

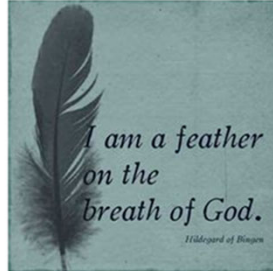
## EARTH



**Be praised, my Lord, through our Sister Mother Earth, who feeds us and rules us, and produces various fruits with colored flowers and herbs.**

Canticle Of The Sun  
Saint Francis of Assisi

## ST. HILDEGARD OF BINGEN



**Every element has a sound, an original sound from the order of God; all those sounds unite like the harmony from harps and zithers.**

Saint Hildegard of Bingen

## AIR



**Be praised, my Lord, through Brothers Wind and Air, and clouds and storms, and all the weather, through which you give your creatures sustenance.**

Canticle Of The Sun  
Saint Francis of Assisi

## WATER



**Be praised, my Lord, through Sister Water; she is very useful, and humble, and precious, and pure.**

Canticle Of The Sun  
Saint Francis of Assisi

## FIRE



**Be praised, my Lord, through Brother Fire, through whom you brighten the night. He is beautiful and cheerful, and powerful and strong.**

Canticle Of The Sun  
Saint Francis of Assisi