the bulletin

St. Thomas the Apostle, Helmville
St. Jude the Apostle, Lincoln

February 2020

COMING SOON **Website: www.thomasandjude.org**

February 26, 2020

Ash Wednesday

St. Jude, Lincoln
5:30 pm - Mass

St. Thomas, Helmville
5:30 pm - Soup Dinner
6:30 pm - Reconciliation
7:00 pm - Mass

Prayer, Fasting and Almsgiving

Ash Wednesday is a day of **FAST** (one full meal) and **ABSTINENCE** from meat.

Lenten Resources

Operation Rice Bowl: *a practical way to practice fasting and almsgiving. Pick up a Rice Bowl at church, drop in your change or fast for a meal and put what you would have spent on the meal in the Rice Bowl. Reflect on the challenge of global hunger and how it affects our human family.*

Best Lent Ever: *A 40 Day journey of amazing possibilities.* ***It is not what you give up; it's who you become****. So… what is the Best Lent ever? It is a totally free daily email video program (sent straight to you inbox) that will help you unlock your God-given potential. Sign up here:* https://dynamiccatholic.com/best-lent-ever.

Parish Contact Information:

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St. Thomas the Apostle, Helmville

Bulletin News or general questions: contact Mo at momannx22@gmail.com; 793-5834

St. Jude the Apostle, Lincoln

Bulletin News or general questions: *Contact Fr. Jeff*