

K of C 5k Pro-Life: WALK / RUN REGISTRATION FORM

Event Information:

Date: Saturday, October 21, 2023

Location: Sandusky Sailing Club

Route: Along Sandusky Bay Path
(map on back of form)

Race Day Registration: 8-9 AM

Race time: 9-11 AM

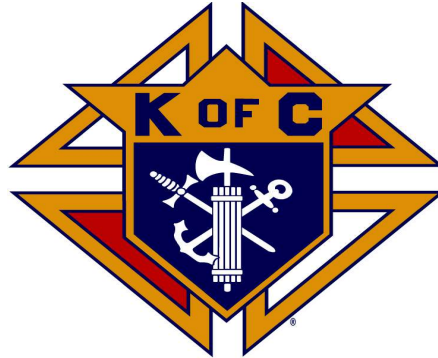
Post-Race Snacks: hotdog and drink

Awards:

1st place male and female over 18; 1st place male and female under 18

REGISTRATION INFORMATION:

- Mail In Entry: \$20 (no t-shirt); \$25 (with t-shirt before 9/21/23)
- Online Entry: \$20.76 (no t-shirt); \$25.95 (with t-shirt before 9/21/23)
- Please make checks payable to: **K of C Council 546**
- You must be registered by 9/21/23 to guarantee receiving a t-shirt
- Registrations will be received up to the time of the event
- Virtual Run option or "large group" discount
Contact Steve Lasnoski (419-357-0256) smmalasnoski@aol.com
- Questions:
Contact Steve Lasnoski (419-357-0256) smmalasnoski@aol.com
- More information: <https://sanduskycatholic.org/koc>



The **Knights of Columbus** raises money for charities and initiatives to support our local community.

All proceeds will be shared equally between Heartbeat of Sandusky and the Abigail Pregnancy Center servicing north central Ohio.

MAIL: send form & check to
Knights of Columbus
P.O. Box 856
Sandusky, Ohio 44870

ONLINE Register/Pay Option:



<https://sanduskycatholic.org/koc>

PLEASE SUPPORT OUR SPONSORS and THANK YOU FOR SUPPORTING THIS K of C 5K EVENT!

Please cut along the dotted lines and keep the top half and fill out and send the lower half with you payment.

Registrant Name: _____ Sex (circle one) MALE FEMALE

Address: _____ City: _____ State: _____ Zip: _____

Contact Phone: _____ Age (day of event): _____ T-Shirt Size (circle one) S M L XL XXL none

Contact Email: _____ Check here if using the "virtual" option _____

By my signature, I attest that I am physically capable to participate in this event. I have full knowledge of risks involved. I further acknowledge that the event course may contain uneven surface conditions, including but not limited to potholes, curbs, and tree roots which may create a risk. I further acknowledge that at least part of the course is on public roads and that vehicular traffic may be encountered and I accept those risks. I understand that bicycles, skateboards, roller skates, in-line skates, animals and radio headsets are not allowed and I will abide by this guideline. I further acknowledge that weather conditions, including heat and humidity may be a risk which I accept. Therefore having read this waiver, and in consideration of the acceptance of my entry, I for myself, my heirs, my representatives, my executors and administrators, waive any and all rights and claims for damages I may have against the Knights of Columbus, Council 546, any event sponsors, the city of Sandusky and any individual associates with this event and agree to release and will hold them harmless for any and all injuries I may suffer in conjunction with this event.

Registrant Signature: _____ DATE: _____

Parent / Guardian Signature: _____ DATE: _____

