

EARTH



Be praised, my Lord, through
our Sister Mother Earth,
who feeds us and rules us,
and produces various fruits
with colored flowers and
herbs.

Canticle Of The Sun
Saint Francis of Assisi

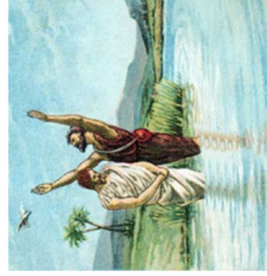
ST. HILDEGARD OF BINGEN



Every element has a sound,
an original sound from the
order of God;
all those sounds unite
like the harmony
from harps and zithers.

Saint Hildegard of Bingen

WATER



Be praised, my Lord,
through Sister Water;
she is very useful, and
humble, and precious, and
pure.

Canticle Of The Sun
Saint Francis of Assisi

AIR



Be praised, my Lord, through
Brothers Wind and Air,
and clouds and storms, and all
the weather,
through which you give your
creatures sustenance.

Canticle Of The Sun
Saint Francis of Assisi

FIRE



Be praised, my Lord, through
Brother Fire,
through whom you brighten
the night.
He is beautiful and cheerful,
and powerful and strong.

Canticle Of The Sun
Saint Francis of Assisi