíritu, los mansos, los limpios de corazón, los pacificadores. Tanto Sofonías como Pablo se hacen eco de esto, ya que Dios elige específicamente a los débiles y a los humildes para que sean los agentes de Dios en la instauración del reino de Dios. Al vivir con humildad e integridad, sus corazones están abiertos a ser transformados por la gracia de Dios. También nosotros estamos llamados a vivir así. Jesús nos invita a ser personas con el corazón abierto, para recibir la bendición de Dios. Y trabajando a través de nosotros, Dios puede bendecir a toda la creación.

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PRAYER OF THE WEEK

OUR FASCINATING FAITH
Candlemas (February 2)

Thanks to Pope Sergius I (687–701), on February 2 we celebrate the Presentation of the Lord. On this day we also commemorate the Purification of Mary, who complied with the Jewish law (Leviticus 12:1). The law indicated that a mother should be purified forty days after giving birth to a boy child. Since the eleventh century the Purification of Mary and the Presentation of the Lord have been celebrated with the blessing of all the candles and candlesticks that are going to be used during the year. This is done with the hope that there will never be a lack of light, either material or spiritual, in the houses of the faithful. The root of the word candlemas is the Latin verb candere ("to shine") and from which also come the words candelabra and candlestick. This feast of candles recalls that Christians can, like Simon and the prophetess Anna in the temple, say that they also have seen salvation: Jesus the true Light who shines in the arms of Mary (Luke 2:25–38).

—Friar Gilberto Cavazos-González, OFM, Copyright © J. S. Paluch Co., Inc.

ORACIÓN DE LA SEMANA

NUESTRA FASCINANTE FE
La Candelaria

Gracias al Papa Sergio I (687–701), el día 2 de febrero se celebra la Presentación de Jesús en el Templo. En este día se conmemora también la Purificación de María que cumplía con la Ley Judía (Levítico 12:1–2). Dicha ley indicaba que una madre debía ser purificada cuarenta días después de que diera a luz a un varoncito. Desde el undécimo siglo, la celebración de la Purificación de María y la Presentación del Niño Jesús en el templo se conmemoran con la bendición de todas las velas y veladoras que se van a usar durante el año. Esto se hace con la esperanza de que nunca falte la luz, tanto material como espiritual en las casas de los fieles. La palabra candelaria viene del verbo latín candere (brillar), de allí la palabra candela, o sea, veladora. Esta fiesta de candelas recuerda que los cristianos como Simeón y la profetiza Ana en el Templo pueden decir que ellos también han visto la salvación; Jesús la verdadera luz que brilla en brazos de María (Lucas 2:25–38).

—Fray Gilberto Cavazos-Glz, OFM, Copyright © J. S. Paluch Co., Inc.

READINGS FOR THE WEEK

Monday:	Heb 11:32-40; Ps 31:20-24; Mk 5:1-20
Tuesday:	Heb 12:1-4; Ps 22:26b-28, 30-32; Mk 5:21-43
Wednesday:	Heb 12:4-7, 11-15; Ps 103:1-2, 13-14, 17-18a; Mk 6:1-6
Thursday:	Mal 3:1-4; Ps 24:7-10; Heb 2:14-18; Lk 2:22-40 [22-32]
Friday:	Heb 13:1-8; Ps 27:1, 3, 5, 8b-9; Mk 6:14-29
Saturday:	Heb 13:15-17, 20-21; Ps 23:1-6; Mk 6:30-34
Sunday:	Is 58:7-10; Ps 112:4-9; 1 Cor 2:1-5; Mt 5:13-16

LECTURAS DE LA SEMANA

Lunes:	Heb 11:32-40; Sal 31 (30):20-24; Mc 5:1-20
Martes:	Heb 12:1-4; Sal 22 (21):26b-28, 30-32; Mc 5:21-43
Miércoles:	Heb 12:4-7, 11-15; Sal 103 (102):1-2, 13-14, 17-18a; Mc 6:1-6
Jueves:	Mal 3:1-4; Sal 24 (23):7-10; Heb 2:14-18; Lc 2:22-40 [22-32]
Viernes:	Heb 13:1-8; Sal 27 (26):1, 3, 5, 8b-9; Mc 6:14-29
Sábado:	Heb 13:15-17, 20-21; Sal 23 (22):1-6; Mc 6:30-34
Domingo:	Is 58:7-10; Sal 112 (111):4-9; 1 Cor 2:1-5; Mt 5:13-16

COMMUNITY PRAYER

MASS INTENTIONS: JANUARY 29TH-FEBRUARY 4TH

Sunday, January 29TH-FOURTH SUNDAY IN ORDINARY TIME

7:30am–Special Intention for St. Joseph Parishioners

9:30am–Janet Glennon SI, Art de Genova SI, Chaelotte Bansemer +. Trish Burchett +, Lary Russel +

11:30am-

Monday, January 30TH-
8:00am– Grace & Tom Blackburn SI

Tuesday, January 31ST– Saint John Bosco, Priest
8:00am–de Genova SI

Wednesday , February 1ST-
8:00am– Ben McGuire SI

Thursday, February 2ND—THE PRESENTATION OF THE LORD
8:00am–Jattan SI

Friday, February 3RD– Saint Blaise, Bishop, Martyr;
8.00am–

Saturday, February 4TH-
4:30pm–Special Intention for St. Joseph Parishioners

PRAYER REQUESTS

Meagan Hicks
Conner Slevin
Michael Manly Sr.
Adams Weingart
Grace Arredondo
Sharity Bulygo
Brandy Brandenburg
Linda Baldoni
Tammi Cuthill
Marianne Corcoran
Nancy Capik
Darlene Delahanty
Debra
Cheryl Driggs
Sandy Dutra
Dennis Dark
Rod Deshaw
Jeannie Eason
Lynne Foote
Maria Fregosi
Gloria Flores
Delia Giuliani
John Giudicessi
Norma Harris
Ben Hatfield
Fr. Edward P Pepka
Brian Harr
Mike De Prima
Benedicta Horsnyi
Gabrielle Klapperich
David Vargas
Dennis Kalkowski
John Paul Letcher
Samuel G. Letcher
Joanne Lichau
Roland Lujan
Larry Leedy
Denise Martin
Madeline McCormick-
Mary Minton
Yanira Muniz
Stephen Metz
Mandy Millhouse
Joe Nicosia
Christine Niece
Colleen Newman
Shirley Petersen
Monica & Peter Perers
Lucille Potter
Marissa Platz
Prust Family
Elfie Reissmein
Ron Roussey
Dustin Rhoby
Laura Schuberg
Nicole (Dwyer) Selcuk
Cecilia Smith
Gary Stephen
Frank Stephen
Sawyer Stephen
Esther & Dan -Sanchez
Tinoco
Miriam Winder
Joh Testa & Family
Kelly Jeffrey
Kathy Jeffers
St. Joseph's Faith Formation Programs
Holly Letcher
Mike Kovich
Bill Tullius
Rany & Rhonda Horseman
Rosie Stilwell
Stacy Cannon
Margarite Bailey
Terry Stafford
Janice Cortez
Dennis Richard Ballere
Sandy Morris & Family
Keri Gaddy
Cynthia Kane
Paul Bernardis
Mary Dent
Dorothy Sainsbury
Victor Owen Nixon
Linda Hirabayashi
Dora Alonzo
Mike Kovich
Sonya & Brian Retchschler

Bookkeeper's Corner

Our Lady of Guadalupe

From the generosity and hard work of all our volunteers and the participation of our lay faithful, Our Lady of Guadalupe celebration was a joyous, beautiful occasion, surely pleasing to Our Lady, herself.
We also had a net profit of

$1335.00

Thank you!!

We will be using this profit to reach our Parish goals

Bookkeeper, Rhonda Bricker

LAY MINISTRY SCHEDULE– FEBRUARY 4TH & FEBRUARY 5TH

St. Joseph Ministry	4:30PM	7:30AM	9:30AM	11:30AM
Altar Servers	TBA	TBA	TBA	TBA
Lectors	Bill Gildorf Anita Manalang	Joyce Pope Ken Doughtery	Royce Briks Bob U'Ren	Hispanic Lector
Extraordinary Ministers	Mike Newell Lilibeth Golbinec	Dave Vargas	Dianne Wilford Don Wilford	Hispanic EM'S

PARISH OFFERTORY

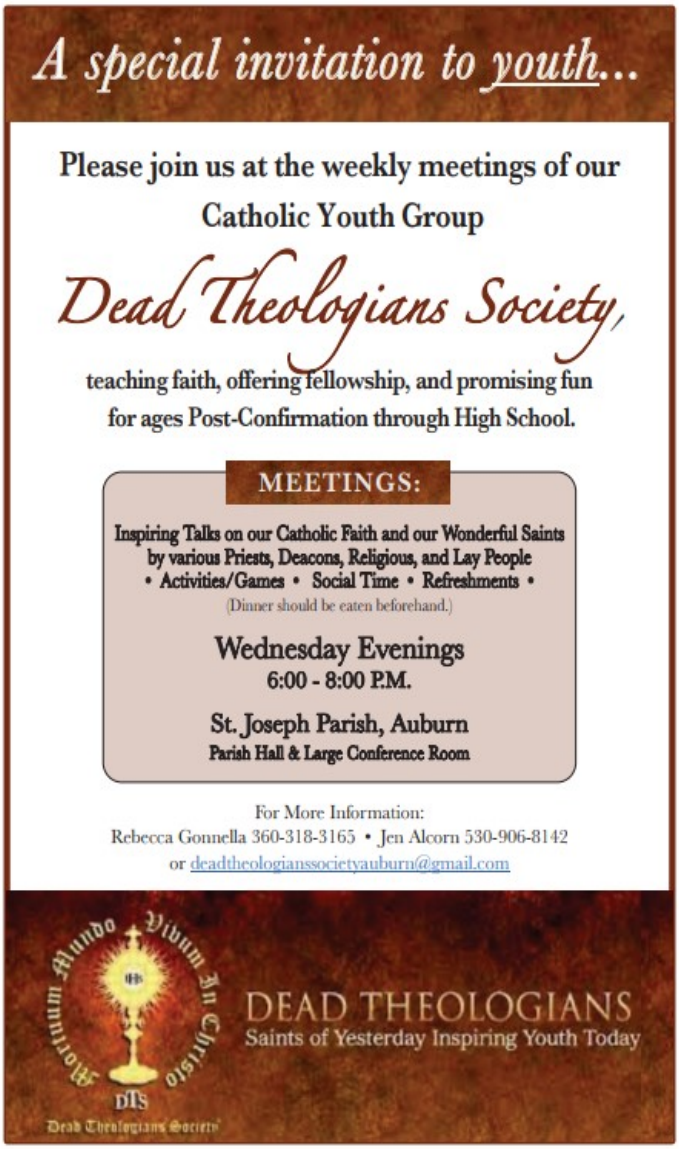
PLEASE REMEMBER ST. JOSEPH'S PARISH IN YOUR ESTATE PLANNING

St. Joseph Offertory 1/21-22	$3,107.93
November Online Giving	$3,592.00
Hall Fund	$140.00
Solar	$25.00

Thank you everyone for your continued support! Your donations are very appreciated.

Second Collections

2/4-5 Solar
2/18-19 Catholic Appeal
2/25-26 Repair & Maintenance



St. Joseph Parish, Auburn Religious Education-Faith Formation Programs 2022-2023

First Holy Communion, Seekers (grades 3-6) and Confirmation Prep: Sundays 10:30-11:30

DATES TO REMEMBE

First Holy Communion~ May 20th 10:00 am Bilingual Mass

Confirmation- April 17th 6pm

Youth Group:

DTS Wednesdays 6-8pm (Confirmed youth-12th grade)

FECHAS PARA RECORDAR

Primera comunión: 20 de mayo 10:00 am Misa bilingüe

Confirmación: 17 de abril 6pm

Preparación para Primer Comunión y Confirmación y Buscadores (Grados 3-6): Domingos 10:30-11:30

Grupos de jóvenes:

DTS los miercoles a 6 a 8 p. m. (jóvenes confirmados hasta el grado 12)

Characteristics of the Catechesis of the Good Shepherd

- The Child, particularly the religious life of the child, is central to the interest and commitment of the catechist of the Good Shepherd.
- The catechist observes and studies the *vital needs of the child* and the manifestations of those vital needs according to the developmental stage of the child.
- The catechist lives a *shared religious experience* with the child according to the teaching of the Gospel: "Except you become as little children, you cannot enter the kingdom of God." (Matthew 18:3)
- The catechist attends to the conditions which are necessary for this life to be experienced and to flourish.

Come Worship the Lord with Us...

Family Eucharistic Adoration

at

St. Joseph Church

– Beginning December 1st, 2022 –

First Thursdays, from 7-8 p.m.

Refreshments to follow in the Old Thrift Store

We are called to worship with our children....

Mark 36 Then he took a little child and put it among them; and taking it in his arms, he said to them, **37** "Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me."

Luke 16 But Jesus called them to him, saying, "Let the children come to me, and do not hinder them; for to such belongs the kingdom of God.

Bring books or coloring pages and crayons for busy children.

Children, babies, toddlers, youth, parents, young adults, parents, grandparents, single persons of any age...

All are welcome!

MINISTRY, COUNICIL COMMITTEE INFORMATION, AND EVENTS

Baptism: Please call the office to register for Baptismal p reparation classes .
Marriage: Please contact our priest at least six months in advance of your desired wedding in order to participate in the process of marriage preparation.
Altar Society: Katie Massick 916.804.3563
Bible studies: Ginny Huckins (Thursday AM) 530.823.8486
Catholic Ladies Relief Society #6:
Catechesis of the Good Shepherd: Jen Alcorn dre@sjauburncatholic.com
Elderly Assistance : Friends of Saint Germaine Tom Palomino **916.799.4318**
Eucharistic Adoration:: Barbara & George Coelho Foothillarea@suddenlink.net
Extraordinary Ministers of the Eucharist: Dianne Wilford sewfan-cydmw@gmail.com
Finance Council: Fr. Carlo Tejano
Funeral Reception Ministry Doreen Wood 530.823.5066
The Gabriel Project-1.800.910.0191
Garden Committee: Jim Letcher
Guild of St. Tarcisius (Altar Sever): Hugh Paxton hugh_paxton@yahoo.com
Hall Committee: 530.885.2956
Hispanic Coordinating Cmte. Porfirio Perez 530.613.3624 or Cristina Martinez 530.308.5693
Italian Catholic Federation: Mary Ann Mikles 916.759.8466
Knights of Columbus: John Petrera
Lector Ministry: Christine Biesecker, bieseckerc@att.net. 530.305.8811
Lector Ministry: Christine Biesecker, bieseckerc@att.net. 530.305.8811
Liturgy Hispanic Community: Cristina Martinez - 530.308.5693
Ministry of the Sick: Mike Kovich 530.320.2832 (Leave Msg)
Mom's Group : Mary Jorgensen 916.716.7308, mary.jorgensen@scbglobal.net
Music Ministry: Liza Lacambra choir.stjosephauburn@gmail.com
Pastoral Council: Chairman Kathleen Lovesee -klovesee@yahoo.com
Placer County Jail Ministry: Terry L. Gilbeau - rocklinattorney@gmail.com
Prolife Ministry: Penny Gowring 530 885.9055 & Christine Jonas christinejonas@att.net
Children's Faith Formation: Jen Alcorn 530.906.8142
Rite of Christian Initiation of Adults (RCIA): 530.885.2956
Sacristan: Mike Newell 530.401.5546 Dave Vargas 916.663.356
SJCYO: Catholic Youth Organization: Jen Alcorn 530-885-2956
Special Events Committee: Bonnie Amaro-Letcher bonniea1953@gmail.com
St Vincent de Paul Society of Auburn: 530.885.2920
Thrift shop: 530.885.7404 Mon-Wed & Sat.9:00am -3pm
Totus Tuus: Jen Alcorn dre@sjauburncatholic.com
Ushers & Greeters: Kevin Letcher lhrcontractors@gmail.com
Vocations: Doreen Wood 530.823.5066
Wedding Coordinator: Holly Letcher 530.210.0568
Youth Ministry: Jen Alcorn 530.906.8142

St. Joseph Thrift Store

Open Mon. - Wed. and Sat. 9-3

SHOES WILL BE 50%OFF

Abounds of Men's long sleeve Shirts

Lots of Beautiful Jackets & Coats

Wacky Wednesday Clothing 1/2 off

We are taking donations ONLY ON MONDAYS 9am-3pm!

Volunteers still Needed in the fun shop, or to help sort donated items;1-4 days per month, 3hr. shifts. Please call: Joyce Pope at 530.823.7223 or the Thrift Store at 530.885.7404

Auburn Interfaith Food Closet (1998 - 2022) *SAINT VINCENT de PAUL*

A very happy and spirit-filled New Year. The year 2022 was a very busy end of the year for the SVdP with overwhelming needs in our area, We thank all of you for your prayers and financial support this past year. Please remember to support the SVdP in 2023 so that together we can continue to bring comfort and peace to our brothers and sisters who are poor and suffering. May the peace and joy of the New Year be yours.

Un Año Nuevo muy feliz y lleno de espíritu. El año 2022 fue un fin de año muy ocupado para la SVdP con necesidades abrumadoras en nuestra área. Les agradecemos a todos por sus oraciones y apoyo financiero este año pasado. Recuerde apoyar a la SVdP en 2023 para que juntos podamos continuar brindando consuelo y paz a nuestros hermanos y hermanas que son pobres y sufren necesidades. Que la paz y la alegría del Año Nuevo sean tuyas.

RCIA
A JOURNEY IN FAITH

The Rite of Christian Initiation of Adults (RCIA) prepares adults and older teens for active participation in the Faith. We welcome all who are interested in inquiring about the Catholic Faith, coming into full communion with the Catholic Church, or those Catholics who have not been confirmed. Participants gather together in person and virtually for a series of thirty-five classes which explore our relationship with God and scripture, the early history of Christianity and the Catholic Church, how to develop a prayer life, a basic understanding of the Mass and the sacraments, and how to live the Catholic faith more deeply. We are jointly presenting this program with our sister parish here in Auburn, St. Teresa of Avila. Please call our Director of Religious Education Jen Alcorn (530) 885-2956 or email DRE@sjauburncatholic.com if you are interested in registering. Classes will start on September 14 at 6:30 in the Beatitudes Room of the St. Teresa's hall.

Rito de Iniciación Cristiana de Adultos

El Rito de Iniciación Cristiana para Adultos (RICA) prepara a adultos y adolescentes mayores para una participación activa en la Fe. Damos la bienvenida a todos los que estén interesados en indagar sobre la Fe Católica, entrando en plena comunión con la Iglesia Católica, o aquellos católicos que no han sido confirmados. Los participantes se reúnen en persona y virtualmente para una serie de treinta y cinco clases que exploran nuestra relación con Dios y las Escrituras, la historia temprana del cristianismo y la Iglesia Católica, cómo desarrollar una vida de oración, una comprensión básica de la Misa y la sacramentos y cómo vivir más profundamente la fe católica. Presentamos este programa conjuntamente con nuestra hermanaparroquia aquí en Auburn, St. Teresa of Avila. Llame a nuestra Directora de Educación Religiosa Jen Alcorn (530) 885-2956 o envíe un correo electronico: DRE@sjauburncatholic.com si está interesado en registrarse. Las clases comenzarán el 14 de septiembre a las 6:30 en el Salón de las Bienaventuranzas del salón de Santa Teresa.

ONLINE GIVING

We are excited to announce that we are have a new online giving program called

ParishSOFT Giving! It offers St. Joseph Parishioners an easy to use site with up-to-date methods for electronic donations.

With ParishSOFT Giving, you can donate by:
*using your smartphone's texting function to **530-418-0888**

*using your Internet browser

*downloading and using the ParishSOFT App-Click this link to download: parish-soft.ministryone.com/landing/BEyy

*using your Internet browser

How does ParishSOFT Giving benefit me?
-ParishSOFT Giving is easy, convenient and safe.
-ParishSOFT Giving allows you to give any amount, anytime from any device with Internet access.
-ParishSOFT Giving puts all offerings at your fingertips to print receipts and trackpledges.

How does ParishSOFT Giving help our parish?
-ParishSOFT Giving increases the efficiency of processing regular
giving for financial Planning.

-ParishSOFT Giving allows the church to more effectively engage with all our members & donors.
-ParishSOFT Giving utilizes technology to allow us to spread God's Word through more consistent stewardship.

Click here to set up your online giving program: giving.parishsoft.com/app/giving/stjosephauburn

Horario de la oficina

Maria Peña, recepcionista: hablo español y estoy en la oficina del lunes al jueves 9:00am-1:00pm

Por favor diríjase a la oficina para bautizos, bodas, quinceañeras, para el salón y salas de conferencias, etc.

Cristina Martínez: Lector, Catecismo para Quinceañera y Eventos Especiales, Coordinadora de Bodas. **Porfirio Perez:** Sacristán, Clases de Preparación Bautismal Y de Boda

"Where There's a Need, There's a Knight"

Become a Knight Today!

No membership dues through 2023, maybe longer

Preferred Council: 6149

Exemplification scheduled for
Saturday, February 4th, 5:00 PM Mass, St. Teresa Avila Church

Support St. Teresa Avila and St. Joseph Churches

Fundraising, Events, Celebrations

Support St. Joseph Elementary School

Charity, Unity, Fraternity

Support your brothers, our parishioners, ministries, Deacons and Priests

Support your Community

Knights of Columbus®

The Rosary Doctor is in… Do you have a broken Rosary or does it need a crucifix or beads? Please drop it off at the church office and we can let him fix it for you for FREE

Pray the Rosary for . ……..families…

FATHER SON 2023 PROGRAM

About the Program

The Father-Son Program explores God's special gift of human sexuality and fertility as well as the goodness and wonder of his plan for growing up and becoming a man of integrity. It is designed for fathers* and their 12-16 year old sons. All content is pure, light-hearted and affirming.

**If the father is not available, the son can be accompanied by another supportive adult.*

Friday, February 3, 2023 • 5:30pm Dinner • 6pm Program
Our Divine Savior Parish Social Hall: 566 E. Lassen Avenue · Chico, CA 95973
Parish Contact: Religious Education Office • odsreligioused@yahoo.com • (530) 345-6201

Register

Cost is **$20 per family** encouraged. $25 if received after January 27, 2023. To register online, visit:

www.ourdivinesavior.org/father-son-program

Diocesan Contact
For questions, please contact Moises de Leon at (916) 733-0133 or mdeleon@scd.org

Diocese of Sacramento
Office of Family & Faith Formation
@scdformedfaith

News/NOTICIAS

FORMED
THE CATHOLIC FAITH. ON DEMAND.

This excellent resource has hundreds of videos for your study and enjoyment! Maybe set aside time on Sundays this Advent Season to watch some videos as a family through Formed.org. You do not need a password or login, just sign up through St. Joseph parish and begin viewing.
Highlights are an Advent section for each week with multiple videos for all ages:

St Joseph Catholic Church

Children's Choir

"To sing is to pray twice." - St Augustine

We invite children from second grade through sixth grade to join our choir family!

Does your child love to sing?

We can help your child discover the gift of music. This is also an opportunity to share time and talent to help build a more vibrant parish community.

The children's choir will lead the congregation in prayerful singing at the 9:30 AM Mass on the second and fourth Sundays of each month.

The weekly choir practice date will be announced.

Scan this QR code or enter the URL below to sign up!

https://bit.ly/3s1AyxK

For more information, please contact

Liza Lacambra
choir.stjosephauburn@gmail.com

How to Make 2023 Your Best Year Yet
As we begin a new year, now is the perfect opportunity to set aside time to reflect on our spiritual lives and to make a commitment to grow in holiness.
Looking for ideas? Here are **three practical ways** that you may wish to grow this year:

1. Grow your devotion to the Eucharist
The United States Conference of Catholic Bishops (USCCB) is calling for a **Eucharistic Revival** in America. This is a great opportunity to **grow in our devotion to the Eucharist**. Consider attending Mass more regularly, or when you do attend, **being more attentive and engaged.** It can also include going to Eucharistic adoration more frequently.
How do you want to commit to making the Eucharist a deeper part of your life?

2. Develop a prayer routine
Prayer is an essential part of a healthy spiritual life, and it can take many different forms.
Whether it's spending a few minutes in quiet contemplation, reciting the Rosary, or participating in group prayer, **set aside time each day to connect with God**. How can you commit to developing your prayer routine?

3. Make a Catholic learning plan
It's important to always be learning more about why we believe what we believe.
Fortunately there are many new ways to do this:

- Sign up for the **Fr. Mike Schmitz's Catechism in a Year** podcast
- Download the **Hallow app** to listen to meditations and talks
- Read the Torch every week and visit **FOCUS Equip.**

Plus, you can add some spiritual reading to your reading list: Want to learn how to pray? **Try Time for God by Fr. Jacques Philippe.**

- Interested in deep spiritual meditations? Go for **The Imitation of Christ.**

How about learning more about the Mass with The Lamb's Supper: The Mass as Heaven on Earth by Scott Hahn.

Audio - **The Catechism in a Year (with Fr. Mike Schmitz)** (1 min)
If you have ever wanted to understand what it means to be Catholic and allow those truths to shape your life—this podcast is for you.
Article - **How to Embrace Suffering Like Blessed Chiara Badano** (8 min)
Bl. Chiara Badano was an Italian laywoman, known for her strong faith and devotion to God. She was diagnosed with osteosarcoma (a form of bone cancer) at the age of 18. Despite her illness, she remained deeply committed to her faith and was known for her joy and optimism. She was beatified in 2010.

Jesus, if you want it, I want it too.
Bl. Chiara Badano

Diocese & Parish Events/Eventos diocesanos y parroquiales

SAVE THE DATE

ST. JOSEPH'S
FEAST DAY
HOE-DOWN

MARCH 19TH

DETAILS TO FOLLOW:

Proceeds to Support
St. Joseph's Catholic School

THEOLOGY OF THE BODY
TEOLOGIA DEL CUERPO

EVAN LEMOINE

YOUTH ENGLISH

- WHO AM I AND WHAT DO I WANT?
- GOD'S PLAN FOR LOVE AND SEXUALITY

FERNANDA GOMEZ

PARENTS ESPAÑOL

- TEOLOGIA DEL CUERPO Y LA EDUCACION DE LOS HIJOS
- DISCIPLINA POSITIVA Y TEOLOGIA DEL CUERPO

KLARISSA CHICHIOCO

PARENTS ENGLISH

- HUMAN LOVE IN THE DIVINE PLAN
- PERSONAL TESTIMONY AND TIPS ON SHARING TOB MESSAGE

6:00-8:30 PM — 17 FEB 2023

$20 DLLS PER FAMILY

ST. JOHN VIANNEY CATHOLIC CHURCH, RANCHO CORDOVA

Shaping the Future of Catechesis TOGETHER

Kathy Hendricks

National Catechetical Consultant for William H. Sadlier

FREE Webinar

The past few years have upended many traditional ways of carrying out the ministry of catechesis. As catechetical leaders consider ways to provide a full range of resources to families as well as how to recruit and retain catechists, the need for creative approaches remains vital. Join us for an engaging online session as we mine the enormous potential of the current moment and look toward shaping the future of catechesis with a spirit of hope and joy.

March 09, 2023 at 5:30PM

Registration Link https://tinyurl.com/47u8zxty
If you have any questions don't hesitate to contact Teresa Donan tdonan@scd.org

OFFF
Diocese of Sacramento

Lent

The Lenten Season begins on February 22nd this year and it is a season of change through fasting, prayer and doing acts of kindness for others.
Father Arbel is making a change that all of us can be part of by volunteering our time. The Friday night Fish Fry will be changed to a Soup and Bread Night. This will be a free of charge meal and everyone is invited to share a meal before attending Stations of the Cross at 7:00pm in the church. Further information will be provided in the weeks to come on how you can sign up to be part of the seven Fridays Soup and Bread evenings during Lent.